

A N N U A L N A R R A T I V E R E P O R T

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F

MISS FRANCES L. BROWN

HOME DEMONSTRATION AGENT

GRAHAM COUNTY

ARIZONA

From December 1, 1939 to November 30, 1940

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III SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS

A. Situation

This report covers the first year of Home Demonstration work in this County where the work was regularly planned and where the plan was regularly worked, and although neither the plan for the work nor the work on the plan has satisfied the Home Demonstration Agent, yet in looking back she can see that progress toward a regularly organized Extension Program has been made.

When the plan of work was made the Home Demonstration Agent was also Home Management Supervisor for the Federal Security Administration, carrying a full load of work in that capacity, and because of this double office the plan had to be made with the duties of the Home Management Supervisor in mind.

All of the small town and villages in the county came under the classification of rural centers except Safford, the County Seat.

A high percentage of the women and girls with whom this Agent happens to work belongs to the Church of the Latter Day Saints. This means that they not only have but very little time for anything outside of their Church activities, but that so much of their time is taken up by their Church that it is difficult for them to find a time that they could devote to Home Demonstration Work. Only two communities were organized for the Agent work only, and they were only partially so organized.

B. Plan for Meeting Situation.

1. To make the project work as effective in every way as possible so that not only will every one taking part in it be decidedly benefitted, but so that with each succeeding meeting others will be attracted by reports of good work done and will thereby be drawn into it and become a part of it thereafter. Also to have as much assistance from Specialists as possible.

2. We planned to continue by means of methods demonstrations or discussions upon matters of vital interest to them, to continue to build up the interest toward a cooperatively planned program of work in the two Homemakers groups.

3. To continue work with the unorganized groups already formed with a view to organization later on.

4. To accept as many calls for help outside of the programs as planned as possible.

5. To plan each day's activities so as to combine efforts along each line of work, and thus accomplish greatest possible results for both the Extension Service and the Farm Security Administration with the least possible loss of time consumed.

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III SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (Continued)

6. To organize as many 4-H girls clubs as possible--give as much time to instruction of leaders as possible and then leave the clubs to them.

7. To continue the Radio Saturday Farm and Home Hour over KGLU.

8. To utilize every available means of publicizing in advance and in review as well, every event in the program plan.

9. To continue to carry a full load of work as the Home Management Supervisor for the Farm Security Administration.

C. Accomplishments--Methods and Assistance.

1. The Agent has assisted the Specialists in every possible way to make the work effective. She has provided exhibits, gathered supplies, and supplemented their efforts and stimulated appreciation of the work of each. Local merchants have shown a lively interest and have indicated a ready willingness to cooperate in every way, so far as possible, by providing unusual supplies, loaning exhibits, material and equipment as needed.

2. Work was started with the two groups in Homemakers clubs. Eight meetings were held with an attendance of 106. Six of these meetings were methods demonstration meetings--of which the specialists gave two and the Agent the remainder. The interest in the one group remaining continues to be good.

3. The Agent has given or has assisted specialist in giving 42 methods demonstrations having an attendance of 640; and she has assisted specialists in two--one day leader training meetings that were attended by 54 women, a large portion of whom are expected to pass the work along to other groups.

The agent continued work with the unorganized groups that had started their work the previous year. There were nine of these groups with 194 women enrolled, 164 of them being interested in weight control. The results for the year were not so spectacular as they were in the previous year, but they were quite satisfactory to most of the individuals concerned. The Agent feels that at least these women are becoming vitamin conscious as well as mineral minded and have a slight knowledge, at least of protective foods. 59 meetings were held with the 9 groups with an attendance of 505.

4. The Agent has accepted all calls for outside help that has come to her, cooperating with the Parent Teacher Association, the Women's Club, the Rural Electricification Association, the National Youth Association, and the Department of Vocational Work in the Pima Public Schools.

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III SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (Continued)

5. So long as she was the Home Management Supervisor, as well as the Home Demonstration Agent, the Agent planned her field trips to work the two lines of activity in together with as little extra mileage as possible.

6. The Agent organized as many 4-H girls clubs as she had requests to organize and managed enough time for supervision that all were brought through the year's work without the loss of a single club--something that had not occurred before. There were 7 clubs organized as compared with 3 the previous year, and of the 110 girls enrolled, 62 completed.

7. The Radio program for the Farm Home Hour was continued every Saturday through September 21 when it was discontinued temporarily. This Agent prepared in all, 46 radio talks, 43 of which were given for the Farm Home Hour.

8. The Agent has made every possible effort to prepare the various communities for the methods demonstrations or for other Extension activities. She has secured a place of meeting well in advance. She has utilized every available means of publicizing extension activities well in advance. In this way she has brought into service the Radio, the weekly Newspaper, the telephone, and by notices given out at regularly attended meetings. All Agencies called upon have been glad and willing to respond.

9.. From December 1, until June 30, the Home Demonstration Agent carried a full load of work as a Home Management Supervisor in both counties under her supervision, as well as, the Home Demonstration program. In the Farm Security Administration she spent 32.27 days. In that time, making 158 home visits to 154 homes and making 21 home plans in this county alone.

D. Statistics.

The Home Demonstration Agent has served twelve months during the year. She has spent in this county 150.02 days in the office and 91.10 in the field. The work has been divided so that she has given 211.81 days in service to adults and 29.31 to 4-H Club work. In addition to the field work in this county, the Agent has also spent 45.21 days in field work in Greenlee county, thus giving her 136.31 days in the field and a total of 286.33 working days altogether.

During the year the Home Demonstration Agent has made 404 visits to 333 homes, has had 223 office calls and 91 telephone calls.

She has had 630 letters written, records for 14 circular letters prepared and has issued 127 copies of circular letters.

This agent has attended 81 meetings not reported elsewhere at which there have been 2677 in attendance.

The Agent has driven her personally owned car 15653 miles in official duty during the year.

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IV. CHANGES IN COUNTY EXTENSION ORGANIZATION MADE DURING THE YEAR TO IMPROVE REGULAR PROCEDURES OR TO MEET EMERGENCIES.

A. Changes in personnel.

Because the load of work that had to be born by the Home Demonstration Agent as Home Management Supervisor under the Farm Security Administration was a full load requiring a Supervisors full time, the Home Demonstration Agent's services as Home Management Supervisor for the Farm Security Administration was discontinued on June 30, 1940, and since that time she has devoted her whole time to Home Demonstration Activities.

B. Changes in procedures.

Whereas this year's program of work provided that projects should be carried out by means of methods demonstrations, the next year's program is planned to be carried out by the local leader system.

