

A N N U A L N A R R A T I V E R E P O R T

OF

MISS MARGARET BILLINGSLEY
COUNTY HOME DEMONSTRATION AGENT
GREENLEE COUNTY
ARIZONA

From December 1, 1942, to November 30, 1943

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III SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS

A. Situation

This report covers the first year of activities in the county under the supervision of the present Home Demonstration Agent, who reported for duty in Graham and Greenlee County, November 1, 1942.

The two largest communities in this county are mining towns; four of the rural communities lie in the valley south of the mining towns while the other three are in the mountains north of these centers.

Most of the Home Demonstration Work is carried on in the valley, where the rural people live in communities.

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III SUMMARY

B. Plan for meeting the situation.

The Home Demonstration Agent, with headquarters, forty miles away, in Graham County was to plan her work so that approximately one week out of every month would be spent in Greenlee County.

The same plan of work, with the same projects, as in Graham County, was to be carried out in Greenlee County.

The work was to be with adults and 4-H Clubs. Where possible Homemaker's Clubs were to be organized, and where not advisable, work was to be carried on through existing organizations, such as Women's clubs, and church groups.

A program which would encourage maximum production and preservation was to be presented. At all times those activities which would make a contribution to the war effort were to be stressed.

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III SUMMARY

C. Accomplishments -- Methods and Assistance

1. The Specialists assisted the Home Demonstration Agent in every way to make the work effective.
2. The Home Demonstration Agent did some work in every community in the County with the exception of one, the Blue, which is a scattered cattleman's community, far up in the mountains. These people were contacted by mail. Talks were given to the Women's Clubs in Morenci and Clifton.
3. 2 Homemaker's Clubs have been organized, one in Franklin-Stinson Community and one on the Eagle.
4. 20 Method Demonstrations were given, with an attendance of 277.
5. Requests to give talks or to participate in any way in community activities were complied with.
6. Home visits were made and individual assistance in preservation etc. was given.
7. Everything possible was done to help the homemakers meet the changes brought about by the War.
8. The Home Demonstration Agent took the responsibility of the "Share the Meat Program", and "Point Rationing Program" in the rural communities. She also acted as chairman of the "Pressure Canner Committee".
9. 4 4-H Clubs with 3 leaders and a membership of 68 were organized in the County.
10. Educational information was presented by means of the radio, the county paper, circular letters, bulletins, neighborhood leaders, method demonstrations, talks to groups, and personal conferences.

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III SUMMARY

D - Statistics

Months in Service	<u>12</u>
Days in Greenlee County	<u>61</u>
Days in Field	<u>49</u>
Days in Office	<u>12</u>
Home Visits	<u>143</u>
Different Home Visits	<u>123</u>
Office Calls	<u>130</u>
Telephone Calls	<u>42</u>
News Articles	<u>13</u>
Radio Talks	<u>4</u>
Letters Written	<u>57</u>
Circular Letters	<u>17</u>
Copies of Circular Letters	<u>1584</u>
Auto Miles Traveled	<u>3759</u>
Demonstrations Given	<u>20</u>
Other Extension Meetings	<u>32</u>
Total Attendance	<u>1338</u>
4-H Clubs Organized	<u>4</u>
4-H Members	<u>68</u>

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I ORGANIZATION

Sub-project B - Home Economics Organization

Phase 1 - Homemaker's Clubs

As there were no existing Homemaker's Clubs in the county, the Home Demonstration Agent contacted leading women in each community, discussing with them the possibilities. Four communities requested method demonstrations.

After holding several method demonstrations in each community, an effort was made to organize. To date only two have completely organized with officers and a planned program for the year.

The Agent meets with one of these, the Franklin-Stinson Lane group, every month, while the other, Eagle, is so far away in the mountains that only three visits a year are planned. The club is meeting monthly having their demonstrations conducted by leaders in the club. The Agent keeps in touch with them by correspondence.

In connection with Point Rationing and Share the Meat Program women were organized and instructed as "Explainers" and as "Neighborhood Leaders."

