# The Lifetimes of Phases in High-mass Star-forming Regions 

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#### Abstract

High-mass stars form within star clusters from dense, molecular regions (DMRs), but is the process of cluster formation slow and hydrostatic or quick and dynamic? We link the physical properties of high-mass star-forming regions with their evolutionary stage in a systematic way, using Herschel and Spitzer data. In order to produce a robust estimate of the relative lifetimes of these regions, we compare the fraction of DMRs above a column density associated with high-mass star formation, $N\left(\mathrm{H}_{2}\right)>0.4-2.5 \times 10^{22} \mathrm{~cm}^{-2}$, in the "starless" (no signature of stars $\gtrsim 10 M_{\odot}$ forming) and star-forming phases in a $2^{\circ} \times 2^{\circ}$ region of the Galactic Plane centered at $\ell=30^{\circ}$. Of regions capable of forming high-mass stars on $\sim 1 \mathrm{pc}$ scales, the starless (or embedded beyond detection) phase occupies about $60 \%-70 \%$ of the DMR lifetime, and the star-forming phase occupies about $30 \%-40 \%$. These relative lifetimes are robust over a wide range of thresholds. We outline a method by which relative lifetimes can be anchored to absolute lifetimes from large-scale surveys of methanol masers and UCHII regions. A simplistic application of this method estimates the absolute lifetime of the starless phase to be $0.2-1.7 \mathrm{Myr}$ (about $0.6-4.1$ fiducial cloud free-fall times) and the star-forming phase to be $0.1-0.7 \mathrm{Myr}$ (about $0.4-2.4$ free-fall times), but these are highly uncertain. This work uniquely investigates the star-forming nature of high column density gas pixel by pixel, and our results demonstrate that the majority of high column density gas is in a starless or embedded phase.


Key words: dust, extinction - H II regions - ISM: kinematics and dynamics - stars: formation

## 1. Introduction

Whether star clusters and high-mass stars form as the result of slow, equilibrium collapse of clumps (e.g., Tan et al. 2006) over several free-fall times or they collapse quickly on the order of a free-fall time (e.g., Elmegreen 2007; Hartmann \& Burkert 2007), perhaps mediated by large-scale accretion along filaments (Myers 2009), remains an open question. The stars that form in these regions may disrupt and redistribute the molecular material from which they formed without dissociating it, allowing future generations of star formation in the cloud with overall long GMC lifetimes (20-40 Myr; e.g., Kawamura et al. 2009). The scenario of quick, dynamic star formation sustained over a long time by continued inflow of material is motivated by a variety of observations (discussed in detail in Elmegreen 2007; Hartmann \& Burkert 2007), and more recently by the lack of starless massive protoclusters (Ginsburg et al. 2012; Csengeri et al. 2014; Urquhart et al. 2014b) observed through blind surveys of cold dust continuum emission in the Galaxy. Additionally, observations of infall of molecular material on large scales (Schneider et al. 2010; Peretto et al. 2013) suggest that GMCs are dynamic and evolve quickly, but that material may be continually supplied into the region.

To study the formation, early evolution, and lifetimes of high-mass star-forming regions, we investigate their earliest evolutionary phase in dense, molecular regions (DMRs). The gas in regions that form high-mass stars, DMRs, has high densities $\left(10^{4-7} \mathrm{~cm}^{-3}\right.$; Lada \& Lada 2003) and cold temperatures (10-20 K; Rathborne et al. 2010; Battersby et al. 2011) and is typically detected by submillimeter observations where the cold, dust continuum emission peaks. Given the appropriate viewing angle, these regions can also be seen in silhouette as

Infrared Dark Clouds (IRDCs) absorbing the diffuse, mid-IR, Galactic background light. Battersby et al. (2011) showed that by using a combination of data (including measurements of their temperatures and column densities from Hi-GAL; Molinari et al. 2010), we can sample DMRs and classify them as starless or star-forming in a more systematically robust way than just using one wavelength (e.g., an IRDC would not be "dark" on the far side of the Galaxy, so a mid-IR-only selection would exclude those DMRs).

Most previous studies of high-mass star-forming region lifetimes have focused on discrete "clumps" of gas, usually identified in the dust continuum (e.g., Dunham et al. 2011; Csengeri et al. 2014; Heyer et al. 2016). However, oftentimes these "clumps" contain subregions of quiescence and active star formation and cannot simply be classified as either. To lump these regions together and assign the entire "clump" as star-forming or quiescent can cause information to be lost on smaller scales within the clump. For example, the filamentary cloud highlighted in a black box in Figure 1 centered at [ $30^{\circ} .21$, $-0^{\circ} .18$ ] clearly contains an actively star-forming and a quiescent region, but is identified as a single clump in the Bolocam Galactic Plane Survey (Rosolowsky et al. 2010; Aguirre et al. 2011; Ginsburg et al. 2013), as three clumps in the first ATLASGAL catalog (Contreras et al. 2013; Urquhart et al. 2014a) and as five clumps in the second ATLASGAL catalog (Csengeri et al. 2014). Resolution and sensitivity are not the primary drivers for the number of clumps identified, rather it is algorithmic differences, such as bolocat versus clumpfind or gaussclumps.

In this paper, we present an alternate approach that circumvents the issues surrounding clump identification, by retaining the available information in a pixel-by-pixel analysis


Figure 1. Visual demonstration of the identification of DMRs and their classification as starless (pixels within the white contours) or star-forming (pixels within the black contours). Shown in the top-left panel is a zoom-in map of a portion of our total field with red $/$ green $/ \mathrm{blue}=70 / 8 / 4.5 \mu \mathrm{~m}$ emission. Shown in the top-right panel and background throughout is the same zoom-in map with temperature shown in red, $8 \mu \mathrm{~m}$ emission in green, and column density in blue. Predominantly blue regions in this map are starless DMRs (cold, high column density, and $8 \mu \mathrm{~m}$ dark), while predominantly white regions are star-forming DMRs (warm, high column density, and $8 \mu \mathrm{~m}$ bright). Red/yellow regions are warm but have low column densities and thus are not classified as DMRs. In the bottom panels, DMR identifications as starless or star-forming are shown in white or black contours, respectively, with the "generous" criteria on the left and "conservative" on the right. The maser locations are shown by green contours. Both identification methods yield relative lifetimes of approximately $70 \%$ starless and $30 \%$ star-forming, although the associated relative maser lifetime is $2 \%$ on the left and $4 \%$ on the right. (The sharp edges are source masks from Battersby et al. 2011).
of the maps. All together, the pixels give us a statistical overview of the different evolutionary stages. Pixels that satisfy the criteria for high-mass star formation, explicated in the paper, are referred to as DMRs. We compare the fractions of the statistical ensembles of starless and star-forming DMRs to estimate their relative lifetimes.

