

ANNUAL NARRATIVE REPORT
OF
HOME DEMONSTRATION WORK
IN
YAVAPAI COUNTY

March 1, 1941-----March 30, 1941

June 1, 1941-----August 20, 1941

October 1, 1941-----October 31, 1941

NARRATIVE REPORT

Flossie Wills Barmes
Yavapai County
1941

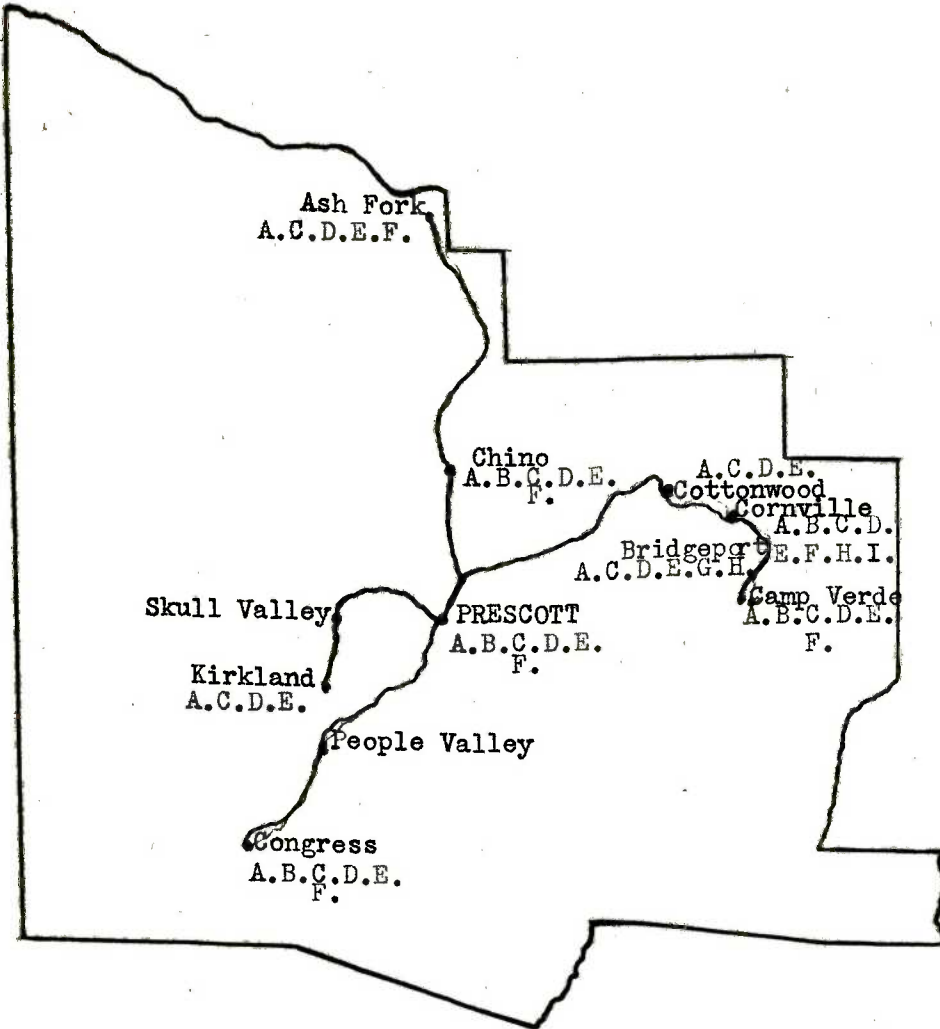
TABLE OF CONTENTS

	Pages
MAP OF COUNTY-----Showing Where Work Was Done-----	1-2
SUMMARY OF HOME DEMONSTRATION ACTIVITIES-----	2-3
OUTLOOK-----	4
PROJECTS:	
1. Organization-----	5-6
XIII. Nutrition-----	7-13
XIV. Clothing-----	14-15
XV. Home Economics (Home Management)-----	16-17
XVI. Health-----	18
XVII. Community Activities-----	19-24
PUBLICITY-----	25

1.