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I ORGANIZATION

Sub-project C - 4-H Clubs

Phase 1 - 4-H Club Organization

From December 1942 until 1943, four 4-H Clubs were organized, three in Duncan and one in Franklin. The Duncan clubs were held during school time with teachers as leaders. One leader, who had two clubs had had 4-H experience and training while attending Tempe State Teachers College, so she was exceptionally fine. The Franklin Club had a local leader, who wasn't much older than the girls. As their club had many interruptions, due to cotton picking, all were not able to complete their projects.

The Home Demonstration Agent gave a great deal of individual help to the leaders.

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XIII NUTRITION

It has taken a second World War to make the general public conscious of nutrition. Publicity given by the Agricultural Extension Service, as well as by other departments of the Government has done much to bring people's attention to food and health.

Training received in connection with Point Rationing and Share the Meat programs has shown results. More women are planning their menus and food supplies.

Sub-project A - Planned Food Supply

Phase 1 - Production of Fruits and Vegetables

At every opportunity possible home production and its importance have been stressed. Articles were written for the county newspaper, a radio talk given and a circular letter mailed.

Two talks were given to Women's Clubs at which time food production was stressed.

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XIII NUTRITION

Sub-project A - Planned Food Supply

Phase 3 - 4-H Garden Clubs

11 4-H girls had small gardens. 10 of them carried their projects to completion and though the individual gardens were small, they aided greatly toward the home food supply. The girls learned a great deal about records, production and cultivation. Parents also benefited. One father was so impressed by his daughters perseverance, which he said he could never develop in her, that he is sold on 4-H Club work, and has offered his services to the County Agent as a boys club leader for the coming year.

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XIII NUTRITION

Sub-project B - Food Preservation

Phase 1 - Brining Foods

6 women consulted the Agent regarding brining of vegetables such as string beans. Many questions were answered in connection with making pickles.

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XIII NUTRITION

Sub-project B - Food Preservation

Phase 2 - Canning Foods

More interest has been manifested in canning than in any other one thing. Approximately 12,990 jars of food were canned.

40 new pressure canners were allotted to the County.

The County Office secured one of the new canners for loaning purposes. During the 3 months it has been in the County, 4 people have used it, canning 210 jars.

The Home Demonstration Agent has given 2 canning demonstrations in the County. The Extension Specialist assisted with one of these.

A circular letter was sent to 300 people on methods of canning.

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XIII NUTRITION

Sub-project B - Food Preservation

Phase 3 - Dehydration of Friuts and Vegetables

3 method demonstrations with an attendance
of 44 were given on dehydration.

The women were interested in the excellent product,
which was produced by drying summer squash. Canned
squash tastes so flat that it has always been a question
as to how to preserve this plentiful garden vegetable.

Women have dehydrated squash, corn, and apples.

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XIII NUTRITION

Sub-project B - Food Preservation

Phase 5 - 4-H Food Preservation

Two girls, regular club members, took canning as a summer project. One girl canned 15 quarts which were required for the first year, but the other canned 700 quarts. The mother assisted in the preparation, but the twelve year old girl took the responsibility. Many of the vegetables were produced in her 4-H garden. The Home Demonstration Agent feels that this child needs less work and more recreation.

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XIII NUTRITION

Sub-project D - Food Preparation

Phase 1 - Preparation of Bread

Most of the rural women make their own bread and feel that they know all about home-made bread. However 1 demonstration was given, with an attendance of 14 ; with excellent results. The women were rather skeptical of soft wheat flour but, when seeing the finished product all expressed themselves as pleased and were going home to try it. One women who had won prizes at the State Fair for 14 years on her bread, always using hard wheat flour, said, "I have never made a better loaf of bread in my life than that is!". She went home to make bread with Arizona soft wheat flour.

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XIII NUTRITION

Sub-project D - Food Preparation and Service

Phase 3 - Meat Alternates

The meat alternates method demonstration as worked out by the Extension Specialist was given in 4 communities to 82 people. The dishes prepared have been so popular that people are still asking for them. The Clifton Woman's Club heard about them and asked for copies for all their members.