Previous lifetime estimates, based primarily on mid-IR emission signatures toward samples of IRDCs or dust continuum clumps, found relative starless fractions between about $30 \%-80 \%$ and extrapolate these to absolute starless lifetimes ranging anywhere between $10^{3}$ and $10^{6}$ years. Notably, the recent comprehensive studies of clump lifetimes
from Svoboda et al. (2016) and Heyer et al. (2016) find starless fractions of $47 \%$ and $69 \%$, respectively. Our approach differs from previous methods by (1) not introducing clump boundaries, thereby using the highest resolution information available, (2) defining regions capable of forming high-mass stars based strictly on their column density, and (3) using the dust temperature and the mid-IR emission signature to classify a region as starless or star-forming.

## 2. Methods

The Galactic Plane centered at Galactic longitude $\ell=30^{\circ}$ contains one of the largest concentrations of dense gas and dust in the Milky Way. Located near the end of the Galactic bar and the start of the Scutum-Centaurus spiral arm, this region contains the massive W43 star-forming complex at a distance of 5.5 kpc (Ellsworth-Bowers et al. 2015) and hundreds of massive clumps and molecular clouds with more than $80 \%$ of the emission having $V_{\text {LSR }}=80-120 \mathrm{~km} \mathrm{~s}^{-1}$, implying a kinematic distance between 5 and 9 kpc (Carlhoff et al. 2013; Ellsworth-Bowers et al. 2013, 2015). We investigate the properties and star-forming stages of DMRs in a $2^{\circ} \times 2^{\circ}$ field centered at $[\ell, b]=\left[30^{\circ}, 0^{\circ}\right]$ using survey data from Hi-GAL (Molinari et al. 2010), GLIMPSE (Benjamin et al. 2003), 6.7 GHz CH3 3 OH masers (Pestalozzi et al. 2005), and UCHII regions (Wood \& Churchwell 1989b).

In a previous work, we measured $T_{\text {dust }}$ and $N\left(\mathrm{H}_{2}\right)$ from modified blackbody fits to background-subtracted Hi-GAL data from 160 to $500 \mu \mathrm{~m}$ using methods described in Battersby et al. (2011) and identified each pixel as mid-IR-bright, mid-IRneutral, or mid-IR-dark, based on its contrast at $8 \mu \mathrm{~m}$. The column density and temperature maps are produced using data that have had the diffuse Galactic component removed, as described in Battersby et al. (2011). We use the $25^{\prime \prime}$ version of the maps, convolving and regridding all the data to this resolution, which corresponds to beam sizes of 0.6 and 1.1 pc and pixel sizes of 0.13 and 0.24 pc at typical distances of 5 and 9 kpc .

In this work, we identify pixels above a column density threshold capable of forming high-mass stars (Section 2.1), then, on a pixel-by-pixel basis, identify them as starless or starforming (Section 2.2), and from their fractions infer their relative lifetimes. Using absolute lifetimes estimated from survey statistics of $6.7 \mathrm{CH}_{3} \mathrm{OH}$ masers and UCHII regions, we anchor our relative lifetimes to estimate the absolute lifetimes of the DMRs (Sections 3.3 and 3.4).

Previous works (see Section 3.6) have estimated starforming lifetimes over contiguous "clumps," typically $\sim 1 \mathrm{pc}$ in size. However, submillimeter-identified clumps often contain distinct regions in different stages of star formation. It was this realization that led us to the pixel-by-pixel approach. In the clump approach, actively star-forming and quiescent gas are lumped together; a single signature of star formation in a clump will qualify all of the gas within it as star-forming. This association of a large amount of non-star-forming gas with a star-forming clump could lead to erroneous lifetime estimates for the phases of high-mass star formation, though we note that this will be less problematic in higher resolution analyses. Therefore, we use a pixel-by-pixel approach and consider any pixel with sufficient column density (see next section) to be a DMR.

### 2.1. Column Density Thresholds for High-mass Star Formation

High-mass stars form in regions with surface densities $\Sigma \sim$ $1 \mathrm{~g} \mathrm{~cm}^{-2}$ (Krumholz \& McKee 2008), corresponding to $N\left(\mathrm{H}_{2}\right)$ $\sim 2.1 \times 10^{23} \mathrm{~cm}^{-2}$. At distances of several kiloparsecs or more, most cores are highly beam-diluted in our $25^{\prime \prime}$ beam. To derive a realistic high-mass star-forming column density threshold for cores beam-diluted by a $25^{\prime \prime}$ beam, consider a spherical core with a constant column density $\Sigma=1 \mathrm{~g} \mathrm{~cm}^{-2}$ in the central core (defined as $r<r_{f}$, where $r_{f}$ is the flat inner portion of the density profile, determined from fits to the data) and a power-law drop-off for $r>r_{f}$ :

$$
\begin{equation*}
n(r)=n_{f}\left(r / r_{f}\right)^{-p} \tag{1}
\end{equation*}
$$

where $p$ is the density power-law exponent. The Mueller et al. (2002) study of 51 high-mass star-forming cores found a bestfit central core radius, $r_{f} \approx 1000 \mathrm{au}$, and density power-law index, $p=1.8$. This model implies an $\mathrm{H}_{2}$ central density of $n_{f}=6.2 \times 10^{7} \mathrm{~cm}^{-3}$, which, integrated over $r_{f}=1000 \mathrm{au}$, corresponds to the theoretical surface-density threshold for forming high-mass stars of $\Sigma=1 \mathrm{~g} \mathrm{~cm}^{-2}$.

