

A N N U A L

N A R R A T I V E R E P O R T

YUMA COUNTY

December 1st 1933 - - - December 1st 1934

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AGRICULTURAL EXTENSION SERVICE

JANET A. BURNELL
Home Demonstration Agent.

TWENTY YEAR REPORT

HOME DEMONSTRATION WORK

YUMA COUNTY, ARIZONA

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- -

1915 to November 1, 1934, Inclusive.

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Written by -

Janet A. Burnell,
Home Demonstration Agent (1934)
Yuma County, Arizona

ORGANIZATION.

First Extension work in Home Economics was done through an Agricultural Demonstration Train in Yuma in 1915. Two weeks were spent in Yuma valley by the first Specialist in Home Economics in the spring of 1916. Mrs. Salisbury was the worker and she carried on meetings with housewives and visited homes. Lines followed: Home Management, Nutrition and Rural Sanitation.

1917 - Mrs. Salisbury held extension school in Yuma Valley. Nutrition, Home Management and Fabrics taught. Also some meetings were held.

1918 - Work was begun by Home Demonstration Agent, Dec. 1, 1918. Grace Tufts worked in textiles and fabrics and millinery and nutrition. Extension School held there on conservation of food and clothing.

1919 - Home Demonstration Agent from Dec. 1, 1918 to May 1, 1919. Project work in foods, nutrition, health, household conveniences and clothing including construction and millinery. Extension School in clothing was held.

1920 - Work conducted during year by State Home Demonstration Agent and was assisted by District Home Demonstration Agent. Work a continuation of work of previous year.

1921 - No agent again this year. Work carried on by State Home Demonstration Agent. Scattered or occasional demonstrations being given.

1922 - Miss Roberta Sinclair appointed Home Demonstration Agent, February 16, 1922 and worked in Yuma County only four months, leaving in June 1. Girls clubs in Garment Making and Clothing, Millinery and Home Management were carried on.

1923 - Same as in 1922; four months of work only in Yuma County by Miss Sinclair.

1924 - January 31 - Roberta Sinclair resigned.

February 18, Eleanor Murphy appointed to May 31, in Yuma County. Three Garment Making Clubs in Yuma County. Girls Own Room Club in Gadsden. Millinery work carried in eight centers.

1925-26 - Miss Eleanor Murphy continued as Home Demonstration Agent for Yuma County. Extension work was carried with five women's clubs - Somerton, Gadsden, Wednesday Afternoon Club, North Gila and Yuma Business & Professional Woman's Club. Six Schools were enrolled in the Keep Growing Project - Crane, Rood, Gadsden, Sunnyside, Fairview and Alameda. About four girls Sewing Clubs were organized. Work consisted of clothing, millinery, house furnishing and the Keep Growing Project.

1926-27 - Four Women's Clubs were organized for carrying on the Extension Work during this year. Six schools were carrying the Keep Growing Project. Six girls clubs carried on the regular 4-H Clothing projects. The same lines of work were carried.

1927-28 - Three women's clubs - Gadsden, Wellton and the Wednesday Afternoon Club at Crane were organized and following a program of work consisting of foods, clothing, home furnishings. The Keep Growing Project continued to be the most important project this year. This project is beginning to be developed as Boy's and Girl's 4-H Health Club. The same six clubs continued this work with the addition of Somerton and Wellton. Two Garment Making Clubs and one Baking Club were organized.

1928-29 - The same three womens groups are continuing the work along the same lines. The women are now taking more responsibility in planning and carrying out their programs independently of the Home Demonstration Agent. The Home Demonstration Agent always assists a committee appointed from each club in making out the program plans. The womens clubs are taking a more active interest in Junior Clubs and the Junior Clubs with each other. County Achievement Programs have helped to get the clubs in touch with each other. The same eight health clubs have been organized this year with 98 boys and girls completing. There have been two food clubs with nine completions and nine sewing clubs with twenty-eight completions.

1929-30 - The same three women's clubs were organized and carrying a miscellaneous program with the assistance of the Home Demonstration Agent. There were two food clubs organized and five 4-H Health Clubs. There were 60 completions in the 4-H Health Clubs. More teachers are taking an interest and acting as leaders and in most cases club work is made a part of the school program. The women's clubs, Parent-Teacher Association organizations and Farm Bureau organizations are taking a more active interest in 4-H Club work. This year Alameda club was consolidated with Gadsden so there will be no more Alameda clubs.

1930-31 - Miss Eleanor Murphy was Home Demonstration Agent in Yuma County from May 31, 1924 until her death, the end of November 1930. Miss Janet Burnell was appointed Home Demonstration Agent and started work in Yuma County January 20, 1931. The new Home Demonstration Agent continued with the work planned by Miss Murphy which consisted of one demonstration a month to the Gadsden and Wednesday Afternoon Clubs and two demonstrations a month to the Roll-Wellton club. She also organized new groups at Crane, Somerton and North Gila. By request, work was given to a group of young mothers in Yuma. So this year work was given to six women's groups with nutrition as the major project. There was also some work in clothing, child care, and home furnishings. Due to lack of supervision for so long most of the 4-H clubs had dropped out of existence. The Wellton club alone carried on, having eleven completions out of fourteen original members. Gadsden had two completions and North Gila, a new club, had six. These three clubs were Garment Making Clubs.

