

# SPECTRAL SHAPING WITHOUT SUBCARRIERS

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## ABSTRACT

For proper operation of the phase lock loop which tracks a carrier it is important to minimize the spectral energy at frequencies near the carrier. A traditional method is to modulate the data onto a subcarrier in such a way that there is little energy near D.C. The resulting signal then is used to modulate the carrier. The problem with such a scheme is that the total bandwidth is much larger than necessary to transmit the data.

This paper proposes and analyzes a simpler scheme which increases the data bandwidth by a very small fraction, yet reduces the energy near D.C. to nearly zero.

## INTRODUCTION

We will do our analysis at baseband and begin with a statistic which will allow us to estimate the energy of a process between the frequencies  $-B$  and  $+B$ .

For a stationary process  $X(t)$  with spectral density  $S_X(f)$ , define a new process by

$$Y_B(t) = \frac{1}{T} \int_0^T X(t - \tau) d\tau$$

where  $T = 1/2B$ . Then the spectral density of  $Y$  is

$$S_Y(f) = S_X(f) \left( \frac{\sin \pi f T}{\pi f T} \right)^2 \quad (1)$$

and the power in  $Y$  is

$$E\{Y^2(t)\} = \int_{-\infty}^{\infty} S_Y(f) df = \int_{-\infty}^{\infty} S_X(f) \left[ \frac{\sin(\pi f T)}{\pi f T} \right]^2 df \quad (2)$$

Now

$$\left[ \frac{\sin(\pi f T)}{\pi f T} \right]^2 \approx \left( \frac{2}{\pi} \right)^2 \quad \text{for} \quad |f| \leq \frac{1}{2T} = B$$

and  $\geq 0$  otherwise

So equation (2) implies

$$E\{Y^2(t)\} \geq \left( \frac{2}{\pi} \right)^2 \int_{-B}^B S_X(f) df$$

or

$$\int_{-B}^B S_X(f) df \leq \left( \frac{\pi}{2} \right)^2 E\{Y^2(t)\} \quad (4)$$

Thus the second moment of  $Y(t)$  gives an estimate of the amount of energy in  $X$  between frequencies  $-B$  and  $+B$ .

For an application of this statistic, consider the process  $X(t)$  which is  $+1$  or  $-1$  on each interval  $[nT_o, (n+1)T_o)$ . Assume the values on different intervals are independent and have probability  $1/2$ . Then

$$\begin{aligned} E\{Y^2(t)\} &= E \left\{ \frac{1}{T} \int_0^T X(t) dt \right\} \\ &= E \left\{ \frac{T_o}{T} \sum_{n=1}^{T/T_o} X[(n-1)T_o] \right\} \\ &= \left( \frac{T_o}{T} \right)^2 \frac{T}{T_o} = \frac{T_o}{T} = 2BT_o \end{aligned} \quad (5)$$

and the bound is

$$\int_{-B}^B S_X(f) df \leq \left( \frac{\pi}{2} \right)^2 2BT_o \quad (6)$$

Of course,

$$S_X(f) = \left( \frac{\sin(\pi T_o f)}{\pi f} \right)^2$$

and for small B the energy between -B and +B is  $2BT_o$ . The factor  $\left(\frac{\pi}{2}\right)^2$  indicates the looseness of the bound.

The signal design problem is to encode the data into a signal  $X(t)$  such that  $E\{Y^2(t)\}$  is small.

## PROPOSED SOLUTION

The proposed solution is to expand the data stream by inserting a redundant bit every L-th bit, the value of the bit being chosen to bring the total number of +1's and -1's into balance.

More precisely:

Let  $X_n$  be a sequence of  $\pm 1$ 's, defined below.

Define  $X(t) = X_n$  for  $t \in [(n-1)T_o, nT_o]$ .

$$\text{Define } C_n = \sum_{m=1}^n X_m \quad (7)$$

Let L be an even integer.

Then  $X_n$  is defined as follows: When n is not a multiple of L,  $X_n$  is a data bit ( $\pm 1$ ). When n is a multiple of L then

$$X_n = -\text{sgn}[C_{n-1}]$$

(since L is even n-1 is odd. Then from its definition  $C_{n-1}$  must be odd and cannot be zero).