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V. COUNTY EXTENSION PROGRAM.

1. Problems determining extension program.

a. The fact that many of our families living in small towns operate farms lying a distance away and remove to these farms for a part or all of the summer time affects the kind and duration of project work.

b. The lack of water is a serious handicap in producing home grown vegetables and fruits, hence it is not feasible to stress home preservation of fruits and vegetables.

c. The high membership in the L.D.S. church of those with whom the Home Demonstration Agent works, and the fact that this church is so fully and completely organized as to fill the time of many of its members to the exclusion of outside work continues to be a problem in organizing the Home Demonstration program.

2. Influence of State and National agricultural agencies operating in county upon extension program. Thus far the influence of such agencies in no wise conflicts with the Home Demonstration program.

3. Activities and results.

On the following pages will be found a brief and comprehensive report of the activities and results.

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I. ORGANIZATION

Sub-Project B - Home Economics Organization

In May 1939 a very Successful County Program Planning Meeting was held, at which time 15 women from 10 different communities met with the State Leader and the County Home Demonstration Agent and formulated the first regularly planned County program to be carried out between December 1, 1939 and November 30, 1940.

For planning purposes the communities in the two counties were grouped into six centers and each center was given a number. Beginning at the west side of Graham County, Geronimo, Emory, Ft. Thomas and Ashurst comprised Center I; Glenbar, Pima and Central comprised Center II; Eden, Bryce, and Kimball comprised Center III; Thatcher, Safford, Solomonville, Sanchez, and San Jose comprised Center IV; Duncan and Franklin in Greenlee County comprised Center V; and Flondyke and Bonita, in Graham County comprised Center VI.

According to this plan we were to have three series of three meetings each, to be conducted by three of the Specialists from the Agricultural Extension Service. These Specialists were the Specialist in Dairying and Poultry--The Specialist in Nutrition and the Specialist in Clothing.

In each of these series of meetings the Specialist was to conduct one methods demonstration meeting in each of these centers if time permitted, and the Home Demonstration Agent was to take the same methods demonstration to the centers not reached by the Specialist or to communities in the centers where the demonstration was desired.

The three series of methods demonstrations to be given by the Specialist in Dairying and Poultry were to be upon Home Butter Making, Better Home Production of Eggs, and Home Made Ice Creams. The Clothing Specialist was to give one series of demonstrations upon The Buying and Care of Hosiery, one series upon the Selection and Care of Shoes, and the third, upon Buying Ready-to-wear. The Nutrition Specialist was to give her three series of demonstrations upon Food Preparation--one series to be upon Cereals, one upon Vegetables and Fruits, and the third series upon Meat or Milk.

In addition to the work conducted by the Specialists, the Home Demonstration Agent was to continue the work in the Selection of Food that had been begun in the previous year and to organize and supervise 4-H club work for girls and to continue as Home Management Supervisor for the Federal Security Administration, giving from 1/4 to 1/3 of her time to the last named service.

Also in addition to the Program as planned, the Home Demonstration Agent was to cooperate with Related Agencies in every possible way.

The year has been spent in carrying out this program by means of correspondence, telephone calls, Home visits, Office calls, Methods demonstrations, result demonstrations, and the regular routine of office duties.

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I. ORGANIZATION

Sub-Project B - Home Economics Organization (Continued)

Only a part of the work as outlined was carried out. Instead of three Series of Methods demonstrations, the Specialist in Dairying and Poultry was able, on account of pressure of duties to give but one--that the first, and that one during the previous report year so that it does not show in this year's records.

For the same reason, the clothing Specialist was unable to give her third series and as her first two series occurred in the early fall they fell in last year's report.

The Food Specialist's work as planned was carried out as planned, and will be found fully reported under that project.

The remainder of the program was carried out as planned except that for the last five months of the report year the Home Demonstration Agent has devoted her full time to Home Demonstration work.

Much of the work reported under Community Activities in this Narrative Report will be accounted for under Organization on page 23 in the Statistical Report because there is not other place to show time consumed or visits made and etc.

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Phase 1 - Homemakers Clubs

We have had two groups of homemakers in the county, but so many of the families in one of them have moved away that one group has been disbanded. These two groups live on the other side of the Graham mountains where there are not so many organizations to take up time and attention as we have in the Valley. Consequently, the members of the groups come to us fresh and enthusiastic and eager to take up whatever subject is introduced and although the attendance is rather small, it always represents all the women in the community who can possibly come out.

Only two meetings were held with the Bonita group, but six have been held with the Klondyke group. All of these meetings but one for each group have been methods demonstration meetings. One meeting with each group was devoted to a discussion of Farm Security Administration and to its work, and Birth Registration. Other meetings were taken up with demonstrations on Cookery of Vegetables, of Cereals, and of Sour Milk, on the making of Salads and Salad Dressings, and one on the Selection of Styles in Clothing.

The Home Demonstration Agent is hoping and expecting to make of the remaining group of Homemakers a real organized, properly functioning Homemaker's Club, building its own program in cooperation with the Home Demonstration Agent and outlining its activities to include some phase of community betterment in addition to project activity and intertainment and amusement.

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Sub-Project C - 4-H Clubs

As stated elsewhere the goal for girls 4-H Clubs in the plan of work for the year was that we should have clubs in each community and that we would endeavor to have the clubs projects carried besides the clothing.

Nearly all of our public schools in this valley are consolidated schools. So completely are our schools consolidated that very few public schools exist that are not in this consolidation. These are rural schools in communities that are outlying and isolated where the population is few in numbers and more or less scattered.

This situation presents two problems that loom large in the way of doing successful club work. The first one is that in these consolidated schools many of the children are transported to and from school by buses, and as the buses travel long distances so much of the pupils time is taken in this going back and forth that in these consolidated schools if club work is undertaken at all it must come from school time. This means that the periods that can be devoted to it are usually less than an hour and so little can be done in that time that our clubs do not get the true club spirit.

The other problem, is in connection with the isolated rural schools. These schools would ordinarily afford an opportunity to do good club work but unfortunately they do not. They are most of them far from the agents headquarters and thus far no one of them has had a large enough number of girls of club age to warrant the organization of a club.

Where consolidation of schools is as complete as in this county one might suppose that summer clubs might offer a solution to the 4-H club situation but so far this has not done so. A club was organized in the Ft Thomas district among a half dozen older girls who were much interested in learning to knit, but the work was handicapped by the great distance the girls had to go to club meetings with no means of transportation since the buses were not then running and summer work on the farms demands the use of the family car.