Integration of this model core along the line of sight and convolution with a $25^{\prime \prime}$ beam results in a beam-diluted column density threshold, at typical distances of 5 and 9 kpc toward the $\ell=30^{\circ}$ field (Ellsworth-Bowers et al. 2013, 2015), of $N$ $\left(\mathrm{H}_{2}\right)=0.8$ and $0.4 \times 10^{22} \mathrm{~cm}^{-2}$, respectively. Pixels above this column density threshold are referred to as DMRs. We note that the column density maps used have had the diffuse Galactic background removed, as described in Battersby et al. (2011), so we can attribute all of the column density to the DMRs themselves.

As discussed in Section 3.2, the relative lifetimes are mostly insensitive to variations in the threshold column density from $\sim 0.3$ to $1.3 \times 10^{22} \mathrm{~cm}^{-2}$ (corresponding to distances of 11 and 3 kpc for the model core). We make two estimates of lifetimes throughout the text using the extreme ends of reasonable parameter space; for this section, the cutoffs are: $N$ $\left(\mathrm{H}_{2}\right)=0.4 \times 10^{22} \mathrm{~cm}^{-2}$ for the "generous" and $N\left(\mathrm{H}_{2}\right)=$ $0.8 \times 10^{22} \mathrm{~cm}^{-2}$ and "conservative" estimates.

Alternatively, we apply the Kauffmann \& Pillai (2010) criteria (hereafter KP10) for high-mass star formation. Kauffmann \& Pillai (2010) observationally find that regions with high-mass star formation tend to have a mass-radius relationship of $m$ $(r)>870 M_{\odot}[r / \mathrm{pc}]^{1.33}$. At our beam sizes of 0.6 and 1.1 pc , this corresponds to column densities of about 2.5 and $1.6 \times 10^{22} \mathrm{~cm}^{-2}$, respectively. The results of this column density threshold are discussed in more detail in each results section (Sections 3.2-3.4). The result that our relative lifetimes are mostly insensitive to variations in the threshold column density holds true with these higher column density thresholds.

### 2.2. Starless Versus Star-forming

In this paper, dust temperature distributions are combined with mid-IR star formation signatures to determine whether each DMR is "starless" or "star-forming." The mid-IR signature is determined from the contrast at $8 \mu \mathrm{~m}$, i.e., how "bright" or "dark" the pixel is above the background-the $8 \mu \mathrm{~m}$ image smoothed with a median filter of $25^{\prime \prime}$ resolution (see Battersby et al. 2011, for details). We use the mid-IR signature at $8 \mu \mathrm{~m}$ (mid-IR dark or bright) as the main discriminator and the dust temperature as a secondary


Figure 2. Flow chart showing the decision tree to assign pixels as DMRs, and subsequently classify them as "starless" or "starry," i.e., star-forming.
discriminator, particularly to help identify regions that are cold and starless, but do not show particular absorption as an IRDC as they are on the far side of the Galaxy.

We use the range of dust temperatures found to be associated with mid-IR-dark and bright regions (based on Gaussian fits to those temperature distributions) to help discriminate DMRs as "starless" or "star-forming." If a DMR is mid-IR-dark and its temperature is within the normal cold dust range ( $2 \sigma$ or $3 \sigma$ for the "conservative" and "generous" thresholds, respectively), then it is classified as "starless." If a DMR is mid-IR-bright and its temperature is within the normal warm dust range ( $2 \sigma$ or $3 \sigma$ for the "conservative" and "generous" thresholds, respectively), then it is classified as "star-forming." Slight changes in the temperature distributions (e.g., including all DMRs down to 0 K as starless and up to 100 K as star-forming) have a negligible effect. Pixels that are mid-IR-bright and cold or mid-IR-dark and warm are extremely rare and left out of the remaining analysis. When a DMR is mid-IR-neutral, its temperature is used to classify it as "starless" or "star-forming." A flow chart depicting this decision tree is shown in Figure 2.

This study is only sensitive to the star-forming signatures of high-mass stars. Therefore, the term "starless" refers only to the absence of high-mass stars forming; the region may support active low- or intermediate-mass star formation. Using Robitaille et al. (2006) models of dust emission toward YSOs, scaled to 5 and 9 kpc distances and apertures, we find that our typical starless flux limit of $130 \mathrm{MJy} / \mathrm{Sr}$ at $8 \mu \mathrm{~m}$ (technically, we use a contrast not a specific flux, but this is the approximate level for most of the region at our contrast cut) is sensitive enough to detect the vast majority ( $85 \%$ ) of possible model YSOs with a mass above $10 M_{\odot}$. Some YSO models will always be undetected (due to unfortunate inclinations, etc.) no matter the flux limit, so we estimate that we are sensitive to forming massive stars above $\sim 10 M_{\odot}$.

While contrast at $8 \mu \mathrm{~m}$ is an imperfect measure of the presence or absence of high-mass star formation, it was found to be a powerful discriminator in Battersby et al. (2011), who compared it with dust temperature, $24 \mu \mathrm{~m}$ emission, maser emission, and Extended Green Objects. In particular, since we
employ the contrast at $8 \mu \mathrm{~m}$ smoothed over $25^{\prime \prime}$ using a median filter, rather than the simple presence or absence of emission, we are unlikely to be affected by field stars, which are small and very bright, and thus will be removed by the median filter smoothing. PAH emission at $8 \mu \mathrm{~m}$ toward Photon-Dominated Regions (PDRs) is not likely to be an issue since the low column density of dust toward PDRs will preclude their inclusion as DMRs in the first place.

