

A N N U A L

N A R R A T I V E R E P O R T

of

HELEN M. GOETZ

Home Agent-At-Large

December 1, 1958 - November 30, 1959

Agricultural Extension Service
University of Arizona
Tucson

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ANNUAL REPORT

Helen M. Goetz

Home Agent-at-Large

December 1, 1958 - November 30, 1959

The duties of the Home Agent-at-Large comprise in part serving the Homemakers Clubs in Gila County in cooperation with the County Agricultural Agent. She also, upon assignment by the State Leader, Home Economics Extension, will do home agent work in any county of the State that is temporarily without a home agent or where special assistance is needed. She may be called on to assist the State Leader and home economics specialists in their work.

Gila County

The achievements of the work of the home agent has been reported in the annual report of that county.

Santa Cruz County

The agent was assigned to conduct a special interest meeting on the basic principles of freezing. This meeting was open to all women of the county. Until the spring of 1959 the county staff of Pima County conducted an Extension program in Santa Cruz County. At the time of the meeting the position of home agent had been created but no agent had been assigned.

Subject of the demonstration: Freezing Foods Successfully

The objectives were:

1. To acquaint the women with the basic principles of freezing foods
2. To point out to the women the importance of selecting high quality foods for freezing
3. To make the women aware of practices that can make the operation of their home freezers economical

Demonstrated were: Preparation of a vegetable, a fruit packed with sugar, one requiring the addition of ascorbic acid, packaging fowl and baked goods.

Mohave County

In the spring of 1959, a Cooperative Extension Office was established and a county agricultural agent assigned. Up to that time no organized Extension work was performed in the county. All over the county 4-H Clubs were organized. These clubs were invited to participate in the Annual County Fair.

The agent spent one week in Mohave County assisting the county agent in setting up the 4-H exhibits. Every effort was made to make this a successful showing in order to acquaint the people in the county with the Extension program. The fair commission as well as the local business people were very helpful and it was astounding and gratifying to see the spirit of the leaders and members of the 4-H Clubs.

Greenlee County

This county had chosen the subject of "Preparing Less Tender Cuts of Meat" for their 1959 program. Since the county had been without a home agent for part of the year, the nutritionist conducted the first leader training meeting while this agent followed up with another meeting to complete the series.

The Extension Circular #259, "Beef in the Family Menu" was used. From this circular two phases were selected: the round-bone pot roast and the multi-purpose barbecued hamburger mix. Both are excellent media to teach buymanship and management of time besides meal planning for balanced nutrition.

Reports from the county indicate that the subject was well received and was helpful to the women in their aims of serving well balanced, nutritious, as well as economical, meals to their families.

State Office

Administration

The agent assisted the State Leader, Home Economics Extension, in evaluating annual reports prepared by the county offices and she prepared statistics to be included in the annual report of the State Leader.

Home Management and Home Furnishings

Due to the retirement of the Home Management Specialist, the agent took charge of the Advanced Room Improvement Contest of the 4-H Round Up. It was her responsibility to set up the contest and select materials such as swatches of fabrics, samples of floor coverings, and accessories. This contest is the highlight of the 4-H Room Improvement project. Participants must be 14 years of age and must have completed at least two projects in Room Improvement to be eligible. In addition, participants must display some feature of their county work assembled for exhibit at a county event.

The judging board consisted of members of the teaching, Extension and professional decorating fields. Score cards for the county exhibit and the contest exhibit were developed.

This contest is new in the state. This year was the third time that it was conducted. Since the agent had assisted the home management specialist during the previous contests, she was able to observe how much it had improved during the period of three years. The contestants appeared to receive great satisfaction from their participation. Most of them were quite unique in their approach. They dared to be different from the run-of-the-mill ideas which showed the development of the individual after having acquired a knowledge of the principles and the materials involved in making a home attractive and convenient.

Fairs

The agent served as judge at a number of 4-H and county fairs and was a judge for the 4-H exhibits at the Arizona State Fair.

In-Service Training

Annual Conference - January 19-23, 1959

This was the first annual conference that this agent attended. The ideas and concepts presented were of great interest. Some of the highlights were:

Program Projection in Extension - Administrator Ferguson
Extension's Relationship to Agribusiness - Dr. G. B. Wood
Report on Youth Development, Scope Report - Director W. A. Sutton

Laundry Workshop - January 27-29, 1959

This was one of the best subject-matter workshops that the agent has ever attended. The combination of lectures and workshop activities worked out very well. There was so much to learn and it will take further study to assimilate all of it. The information received was practical with enough theory brought in to make the "why's" understandable. This workshop brought the agents participating up to date on new products, new equipment and new fabrics on the market.

The agent plans to impart some of the information received to the women of Gila County during 1960.