Last year a summer club was organized in Safford among a group of what might be called specially selected girls who were all eager to do the work. A most excellent leader was in charge of this work. She made a special effort to make the work interesting and to keep the girls pepped up with amusement and recreation and good times yet this club nearly fizzled out. There were fourteen girls enrolled but only 6 completed. This was due to the existing circumstances. It grows very warm, even hot in this valley in the summer time. The mountains, offering cool retreats, are very close and so many of the members of this club made vacation trips to the mountains or elsewhere that the club work was badly demoralized. Another difficulty lying in the path to success in girls club work in this county is the scarcity of good leaders available. The L. D. S. Church is very highly organized and offers many avenues of education that not only takes up the time of pupils outside of school, but takes up the time and energy of many of the mothers as well. So that very few remain free of such church work that are good club leader material and most of these few have some special obligations to meet that prevented them from assuming special duties in the church.

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Sub-Project C - 4-H Clubs (Continued)

Perhaps the greatest handicap to the success of our 4-H girls club work lies in the fact that we may not do 4-H club work with girls who are enrolled in classes in vocational Home Economics classes or who expect to be in the following fall.

As our girls enter High School very young or as in some instances even our Junior High School girls have the benefit of Home Economics training since we have vocational Home Economics in most of our consolidated Schools, it means that we can have only first or at the most second year work. In other words that as soon as we get our club girls really interested in club work we must drop working with them.

However, despite these handicaps and problems the work with 4-H clubs is growing. Where in last year we had only four clubs in as many communities, this year we already have eight in five communities.

Another encouraging sign is that this fall school principals have sent asking for organization.

During this year this agent has spent 7.57 days in organization of 4-H work, has made 36 home visits in behalf of it and received 8 office calls.

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Sub-Project D- Reports

The writing of reports has required 48 days of this Agents time during the year. In the Home Demonstration work she keeps three daily reports, one showing the various contacts made during the day, another showing by hours how she spends her time according to projects and the third showing trips made, time required, and mileage covered.

These are the two monthly reports to be made for each month. One statistical and one a narrative.

Then there are the Home Demonstration Agent's plan of work and the calendar of work that are really not reports but are on that order and last but not least, the Annual Report. This last is bound to be more or less time consuming but has been greatly simplified by the outline for making reports provided by the State Leader.

Altogether this Agent has spent 48 days during the year in making reports.

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XIII NUTRITION.

In this county the women with whom the Home Demonstration Agent works range from high income levels to the very lowest. Many of them therefore may have whatever they wish while others can scarcely meet even their needs. This wide variation must be born in mind in planning the food program.

However, the previous eighteen months of work in the county served the Home Demonstration Agent in determining the sort of work most needed by all to be of a two fold nature. They needed to continue the work upon the basic principles of Nutrition governing food selection that had been begun the previous year, and they needed specific assistance in preparation of foods illustrate those principles.

Accordingly it was arranged when the program of work was planned that the Home Demonstration Agent should continue her work with the groups upon food selection and that the Specialist in Nutrition from the University should give three series of methods demonstrations upon the subject of Food Preparation. One series was to be upon the preparation of vegetables. One was to be upon the preparation of cereals and one upon the use of sour milk.

The Specialist was to give a demonstration in each of the centers into which the county was divided and the Home Demonstration Agent was then to carry out the same demonstration to the other communities in each center where it was desired.

It was further planned that if possible the Home Demonstration Agent would try to arouse interest in some form of food work for 4-H clubs in addition to 4-H clothing work.

The program as planned also provided for a continuation of the work of food preservation through canning.

This program as planned has been carried out closely, as closely at the time as the Home Demonstration Agent's hands would permit. During the year she has devoted 47.8 days to this one project. In the various phases of it there have been given 25 methods demonstrations with an attendance of 378 persons. There have been 164 persons in result demonstrations and we have had 59 meetings at result demonstrations with an attendance of 505 persons. The agent has made in all phases of the food work 96 home visits and has had 54 office calls in relation to the work.

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Sub-Project B- Food Preservation

Phase 2- Canning Foods.

It was not possible to rouse enough interest in this phase to carry it as a project. The women even voted down the Kerr contest for the new year. However, the Home Demonstration Agent took winning county Kerr exhibit from the previous years Kerr contest over to the State contest held at the University in January in connection with the Annual Extension conference and brought back the fourth prize for Graham County. The apparent lack of interest in canning arises from the uncertainty on account of late Spring frosts on fruit blossoms, the scarcity of fruit and the lack of water to have gardens, for the vegetables. Each year sees fewer and smaller gardens due to the water situation but due also to the plentiful supply of fresh vegetables at the convenient market centers.

The Home Demonstration Agent holds herself in readiness at all times to give assistance in this project and has been called upon for information and help on several occasions. In September she gave a methods demonstration on corn canning for 7 women. In the year she has given 2 and 1/8 days to this phase of food project.

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Sub-Project C - Food Selection

Phase 1 - Good Growth and Development

Phase 2 - Food Selection for Normal Conditions

Phase 3 - Food Selection for Special Conditions

Because we felt that our women needed to know more about the proper selection of food, we thought it best to continue the class work in Nutrition that had been begun the year before. This we have done, and in pursuance of this decision the Home Demonstration Agent has met with the groups formed for this purpose once a week each for an hour as far as she could. She has had groups in Solomonville, Safford Ward, Layton Ward, Thatcher, Central, two in Pima, in Eden, in Ashurst, and in Ft. Thomas. At these meetings the following subjects were discussed: The Food Principles, their functions, Calories, Vitamins, Minerals, Protective Foods, The Ductless Glands, Digestion, Absorption, Elimination, Dietary Diseases, and Salads and Salad Dressings. Upon this last named topic the Agent built a methods demonstration and gave it for 7 of the groups with an attendance of 44. As each member of each group either wished to reduce her weight or to increase it, each member became a result demonstration for herself and her family. During the year there were 194 women enrolled, 164 of these members in result demonstrations. And during the year we held 59 meetings with a combined attendance of 505.

To this one Sub-Project the Agent has given 21.21 days, made 49 home visits, and received 30 office calls.

Sub-Project D - Food Preparation

Phase 1 - Preparation of cereals.

The second of the series of methods demonstration was given in April by the Specialist and featured the cookery of cereals. Soy bean casserole, Spanish brown rice with chop suey, brown rice cooked several ways and wheat germ cookies were some of the items of this demonstrations. The Specialist gave two demonstrations that were attended by 54 women and the Home Demonstration Agent repeated this demonstration in 5 other communities for 66 who attended.