## 3. Lifetimes

### 3.1. Assumptions in Deriving Relative Lifetimes

Several necessary assumptions were made in inferring the relative lifetimes of the starless and star-forming stages for high-mass star-forming regions. (i) The sample is complete and unbiased in time and space. (ii) The sum of DMRs represents with equal probability all the phases in the formation of a massive star. This can be achieved either with a constant starformation rate (SFR) or a large enough sample. (iii) DMRs are forming or will form high-mass stars. (iv) The lifetimes do not depend on mass. (v) Starless and star-forming regions occupy similar areas on the sky (i.e., their area is proportional to the mass of gas). (vi) The signatures at $8 \mu \mathrm{~m}$ (mid-IR bright or dark) and their associated temperature distributions are good indicators of the presence or absence of a high-mass star. (vii) Pixels above the threshold column density contain beamdiluted dense cores rather than purely beam-filling low surfacedensity gas. We discuss these assumptions below.

Assumptions (i) and (ii) are reasonable given the size of our region; we are sampling many populations in different evolutionary stages. The relative lifetimes we derive here may apply elsewhere to special regions in the Galaxy with similar SFRs and properties. However, since this region contains W43, a "mini starburst" (e.g., Bally et al. 2010; Louvet et al. 2014), it is likely in a higher SFR phase and may not be applicable in general throughout the Galaxy. One possible complication to assumption (ii) is the possibility that some high-mass stars can be ejected from their birthplaces with velocities sufficient to physically separate them from their natal

Table 1
Various Lifetime Estimates in this Work, Described in More Detail in Sections 2, 3.2-3.4

| Criteria | $N\left(\mathrm{H}_{2}\right)\left[\mathrm{cm}^{-2}\right]$ | $f_{\text {starless }}$ | $f_{\text {starry }}$ | Anchor | $\tau_{\text {total }}[\mathrm{Myr}]$ | $\tau_{\text {starless }}$ | $\tau_{\text {starry }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Generous | $0.4 \times 10^{22}$ | 0.71 | 0.29 | maser | 1.9 | 1.4 | 0.6 |
| Conservative | $0.8 \times 10^{22}$ | 0.72 | 0.28 | maser | 0.9 | 0.6 | 0.3 |
| Either | $(0.4-0.8) \times 10^{22}$ | 0.7 | 0.3 | UCHII | 1.2-2.4 | 0.8-1.7 | 0.4-0.7 |
| KP10 near | $2.5 \times 10^{22}$ | 0.63 | 0.37 | maser | 0.3 | 0.2 | 0.1 |
| KP10 far | $1.6 \times 10^{22}$ | 0.63 | 0.37 | maser | 0.5 | 0.3 | 0.2 |
| Either KP | $(1.6-2.5) \times 10^{22}$ | 0.63 | 0.37 | UCHII | 1.0-1.9 | 0.6-1.2 | 0.4-0.7 |
| Overall | $(0.4-2.5) \times 10^{22}$ | 0.6-0.7 | 0.3-0.4 | both | 0.3-2.4 | 0.2-1.7 | 0.1-0.7 |

Note. The column density listed refers to the lower bound on the column densities used to derive the relative lifetimes. The Anchor is the method used to anchor relative lifetimes to absolute timescales, $\mathrm{CH}_{3} \mathrm{OH}$ masers, or UCHII regions. Finally, the timescales in the three rightmost columns are lifetimes of various phases in Myr.
clumps within about 1 Myr. However, this should not result in an underestimate of the star-forming fraction of DMRs, since high-mass star formation is highly clustered, and if the stellar density is sufficient for ejection of high-mass stars, then the remaining stars should easily classify the region as a DMR. On the other hand, the ejected stars could in principle classify a dense, starless region they encounter as "star-forming" by proxy. We expect that this would be rare, but suggest it as an uncertainty worthy of further investigation.

We argue in favor of assumption (iii) in Section 2.1. While we expect that assumption (iv) is not valid over all clump sizes, this assumption is reasonable (and necessary) for our sample, as the column density variation over our DMRs is very small (from the threshold density to double that value). This lack of column density variation in our DMRs also argues in favor of assumption (v). Various studies (e.g., Chambers et al. 2009; Battersby et al. 2010) argue in favor of assumption (vi) statistically, but more sensitive and higher resolution studies will continue to shed light on the validity of this assumption. Assumption (vii) is supported by the fact that interferometric observations of DMRs (e.g., Battersby et al. 2014) and density measurements (Ginsburg et al. 2015) demonstrate that most (if not all) DMRs contain dense substructure rather than purely beam-filling low surface-density gas. While we expect that the high column density of some DMRs may not indicate a high volume density but rather long filaments seen "pole-on," we expect this to be quite rare. If this special geometry were common, it would lead to an overestimate of the starless fraction.

### 3.2. Observed Relative Lifetimes

For both the "conservative" and "generous" estimates, the relative percentage of DMRs in the starless/star-forming phase is about $70 \% / 30 \%$. The higher column density thresholds from KP10 give relative percentages of $63 \% / 37 \%$. These lifetimes are shown in Table 1. The dashed lines in Figure 3 shows the percentage of pixels in the starless versus starry categories for a range of column density thresholds shown on the $x$-axis. Below a column density threshold of about $0.3 \times 10^{22} \mathrm{~cm}^{-2}$ starless and starry pixels are equally distributed ( $50 \%$ ). At any column density threshold in the range of $(0.3-1.3) \times 10^{22} \mathrm{~cm}^{-2}$, about $70 \%$ of the pixels are categorized as starless and $30 \%$ as starry (i.e., star-forming). At the higher column density thresholds from KP10, $(1.7-2.5) \times 10^{22} \mathrm{~cm}^{-2}$, about $63 \%$ are starless and $37 \%$ star-forming.

At each column density, the ratio between the number of pixels in each category (solid lines in Figure 3, $N_{\text {starless }}$ and
$N_{\text {starry }}$ ) divided by the total number of pixels at that column density ( $N_{\text {total }}$ ), multiplied by 100, gives the percentage of pixels in each category (dashed lines in Figure 3; Starless \% and Starry \%):

$$
\begin{align*}
\text { Starless } \% & =\left[N_{\text {starless }} / N_{\text {total }}\right] \times 100  \tag{2}\\
\text { Starry } \% & =\left[N_{\text {starry }} / N_{\text {total }}\right] \times 100 \tag{3}
\end{align*}
$$

The histograms in solid lines in Figure 3 show the number of pixels in each category with a given column density, as noted on the $x$-axis, i.e., a column density probability distribution function. This figure demonstrates that the average column density distribution is higher for starless pixels. We interpret this to mean that regions categorized as starless have a high capacity for forming future stars (high column density and cold). Our method of comparing these populations above a threshold column density allows us to disentangle them and derive relative lifetime estimates for regions on the brink of (starless) versus actively (starry) forming stars.