Flossie Wills Barmes
Yavapai County
1941

MAP SHOWING WHERE HOME DEMONSTRATION WORK
WAS DONE



- ADULT WORK
- A. Organized Clubs
 - B. Clothing
 - C. Nutrition
 - D. Aluminum Collection
 - E. Mattresses
 - F. Christmas Suggestions
 - G. Health

- JUNIOR WORK
- H. Clothing Clubs
 - I. Foods Clubs

SUMMARY OF HOME DEMONSTRATION ACTIVITIES
1941

The Home Demonstration Agent spent four months working in Yavapai County. Forty-days were spent working with 4-H Clubs, and fifty-six days were spent in Adult Work. The Agent attended forty-eight meetings. Twelve hundred and eighteen people were present. Ten Office Conferences for Planning Work were held.

ADULT WORK:

Twelve Organized Groups of women participated in the Home Demonstration Work. Six Leader Training Meetings were held with fifteen women attending, and twenty-six Demonstration Meetings were held with four hundred and four women attending.

Bridgeport Community Club planned a Year's Program of Work and are following the Plan.

NUTRITION.

Four Leader Training Meetings were held. Seventy-four women attended. As a result of these meetings, six Leaders repeated the demonstration with help from the Agent.

CLOTHING.

Two Leader Training Meetings were held with twenty-one women attending. As a result, seven Leaders helped give the work to their Local Groups.

HOME MANAGEMENT.

One hundred and twenty-eight mattresses were made. Valued at six dollars each, they had a valuation of seven hundred sixty-eight dollars to the Community. Eighty-four comforters, valued at two dollars each, were also made bringing to the Community a valuation of one hundred sixty-eight dollars.

HEALTH.

Six demonstrations were given by a Local Leader. Fifteen women received Certificates for Attendance. Six Emergency Medicine Kits were made.

COMMUNITY ACTIVITIES.

Two Community Picnics were attended. Three hundred eighteen men and women were present.

Thirty-eight hundred pounds of Aluminum were collected. Nine demonstrations of Christmas Gift Suggestions were held, one hundred forty-two women received specific help from these demonstrations.

Flossie Wills Barmes
Yavapai County
1941

SUMMARY OF HOME DEMONSTRATION ACTIVITIES
1941
(continued)

JUNIOR WORK:

Two Girls 4-H Clubs were organized at Bridgeport and Cornville with twelve members. Ten girls completed their Club Work

Two Leader Training Meetings were held with eight people present.

Cornville Club held a Local Achievement Day.

A County Achievement Picnic was held with fifty-nine people present.

Three members of the Cornville Club report having canned one hundred forty-eight containers of food. Members of the Do-All 4-H Club of Cornville prepared thirty-two hundred forty dishes of food and prepared and served eight hundred ten meals to their families.

Lillian Maneth, member of the Do-All Club, won the State Contest in Food Preparation, and was awarded a trip to the National 4-H Club Congress in Chicago.

One Foods Judging Team was trained. Two Clothing Judging Teams received training also.

Mary Martha Sailer, the County Dress Revue Winner, placed in the Blue Ribbon Class in the State Contest.

An Ice-Cream Social given by the 4-H Club of Bridgeport was attended by seventy-five people. The amount of money realized from this social was twenty-seven dollars.

Flossie Wills Barmes
Yavapai County
1941

OUTLOOK FOR HOME DEMONSTRATION WORK

There will be more requests for Home Demonstration Work in Yavapai County as the women come to realize that an Emergency actually exists, and that there is need to conserve everything grown on the ranch.

There will be more home gardens next year, and more requests for new ways of serving and of conserving the products grown may be expected.

More sewing will be done in the home. The women will want help with construction problems. The only way they can buy Ready-To-Wear Clothing is to order by mail. The increase in cost of the garments and the uncertainty as to the quality of the materials of which they are made make the women reluctant to order them.