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Phase 2 - Preparation of Fruits and Vegetables

One series of these demonstrations was given by the Specialist in March. These demonstrations were upon vegetable cookery. These demonstrations covered the cookery of both mild and strong flavored vegetables and in each demonstration seven or eight different dishes were prepared including a dish made from a frozen vegetable in order to illustrate the use of frozen foods. These dishes illustrated different methods of preparation to conserve minerals and vitamins. The Specialist gave two of these demonstrations with an attendance of 68. The Home Demonstration Agent repeated the demonstration in 4 other communities with an attendance of 50.

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Phase 4 - Preparation of Milk

The third series of demonstrations were given in September. At that time, the Specialist devoted one day to conducting a leader's training meeting that was attended by 29, and then gave a methods demonstration for a Farm Womens group that was attended by 14 persons. This demonstration was upon the uses of Sour Milk and covered recipes in which whey was used. The Specialist also used an exhibit showing the various constituents of a quart of whole milk, i.e., the lactose, casein, butter fat, calcium, and so forth which was greatly appreciated. The Home Demonstration Agent repeated this demonstration to two groups having an attendance of 31 women. To these three series of demonstrations the Home Demonstration Agent has given 22.96 days, and the Specialist has given 6 days.

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Phase 8 - 4-H Nutrition Clubs

Since the beginning of school this fall the Home Demonstration Agent has been asked to organize several 4-H clubs in first year Baking which she has done. She has met with them several times and has given two methods demonstrations in judging baked foods. In all she has given $1\frac{1}{2}$ days to this work thus far.

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Sub-Project E - Food Economics

Phase 5 - Judging.

During the year the Agent has been called upon to act as a judge for several Fairs or other similar exhibits. In February she judged the baked foods and the canning for the Tucson Rodeo and also was one of two judges of the canned products for the Leas Citrus show. In October she acted as judge for the baked foods and canning at the Cochise County Fair, and in November was the judge for the baked products and canning at the Future Farmers Fair in Pima.

XIV CLOTHING

Sub-Project A - Selection

Phase -1 - The Well Dressed Woman.

This phase of this project is the one that is to be carried in the report year of 1941, but already one series of demonstrations on the new years work has been given. The Specialist spent two days in the county and has held one leaders training meeting with 25 women present, and has also given one methods demonstration to a Homemakers Club, attended by 15. Since then the Home Demonstration Agent has repeated this demonstration twice with a combined attendance of 61 persons at the two meetings. In connection with this work the Home Demonstration Agent has put in 4.18 days of her time, has made 7 home visits and received 4 office calls.

Sub-Project D Selection and Economics

Phase 1 Getting the most for your money

In planning the phase of this project that should be taken up first we felt that our people most needed information on buying shoes and upon the purchase and care of hosiery, and selection of Ready-to-wear-clothing.

Accordingly, we planned to have the Clothing Specialist give three series of demonstrations on this phase, giving a demonstration in each one of the centers into which the county was divided for work, for that year.

Two of these series of demonstrations - one on hosiery and one on shoes were given during the latter part of the previous report year and the third series had to be cancelled because of circumstances at the time they were to be given.

For the series of demonstrations on hosiery the Specialist brought with her an excellent exhibit of hosiery. This exhibit showed various styles and weights as well as kinds and qualities and brought to the women just what they needed to know concerning good buymanship of hosiery. Another item in these demonstrations that was greatly needed and appreciated was the care and proper method of laundering hose which the specialist demonstrated. The meetings were poorly attended, but three were given and these three were attended by only 55 persons.

The exhibit for the demonstrations on buying and selecting shoes was collected locally by the Home Demonstration Agent from specifications sent her by the Specialist. The merchants gladly cooperated in providing an exhibit that showed all the particulars of size and shape and construction and material and style that the Specialist desired.

By means of this exhibit and from her store of knowledge, the Specialist taught the women how to select shoes for themselves and for their children.

The Agent was disappointed in the matter of attendance at these demonstrations but she was gratified by the interest shown by those who did attend. Heavy rainfall blotted out several of the meetings planned but the four that were held were attended by 52 women.

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Phase 4 - 4-H Club Clothing

Soon after schools in this valley opened in the fall the Home Demonstration Agent began to receive requests for her to organize 4-H clubs. Accordingly she planned to have at least one club in each center in the County. However, by the time the organization was completed, changes in the school programs and inability to find adequate leadership, and lack of time on the Home Demonstration Agents part narrowed the scope of the work down to two communities during the school year. In one of these communities one teacher had three clubs in 1st. year clothing with 52 girls enrolled, and another had one club of second year girls in clothing with 24 girls enrolled. In the other community a teacher had a first year club with 14 enrolled and one of the mothers in that community had a second year club with six girls enrolled. In this latter all of the girls enrolled completed their work 100% while in the former, owing to the high percentage of members who were from transient or Spanish American families, of the 76 enrolled only 36 completed. During the Summer a first year club was organized with an enrollment of 14 and six of these girls completed their work. This Summer club was disrupted by the removal of families on summer vacations.

In all there were only 7 clubs with a total enrollment of 110 girls of whom 62 completed. Five good leaders devoted time voluntarily to this work. The Agent spent 20.24 days with this phase of the project and has attended 45 club meetings with 599 present, 7 of these meetings with an attendance of 59 being methods demonstration meetings. On this project 50 home visits and 4 office calls were made.

In February the Home Demonstration Agent coached nine of the second year club girls in a model club meeting and trained them in a team demonstration in it that these girls put on at a meeting of the Woman's Club as an illustrative for a talk which the agent gave to the club.

She trained a first and two second year demonstration teams in team demonstrations for the Annual Round-Up and three judging teams for it also.

Sixteen of these clothing girls from all the clubs in the county were taken to the 4-H Round-Up together with three of the leaders.

More clubs have already been organized for the new years work and are well under way and since the Home Demonstration Agent has more time to devote to them better results are expected than we had last year.

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XV. Home Economics-- Home Management

Sub- Project B- Construction

Phase 1. Home Furnishing

Since circumstances prevented the clothing specialist from giving her third series of demonstrations planned in our program of work the State Leader very kindly allowed the Home Demonstration Agent of a neighboring county to give several days of her time in the county in rug work.

The Home Demonstration Agent of Cochise County spent the week of December 4th, in this territory as a specialist working with the local Agent and her groups. Miss Virmond, the visiting Agent, brought with her her exhibit of home-made rugs and her exhibits of Christmas suggestions and also her exhibit of articles brought home from her recent trip to Europe. She gave 10 methods demonstrations in all, attended by 203 women, but two of these demonstrations were in Greenlee County.