Under the assumptions discussed in Sections 2 and 3.1, highmass star-forming DMRs spend about $70 \%$ of their lives in the starless phase and $30 \%$ in the actively star-forming phase. If we instead apply the KP10 criteria as a column density threshold (see Section 2.1), our relative lifetimes are $63 \%$ for the starless phase and $37 \%$ for the star-forming phase. We therefore conclude that the starless phase occupies approximately $60 \%$ $70 \%$ of the lifetime of DMRs while the star-forming phase is about $30 \%-40 \%$ over a wide range of parameters, both column density threshold and temperature thresholds as shown by "conservative" versus "generous" criteria.

While our relative lifetime estimates are robust over a range of parameters, the connection of our relative lifetimes to absolute lifetimes is extremely uncertain. We present below two methods to connect our relative lifetimes to absolute timescales. The first is to link the methanol masers detected in our region with Galactic-scale maser surveys, which provide an estimate of the maser lifetime. The second approach is to instead assume an absolute lifetime of UCHII regions to anchor our relative DMR lifetimes.

### 3.3. Maser Association and Absolute Lifetime Estimates

We use the association of DMRs with 6.7 GHz Class II methanol masers (thought to be almost exclusively associated with regions of high-mass star formation), and the lifetime of these masers from van der Walt (2005), to anchor our relative lifetimes to absolute timescales. These lifetimes are highly uncertain and rest on a number of assumptions, therefore care


Figure 3. Relative fraction of pixels that are starless (70\%) vs. star-forming (30\%) is shown by the dashed lines as a function of column density cutoff. This fraction is mostly insensitive to the choice of column density cutoff over a reasonable range of thresholds $\left(N\left(\mathrm{H}_{2}\right) \sim 0.3-1.3 \times 10^{22} \mathrm{~cm}^{-2}\right)$ in a $25^{\prime \prime}$ beam and to the "generous" vs. "conservative" parameters. The left $y$-axis and dashed lines show the percentage of pixels that are starless (cyan and green using the "generous" and "conservative" identification methods) vs. star-forming (magenta and orange using the "generous" and "conservative" identification methods) or that contain a maser (red) as a function of the column density threshold selected ( $x$-axis). The right $y$-axis and solid lines show the column density distribution of the same populations. In each column density bin ( $x$-axis), the ratio between the number of pixels in each category in that column density bin (solid lines) divided by the total number of pixels in that column density bin, multiplied by 100 , gives the percentage of pixels in each category (dashed lines). This figure is discussed in more detail in Section 3.2 .
should be taken in their interpretation. We utilize unbiased Galactic plane searches for methanol masers by Szymczak et al. (2002) and Ellingsen (1996) compiled by Pestalozzi et al. (2005). We define the "sizes" of the methanol masers to be spherical regions with a radius determined by the average size of a cluster-forming clump associated with a methanol maser from the BGPS as $R \sim 0.5 \mathrm{pc}$ (Svoboda et al. 2016), corresponding to $30^{\prime \prime}$ diameter apertures for the average distance in this field. While methanol maser emission comes from very small areas of the sky (e.g., Walsh et al. 1998), they are often clustered, so these methanol maser "sizes" are meant to represent the extent of the star-forming region.

The absolute lifetime of DMRs can be anchored to the duration of the 6.7 GHz Class II $\mathrm{CH}_{3} \mathrm{OH}$ masers, which are estimated to have lifetimes of $\sim 35,000$ years (by extrapolating the number of masers identified in these same surveys to the total number of masers in the Milky Way and using an IMF and global SFR to estimate their lifetimes; van der Walt 2005). We note that the van der Walt (2005) extrapolated total number of methanol masers in the Galaxy of 1200 is in surprisingly good agreement with the more recent published methanol maser count from the MMB group (they find 582 over half the Galaxy; Caswell et al. 2010, 2011; Green et al. 2012); therefore, although this catalog is outdated, its absolute lifetime estimate remains intact, though we suggest that future works use these new MMB catalogs, which have exquisite positional accuracy.

While the fraction of starless versus star-forming DMRs is insensitive to the column density cuts, the fraction of DMRs associated with methanol masers ( $f_{\text {maser }}$ ) increases as a function of column density (see Figure 3). In the "generous" and "conservative" cuts, the methanol maser fraction is $2 \%$ and $4 \%$ ( $f_{\text {maser }}$ ), respectively, corresponding to total DMR lifetimes ( $\tau_{\text {total }}$ ) of 1.9 and 0.9 Myr. Using the alternative column density
threshold from Kauffmann \& Pillai (2010), hereafter KP10, as discussed in Section 2.1, the maser fraction is about $7 \%-12 \%$, corresponding to total DMR lifetimes ( $\tau_{\text {total }}$ ) of 0.3 and 0.4 Myr. Given our starless and star-forming fractions $\left(f_{\text {starless }}=0.6-0.7\right.$ and $\left.f_{\text {starry }}=0.3-0.4\right)$ and the methanol maser lifetime ( $\tau_{\text {maser }}=35,000$ years; van der Walt 2005), we can calculate the total DMC lifetime and relative phase lifetimes using the following equations:

$$
\begin{align*}
\tau_{\text {total }} & =\frac{\tau_{\text {maser }}}{f_{\text {maser }}}  \tag{4}\\
\tau_{\text {starless }} & =f_{\text {starless }} \tau_{\text {total }}  \tag{5}\\
\tau_{\text {starry }} & =f_{\text {starry }} \tau_{\text {total }} \tag{6}
\end{align*}
$$

The "starless" lifetime then is about $0.6-1.4 \mathrm{Myr}$, while the "star-forming" lifetime is $0.2-0.6 \mathrm{Myr}$, considering only the "conservative" and "generous" thresholds. The KP10 column density threshold for high-mass star formation, because of its larger methanol maser fraction, yields absolute starless lifetimes of $0.2-0.3 \mathrm{Myr}$ and star-forming lifetimes of $0.1-0.2 \mathrm{Myr}$. Overall, the range of absolute starless lifetimes is $0.2-1.4 \mathrm{Myr}$ and star-forming lifetimes is $0.1-0.6 \mathrm{Myr}$. See Table 1 for a summary of the relative and absolute lifetimes for various methods.