The derivation of a bound on the power between -B and +B is given below, resulting in equation (15). For non-redundant data (flat random data) the amount of power is  $2T_o B$ , so the factor  $\left[ T_o B \frac{3\pi^2}{8} L^2 \right]$  indicates what the gain has been when a redundancy of 1/L has

been inserted. In particular, when  $T_o = 1/30$  MHz and  $B = 1$  KHz, if the value of L is 30 then the factor is 1/8 or a gain of 9 dB. If  $L = 10$  then the gain is 18.5 dB.

## ANALYSIS

It is clear from the definitions that, for large  $n$

$$Y(nT_o) = [C_n - C_{n-(T/T_o)}] \frac{T_o}{T}$$

Therefore the second moments of  $\{C_n\}$  must be studied. We will assume  $n$  so large that the stationary distributions have been obtained so that

$$E\{C_n^2\} = E\{C_{n-(T/T_o)}^2\}$$

In the case that the data bits are independent it can be shown that

$$E\{C_n C_{n-(T/T_o)}\} \geq 0$$

From this we have

$$E\{Y^2(nT_o)\} \leq \frac{2T_o^2}{T^2} E\{C_n^2\} \quad (8)$$

To analyze  $C_n$ , let

$$Z_k = \sum_{n=kL+1}^{kL+L-1} X_n$$

That is  $Z_k$  is the sum of  $L-1$  consecutive data bits. For most of the analysis we will assume only that the odd moments of  $Z_k$  are 0 but for the best result we must also assume that the  $X_n$  contributing to  $Z_k$  are mutually independent.

From the definition of  $X_n$  we have

$$X_{(k+1)L} = -\text{sgn} [C_{kL} + Z_k]$$

and

$$C_{(k+1)L} = C_{kL} + Z_k - \text{sgn} [C_{kL} + Z_k] \quad (9)$$

Multiplying through by  $\text{sgn} [C_{kL} + Z_k]$  gives

$$C_{(k+1)L} \cdot \text{sgn} [C_{kL} + Z_k] = |C_{kL} + Z_k| - 1 \quad (10)$$

Since subtracting 1 from a positive odd integer cannot change the sign, the left side of Equation (10) must be non-negative and we have

$$|C_{(k+1)L}| + 1 = |C_{kL} + Z_K|$$

Next define

$$\mu_k = E\{Z^k\}$$

and

$$m_k = E\{|C_{kL}|^k\}$$

Then from equation (10) and the assumption that  $\mu_k = 0$  for odd  $k$  gives

$$m_2 + 2m_1 + 1 = m_2 + \mu_2$$

(12)

$$m_4 + 4m_3 + 6m_2 + 4m_1 + 1 = m_4 + 6m_2\mu_2 + \mu_4$$

From these equations and the Swartz inequality  $m_1 m_3 \geq m_2^2$  the following inequality can be derived

$$\left[ m_2 - \frac{3}{8}(\mu_2 - 1)^2 \right]^2 \leq (\mu_2 - 1) \left[ \frac{\mu_4 - 4}{8} - \frac{\mu_2 - 1}{4} + \frac{9}{64}(\mu_2 - 1)^3 \right]$$

or

$$m_2 \leq \frac{3}{8}(\mu_2 - 1)^2 + \frac{1}{8} \sqrt{(\mu_2 - 1)[8\mu_4 - 16 - 16\mu_2 + 9(\mu_2 - 1)^3]} \quad (13)$$

When the data bits are independent  $\mu_2 = L-2$  and equation (13) implies

$$m_2 \leq \frac{3}{4} L^2 \quad (14)$$

This combined with equations (4) and (8) give

$$\begin{aligned} \int_{-B}^B S_X(f) df &\leq \left(\frac{\pi}{2}\right)^2 (2T_o B)^2 \cdot 2 \cdot \frac{3}{4} L^2 \\ &= (2T_o B)^2 \left[ \frac{3\pi^2}{8} L^2 \right] \end{aligned}$$

or

$$\int_{-B}^B S_X(f) df \leq 2T_o B \left[ T_o B \cdot \frac{3\pi^2}{8} L^2 \right] \quad (15)$$