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XIII NUTRITION

Sub-project D - Food Preparation and Service

Phase 7 - 4-H Meals

Two Meal Planning Clubs completed their projects, preparing a total of 200 individual meals. Displays were made on achievement day.

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XIII NUTRITION

Sub-project E.- Food Economics

Phase 1 - Food Buying

A mimeographed sheet was prepared on "Wise Buying" which was used as a basis for discussions on how to read labels, choice of foods according to price, quality, quantity and points. This material was presented to 3 different groups with a result that the women are more careful and prudent in their marketing.

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XIII NUTRITION

Sub-project E - Food Economics

Phase 5 - 4-H Food Cost Records

All girls completing their foods projects kept accurate records of menus and costs. These records are filed in the county office.

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XIV CLOTHING

Aim: "To have all members of the family presentably and appropriately dressed for all social and work activities; and warmly clad in winter at a minimum cost developing poise, self-confidence and good health."

The clothing program as planned with Extension Specialist, was to work toward the bringing about of the aim as given above.

Miss Dryden, the Extension Specialist in Clothing, gave assistance to the Home Demonstration Agent in the preparation of demonstrations. She gave one method demonstration in the county.

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XIV CLOTHING

Sub-project A - Selection

Phase 2 - Comparison of Fibres Used in Materials

In connection with the method demonstrations on Dry Cleaning and Washing Fine Fabrics, the women were shown how to identify fabrics, how to read labels, and how to treat the various types of fabrics.

Discussion brought out the fact that women were not reading labels and really knew very little about the composition of the garments they were purchasing.

Following these meetings reports have come back that since the women are asking questions the stores are becoming more aware of fibre content etc.

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XIV CLOTHING

Sub-project C - Selection and Construction

Phase 4 - 4-H Clothing Club Work

There were 2 Clothing Clubs, one in Duncan and one in Franklin. Most of the girls completed their work and received proper recognition on achievement day.

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XIV CLOTHING

Sub-project C - Selection and Construction

Phase 5 - Christmas Ideas (Gifts)

20 demonstrations were given on ideas for Christmas presents, one in Franklin and one to the Eagle Club; 23 persons were in attendance.

At these meetings the Home Demonstration Agent took a collection of aprons, stuffed toys, house slippers, traveling shoe bags, etc. Some of the women also brought illustrations and suggestions. Patterns were cut by individuals wishing them.

Christmas programs and games were also suggested.

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XIV CLOTHING

Sub-project D - Economics

Phase 1 - Care and Conservation of Clothing
(Dry Cleaning, Pressing, Washing Fine Fabrics.)

3 Dry Cleaning Demonstrations were given to 56 women. The Extension Specialist assisted with one of these. The women were especially interested in "Spotting". The women learned the proper kind of cleaning fluid to use, the procedure, spotting and handling of garments.

2 Pressing Demonstrations with an attendance of 16 were given. Pressing pads and pressing cloths were made at the meeting.

One demonstration was given on Washing Fine Fabrics, with an attendance of 8.

Articles were published in the paper on Washing Fine Fabrics and Dry Cleaning at Home.

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XV HOME ECONOMICS

Sub-project C - Health

Phase 5 - Pests

Individual requests regarding household pests were answered. Most of these were about crickets, ants and moths.

It was found that mosquitos were breeding in many of the out-door toilets in Duncan, so the Home Demonstration Agent helped secure waste oil from local service stations and directed boys in using it to stop the mosquito breeding.

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XV HOME ECONOMICS

Sub-project D - Economics

Phase 5 - Home Repairs

Mr. Hitch, Acting Specialist in Soils and Irrigation, gave a demonstration to one of the homemaking clubs on Repair of Electrical Equipment and Sharpening of Knives and Scissors. Besides the help given the women, the Home Demonstration Agent learned a great deal, which she hopes to pass on to other clubs.