### 3.4. UCHII Region Association and Lifetimes

Since the absolute lifetimes of methanol masers are quite uncertain, we tie our relative lifetimes to absolute lifetimes of UCHII regions using a different method to probe the range of parameter space that is likely for DMRs. Wood \& Churchwell (1989a, 1989b) determined that the lifetimes of UCHII regions are longer than anticipated based on the expected expansion rate of D-type ionization fronts as $\mathrm{H}_{\text {II }}$ regions evolve toward
pressure equilibrium. They estimate that O stars spend about $10 \%-20 \%$ of their main sequence lifetime in molecular clouds as UCHII regions, or about $3.6 \times 10^{5}$ years $^{5}$, $\tau_{\text {UCHII }}$. The remaining link between the absolute and relative lifetimes is the fraction of DMRs associated with UCHII regions, particularly O stars. Wood \& Churchwell (1989b) look for only the brightest UCHII regions, dense regions containing massive stars, while the more recent and more sensitive studies of Anderson et al. (2011) show $\mathrm{H}_{\text {II }}$ regions over wider evolutionary stages, after much of the dense gas cocoon has been dispersed. We suggest that future works investigate the use of newer catalogs from the CORNISH survey (e.g., Purcell et al. 2013). Wood \& Churchwell (1989b) searched three regions in our $l=30^{\circ}$ field (all classified as "starry" in our study) for UCHII regions and found them toward two regions. Therefore, the Wood \& Churchwell (1989b) absolute lifetime of $3.6 \times 10^{5}$ years ( $\tau_{\mathrm{UCHII}}$ ) corresponds, very roughly, to twothirds of "starry" DMRs they surveyed in our analyzed field.

We make the assumption that approximately $50 \%-100 \%$ of our "starry" pixels are associated with UCHII regions ( $f_{\mathrm{UCHII}}$ ). This assumption is based on the following lines of evidence: (1) $8 \mu \mathrm{~m}$ emission is often indicative of UV excitation (Bania et al. 2010 show that nearly all GLIMPSE bubbles, $8 \mu \mathrm{~m}$ emission, are associated with UCHII regions), (2) "starry" pixels show warmer dust temperatures, and (3) UCHII regions were found toward two-thirds of the regions surveyed by Wood \& Churchwell (1989b) in our field, as shown above. The assumption that $50 \%-100 \%$ of "starry" pixels are associated with UCHII regions ( $f_{\mathrm{UCHII}}$ ) corresponds to total DMR lifetimes ( $\tau_{\text {total }}$ ) of 2.4 or 1.2 Myr (for $50 \%$ or $100 \%$, respectively) when we assume a starry fraction of $30 \% ~\left(f_{\text {starry }}\right)$ as shown in the equation below:

$$
\begin{equation*}
\tau_{\text {total }}=\frac{\tau_{\mathrm{UCHII}}}{f_{\text {starry }} f_{\mathrm{UCHII}}} \tag{7}
\end{equation*}
$$

The absolute lifetimes of the "Generous" and "Conservative" thresholds starless phase (using Equations (5) and (6)) is then $0.8-1.7 \mathrm{Myr}$ and the "starry" phase would be $0.4-0.7 \mathrm{Myr}$. If we instead assume the KP10 column density threshold for high-mass star formation, $f_{\text {UCHII }}$ would not change, only the star-forming and starless fraction, in this case $37 \%$ and $63 \%$, respectively. The absolute lifetimes inferred for these phases based on association with UCHII regions is a $\tau_{\text {total }}$ of $1.0-1.9 \mathrm{Myr}$, a $\tau_{\text {starless }}$ of $0.6-1.2 \mathrm{Myr}$, and a $\tau_{\text {starry }}$ of $0.4-0.7$ Myr. See Table 1 for a summary of the relative and absolute lifetimes for various methods.

### 3.5. Free-fall Times

The absolute lifetimes derived in Sections 3.3 and 3.4 are compared with fiducial cloud free-fall times. To calculate "fiducial" cloud free-fall times, we first calculate the median pixel column density for each of the categories (conservative, generous, KP10 near, and KP10 far). These are shown in Table 2. We then use Equations (11) and (12) from Svoboda et al. (2016) to calculate a fiducial free-fall time from the column densities. The central volume density is calculated from

[^0]the column density, assuming a characteristic length of 1 pc and a spherically symmetric Gaussian density distribution (see Svoboda et al. 2016 for details). We stress that there are many uncertainties in this calculation, as we do not know the true volume densities, but these are simply meant to provide approximate free-fall times based on known cloud parameters, such as the median column density and typical size. Moreover, these free-fall times are, of course, calculated at the "present day," and we do not know what the "initial" cloud free-fall times were. The fiducial free-fall times for each category are listed in Table 2.

For each category, we then convert the absolute lifetimes derived into the number of free-fall times. These are shown in the rightmost three columns of Table 2. The number of free-fall times for the total lifetimes range from 1 to 6.5 . The starless phase ranges between 0.6 and 4.1 free-fall times, and the starry phase ranges from 0.4 to 2.4 free-fall times.

### 3.6. Comparison with Other Lifetime Estimates for Dense, Molecular Clumps

Previous lifetime estimates are summarized in Table 3. They are based primarily on mid-IR emission signatures at 8/ $24 \mu \mathrm{~m}$ toward IRDCs or dust-identified clumps and find starless fraction percentages between $23 \%$ and $82 \%$. In previous studies, these starless fractions are often extrapolated to absolute starless lifetimes ranging from $\sim 10^{3}-10^{6}$ years. Additionally, Tackenberg et al. (2012) find a lifetime for the starless phase for the most high-mass clumps of $6 \times 10^{4}$ years based on an extrapolated total number of starless clumps in the Milky Way and a Galactic SFR, and Gerner et al. (2014) found an IRDC lifetime of $10^{4}$ years based on chemical models.