1931-32 - The women's clubs regularly organized for Extension Work along the lines of Nutrition, Clothing and Child Care, are as follows - Roll-Wellton, Gadsden, Somerton, Crane, North Gila and Yuma in the southern part of the county. Some demonstrations were given to a group of ladies on the Creswell Ranch but these ladies usually meet with the Somerton group. The work was taken to the northern part of the county for the first time and work in Nutrition was given at one meeting at each of the following places - Quartzite, Bouse, Salome, Hope, Parker and Wenden. Due to the great distance from Yuma, the Home Demonstration Agent cannot go to this section very often.

A new group of older girls, the "Senior Girls Club of Gadsden and Somerton" had meetings throughout the summer.

There were five 4-H Garment Making Clubs with thirty-seven completions out of a total enrollment of forty-eight. There were no 4-H Health Clubs.

1932-33 - There are now 10 adult groups regularly organized for Extension Work. In the southern part of the county, they are - Crane, Somerton, Gadsden groups, the combined North and South Gila group meeting at North Gila, and the combined Roll-Wellton-Tacna group which takes turns in meeting at the three places. The groups organized in the northern part of the county are Quartzite, Vicksburg, Bouse, Parker, and the combined Salome-Wenden groups meeting at Salome. This year, because the Clothing Specialist can hold meetings only at three central places, these meetings were held at Bouse, Salome and Parker.

The Senior Girls Club met at Gadsden again this summer but included girls from Crane, Somerton and Gadsden districts. The membership jumped from 10 to 24 members ranging in age from 14 to 24 years.

There were six 4-H Garment Making Clubs with 57 completions out of a total enrollment of 77.

1933-34 - The same 10 adult groups were given new work in the same projects, Food and Nutrition, Clothing, Child Care and House Furnishings.

It was impossible to have a Senior Girls Club because of an improvement in conditions. Some of the girls were working, some were married and others were able to go away for the summer.

There were nine 4-H Garment Making Clubs with 79 completions out of an enrollment of 126.

There was one 4-H Health Club with five completions.

FOODS AND NUTRITION (Project -(q)).

Some mention is made of nutrition work being carried in each year, starting with the first extension work in 1915. However, no description of the type of work done is given in the reports of the first nine years.

1925-26

No adult work was given. The nutrition work seemed to be entirely centered around the "Keep Growing" project carried with the school children of the following six rural schools - Rood, Sunnyside, Crane, Fairview, Gadsden and Alameda. 469 boys and girls completed the project and 478 children were weighed one or more times. The Emerson system was used with the red, white and blue cards. Much attention was given to weighing the children and encouraging them to gain in weight. The Home Demonstration Agent gave talks on proper food and health habits. The children were urged to follow all rules of the health game by means of stories, talks and plays.

School Lunch - A "hot school lunch" project was carried in the Crane school for about three months.

Foods - There were two 4-H "Meal Planning" clubs, one at Crane, and one at Gadsden.

1926-27

The same six schools carried on the "Keep Growing" project. 332 boys and girls were weighed four or more times.

Adult work - Five food demonstrations were given to the Gadsden Women's Club. Foods demonstrated were quick breads, salads, salad dressings, and left overs.

1927-28

The Keep Growing project continues to be the most prominent work in nutrition. This year the work is starting to pass under the head of Boys' and Girls' 4-H Health Club work. 8 of these clubs were organized with 899 boys and girls enrolled.

Food demonstrations were given to three women's groups - Wellton, Gadsden, and Crane, with an enrollment of 30 women. Demonstrations given were - Christmas Candy, School lunch, Use of left overs, meal planning, formal tea, and using Jello.

One girls Meal Planning club completed the requirements.

1928-29

Five miscellaneous food demonstrations were given to the same women's groups. These demonstrations included the following - "Infant Cookery", special diets, invalid cookery, salads, egg dishes, and the cooking of various cuts of meat. 40 women completed the work.

From now on the work of the "Keep Growing" project which has been carried on under the heading of "Nutrition" will be listed as 4-H Health Club work and will be included under the heading of "Home Health and Sanitation".

1929-30

Five demonstrations on "The Study of Food and its Relation to Health" were given to the three organized women's groups.

1930-31

As a result of discussion with the women as to their needs and desires, and the fact that the new Home Demonstration Agent was a Nutrition Specialist, nutrition was adopted as the major project for Yuma County. Instead of miscellaneous isolated demonstrations, a foundation course in nutrition was given, each demonstration following the other in logical order. The work covered included -

Purposes of food.

Food constituents, proteins, fats, carbohydrates, minerals, vitamins, which foods are best sources of these.

Effect of cooking upon food constituents.

Suggestions for cooking and recipes.

Means of promoting good digestion and of aiding elimination.

Gaining weight and reducing - a practical working knowledge of foods high and low in calories, so that the women would know what foods to include in a gaining diet and which to exclude in a reducing diet.

Suggestions for balanced meals.

Recipes and menus.

The following six groups took this complete course - Roll-Wellton, Gadsden, Somerton, Crane, North Gila and Yuma. The Wednesday Afternoon Club at Crane had some of the course but not all of it. In addition to this isolated talks on nutrition were given at 4-H Club meetings, Parent-Teacher Associations and Farm Bureau meetings. In all 50 demonstrations were given with a total attendance of 884.

Canning - Although canning is not very popular in Yuma, this year the county sent its first exhibit of canned goods to the State Fair and won several prizes.

School Lunch - As a result of the nutrition course given to the teachers of Somerton, a new school lunch project was started in this school. The teachers subscribed about \$40.00 as a starting fund, calcimined a basement room, painted tables, installed equipment, and started serving a daily lunch for 10 cents per child. The lunch consisted of one hot dish, a sandwich, piece of fruit, and 1/3 quart bottle of milk. 160 children were fed daily this year, and as a result of the lunch showed decided improvement in health, food habits, school work and discipline.