There should be more 4-H Clubs in the County, but the difficulty of securing capable and interested Leaders makes expansion seem doubtful.

ANNUAL NARRATIVE REPORT

Agricultural Extension Service
Yavapai County

Flossie Wills Barnes
Home Demonstration Agent
1941

1. Organization

Sub-Project B. Home Economics Extension Organization.

Yavapai County is made up of communities which in most instances are many miles apart and frequently separated by high mountain ranges. Home Demonstration Work is carried on through local clubs organized for Federated Club Work and for Community Service. Twelve organized groups of women representing the communities of Ash Fork, Bridgeport, Camp Verde, Chino Valley, Cornville, Cottonwood, Congress, Kirkland, Miller Valley, Prescott and Skull Valley have had some part in the Extension Program during the year.

Included in the group are two Relief Societies of the Latter Day Saints Church. These Clubs have a total membership of one hundred ninety five.

For purposes of holding Leader Training Meetings, there is a logical division into two groups, the Clubs in the Verde Valley Section and those over the mountains and somewhat in vicinity of Prescott.

The Agent met with four members of the Bridgeport Community Club and planned a year's program and meetings.

Flossie Wills Barmes
Yavapai County
1941

1. Organization

Sub-Project C. 4-H Clubs.

Phase 1. 4-H Club Organization.

The Agent spent forty days doing 4-H Club Work.

Two girls 4-H Clubs with an enrollment of twelve members were organized at Bridgeport and at Cornville. These Clubs have been organized for a number of years, and usually carry some Club Projects throughout the year. Clothing is a winter project, while Meal Planning and Canning are popular in the fall and summer.

Two other groups of girls, one at Camp Verde and one at Cornville were unable to carry on their Clubs for lack of local leadership.

4-H Leaders' Training:

Two Leaders' training meetings were held at the first meeting which was held in March. Plans were made for a County Achievement Day, the different projects in Clothing were reviewed, certain techniques were decided upon as acceptable for the Clubs of this county.

At the second meeting rules and regulations governing the work for next year were agreed upon. Five leaders attended the meetings.

One local Achievement Day and one county Achievement Day was held.

Flossie Wills Barnes
Yavapai County
1941

XIII. Nutrition
Sub-Project B. Food Preservation

The Agent discussed Jelly-Making and Causes of Failures in Jelly-Making at a meeting of the Bridgeport Community Club. She showed them how to use the Jellmeter, and at the close of the meeting loaned her own Jellmeter to the president of the Club, who admitted not being able to make jelly successfully.

When this woman returned the Jellmeter, she said her jelly had been a success, although not quite as sweet as her family liked it, and that she was buying a Jellmeter of her own.

Flossie Wills Barmes
Yavapai County
1941

III. Nutrition

Sub-Project B. Food Preservation.

Phase 5. 4-H Club Canning.

Three members of the Do-All 4-H Club completed their canning project. They reported ninety-eight quarts of fruit, meat and vegetables, and fifty other containers of products canned.

The total estimated value of canned goods as reported by 4-H Club Girls and women was estimated as five hundred sixty-five dollars.

The amount of canning done in Yavapai County should be increased and no doubt will be under the Defense Program.

Flossie Wills Barmes
Yavapai County
1941

III. Nutrition

Sub-Project C. Food Selection.

Phase 1. Good Growth and Development.

Foods That The Body Needs were discussed at meetings in Ash Fork, Congress and Cottonwood. Mrs. Lola Dudgeon, Extension Nutritionist, spoke to the Cottonwood Community Club on this subject and handed out to them the pamphlets on Eat The Right Foods. Similarly at Ash Fork and Congress, the Agent discussed the need for Protective Foods in the body.

Fifty women were present and showed their interest by asking intelligent questions and discussing examples of poor eating habits in their own families.

Flossie Wills Barmes
 Yavapai County
 1941

XIII. Nutrition

Sub-Project D. Food Preparation.
 Phase 7. School Lunch.