Previous analyses determined lifetimes of high-mass starforming regions by calculating relative fractions of "clumps" or "cores," defined in various ways and with arbitrary sizes. All the regions within each "clump" or "core" are lumped together and collectively denoted as starless or star-forming. Since clumps identified in submillimeter surveys generally contain gas in different stages of star formation (actively star-forming and quiescent), we chose to use the pixel-by-pixel approach. In this way, gas that is star-forming or quiescent is identified as such without being instead included in a different category due to its association with a clump. Previously, a single 8 or $24 \mu \mathrm{~m}$ point source would classify an entire clump as starforming; therefore, we expect that our pixel-by-pixel approach will identify more regions as starless and give a higher starless fraction. Our relative lifetime estimates are in reasonable agreement with previous work on the topic and yield a somewhat higher starless fraction, as would be expected with the pixel-by-pixel method.

Of particular interest for comparison are the recent works of Svoboda et al. (2016) and Heyer et al. (2016). Svoboda et al. (2016) perform a comprehensive analysis of over 4500 clumps from BGPS across the Galactic Plane, including their distances, physical properties, and star-forming indicators. In this analysis they notice a possible trend in which the starless clump lifetimes decrease with clump mass. Overall, about $47 \%$ of their clumps can be qualified as "starless" clump candidates, and using a similar method for determining absolute lifetimes, they find lifetimes of $0.37 \pm 0.08 \mathrm{Myr}\left(M / 10^{3} M_{\odot}\right)^{-1}$ for clumps more massive than $10^{3} M_{\odot}$. Heyer et al. (2016) similarly perform a comprehensive analysis of the latency of star formation in a large survey of about 3500 clumps identified

Table 2
Various Lifetime Estimates in this Work, as in Table 1, in Units of the Number of Free-fall Times

| Criteria | Median $N\left(\mathrm{H}_{2}\right)$ | Anchor | $\tau_{f f}[\mathrm{Myr}]$ | $N_{f f, \text { total }}$ | $N_{f f, \text { starless }}$ | $N_{\text {ff,starry }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Generous | $0.6 \times 10^{22}$ | maser | 0.7 | 2.8 | 2.0 | 0.8 |
| Conservative | $1.2 \times 10^{22}$ | maser | 0.5 | 1.8 | 1.3 | 0.5 |
| Either | $(0.6-1.2) \times 10^{22}$ | UCHII | 0.5-0.7 | 1.7-4.8 | 1.2-3.4 | 0.5-1.4 |
| KP10 near | $3.5 \times 10^{22}$ | maser | 0.3 | 1.0 | 0.6 | 0.4 |
| KP10 far | $2.2 \times 10^{22}$ | maser | 0.4 | 1.1 | 0.7 | 0.4 |
| Either KP | $(2.2-3.5) \times 10^{22}$ | UCHII | 0.3-0.4 | 2.4-6.5 | 1.5-4.1 | 0.9-2.4 |
| Overall | $(0.6-3.5) \times 10^{22}$ | both | 0.3-0.7 | 1.0-6.5 | 0.6-4.1 | 0.4-2.4 |

Note. A robust estimate of the free-fall time is not performed in this work; these are simply based on simple geometrical assumptions and the median column density of pixels included in each estimate. These are discussed in more detail in Section 3.5.

Table 3
Previous Estimates for the Starless Phase Fraction, $f_{\text {Starless }}$

| Clump Identification | SF Identification | $f_{\text {starless }}$ | References |
| :--- | :--- | :--- | :--- |
| IRDC | $24 \mu \mathrm{~m}$ | 0.65 | Chambers et al. (2009) |
| IRDC | $8 \mu \mathrm{~m}$ | 0.82 | Chambers et al. (2009) |
| IRDC | $24 \mu \mathrm{~m}$ | 0.33 | Parsons et al. (2009) |
| IRDC | $24 \mu \mathrm{~m}$ | $0.32-0.80$ | Peretto \& Fuller (2009) |
| LABOCA | $8 / 24 \mu \mathrm{~m}$ | 0.44 | Miettinen (2012) |
| ATLASGAL | $22 \mu \mathrm{~m}$ | 0.25 | Csengeri et al. (2014) |
| ATLASGAL | GLIMPSE+MIPSGAL | 0.23 | Tackenberg et al. (2012) |
| Hi-GAL | $24 \mu \mathrm{~m}$ | 0.18 | Wilcock et al. (2012) |
| Hi-GAL | $8 \mu \mathrm{~m}$ | 0.33 | Wilcock et al. (2012) |
| BGPS | mid-IR catalogs | 0.80 | Dunham et al. (2011) |
| BGPS | many tracers | 0.47 | Svoboda et al. (2016) |
| ATLASGAL | MIPSGAL YSOs | 0.69 | Heyer et al. (2016) |
| $N\left(\mathrm{H}_{2}\right)$ from Hi-GAL | $T_{\text {dust }}$ and $8 \mu \mathrm{~m}$ | $0.60-0.70$ | This work |

Note.
${ }^{\text {a }}$ Robitaille et al. (2008), the Red MSX Catalog from Urquhart et al. (2008), and the EGO catalog from Cyganowski et al. (2008).
by ATLASGAL. They carefully identify MIPSGAL YSOs (Gutermuth \& Heyer 2015) that overlap with these clumps, and accounting for clumps excluded due to saturation, find that about $31 \%$ are actively star-forming. They conclude that these dense, molecular clumps have either no star formation, or lowlevel star formation below their sensitivity threshold, for about $70 \%$ of their lifetimes. Our starless lifetime of about $60 \%-70 \%$ agrees remarkably well with both of these studies. The Svoboda et al. (2016) analysis includes regions of lower column density than our selection and are also sensitive to the early signatures of lower-mass stars, so it would be expected that the starless fraction is a bit lower.