At each of these demonstrations, Miss Virmond not only showed her exhibits but she also showed the women how to make each article and as she had several of the rugs in the process of making she allowed the women who wished to do so to do some of the work of actual construction. Everywhere the women were very enthusiastic about these demonstrations and the local agent hopes that some constructive project work may grow out of these demonstrations.

On Thursday afternoon, at the close of the other work, Miss Virmond gave an address to the women who came for it, especially on her recent trip to Europe and showed the things she had brought back. This was most interesting and the women appreciated it heartily. About a dozen women were present for this meeting.

A new line of work under this phase has been taken up during the past two or three months. This is the mattress making work to be engaged cooperatively by the Agricultural Conservation Association, The County Social Security and Welfare Board, and the Agricultural Extension Service. This work is just in process of organization and it is not expected that any actual project work will be begun on it before the middle of January.

Altogether the Home Demonstration Agent has spent 6 days upon this project and has made 14 home visits and 12 office calls.

FRANCES L. BROWN
Graham County
1940

XVII CHILD DEVELOPMENT AND PARENT EDUCATION

Sub-Project A - Behavior

Phase 3 - Child care and guidance.

Because of her interest in Parent-Teacher Association work and because the Home Demonstration Agent has received some training in child care and guidance she has been asked by the County council of the Parent-Teacher Association to conduct a series of discussions on the subject of Child Guidance and Parent Education in several of the various Parent-Teacher Association units.

However, in this valley where the people with whom the agent works largely belong to a church that is so highly organized that their time is almost fully occupied therewith it was not possible to get the parents to come out to one more line of meetings.

So in order that they might be stimulated to further future activity in this project it was finally decided that the Home Demonstration Agent should give a ten minute talk over the radio on the second Sunday of each month for eight months, on the Parent-Teacher Association program on phases of Child Guidance.

Since library facilities are somewhat meager the Agent decided to give out information that would supplement and enrich the material issued in the monthly magazine on the Subject each month.

Two of these talks have already been given and 8.91 days have been used in connection with this project phase.

FRANCES L. BROWN
Graham County
1940

XVIII COMMUNITY ACTIVITIES

Sub-Project A - Related Agencies

The Home Demonstration Agent is asked to cooperate or to take an active part in the activities of Related Agencies simply because she is the Home Demonstration Agent. In this capacity she is called upon by County, State, and National Health Agencies, by the National Youth Administration, the local Radio, the Women's Club, the Parents Teachers Association, The Department of Vocational Agriculture and Home Economics. She is also called upon to act as a Judge of Home Economic Products at various Exhibits and Fairs. And of course, she cooperates with the Federal Security Administration, since for the first seven months of the report year she served as a regular worker in that activity.

This cooperation extends all the way from giving advice and suggestions to acting as a representative of the allied agency, and consumes a valuable portion of the agent's time. However, this sort of cooperation is absolutely necessary in order to secure and sustain the goodwill of contemporary agencies whose work lies in the State or County.

In this cooperation with these various agencies during the year, this Home Demonstration Agent has devoted 31.06 days outside the time spent as a County Worker in the Federal Security Administration, or 63.33 days including that time.

FRANCES L. BROWN
Graham County
1940

Phase 1 - County, State and National Health Agencies

Early in December, the Agent received a letter from the State Home Management Supervisor stating that she would be visited by a representative of the State Board of Health who would solicit cooperation in a Birth Registration campaign. This representative visited the Agents office during the Christmas vacation and left literature for the campaign which was to close January 1, 1940. However, upon the Agents return from the Holiday vacation, she carried out the instructions as best she could and held a discussion with each group as it met during the month of January. During that time she distributed the literature. On account of very cold weather, the attendance was lower than usual, yet the Agent gave out 150 hand bills, 22 posters and 22 sets of committee instructions. While most of the women with whom the Agent met had heard of the matter, yet many of them did not fully understand it, and the agent feels that through these discussions many more than just those who attended the meeting will be benefitted.

In addition to the eight meetings held with Nutrition groups having an attendance of 63 where this matter was discussed, two meetings with Farm Women's Clubs were devoted to it entirely where there were 26 women present. Thus, a total of 89 homes were influenced. Two and .18 days were spent in this work, but the Agent felt that it was a very worth while step in organization through cooperation.

FRANCES L. BROWN
Graham County
1940

Phase 2 - Farm Security Administration

During the first seven months of the report year, that is, until July 1, the Home Demonstration Agent was also the Home Management Supervisor, for the Farm Security Administration. In this capacity she was expected to devote about one-third of her time to work of the Farm Security Administration. During these seven months the Agent took almost all of her annual leave and a number of Holidays so that there were only 135 working days. Of these days the Agent spent 32.27 in Graham County on this project and 10.70 days in Greenlee County.

Her time under this project was spent in cooperating with the Farm Security Administration clients and in assisting them to make out home plans which were a necessary part of every loan docket. These home plans were built along budgetary lines, and were carefully estimated according to the income expectations of the family in question. After the home plans were made the Agent visited the clients to supervise the carrying out of these plans.

An effort was made to have each client keep a regular farm and home account, and the Agent on her visits of supervision would check on these accounts.

The Farm Management Supervisor with the Home Management supervisor at the beginning of each month would plan special work to be stressed by the clients, and upon her visits during each month the agent placed emphases upon these items to be stressed. In this way gardens, canning, home management, and similar topics were taken up. On each of the visits she also filled out certain forms checking on these items.

During these 7 months in Graham County alone the Home Demonstration Agent made 158 visits to 154 homes, and during that time she made out 21 home plans

FRANCES L. BROWN
Graham County
1940

Phase 4 - Parent-Teacher Associations

The Home Demonstration Agent in this county takes a very active interest in the work of the Parent-Teacher Association. She holds a membership in one of its groups and serves as a member of its county council as leader in Parent Education.

In this capacity she has attended two county council meetings and has assisted in making plans for the work in the county. She also took part in a panel discussion at one of the local unit meetings, conducted the lesson at another and attended an afternoon and an evening session and the Gold Star Breakfast of the State Convention. She was also asked to sit in for two short sessions of the committee of Parent-Teacher Association workers that met with one of the National Officers in a short school of instruction. Altogether 1.85 days or about 15 hours have been spent in this connection. She has also made a dozen home visits and had six office and 7 telephone calls.