Nutrition Conference - March 3-6, 1959

A state-wide conference was held on The University of Arizona campus with home economists, Public Health nurses, educators, students, student nurses and dietitians participating. The program as it had been planned by the Federal Nutritionist, Dr. Evelyn Spindler, and the State Extension Nutritionist, Miss June Gibbs, satisfied the needs of all those concerned with human nutrition. The subject was covered from every angle that would contribute to a greater understanding of such a complex area.

Sewing Machine Clinic - May 20-22, 1959

The agent participated in a sewing machine cleaning and adjusting workshop conducted by the Clothing Specialist, Miss Helen Church. Emphasis was placed on complete cleaning and adjusting of 3 different lock-stitch type sewing machines: rotary, oscillating and long shuttle.

Singer Sewing Machine Workshop - October 15-16, 1959

A training program has been set up by the Singer Sewing Machine Company in conjunction with the Federal Extension Service for agents working with 4-H Clubs. The agent participated in one of these workshops. This training will help her greatly in her work with 4-H Clubs as well as with adults.

Program Planning - October 5-7, 1959

A very informative two and one-half day workshop was held on the campus of The University of Arizona in which the agent participated. Dr. Edgar Boone, State Program Leader, was in charge of the workshop with the following persons from the Federal Extension Office taking part: J. L. Matthews, Assistant Director, Extension Research and Training, Mrs. Jewell Fessenden, Extension

Analyst and Miss Loretta Cowden, Field Agent, Western States. The purpose of this workshop was to present to the agents program planning in its total concept. In the future there will be just one program and that will be the county program. This program will be planned by the people of the county in cooperation with the County Extension Staff.

Town and Country Life Conference - June 2-5, 1959

The theme of this year's Conference was "Homemakers on Campus". The program was well planned by Miss Jean M. Stewart, State Leader, Home Economics Extension, and her state-wide committee. The conference was an educational program for daily living for the Arizona homemaker. The general assembly programs were of interest to everyone. "Research on Parade" was the most spectacular of the programs presented.

The agent served as chairman of the registration committee and was in charge of the pages in the dormitories. She also assisted the State Extension Nutritionist with four classes presented in the field of Foods and Nutrition.

HMS:es
1/3/60

STATISTICAL SUMMARY - December 1, 1958 - November 30, 1959

County	Month	number of days				Adult				Total						
		Office	Field	Att.	Field	Office	Field	Att.	Field	Office	Field	Att.	Field	Office	Field	Att.
Santa Cruz	April	1	1	-	-	-	-	-	1	26	-	-	-	-	-	-
Mohave	Sept.	-	-	-	6	-	-	-	-	-	-	-	-	-	1	55
Greenlee	Nov.	2	3	-	-	1	16	-	-	-	-	-	-	-	-	-
Gila	Dec.	-	-	-	3	-	-	-	-	-	-	-	-	-	3	97
	Jan.	-	2	-	-	-	-	-	3	79	-	-	-	-	2	19
	Feb.	-	5	-	-	-	-	-	5	96	-	-	-	-	4	56
	Mar.	1	5	-	6	-	-	-	5	78	-	-	-	-	3	127
	Apr.	-	6	-	4	-	-	26	5	80	-	-	-	-	-	-
	May	-	5	-	4	-	-	237	5	-	-	-	-	-	-	-
	June	-	4	-	-	-	-	-	5	62	-	-	-	-	-	-
	Aug.	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Sept.	1	5	-	2	-	-	104	-	-	-	-	-	-	-	-
	Oct.	1	4	-	1	-	-	119	-	-	-	-	-	-	-	-
	Nov.	6	6	-	-	-	-	-	5	91	-	-	-	-	-	-
	Total	9	42	-	25	-	-	600	26	520	-	-	-	12	299	-
Other Activities	Dec.	20	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Jan.	11	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Feb.	13	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Mar.	9	-	-	-	-	-	-	-	-	-	2	40	-	-	-
	Apr.	9	-	1	2	-	-	-	-	-	-	-	-	-	-	-
	May	7	5	2	2	-	-	-	2	115	-	-	-	1	35	-
	June	5	1	3	-	-	-	-	1	250	-	-	-	-	-	-
	Aug.	14	1	2	8	-	-	-	-	-	-	-	-	1	300	-
	Sept.	7	4	-	-	-	-	-	-	-	-	-	-	1	115	-
	Oct.	12	6	-	3	-	-	-	-	-	-	-	-	1	80	-
	Nov.	-	6	-	-	-	-	-	-	-	-	-	-	-	-	-
	Total	107	37	8	15	-	-	-	3	365	-	-	2	40	6	773

STATISTICAL SUMMARY

December 1, 1958 - November 30, 1959

Number of Days

	Adult		L-H	
	Office	Field	Office	Field
December	20	-	-	3
January	11	11	2	2
February	13	7	-	3
March	10	8	-	6
April	10	7	1	8
May	7	10	2	6
June	5	5	3	-
July	-	-	-	-
August	14	1	2	8
September	8	9	-	8
October	13	10	-	4
November	8	15	-	-
Total	119	83	10	43
GRAND TOTAL	260			