The absolute lifetimes we derive are larger than most previous studies simply because of how they are anchoredmost previous studies simply assume a star-forming lifetime ( $\tau_{\text {starry }}$ ) of $2 \times 10^{5}$ years (representative YSO accretion timescale; Zinnecker \& Yorke 2007). If this star-forming lifetime ( $\tau_{\text {starry }}$ ) is used along with our starless fractions of $0.6-0.7$, we would derive starless lifetimes ( $\tau_{\text {starless }}$; using Equations (5) and (6)) of $0.3-0.5 \mathrm{Myr}$.

Overall, there is quite a wide range in the estimates of the starless lifetimes for DMRs. However, the relatively good agreement from the comprehensive studies of Svoboda et al. (2016) and Heyer et al. (2016) on individual clumps and the present work using a variety of star-formation tracers and a pixel-by-pixel analysis over a large field may indicate that these values are converging. Moreover, it is crucial to understand that different techniques will necessarily provide different values, as
each is probing a different clump or DMR density and some star-formation tracers will be more sensitive to the signatures of lower-mass stars. The matter is overall, quite complex, and assigning a single lifetime to regions of different masses and densities is a simplification (Svoboda et al. 2016).

### 3.7. Comparison with Global Milky Way SFRs

One simple sanity test for our lifetime estimates is to compare them with global SFRs. We use our column density map of the "starry" regions and convert it to a total mass of material in the star-forming phase. For the range of column densities considered, assuming distances between 5 and 9 kpc , we find the total mass of material engaged in forming highmass stars to be about $(0.5-3) \times 10^{5} M_{\odot}$ in the $2^{\circ} \times 2^{\circ}$ field centered at $[\ell, b]=\left[30^{\circ}, 0^{\circ}\right]$.

We assume a typical star-formation efficiency of $30 \%$ to derive the mass of stars we expect to form in the region over "starry" lifetimes of $0.1-0.7$ Myr. Multiplying the gas mass by the efficiency and dividing by this lifetime gives us a total SFR in our $2^{\circ} \times 2^{\circ}$ region of $0.02-0.82 M_{\odot} \mathrm{yr}^{-1}$ (given the ranges in lifetimes, threshholds, and distances). Extrapolating this to the entire Galaxy within the solar circle (assuming a sensitivity of our measurements from 3 to 12 kpc and a typical scale height of 80 pc as in Robitaille \& Whitney 2010) gives a global Milky Way SFR ranging from 0.3 to $20 M_{\odot} \mathrm{yr}^{-1}$. Typical estimates of Milky Way SFRs range from about $0.7-10 M_{\odot} \mathrm{yr}^{-1}$, and when accounting for different IMFs,
converge to about $2 M_{\odot} \mathrm{yr}^{-1}$ (e.g., Robitaille \& Whitney 2010; Chomiuk \& Povich 2011).

Since our observed field contains W43, often touted as a "mini starbust" (e.g., Bally et al. 2010; Louvet et al. 2014), we expect our inferred global SFR to be higher than the true global SFR. Due to the many uncertainties and assumptions, we find that the inferred global SFR has a large range and is between $0.1-10 \times$ the fiducial value of $2 M_{\odot} \mathrm{yr}^{-1}$. While the level of uncertainties and assumptions preclude any meaningful inference from this comparison, our numbers do pass the simple sanity check. Additionally, the average of inferred global SFRs is higher than the fiducial value, as would be expected for this highly active, "mini-starburst" region of the Galaxy.

## 4. Conclusion

We estimate the relative lifetimes of the starless and starforming phases for all regions capable of forming high-mass stars in a $2^{\circ} \times 2^{\circ}$ field centered at $[\ell, b]=\left[30^{\circ}, 0^{\circ}\right]$. We use column densities derived from Hi-GAL to determine which regions are capable of forming high-mass stars, and dust temperature and Spitzer $8 \mu \mathrm{~m}$ emission to determine whether the region is starless (to a limit of about $10 M_{\odot}$ ) or star-forming. Unlike previous analyses, we do not create any artificial "clump" boundaries, but instead use all the spatial information available and perform our analysis on a pixel-by-pixel basis. We find that regions capable of forming high-mass stars spend about $60 \%-70 \%$ of their lives in a starless or embedded phase with star formation below our detection level and $30 \%-40 \%$ in an actively star-forming phase.

Absolute timescales for the two phases are anchored to the duration of methanol masers determined from van der Walt (2005) and the UCHII region phase from Wood \& Churchwell (1989b). We include a wide range of possible assumptions and methodologies, which gives a range for starless lifetimes of $0.2-1.7 \mathrm{Myr}(60 \%-70 \%)$ and a star-forming lifetime of $0.1-0.7 \mathrm{Myr}(30 \%-40 \%)$ for high-mass star-forming regions identified in the dust continuum above column densities from $(0.4-2.5) \times 10^{22} \mathrm{~cm}^{-2}$. These lifetimes correspond to about $0.6-4.1$ free-fall times for the starless phase and $0.4-2.4$ freefall times for the star-forming phase, using fiducial cloud freefall times. In this work, we are only sensitive to tracing forming stars more massive than about $10 M_{\odot}$. If lower-mass stars in the same regions form earlier, the starless timescale for those stars would be even faster than the 0.6-4.1 free-fall times reported here.

We find that the relative lifetimes of about $60 \%-70 \%$ of time in the starless phase and $30 \%-40 \%$ in the star-forming phase are robust over a wide range of thresholds, but that the absolute lifetimes are rather uncertain. These results demonstrate that a large fraction of high column density gas is in a starless or embedded phase. We outline a methodology for estimating relative and absolute lifetimes on a pixel-by-pixel basis. This pixel-by-pixel method could easily be implemented to derive lifetimes for DMRs throughout the Milky Way.

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[^0]:    5 For an O6 star, the main sequence lifetime is about $2.4 \times 10^{6}$ years (Maeder \& Meynet 1987), so $15 \%$ is $3.6 \times 10^{5}$ years. Note that a less massive mid-B star would have a lifetime about five times longer, changing our absolute lifetime estimates by that factor. This variation gives a sense of the uncertainties involved in deriving absolute lifetimes.