1931-32

"Food and Nutrition" continued to be the major project throughout the county. The groups who had completed the foundation work in nutrition last year were now given a course in the feeding of children, problems in preparation of family menus and means of lowering food costs. As an aid to the lowering of food costs, canning demonstrations were given throughout the county and an increase in home canning was the result. The women also learned to lower food costs by baking their own bread, making their own yeast for it, using whole wheat in various ways, making sauerkraut from cabbage that would otherwise go to waste and using other surplus foods as carrots. The above work was very important since this was a year of the "depression" and money was very scarce.

Regular meetings were held with 13 groups, which were -

Roll-Wellton - - - -	11 meetings
Gadsden - - - - -	10 meetings
Somerton - - - - -	14 meetings
Crane - - - - -	9 meetings
North & South Gila -	16 meetings
Yuma (Jr. Delta) - -	8 meetings
Somerton (Creswell Ranch) - -	2 meetings.

Northern part of county -

Quartzite, Bouse, Salome, Hope, Parker and Wenden, each had one meeting. Because of the great distance it was necessary to lump the work as much as possible at the one meeting.

Number of groups organized - - - - -	13
Total number enrolled - - - - -	280
Total number of meetings - - - - -	76
Total attendance at meetings - - -	1113

Seven groups - Roll-Wellton, Gadsden, Somerton, Crane, North and South Gila, and Yuma (Jr. Delta) have completed the foundation course in nutrition.

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Four groups - Roll-Wellton, Somerton, North and South Gila, and Yuma (Jr. Delta) have completed the unit in Feeding of Children and other groups have had some work in it.

In addition to the above meetings, the Home Demonstration Agent gave talks on nutrition to the 4-H club boys, Yuma Nurses Association, Yuma County Public Health Association, and the Kiwanis Club, making a grand total of 80 meetings with a total attendance of 1305.

School Lunch - School lunch projects were sponsored in three schools - Somerton, Roll, and North Gila with a total enrollment of 280 children. Suggestions were given to other schools.

An animal feeding experiment was conducted in the Somerton School. This aroused much interest in good nutrition on the part of both children and adults.

Canning - There was considerable increase in the amount of canning, especially in meat canning as a result of the canning demonstrations given this year.

1932-33

Having had the ground work in basic nutrition, this year's work was devoted to special problems in food and nutrition requested by the ladies belonging to all the groups. The demonstrations included - Puddings, candy making, economy in buying food, preparation of broccoli, sauces, liver, fish, meat extenders, sandwiches, and economical menus. The groups taking the work were - Crane, Somerton, Gadsden, North and South Gila, Roll-Wellton, Salome, Bouse, and Parker.

Number of groups - - - - -	8
Number of meetings - - - - -	54
Total number enrolled - - -	208
Total number completing - -	165
Total attendance - - - - -	849.

In connection with the unit on "Home Care of the Sick" the Home Demonstration Agent gave the Roll-Wellton group a course in "Diet in Disease".

The Somerton School Lunch project is still operating successfully.

There is an increase in home canning with a record of eight pressure cookers and three sealers bought through the office this year.

There has been a decided increase in the number of office and home calls for the purpose of assisting with the problems of feeding babies, pre-school and older children.

Fifty home calls were made to assist with the preparation of diets for pathologic conditions as kidney infection, Bright's disease, anemia, high blood pressure, etc.

1933-34

Meetings held -

Northern part of County -

Place	No. of meetings	Total Attendance	Average Attendance	Number Enrolled	Number Completing
Salome	2	22	11	14	11
Vicksburg	2	26	13	13	13
Quartzite	1	14	-	14	14
Bouse	1	9	-	9	9
Parker	1	19	-	19	19

Southern part of County -

Roll-Wellton	4	69	17 $\frac{1}{2}$	27	22
Gadsden	2	44	22	27	22
N. & S. Gila	2	26	13	12	8
Crane	1	29		15	15 *
Somerton	1	26		20	12 *
Yuma	1	12		These two are not regular organized groups.	
Sunnyside	1	25			
Totals	19	321		170	145

*Women from other groups were in attendance at the Crane and Somerton meetings hence are not included in the enrollments.

There are 10 groups regularly enrolled for extension work who took part in the Nutrition project. These groups are, Salome, Vicksburg, Quartzite, Bouse, and Parker, in the northern part of the county, and Roll-Wellton, North & South Gila, Gadsden, Crane, and Somerton in the southern part of the county.

Included in the above meetings are, 5 demonstrations on "Canning Meat" with a total attendance of 69, and 3 demonstrations on "Tests* for Jelly Making" with a total attendance of 49, given by Miss Frances Brown, State Home Demonstration Agent; 4 demonstrations on "Making Ice Cream" with a total attendance of 90, given by Mr. Clyde Rowe, State Extension Specialist in Dairying & Poultry; and 7 demonstrations with a total attendance of 113 given by the Home Demonstration Agent. These included 4 demonstrations on "Proper Feeding of Children", 2 on "Secrets of Gaining and Reducing", and one on "Quickly Made Christmas Candies".

In addition to the above meetings, there were, 118 home visits, 117 office calls and 65 telephone calls in connection with the Nutrition project. All of these could be roughly divided as follows, one third for canning information and special recipes, one third for the feeding of children, mostly for small babies and pre-school children, one sixth for special dietary problems as stomach ulcer and kidney infection, and one sixth for assistance in school lunch work.