Bridgeport (Willard School)

Four members of the Bridgeport Community Club who were interested in the Hot School Lunch Program met with the Agent to discuss ways and means of establishing the Lunch in their rural school. As a result of this meeting the Club decided to sponsor a Hot School Lunch in the Willard School. There was no building or room suitable for serving the lunch, so the women solicited donations from interested individuals, bought a portable building and had it moved over to the school grounds. They painted the inside of the room, had plumbing and a kitchen sink installed, bought a stove, dishes and other equipment.

Forty-two children are receiving the lunch. Surplus commodities are being used and a WPA cook will be used as soon as there is a person in the community who can qualify. In the meantime the women of the Club assist the teachers in preparing and serving the food. Children who can do so pay five cents a day while those who are unable to pay receive the lunch anyway.

Chino Valley:

Mrs. Edna Johnson, who was in charge of the WPA School Lunch Project in Yavapai County called at the office of the Agent to discuss this work. The Agent extended to Mrs. Johnson an invitation to attend the meeting which she was having with the Chino Valley Community Club. At this meeting the Agent told the women of some of the School Lunch Work in other counties. Mrs. Johnson explained to them how they might have the lunch in their own school. The women voted to sponsor it. The President of the Club appointed her committees and a date for opening the lunch room was set.

When the School Board realized what the women were trying to do, they arranged for an unused room at the school to be used for this purpose, bought a stove and other needed equipment. The lunch project got off to a good start and at last reports one hundred children were taking it daily.

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Yavapai County
1941

XIII. Nutrition

Sub-Project D. Food Preparation.
Phase 8. 4-H Nutrition.

Three of the five members of the Do All 4-H Club of Cornville completed their Meal Planning Project. The girls prepared three thousand two hundred forty dishes, planned and served eight hundred ten meals.

Lillian Maneth, a member of the Club, was winner of the state contest in Food Preparation. Lillian was awarded a trip to the National 4-H Club Congress in Chicago.

Alice Drescher and Lillian Maneth were a judging team at the 4-H Round Up at Tucson. They were trained by the Agent.

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Yavapai County
1941

XIII. Nutrition

Sub-Project D. Food Preparation.

Phase 9. Meal Planning Made Easier (Buffet Meals)

Leader Training Meetings were conducted by Miss Jean Stewart, Extension Nutritionist, at Prescott and at Cornville. Forty-four women representing nine groups attended.

The subject was Buffet Meals. What to serve, how to serve it, table decorations and making the guests comfortable were phases of the subject covered in discussion. At the close of the discussion the women prepared and served a buffet meal, putting in practice the principles learned.

Two Leader Training Meetings on "The Full Cooky Jar" were conducted by Mrs. Lola Dudgeon, Extension Nutritionist, at Prescott and at Cornville. Thirty women from five Clubs attended. The women represented the two Relief Societies of Prescott, the Ocotillo Club of Congress, the Cottonwood Community Club and Oak Creek Woman's Club of Cornville.

Method Demonstrations:

The Agent assisted four of the leaders in presenting the Buffet Meals Demonstration at Chino Valley and at Prescott Latter Day Saints Relief Society No. 1. Each woman demonstrated one phase of the subject.

At the Bridgeport Community Club the women gave the entire demonstration on Meal Planning. The Agent summarized the work at the close of the demonstration. This demonstration was well done. The leaders had made a Vitamin Chart and showed the group how many were present in the meal prepared.

Two demonstrations were given by the Agent on this subject, one at Camp Verde and one at Congress. A third was given by Miss Stewart at Kirkland.

Ninety-three women and four men attended these method demonstrations. Every group in the county had some part in the project. All these women report they are consciously planning the family meals to include vegetables and fruits to furnish enough minerals and vitamins for the family's needs.

Flossie Wills Barmes
Yavapai County
1941

11. Nutrition

Sub-Project E. Food Economics.
Phase 5. Judging.