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XVI HEALTH

Sub-project B - Health Program

Phase 2 - 4-H Health Clubs

Each club carries a health program along with the other projects. The book called "Health and Attractiveness" was given to every 4-H girl. In this book she checked her-self on health habits. Care of hair and better posture were stressed during the year.

The Home Demonstration Agent gave a talk to every club on, "Health and its Importance in the War Effort".

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XVIII COMMUNITY ACTIVITIES

Sub-project A - Related Agencies

Phase 8 - Women's Clubs

At the request of 3 Women's Clubs in the County, Duncan, Clifton, and Morenci, the Home Demonstration Agent has given talks to these groups on "Food and Clothing"; "Nutrition and Substitutes" and "Food and the War". 73 women were in attendance at these meetings.

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XVIII COMMUNITY ACTIVITIES

Sub-project B - Conferences

Phase 1 - Annual Conference

Three days--December 21st to the 23rd--were spent in Phoenix attending this annual conference. Goals for 1943 were presented and discussed. The situation and needed wartime adjustments in the Extension Program were considered. Besides the regular sessions, which included all Agriculture Extension workers; the Home Demonstration Agents under the leadership of Miss Jean Stewart, held some separate meetings. Assistance was given in plans for the coming year and accomplishments of the past year were revived.

This Agent gathered much good material and aids in planning for the work of Graham and Greenlee Counties.

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XVIII COMMUNITY ACTIVITIES

Sub-project B - Conferences

Phase 2 - Office Conferences

Every time the Home Demonstration Agent visits Greenlee County she has a conference with Mr. Kenneth Boevers, the County Agricultural Agent on the program of the county.

Conference have been held with the following specialists who have visited the county:

Miss Jean Stewart, State Leader
Miss Lorene Dryden, Clothing Specialist
Mrs. Lola Dudgeon, Nutrition Specialist
Mr. Emil Rovey, 4-H State Leader
Mr. Kenneth McKee, 4-H State Leader
Mr. A. B. Ballantyne, Rural Socialologist

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XVIII COMMUNITY ACTIVITIES

Sub-project B - Conference

Phase 3 - Planning Conference

May 18th through the 21st, was spent in Tucson attending the Home Demonstration Agent's Planning Conference. The Conference was well planned and presented in a very interesting and helpful manner. The County Home Demonstration Agent attended a planning conference for the first time, as it meant much to her to be associated in this way with the other agents in the state.

Of special interest were the talks given by Dr. Mary Caldwell on "Botulinus" and Dr. Elzer D. Tetreau, Rural Sociologist, on "Impact of War on Town and Country Family Life."

Each Home Demonstration Agent was given an opportunity for a personal conference with the Specialists, and with the State Leader. At these conferences, the work for the year was planned and put into her yearly schedule.

At an evening dinner, opportunity was given to meet the Home Economics Staff of the University.

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XVIII COMMUNITY ACTIVITIES

Sub-project C - Publicity

Phase 1 - Radio

K.G.L.U. the radio station in Safford, Graham County also serves Greenlee County. Four radio talks of fifteen minutes each were given over this station. They were on the following subjects:

Share the Meat
Adequate Diet and Point Rationing
Pack Away Your Winter Clothes
Taking the Risk Out of Washing

The radio made announcements regarding pressure canners.

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XVIII COMMUNITY ACTIVITIES

Sub-project C - Publicity

Phase 2 - Weekly Column

The county paper has published the 13 articles which the Home Demonstration Agent sent in. The subjects were:

Adequate Diets and Point Rationing
Homemakers and Defense
Canning — Proper Methods
Questions and Answers on Canning
Questions and Answers on Canning Tomatoes
Canning Meats and Chicken
Oven Canning Dangers
Home Drying of Fruits and Vegetables
The Program of the Home Demonstration Agent
Pack Away Your Winter Clothes
Taking the Risk Out of Washing - 2 articles
Packing a Lunch Box

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XVIII COMMUNITY ACTIVITIES

Sub-project E - Achievement Days

Two achievement days were held, one in Franklin and one in Duncan. In Franklin the girls had a small exhibit from their gardens and clothing projects and both boys and girls participated in the program. Judging contests were participated in and ribbons given.