CHILD TRAINING AND CARE - Project (r).

No Child Care work mentioned in any of the reports up to 1926-27.

1926-27

In connection with the "Keep Growing" project the county nurse weighed and measured children and discussed child care with the mothers of the Somerton Woman's Club.

1927-28

The Home Demonstration Agent gave a talk on health and diet habits and training to one woman's club. The talk was followed by a discussion on nutrition for the pre-school child.

1928-29

With the aid of the Sheppard Towner nurse, two meetings were held at the Wellton Woman's Club. These included a baby clinic, at which time 10 babies were weighed and judged and questions about care of pre-school children answered.

1929-30

No work listed.

1930-31

A course in Child Training and Care was given to two groups - Well-Wellton and Gadsden. This course included a study of the mental, emotional and physical growth of the child and the training needed for the best development under the following topics -

1. Heredity and environment.
2. Influence of prenatal diet and care.
3. Instincts and habits.
4. Habit Training.
5. Physical growth and development from prenatal period through adolescence.
6. Health Care.
7. Emotional reactions and necessary training.

Totals -	
Number of Groups - - - - -	2
Number members completed - - - -	40
Number demonstrations - - - - -	18
Total attendance - - - - -	283

1931-32

This years' work in Child Care is reported under "Nutrition" because it consisted of instruction in feeding of children of all ages and training for good food habits.

1932-33

The Roll-Wellton group was the only group regularly enrolled for child care work although some work in the psychology of feeding children was given to all the groups. The Home Demonstration Agent also gave a talk to the Mothers Club of Yuma and assisted them with the planning of their years program.

The following work was given to the Roll-Wellton group.

Toys for children of all ages with directions
for some which might be made at home.
The Social Adjustment of the adolescent.
Ways of Training for Obedience.
Rewards and punishments.

Figures for Roll-Wellton group -

Number enrolled - - - - -	27
Number completing - - - - -	25
Number of meetings - - - - -	4
Total attendance - - - - -	72.

1933-34

The demonstration on "Suitable Toys and Presents for Children of all ages" with patterns and directions for making toys was given to three groups - Roll-Wellton, North and South Gila, and Gadsden.

Number of groups - - - - -	3
Number of meetings - - - - -	3
Total attendance - - - - -	53

CLOTHING - Project (s).

1917 - "Fabrics taught."

1918 - "Work in textiles, fabrics and millinery".

1919 - "Work in clothing construction and millinery".

1920-21 - Similar work.

1922 - Girls clubs in Garment Making and clothing are mentioned for the first time. Clothing and millinery instruction also given to women.

1923 - Similar work.

1924 - The clothing work consisted of - three girls Garment Making Clubs, one "Girls Own Room" club, and millinery work with eight women's groups.

1925-26

Adult - A demonstration on "Short Cuts in Sewing" was given by the Home Demonstration Agent to the Gadsden and North Gila Women's Clubs and to the Junior and Senior club leaders at Fairview. The Somerton and Gadsden Women's clubs had several meetings for sewing. One dress form and 49 articles were made.

4-H Garment Making - 62 girls finished their projects in the sewing club groups.

1926-27

Adult - Remodeling patterns and Short Cuts in Sewing were the demonstrations given to the women's clubs. One dress form was made. Apparently clothing demonstrations were given to the four organized women's groups - Crane, Gadsden, Wellton and North Gila. The making of cloth flowers was also taught at these clubs.

4-H work - Five sewing clubs were organized in the county with a total of 85 girls completing their regular 4-H projects.

1927-28

Adult - The following demonstrations were given to the three women's clubs - Crane, Wellton and Gadsden. Christmas novelties, pattern remodeling, hat patterns, line, design and color in clothing. Four dress forms were made.

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4-H work - Fifty girls completed their 4-H Garment Making projects. Vida Benton won a trip to Washington and three Yuma County girls won prizes at the State Fair.

1928-29

Adult - Nine demonstrations in clothing were given to the three women's clubs with 40 members completing the work. (No description of work given in narrative report.)

4-H work - Twenty-eight girls completed the regular 4-H Garment Making work in the six girls clubs organized.

1929-30

Some demonstrations in clothing were given to the three women's clubs. These included "Color and Design" and "Winter Clothing". Twenty-nine girls completed the regular 4-H Garment Making club requirements. There was a total of 12 demonstrations to both women and girls.

1930-31

Adult - The only adult clothing work was that given by Miss Zella Blake, new State Clothing Specialist, to the following groups -

Place	Meetings	Total attendance	Subject
Roll-Wellton	6	96	"Pattern Making School"
Somerton	8	106	"Finishes" & "Storage of Clothing".
Gadsden	1	15	"Finishes"
Crane	<u>1</u>	<u>8</u>	"Finishes"
Totals	16	225	

4-H Club Work - Due to the fact that the county was without a Home Demonstration Agent from the end of November until the end of January, most of the 4-H Garment Making Clubs did not complete their work. Only 16 members completed from an original enrollment of 80. The new Home Demonstration Agent gave 74 clothing demonstrations to the 4-H girls.

1931-32

Adult - The adult clothing work consisted of 6 demonstrations given to six organized groups by the State Clothing Specialist, Miss Blake. The subjects of the demonstrations were - "Personality in Dress", "Artistic Uses of Tow Sacks", "Tailored Finishes", "Short Cuts in Sewing", "Sleeves and Necklines" and "Care and Storage of Clothing". In addition to the demonstrations there were Achievement programs for each group, one "Make Over Clinic" and one "Pattern School".