FRANCES L. BROWN
Graham County
1940

Phase 8 Women's Clubs

The Agent was asked to appear before the Woman's Club of Safford to acquaint them with her work. She accepted and chose to devote the time to 4-H Club Work. Accordingly, she told the women about 4-H Girls' clubs and then by way of illustration, she had nine club girls from the Second-Year Clothing Club at Pima, give a short snappy 4-H Club meeting--featuring a team demonstration. There were 60 women present and many expressed themselves as greatly interested.

FRANCES L. BROWN
Graham County
1940

Sub-Project B - Conferences

Conferences of various kinds occupy a somewhat prominent place in the Home Demonstration program of work for it is through them that the general plans for all work in the state are first worked out. In this state we have several kinds of state conferences that are regularly recurrent, such as the Annual Extension Conference, the Planning conference, the 4-H Round-Up and the Farm Security Administration Annual conference, then there are office conferences and special conferences such as the Rural Life Conference of Arizona Women. During this year the Home Demonstration agent has spent 26.64 days in such conferences.

FRANCES L. BROWN
Graham County
1940

Phase 1 - Annual Conference

Type a - Annual Extension Conference

A week from the month of January was given over to the Annual Extension Conference, which was one of the best ever attended by this Agent. Only the first three days of the week were devoted to the conference proper and they were taken up by addresses of general interest for the most part. Two afternoons were given to discussions by the Home Demonstration Section also, and both of them proved far too short and the time allotted to them flew by far too fast to suit the Agents in attendance. One noticeable feature about the meetings was that they begun and closed on time and this item was appreciated fully by all concerned. The Director and his staff are to be congratulated on this matter. There were 200 in attendance at this conference.

The last part of the week was spent in Phoenix with a visit enroute to the Casa Grande Transient Camp. In Phoenix the greater part of one day was spent in a visit to the frozen food locker plant, and to a demonstration luncheon on the use of frozen foods. This was followed by a demonstration on the use of various electrical household appliances.

The last day was spent in a tour over the rural Salt River Valley visiting electrically equipped and electrically heated homes. This as well as the previous day was very worth while indeed and was greatly enjoyed by the Home Demonstration Agents.

FRANCES L. BROWN
Graham County
1940

Type b - Planning Conference

The agent attended the Planning Conference held at the University, April 22, 23, and 24, taking the neighboring Home Demonstration Agent from Cochise County with her. This time was spent in discussing the program of work, and in making plans for the next year and in scheduling Specialists for such plans. It was a very harmonious and profitable meeting, and the Agent enjoyed it very much. Thirty and one-half hours time were devoted to this work, in all, or four days.

FRANCES L. BROWN
Graham County
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Type C - Farm Security Administration Annual Conference

Five and three seventh days in March were spent by the Agent in attending the Annual Farm Security Administration State conference of all Farm Security Administration workers. This conference was held in Phoenix at the County Agent Building. The first day was spent in Phoenix in discussing matters of interest to the Farm Security Administration workers. There were 30 persons present at this conference and the discussions were of great interest to all present.

Dr Greaves, the Home Management Supervisor for Region IX, from the Regional Office was also present, and brought to the conference much timely information and assistance.

The second day was spent at the Casa Grande farms where Miss Lorene Dryden the Clothing Specialist from the Extension Service conducted a mattress making demonstration for the benefit of the Farm Security Administration Home Management Supervisors. There were 15 present. One very good mattress was made.

The last day of the conference was spent at the Casa Grande farms also, with Miss Jean Stewart in charge of a canning demonstration for the Farm Security Administration Home Management Supervisors. This demonstration covered fruits and meats and vegetables and was attended by 14 women.

FRANCES L. BROWN
Graham County
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Type d - 4-H Round-Up

The last four days in August were spent by the Home Demonstration Agent in a trip to Tucson with some of her 4-H girls to attend the 4-H Round-Up.

These few days climaxed the years 4-H Club work and proved a most fitting climax. Attending the annual Round-Up stands in the county as a great prize for which all club members strive earnestly, and for those who receive this reward it stands out as a reward well worth winning again and again. In fact the enthusiasm of the club members who do get to go inspires the new club members far more than the agent can.

Only prize winning members, that is only those who are outstanding in their work and give promise of leadership are permitted to attend and every effort is made to use these members as they return to their communities to lend the power of inspiration at least among the newly formed clubs.

Since our means of financing this trip are limited only 16 club girls and three leaders could go this year, but those who did go planned to make the most of every minute, and most certainly did. Taking the leaders to the Round-Up each year for the past two years has been a potent factor in assisting the agent in securing leaders, and this agent appreciates the recognition given at the Round-Up to the leaders and hopes it may be increased.

The program at the Round-Up this past year was the best suited to our needs that we have attended, though we were not quite as definitely prepared as we hope to be next year for entering all the classes of judging and Team Demonstrations that are listed. This was due to the fact that we had only clubs in clothing and they were confined to the first and second years work.

FRANCES L. BROWN
Graham County
1940

Phase 2 - Office Conferences.

Almost three full days have been taken up by Office conferences (2.71), but part of this time has been reported under the proper project headings.

These conferences have been on Organization, on School Lunches, on Farm Security Administration, on Mattress Work, and on matters in which the Home Demonstration Agent is merely a cooperator, as the Parents Teacher's Association, or the National Youth Administration, or Farm Bureau. During the year there have been 13 Office Conferences with 56 in attendance..

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Graham County
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Phase 4 - Rural Life Conference of Arizona Women

From June 3 to June 6 was devoted to a trip to the University to attend the first Rural Life Conference of Arizona Women.

The primary purpose in holding this conference was a two fold one -- to give the women from each of the counties in the state an opportunity of meeting, and becoming acquainted with women from each of the other counties in the state and to give leading country and city women an opportunity to discuss problems common to both groups.

The program as carried out provided ample and adequate amusement and entertainment as well as plenty of thought producing discussion and addresses along inspirational lines, and yet afforded sufficient time for rest.

This Agent feels that the items in the program that the women enjoyed most were the times of singing together under Professor Pease, the head of the music department, and seeing the things in the exhibits brought by the women from the other counties.

This Agent regrets that on account of the distance and the time of the year (harvest time) that none of the women from her two counties could attend and she hopes that neither of these obstacles will prevent attendance at similar conferences in the future.