The Agent helped train twelve 4-H Club Girls to judge garments and other sewing. All judged dresses, aprons, and towels at the County Achievement Picnic, the highest scoring individuals being named Junior and Senior Judging Teams to represent the County at the 4-H Roundup.

One day was spent at the Pine-Payson Fair in Gila County, judging the foods, clothing and household articles exhibited there.

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Yavapai County
1941

XIV. Clothing

Sub-Project B. Construction. (Zippers, Tailored Collars)

Leaders Training Meetings:

Two Leaders Training Meetings were conducted in the county by Miss Lorene Dryden, State Clothing Specialist. Twenty women from six communities were in attendance. Miss Dryden showed the proper method of putting on concealed zippers in a dress and in a skirt.

Method Demonstrations:

As a result of the Leaders Training Meetings, the leaders of one of the Relief Societies and the Bridgeport Community Club presented the demonstration to their own Club members, and three other leaders from Chino Valley and Congress and Prescott Latter Day Saints Relief Society assisted the Agent in giving the demonstration to their groups.

Fifty-nine women report now being able to put in concealed zippers. Twenty women improved their method of putting on collars. Two women are making stitched buttonholes according to method given by Clothing Specialist. One mother and daughter were taught the proper method of making bias tape and buttonhole loops.

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Yavapai County
1941

XIV. Clothing

Sub-Project D. Selection and Economics.

Phase 4. 4-H Club Clothing.

Two 4-H Clubs have carried Clothing Projects during the year.

The Willing Workers Club of Bridgeport had a one hundred per cent completion. The work of all the members is uniformly good, as the leader, Mrs. William Spalding, has high standards in sewing and holds the girls to them.

All the girls made attractive 4-H Scrap Books with ply wood covers trimmed with original copper designs. They also made a friendship quilt of the Dresden Plate Pattern. Names of people, willing to pay ten cents for the honor, were embroidered on the quilt. The quilt was later presented to the State Specialist in Boys and Girls Club Work. The money realized from the quilt was used to help finance the Club's trip to the Roundup.

The Club gave an ice-cream social on the lawn of the Leader's home. This was attended by seventy-five people and the Club realized twenty-seven dollars for the Club Treasury.

All girls in the Club were given training in judging. One team judged in the Junior Division of Clothing at the Roundup.

Mary Martha Putnam was the County Dress Revue Winner. She entered the State Dress Revue Contest at the Roundup, placing in the Blue Ribbon Class.

The Club joined with the Boys' Handicraft Club in making window exhibits in one of the stores in Cottonwood and in Clarkdale. The girls showed the Friendship Quilt, dresses, laundry bags, sewing boxes and scrap books, the boys showed book racks, tie racks and other articles they had made. This window exhibit helped advertise the Ice-Cream Social.

Three of the five members of the Do All 4-H Club completed their Clothing Project. The Club was handicapped during the year due to the fact that the leader was away from home and unable to give them as much help as was needed.

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1941

XV. Home Economics (Home Management)
Sub-Project B. Construction.

Handicraft (Uses of Crepe Paper)

Three demonstrations of making articles from crepe paper were held at Bridgeport, Chino Valley and Congress. Thirty-five women were taught to make hot dish pads, coasters for glasses, containers for twine, and rugs of paper. Nut cups, fancy party aprons and Christmas Bells were also taught. The women feel these articles are useful for gifts.

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Yavapai County
1941

XVI. Health

Sub-Project B. Health Program.

Under the leadership of Mrs. Bolivar Huff of Camp Verde the Bridgeport Community Club carried on a project on First Aid and Home Care of the Sick. Six demonstrations were held.

As a result of this work six women have Emergency Medicine Kits for home use. All learned to make and sterilize bandages, bandage wounds and take better care of the sick members of the family.

At the close of the project fifteen women received Certificates of Attendance, signed by the Director of Agricultural Extension, the Local Leader and the Home Demonstration Agent.