Meetings were as follows -

Groups	Number of meetings	Total attendance.
Roll-Wellton	10	139
Gadsden	4	100
Somerton	3	92
Crane	5	50
North Gila	13	128
Yuma	1	27
Totals	36	536

4-H Club work - Five Garment Making Clubs were organized with an enrollment of 48 and a total completion of 37. The Home Demonstration Agent gave 56 clothing demonstrations to these club girls.

1932-33

Adult - This year the Clothing Specialist, Miss Blake, gave her demonstrations to the extension groups at Salome, Bouse and Parker in the northern part of the county. The demonstration consisted of "Short Cuts", "Tailored Finishes", "Color, Line and Design" and "Using Commercial Patterns". The Pattern School work was given to the ladies of North and South Gila in the southern part of the county.

Number of groups - - - - -	4
Number enrolled - - - - -	112
Number completing - - - - -	83
Number of meetings - - - - -	22
Total attendance - - - - -	386

4-H Club Work - Six Garment Making clubs were organized with a total enrollment of 77, and a total completion of 57. There were 156 club meetings with a total attendance of 1847. A decided improvement in the quality of the work, and also in the attitude of the mothers and girls was very very noticeable this year. Isabelle Henry of the Wellton club, the only fourth year girl in the county, won first in her class (evening dress) and third in all classes in the State Dress Revue.

1933-34

Adult - Miss Blake, State Clothing Specialist, had a "Pattern Making School" consisting of six meetings at Salome, and a "Remodeling Clinic" consisting of four meetings at Somerton. Miss Frances Brown, State Home Demonstration Agent, gave a demonstration on "Quick Patches" to the Gadsden, Roll-Wellton, and North and South Gila groups.

Number of groups	- - - - -	5
Number enrolled	- - - - -	67
Number completing	- - - - -	67
Number of meetings	- - - - -	13
Total attendance	- - - - -	145

4-H Club Work - 4-H Garment Making clubs were organized at Roll, Wellton, Somerton, Gadsden, Sunnyside, South Gila, North Gila, and Yuma.

Total number of clubs	- - - -	9
Total number enrolled	- - - -	126
Total number completed	- - -	79
Total number of meetings	- -	258
Total attendance at meetings		4073
Total number of demonstrations		
by Home Demonstration Agent		66
Total attendance at these demonstrations	- - - - -	825

Isabelle Henry of Wellton won first prize in the State Dress Revue Contest, and with it the trip to the National 4-H Club Congress in Chicago.

MILLINERY

Work in millinery is mentioned in the reports of 1918, 1919, 1922, 1924, 1925, and 1926.

In 1925-26, seven hats were made by the Fairview woman's club, one by Gadsden, and eight by Somerton.

HOME FURNISHINGS - Project (u).

No work in House Furnishings is mentioned before the 1924 report. This year the only work reported was a "Girls Own Room" club at Gadsden.

1925-26

Five clubs, Somerton, Gadsden, Wednesday Afternoon, Yuma Business and Professional Women's Club and the North Gila Club had meetings in connection with this project. Jesso or Polychrome Art, basketry, fabric painting and tie and dye work were studied. 59 baskets were made, and 77 articles such as dresser scarfs and handkerchiefs painted. Miscellaneous work included suggestions for house plans, kitchen plans, color schemes and painting and refinishing of walls and woodwork.

1926-27

Demonstrations on the making of lamp shades were given to the Yuma Business and Professional Women's, Wednesday Afternoon and Somerton Clubs.

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Demonstrations on fabric painting were given to the Yuma, Somerton and North Gila Clubs.

Assistance was given to individuals in planning and decorating rooms, refinishing floors and woodwork and in planning and making curtains.

1927-28

Quilting, making pleated lamp shades, and home made novelties were included in the demonstrations given to the three women's groups.

Individual assistance was given in home planning, refinishing woodwork and planning the furnishings of a home.

The Gadsden Woman's Club house was redecorated with newly painted woodwork and new draperies.

Two girls registered in the Girls Own Room Club, redecorated a chair and made bedspreads, curtains and dresser scarfs.

1928-29

Four demonstrations in Home Furnishings were given to the three women's groups with 60 members completing. Articles made included lamps, waste baskets, hand quilted cushions, and curtains. Eight girls in one "Girls Own Room Club" completed their required work.

1929-30

Nine demonstrations were given to both women and girls. Four girls completed the work and 16 women followed suggestions for home improvement. 2 lamp shades, 3 waste baskets, 3 sewing cabinets were made.

Three demonstrations were given in home management.

1930-31

The Roll-Wellton group was given a course in "Art in the Home" by the Home Demonstration Agent. This included a study of the basic principles of art, as harmony, proportion, balance, use of color, etc., and its practical application in the arrangement of rooms, furniture, curtains, etc.

Number of groups - - - - - 1
Number of demonstration meetings 12
Total attendance at meetings - 217

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1931-32

Outside of personal help to individuals, and a talk prepared for the Delta Club on "Color in the Home", the only demonstration given to the organized groups was the one "Artistic Uses of Tow Sacks" given by Miss Zella Blake, State Clothing Specialist, to four groups. The figures for this are included under the clothing project.

1932-33

The Gadsden Woman's Club selected "Home Furnishings" as one of their projects for the coming year. During this year the Home Demonstration Agent gave one demonstration to this club with an attendance of 26. The demonstration included suggestions for means of improving the home at little cost, and a study of harmony of line and shape as applied to home furnishing problems. The other meetings of this course are included in the 1933-34 report.