FRANCES L. BROWN
Graham County
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Sub-Project C - Publicity

Phase 1 - Radio

Beginning in the fall of 1938, the Home Demonstration Agent has shared with the County Agricultural Agent in conducting a regular Farm and Home Hour over the radio from 1:00 to 1:15 P.M. each Saturday from the local Station KGLU. The Home Demonstration Agent has made these talks either from material supplied by the Bureau of Home Economics at Washington D. C., called the Market Basket or has supplied the material herself. During the year, she has given 46 of these radio talks--two of which have been a part of this year's course in Parent Education and one of which was for the Parent-Teacher Association.

During the year 9.39 days have been used in this project.

Sub-Project D - Fairs

Graham County does not have a County Fair, but the Home Demonstration Agent has been asked to assist in other Fairs and Exhibits as a Judge.

In February, she served as a Judge for the Home Economics Department of the Tucson Rodeo and judged the baked products and the canned products, and assisted in judging childrens clothes.

In February, also, she served as one of two judges for the canned products of the Mesa Citrus Show.

In October, the Home Demonstration Agent served as judge for the baked products and for the canned products in the Cochise County Fair.

In November, she served as Judge for the Home Economics Department of the Future Farmers and Vocational Home Economics Fair in Pima.

Altogether during the year the Home Demonstration Agent has spent 6.07 days in this work of judging.

FRANCES L. BROWN
Graham County
1940

VI. OUTLOOK AND RECOMMENDATIONS.

The outlook for the work in this county is very good. For the second time we are working out a planned program. This program was planned by a group of women from several of the different communities who met with the State Leader and the Home Demonstration Agent for that express purpose.

The program is planned to carry out the work with adults through the local leader system, so that activities might thereby be extended and results multiplied.

The program as planned is well under way. A leaders training meeting has already been held for each of the two projects for which we are to have specialists help. A very good representation for the various communities in the county was present at each of these leaders meetings. There will be two more leaders training meetings held for each of these two projects. The Agent has been asked to repeat the work of the Specialist in communities where the local leader feels her inability to carry the work out.

Interest in the Homemakers club remains active, and cooperation full and free.

The Agent is being called upon to extend her activities to cover lines of work not previously carried, and this new work is well under way.

Increasing demands are made upon the Home Demonstration Agent by related agencies, and in community activities.

Now that her full time is given to Home Demonstration Work the Agent hopes and expects to show more and better results.

HOME DEMONSTRATION PLAN OF WORK

COUNTY Graham

HOME DEMONSTRATION AGENT Frances L. Brown

YEAR 1940 - 1941

Project Sub-Project Phase	Communities where work will be done	Leaders No.	Enrollment No.	Method Dems. No.	Result Dems. No.	Method of procedure	Goals	No. Days Spec.	No. Days HDA	Month
I Organization Sub-Project -B Home Ec. Org. Phase I Home Makers Clubs	Klondyke		18	8		Home Demonstration Agent will get enrollment. Home Demonstration agent will send out notices of meetings. Home Demonstration Agent will provide or arrange for equipment, and supplies. Home Demonstration Agent will transport, & assist Specialist at meetings. H.D.A. will supervise & gather reports	1/2 of of attendance to improve practices	3 da. Nutrition 3 da. Clo.	8	Sept. to June
Sub-Project C 4-H Organization	Thatcher Pima Eden Bryce Ft. Thomas Safford	6	22 40 6 12 22	Two or three for each club		H.D.A. will assist in organization H.D.A. takes enrollment. H.D.A. will give methods dems. H.D.A. will supervise leaders & clubs & achievements and awards. HDA will assist in achievement day. H.D.A. will gather & send in reports & secure judges. Leaders will conduct meetings. Leader will assist members in project work & achievement day. H.D.A. will make awards.	80% of enrollment to be completed	1 in nutrition da. in Apr. 4-H Spec. 3 da.	10 da. per mo. all year	July 1st. to June 30.