The 4-H Club achievement day in Duncan was also held in connection with boys 4-H clubs. 107 boys and girls were present besides the leaders and a few visitors. The girls had an excellent display of foods prepared in the Meal Planning Clubs and garments made in 1st Year Clothing. Flowers were also exhibited. Pins were given.

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XVIII COMMUNITY ACTIVITIES

Sub-project F - Picnics and Community Dinners

The Greenlee County Cattleman's Convention held their annual spring meeting in Clifton and the fall meeting was a picnic at Apache Grove. Both the Junior and Senior meetings were held at the same time. Mr. Boevers, the County Agent sponsors these organizations. The Home Demonstration Agent met many of the rural women making valuable contacts for Extension Service.

A 4-H picnic and party was held at the Duncan School. The Home Demonstration Agent with the assistance of two leaders conducted games. 52 members took part in group singing. Pins were presented to the boys who had completed projects-- the girls had received their pins on achievement day.

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XVIV WAR ACTIVITIES

Sub-project A - Share the Meat Program

This program was started in November 1942 but was continued and completed in 1943.

The Home Demonstration Agent had the responsibility of carrying the information to twelve communities and neighborhood groups. The O.C.D. took the responsibility for the program in Morenci and Clifton. Intensive work was done in training community and neighborhood leaders.

As the individual homemakers were contacted each was asked to indicate whether they would be interested in Meat Alternate Demonstrations. These demonstrations were given as a follow-up.

Results

Communities and Neighborhoods reached	12
Community Leaders	4
Neighborhood Leaders	36
Estimated number of families in area	366
Number of families contacted	342
Number agreeing to comply	317
Number interested in food demonstrations	207

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XVIV WAR ACTIVITIES

Sub-project B - Point Rationing

The County Home Demonstration Agent was asked to assist in educating the public regarding point rationing. The Community and Neighborhood Leaders which were used at the time of the Share the Meat Program were again asked to assist in this program also.

Group meetings were held with the Neighborhood Leaders, to give them instructions in point rationing. 42 women responded. They acted as "explainers" in the schools and in some cases helped fill out consumer declarations and issued ration books.

A circular letter was sent to all rural homemakers, giving them instructions as to what was to be rationed and how to make out their consumer declaration.