Considerable individual help was given by the Home Demonstration Agent in problems of Home Furnishings, making of curtains and drapes, etc.

1933-34

Miss Zella Blake, State Clothing Specialist, gave demonstrations, at 18 meetings with a total attendance of 408 to three groups - Roll-Wellton, Gadsden, and North and South Gila. A number of Somerton ladies attended the Gadsden meetings. The titles of these demonstrations were -

Home Renovation.
Color Study
Renovation of Furniture (2 demonstrations)
Problems of Home Furnishings
Curtains and Drapes.

The Home Demonstration Agent gave demonstrations at eight meetings with a total attendance of 132 to four groups - Roll-Wellton, Gadsden, North and South Gila, and Somerton. The titles of these demonstrations were -

Harmony in Home Furnishings
The Use of Color
Arrangement of Furniture and Pictures.

The Home Demonstration Agent made 65 home visits and had 30 office and 34 telephone calls in connection with this project.

Number of groups - - - - -	4
Total number enrolled - - - - -	81
Total number completing - - - - -	59
Total number of meetings - - - - -	26
Total attendance at meetings - - -	540

Yuma County, Arizona - 16 -
Janet A. Burnell,
Home Demonstration Agent, 1934.

HOME HEALTH AND SANITATION - Project (v)

Some work in "Rural Sanitation" was given in the first year's work in 1915. No mention is made of this type of work from that time until 1925.

1925-26

The Home Demonstration Agent and County Health Officer worked together in the "Keep Growing" project. The Doctor and the Sheppard-Towner nurse examined the children and gave talks on sanitation and infectious diseases to the mothers and children. They also made home visits and did much to control the cases of typhoid fever and Trachoma discovered. 535 children were inspected by the nurse in 8 communities and 379 by the doctor in 6 communities. A tooth brush campaign was started.

1926-27

A full time county nurse was appointed by the board of supervisors.

Trachoma was the most outstanding difficulty in this year's work.

First Aid demonstrations were given at Crane and at Somerton by a National Red Cross representative.

1927-28

No work reported except that of the "Keep Growing" project which is listed under the "Nutrition" project. This year the work is starting to pass under the heading of "Boys and Girls 4-H Health Club work and hereafter will be reported under Health work rather than "Nutrition".

1928-29

There were 98 boys and girls completing the requirements in the eight 4-H Health Clubs throughout the county.

The Sheppard Towner nurse assisted the Home Demonstration Agent with two meetings at the Wellton Woman's Club. A baby clinic was held and questions on pre-school children discussed. 10 babies were weighed and judged.

A shoe demonstration using charts and shoes borrowed from local stores was given by the Home Demonstration Agent as part of the clothing project.

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Yuma County, Arizona
Janet A. Burnell,
Home Demonstration Agent, 1934.

1929-30

Sixty boys and girls completed the 4-H Health Club work in the following five schools - Somerton, Crane, Rood, Gadsden and Roll.

1930-31

No adult work other than that taken up under other headings, as nutrition.

4-H Health Clubs - When the new Home Demonstration Agent arrived she found that the health clubs organized by the previous Home Demonstration Agent before her death had all died out. The system of reports was quite complicated, and the teachers said it was difficult to carry on the work along with their athletics and other activities. At Rood and Gadsden, at the suggestion of the teachers, demonstrations on the use of milk and eggs, and talks on Nutrition were given by the Home Demonstration Agent. There were no completions, because complete records had not been kept. However, there was considerable work along health lines in all the schools. The county nurse weighed and measured the children and the county doctor gave them medical examinations. The teachers included hygiene in their regular curriculum and organized athletics work was carried on in all the schools.

1931-32

A unit in "First Aid and Home Care of the Sick" was started this year with the Roll-Wellton group and will be completed next year. Instruction was given by Mrs. Bertha King, formerly Superintendent of the Yuma General Hospital. Two meetings were held so far with a total attendance of 38. The work included - first aid, the problems involved with infectious and contagious diseases, and instruction and practice in the taking of temperatures.

No 4-H Health club work was carried this year, since similar work was being done in all the schools by the County Health Department.

1932-33

Mrs. Bertha King completed the course in "First Aid and Home Care of the Sick" started with the Roll-Wellton group last year. The following work was given -

Directions for taking care of emergencies, such
as cuts, broken bones, snake bites, etc.
Care in contagious diseases.
Baths and enemas.
Care in Obstetrical cases.
Bandages.

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Yuma County, Arizona
Janet A. Burnell,
Home Demonstration Agent, 1934.

Mustard plasters.
Making of beds with patient in it.
Practice in taking of temperatures.

When the course with the Roll-Wellton group was finished, Mrs. King started to give the same work to the North Gila group but moved away from town after two lessons were given.

	Roll-Wellton	North Gila
Number enrolled	27	19
Number completed	25	could not complete
Number of meetings	7	2
Total attendance	142	19

4-H Health Clubs - No 4-H Health Clubs were organized this year because of the intensive work being done by the county Health Unit.

1933-34

Adult Work - No regular demonstrations given but individual advice and assistance was given by means of home and office calls.

4-H Health Clubs - Five members in one club at Roll completed the work. Due to shortage of funds it is not possible for the health department to continue its intensive health work, so the doctor and nurse feel that the formation of 4-H Health clubs would be a fine way of carrying out their suggestions. The new booklets, with less complicated requirements are much more practical than those formerly used.