HOME DEMONSTRATION PLAN OF WORK

COUNTY Graham HOME DEMONSTRATION AGENT Frances L. Brown YEAR 1940 - 1941

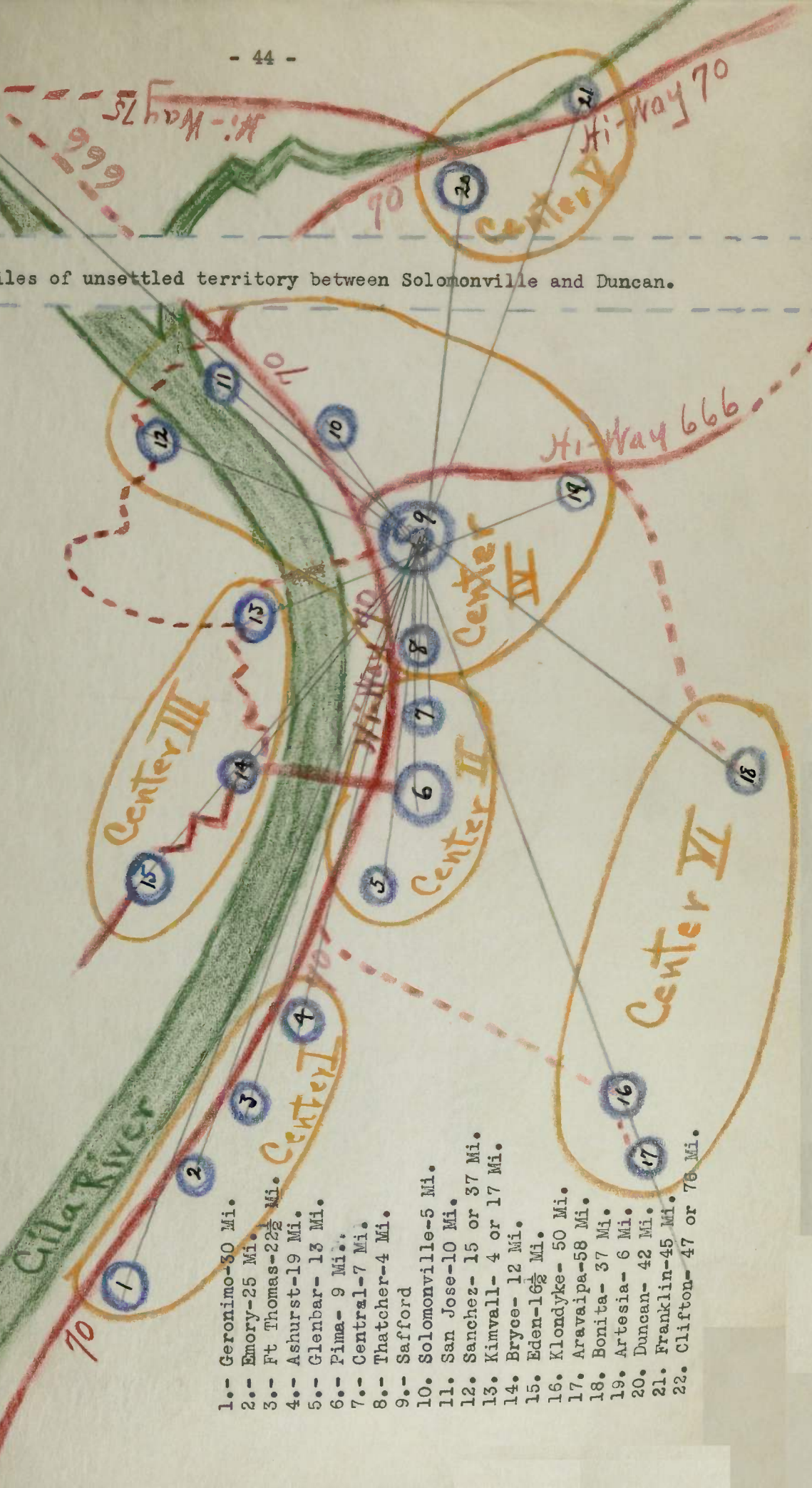
Project Sub-Project Phase	Communities Where work will be done	No. Alter- nates	Enroll- ment No.	Dems. No.	Method of Procedure	Goals	No. Days		Month
							Spec.	HDA	
XIII Nutrition Sub-Project D Food Prep. Phase 4 Milk butter, Ice Cream. Meeting 1. Uses of sour milk	Thatcher Klondyke	11 & 11 Alter- nates 18	368	1 1	H.D.A. will secure place of meeting & equipment. H.D.A. will send out notices. H. D.A. will transport and assist Specialist H.D.A. will gather reports. H.D.A. will give meat Dems. as requested. Specialist will give work to leaders and train them. Leaders will pass on dem. to members. Leaders will report to H.D.A.	20% of En- rollment adopting improved practices. 50% of leaders functioning	2	6	Sept. '40
Phase 3 Prep. meat. Meeting 2 Poultry	Thatcher Klondyke	11 & 11 alter- nates	368 18	1 1	Same as above	Same as above	2	6	Nov. '40
Phase 3. Prep. meat Meeting 3 Meat Extenders	Thatcher Klondyke	11 & 11 alter- nates	268 18	1 1	Same as above	Same as above	2	6	April '41
Phase 7 4-H Nutrition clubs Baking	Pima (2) Eden Bryce 1 Ft. Thomas 1	4	75	2 2 2	See method of Pro- cedure under organi- zation Sub-Project C.	Three visits to each club Two judg- ing dems for each club 60% com- pletions.	2	6 days per mo.	April '41 Sept. to May

Project Sub-Project Phase	Communities Where work will be done	Leaders No.	Enrollment No.	Method Demos. No.	Result Demos. No.	Procedure	Goals	No. Days Spec.	No. Days HDA	Month
XIV Clothing Sub-Project A Selection Phase 1. Well Dressed Woman. Meeting 1. - Style	Thatcher Klondyke	11 & 11 alternates	368 18	1 1		Same as Above	Same as above	2	6	Oct. '40
Meeting 2. Color	Thatcher Klondyke	11	368 18	1 1		Same as above	Same as above	2	6	Mar. '41
Meeting 3 Fitting	Thatcher Klondyke	11	368 18	1 1		Same as above	Same as above	2	6	May '41
Sub-Project D Selection and Economics Phase 4. 4-H Club clothing	Thatcher Pima (2) Ft. Thomas Eden Bryce Safford	6	150	12		See organization Sub-Project C	3 visits to each club. 2 judging dems. per club. 60% completions	2	6 days per month	Sept. to May
XV Home Economics (Home Management) Sub-Project B Construction Phase 1-Home Furnishings Mattress Making	Eden Solomonville Thatcher Pima, Bryce Ashurst Kimball Artesia Bonita Klondyke Ft. Thomas Geronimo Sanchez San Jose	None	500	14	250	H.D.A. will cooperate with AAA, FSA, GCSS & W., & WPA. H.D.A. will locate low income families H.D.A. will certify deserving families H.D.A. will notify families when & where to report. H.D.A. will give Methods Demos. in each center where work is done.	- At least one mattress per family of \$600.00 in-	none	56	Nov. March

Project Sub-Project Phase	Communities where work will be done	Leaders No.	Enrollment No.	Method	Result	Method of Procedure	Goals	No. Days Spent	No. Days PTA	Month
XVIII Community Activities Sub-Project A Related Agencies Phase 4-PTA	Safford Solomonville Thatcher Central Pima, Eden Bryce-Bonita Ft. Thomas	7	317(40)			Home Dem. Agent will plan work with Dept. leader for county. Will meet with Co. Council P.T.A. Will prepare 8 lesson talks & deliver them. Will send copies of each talk to each group leader. Will collect reports and assemble them. Will assist leaders.	6 leaders passing on lessons 25 home improving practices	None	24	Oct. to May
Sub-Project C Publicity Phase 1. Radio KGLU	All Communities reached by					H.D.A. will prepare and deliver radio talk each Saturday H.D.A. will prepare and deliver talk for PTA's.	Reach 100 farm homes each week See XVIII A-4	None	26 24	July 1 to July 1 2nd Sunday each Mo. Oct. to May

Map of Graham and Greenlee Counties showing distance in miles from Home Demonstration Agent's headquarters to each community center, in the territory to be covered. Also showing communities as grouped together for work centers with specialists.

About 28 miles of unsettled territory between Solomonville and Duncan.



- 1.- Geronimo-30 Mi.
- 2.- Emory-25 Mi.
- 3.- Ft Thomas-22½ Mi.
- 4.- Ashurst-19 Mi.
- 5.- Glenbar-13 Mi.
- 6.- Pima-9 Mi.
- 7.- Central-7 Mi.
- 8.- Thatcher-4 Mi.
- 9.- Safford
10. Solomonville-5 Mi.
11. San Jose-10 Mi.
12. Sanchez-15 or 37 Mi.
13. Kimvall-4 or 17 Mi.
14. Bryce-12 Mi.
15. Eden-16½ Mi.
16. Klondyke-50 Mi.
17. Aravaipa-58 Mi.
18. Bonita-37 Mi.
19. Artesia-6 Mi.
20. Duncan-42 Mi.
21. Franklin-45 Mi.
22. Clifton-47 or 76 Mi.