Flossie Wills Barnes
Yavapai County
1941



Members of Health Project

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Yavapai County
1941



Mrs. James Howard
of
Cottonwood

Demonstrates her Medicine Kit
Made In
Health Project



Medicine Kits Made In
the
Health Project

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Yavapai County
1941



Adjusting a Sling
for
Broken Arm

Health Project



Bandaging a Sprained Ankle

Health Project

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1941

XVIII. Community Activities

Sub-Project F. Picnic and Community Dinners.

Community picnics of the Yavapai County Cattle Growers Association and of the Montezuma Historical Association were attended in order to learn to know more of the rural population of the County.

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Yavapai County
1941

XVIII. Community Activities
Sub-Project Aluminum Collection

On receipt of instructions from the Agricultural Extension Director to assist with the Collection of Scrap Aluminum, a conference was held attended by the Clerk of the Board of Supervisors, the County Agent-at-Large and the Home Demonstration Agent to decide the best procedure to be used.

Miss Grace Sparks, Secretary of the Yavapai Associates and Mr. E. S. Turville were put in charge of the program in Yavapai County outside the city of Prescott.

Publicity was given to it by newspaper articles and by radio talks. Letters to the leaders of the twelve organized women's groups were sent out by the Home Demonstration Agent, asking their assistance. The County Agents also sent out letters. Places for depositing the aluminum were designated in fourteen communities.

Approximately thirty-eight hundred pounds of aluminum was collected in all communities not including Prescott. This aluminum was turned over to the County Aluminum Collection Committee which was chairmaned by the Mayor of Prescott, which in turn, turned the aluminum over to the proper authorities. They have already shipped it to some center outside of the County.

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Yavapai County
1941

- XVIII. Community Activities
 Sub-Project B. Conferences.
 Phase 2. Office Conferences.

Ten office conferences for planning work were held.

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1941

XVIII. Community Activities
Sub-Project E. Achievement Days.

Local:

The Do All 4-H Club of Cornville held a local Achievement Day in connection with the Community Dinner held to celebrate the coming of electricity to the Cornville Community.

An exhibit of work done by the girls was shown and the girls with help of the mothers put on a clever skit called "Joining The Club",

Seven girls were awarded 4-H pins and Certificates of Achievement. Forty-nine adults and children attended.

County 4-H Achievement Picnic:

A County 4-H Achievement Picnic was participated in by all 4-H Clubs at Pine Flats in Oak Creek Canyon. The Home Demonstration Agent of Navajo County judged the girls' sewing and Judging Contests for the girls were held. County Judging Teams were selected.

A program of singing, readings and skits was presented by the Club members. Achievement pins and certificates were awarded those who had completed their Club work. Fifty-nine attended this picnic.

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Yavapai County
1941

XVIII. Community Activities

Sub-Project E. Achievement Days.
Phase 2. 4-H Club Roundup.

Fourteen 4-H Club Members and two Leaders attended the 4-H Club Roundup.

Judging Teams in both Clothing and Food entered the State Judging Contest. Mary Martha Sailer, Yavapai County Dress Revue Winner, placed in the Blue Ribbon Class in the State Contest. Lillian Maneth, member of the Cornville Meal Planning Club, won the Championship Award in Food Preparation and a trip to the National Club Congress at Chicago.

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Yavapai County
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Yavapai County 4-H Club Boys and Girls
at
Roundup

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Yavapai County
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XVII. Community Activities

Sub-Project K. Recreation.

Phase 4. Christmas Gift Meetings.

Nine demonstrations of Christmas Gift suggestions were held; three in Prescott, one at Ash Fork, Bridgeport, Camp Verde, Chino Valley, Congress and Cornville. Both gift suggestions and decorations were emphasized.

One hundred forty-two women attended the meetings, each of whom felt that she had received something specific which she could use in her own Christmas preparations.

PUBLICITY

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Yavapai County
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Lillian Maneth of Cornville gets her Chicago trip because of her triumph in the food preparation contest, and an unusually attractive record book. This book, by the way, covers health, baking, canning, clothing and meal planning projects extending over four years. Her medals and ribbons would fill a big trunk.