COMMUNITY ACTIVITIES - Project (w).

None reported before 1925.

1925-26

This year's community activities consisted of - a county club picnic, county Farm Bureau picnic, and a Farm and Home week program.

1926-27

The Gadsden Woman's Club had a bazaar, carnival and dance in order to raise money for repairs to the club house and also for buying a piano.

The Home Demonstration Agent assisted with the judging of the first Yuma County Flower Show in February of this year.

1927-28

Another Yuma County Flower Show was held with the Home Demonstration Agent assisting.

The Gadsden Woman's Club raised \$80.00 at a carnival given to secure funds for the refinishing of the club house.

The Parent Teacher Association organizations at Wellton and Crane showed considerable interest in the Boys and Girls Club work.

1928-29

Mr. John Bradford held a four day Recreational School for Yuma County with an almost steady attendance. Considerable interest was shown in his work.

1929-30

One community was helped with recreation problems.

1930-31

In order to make contacts, and to increase the scope of the work, the new Home Demonstration Agent accepted all invitations to meet with the various county organizations and gave talks whenever requested to do so. She attended 10 Farm Bureau Association meetings, the county Farm Bureau Picnic and gave four talks at Farm Bureau meetings. She also gave talks to the county Nurses Association, and the Crane, Somerton and Roll Parent Teachers Association. As chairman of the "American Home" section of the Southwest Federation of Women's Clubs she attended all council meetings and gave several talks.

1931-32

The Home Demonstration Agent continued to be chairman of the "American Home" section of the Southwest Federation of Woman's Clubs, attending all council meetings, and giving a talk on "Child Care" at the bi-annual Federated Club Conference. It was not necessary to attend so many Farm Bureau meetings, but she assisted with several "Farm Bureau programs." The Home Demonstration Agent was appointed one of the investigators for the Yuma Charity Association and gave whatever assistance she could without interfering with her regular line of work.

1932-33

The Home Demonstration Agent continued to cooperate with all the county organizations (enumerated previously) and gave as much help

as possible to the Red Cross and Charity units without interfering with her regular work.

1933-34

The Home Demonstration Agent gave a series of four talks upon the development of character and personality traits to the Young Peoples Fellowship of Yuma. Considerable time was spent planning for a C. W. A. project but these plans did not materialize due to curtailment of funds. A conference was held with the State Supervisor of Nurses under the C. W. A. relative to cooperation with the work being done in the county under the health unit. Half a day was spent giving material and help to the Social Worker at the Indian School in Parker. Ten calls were made to secure information for the Housing Survey blanks from Washington and five calls were made to stimulate interest in Better Homes Week, and to make plans for club programs connected with it.

MISCELLANEOUS - Project (x).

Senior Girls Club

1931-32

The "Senior Girls Club" of Gadsden and Somerton was organized June 30, 1932 for girls over the age of 14. There were six meetings with a total attendance of 711. They were devoted to a study of etiquette, personal appearance, and table service, the Home Demonstration Agent giving a demonstration at each meeting. There were 10 members with 8 completions.

1932-33

This year the membership of the Senior Girls Club jumped from 10 to 24 with 22 completions. The girls came from Crane, Somerton, and Gadsden districts and met at the Gadsden Woman's Club House. There were 8 meetings with a total attendance of 164. The work centered around improvement of personal appearance, and included -

Selection of becoming colors in dress.
Correct method of introductions.
Dressing according to type.
Becoming lines in dress.

The purpose of this club is to help both mothers and girls to solve more easily the many problems which arise during adolescence. On alternate Friday nights the girls sponsored public card parties at the Gadsden Woman's Club House.

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Yuma County, Arizona
Janet A. Burnell,
Home Demonstration Agent, 1934.

1933-34

Due to an improvement in financial conditions, there was no need for the Senior Girls Club work this summer. Some of the girls had jobs, some were married and others were able to go away for the summer.

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Yuma County, Arizona,
Janet A. Burnell,
Home Demonstration Agent, 1934.

Janet A. Burnell,
Home Demonstration Agent,
Yuma County, Arizona.
Oct. 1, 1933 to Oct. 1, 1934.

SUMMARIZED VERSION OF ANNUAL REPORT

PROJECTS

Food and Nutrition:

Meetings held -

North part of County

Place	No. of Meetings	Total Attendance	Average Attendance	Number Enrolled	Number Completing
Salome	2	22	11	14	11
Vicksburg	2	26	13	13	13
Quartzite	1	14	-	14	14
Bouse	1	9	-	9	9
Parker	1	19	-	19	19

South part of County

Roll-Wellton	4	69	17 $\frac{1}{2}$	27	22
Gadsden	2	44	22	27	22
N. & S. Gila	2	26	13	12	8
Crane	1	29		15	15 *
Somerton	1	26		20	12 *
Yuma	1	12		These two are not regular organized groups.	
Sunnyside	1	25			
Totals	19	321		170	145

*Women from other groups were in attendance at the Crane and Somerton meetings hence are not included in the enrollments.

There are 10 groups regularly enrolled for extension work who took part in the Nutrition project. These groups are, Salome, Vicksburg, Quartzite, Bouse, and Parker, in the northern part of the county, and Roll-Wellton, N. & S. Gila, Gadsden, Crane, and Somerton in the southern part of the county.