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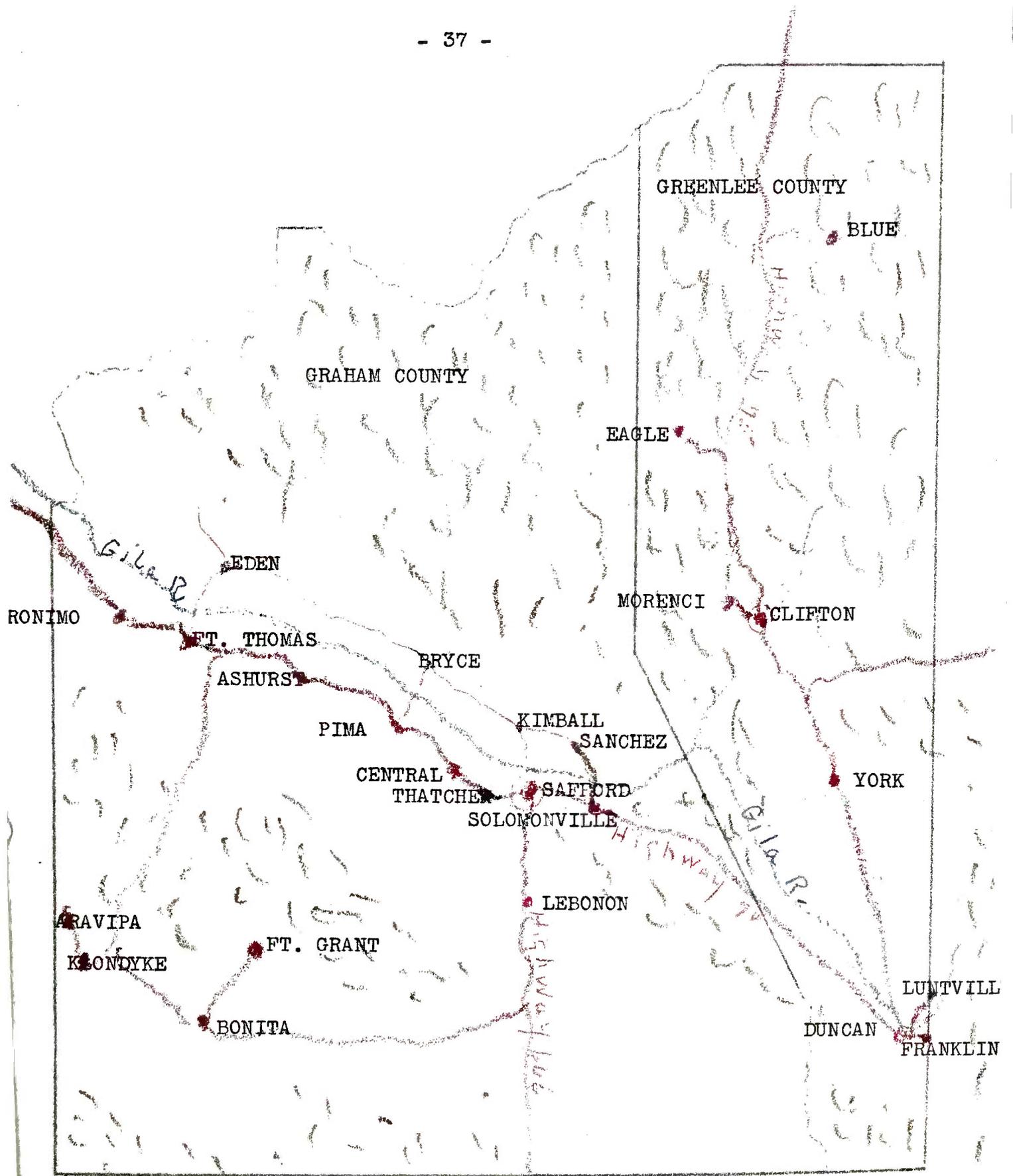
XVIV WAR ACTIVITIES

Sub-project C - Pressure Canners

The Home Demonstration Agent was asked to serve as chairman of the sub-committee of the War Board, which was to pass on pressure canner applications. The Farm Security Home Management Supervisor and a rural homemaker served with the Home Demonstration Agent.

40 canners were allotted the County. 46 applications were received, so 6 had to be turned down. However, very few of those receiving approval were able to purchase canners until November and December as the stores could not get their shipments. Canners are now being received.

The Agent handled all the publicity in connection with the canners.



GRAHAM AND GREENLEE COUNTIES MAP

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XVV OUTLOOK

With two Homemaker's Clubs organized and actively working, there is hope for the organization of at least two more for the coming year.

It is difficult to get the women to attend meetings regularly, especially is this true of the younger women with children. However these younger women are the ones who need the program, so an effort is being made to interest these younger mothers in a homemakers organization.

The Home Demonstration Agent will continue to work through organized groups and will hold Method Demonstrations from time to time in the communities where there are no organized groups.

She will co-operate with Related Agencies and help further the war effort. In compliance with a request she will organize Nutrition Committees in the three O.C.D. areas of the County.

Extension work will be carried through meetings, Homemaker's Clubs, 4-H Clubs, circular letters, bulletins, radio, newspaper, talks, home visits and personal conferences.

Food preservation will again be one of the main projects for the year. Every homemaker's meeting ends with a discussion on this subject, even though the meeting has been on some other subject.

The outlook for the coming year is bright. More progress should be evident in the year 1944 than in 1943.