Included in the above meetings are, - 5 demonstrations on "Canning Meat" with a total attendance of 69, and 3 demonstrations on "Tests" for Jelly Making" with a total attendance of 49, given by Miss Frances Brown, State Home Demonstration Agent; 4 demonstrations on "Making Ice Cream" with a total attendance of 90, given by Mr. Clyde Rowe, State Extension Specialist in Dairying & Poultry; and 7 demonstrations with a total attendance of 113 given by the Home Demonstration Agent. These included 4 demonstrations on "Proper Feeding of Children", 2 on "Secrets of Gaining and Reducing", and one on "Quickly made Christmas Candies".

In addition to the above meetings, there were, 118 home visits, 117 office calls and 65 telephone calls in connection with the Nutrition project. All of these could be roughly divided as follows, one third for canning information and special recipes, one third for the feeding of children, mostly for small babies and pre-school children, one sixth for special dietary problems as stomach ulcer and kidney infection, and one sixth for assistance in school work.

Results.

The "Results" given on pages 11 to 14 in the Home Demonstration Agent's 1932-33 Annual Report could be repeated for this year also. There is a ~~sub-~~ ~~tained~~ interest in good nutrition although the Food and Nutrition project is no longer carried as the main project for the extension meetings. There is a continued improvement in dietary practices throughout the county. While there have been fewer meetings in connection with this project, there is an increasing number of calls for help in special dietary cases as prenatal diet, feeding of babies and small children, and feeding in pathologic conditions. The Home Demonstration Agent feels that the most important result of this project is the improvement in health of the mothers, babies and small children as the result of following the instructions for correct diet given to them. For typical cases and results, please read the Food and Nutrition project in the Home Demonstration Agent's July 1934 monthly report.

The School lunch work has continued just as described in the 1933-34 report.

Canning

Several more pressure cookers have been ordered.

At the present time the Home Demonstration Agent has not received the figures from the ladies who have been canning throughout the spring and summer. A number have canned fruits and vegetables during their vacations spent in California. However, the Home Demonstration Agent feels that there has been an increase in the amount of canning over that of last year, and much credit for this may be given to the canning demonstrations given during the past two years. There is an increasing amount of meat canning being done.

Child Training and Care.

<u>Meetings</u>	<u>No. of meetings</u>	<u>Total attendance</u>
Roll-Wellton	1	20
N. & S. Gila	1	8
Gadsden	1	25
Totals	3	53
		17-2/3% average attendance.

All the above meetings were devoted to a demonstration on "Suitable Toys and Presents for Children of all ages". Patterns and directions for making toys were given.

	<u>Enrollments</u>	<u>Completions</u>
Roll-Wellton	27	20
N. & S. Gila	12	8
Gadsden	27	25
Total	66	53

Results

A good many of the ladies followed the instructions given in securing suitable toys and presents for their families. Many of the mothers have spoken of greater ease in solving the problems of the adolescent, as a result of the work given them. A number have sent for the "sub-deb" booklets for their boys and girls, and noticed an improvement in manners and attitudes as the result of reading them.

The Home Demonstration Agent feels that the most important result of the "Child Care" work given during the past two years is the way in which the mothers come to the Home Demonstration Agent for help in solving problems with their children of all ages. And while general information has its value, a good part of the work in Child Care depends upon the successful solution of the individual problems of individual children.

The request for the talks given to the boys and girls of high school age, belonging to the Young Peoples Fellowship in Yuma was a result of previous work given in the county on Child Care. (These are listed under "Community Activities").

Adult Clothing Project

Meetings held

Place	Number of meetings	Total Attendance	Average Attendance	Number Enrolled	Number Completing
Salome	6	72	12	12	12
Somerton	4	24	6	6	6
Gadsden	1	25	-	25	25
Roll-Wellton	1	14	-	14	14
N. & S. Gila	1	10	-	10	10
Totals	13	145		67	67

The 6 meetings at Salome were devoted to the "Pattern Making School" given by Miss Zella Blake, State Clothing Specialist. The 4 meetings at Somerton were devoted to the "Remodeling Clinic" given by Miss Blake. Miss Frances Brown, State Home Demonstration Agent, gave a demonstration on "Quick Patches" at the Gadsden, Roll-Wellton, and N. & S. Gila Meetings.

Results

The ladies have used the patterns made in "Pattern Class" to good advantage. Those who had the class last year often speak of the advantage of having these foundation patterns.

Many ladies have spoken of the time saving value of the "Quick Patches" taught by Miss Brown. Most of them are using these methods for patching, and say that they are especially grateful for the "Quick Overall Patch".

4-H Garment Making Clubs

See report sent into main office on June 19th. Everything included in this except number of meetings and report of summer club in Yuma.

4-H Garment Making Clubs at Roll, Wellton, Somerton, Gadsden, Sunnyside, South Gila, North Gila = 8 clubs & Yuma = 9 clubs, with a total enrollment of 126 (6 in Yuma Club) and total completions 79 (2 completed so far in Yuma).

Total number of clubs	9
Total number enrolled	126
Total number completed	79
Total number of meetings	258
Total attendance at meetings	4073
Total number of demonstrations given by Home Demonstration Agent	66
Total attendance at these demonstration meetings	825.

Results

There has been an improvement in both the quality and quantity of the 4-H Garment Making work this year, although there is still much to be desired.

The awarding of the first prize in the State Dress Revue Contest to a Yuma County girl has aroused more interest in club work on the part of both adults and children. It has also made for a greater appreciation of the value of the work.

Home Furnishings project

Meetings held

Place	Number of meetings	Total Attendance	Average Attendance	Number Enrolled	Number Completing
Roll-Wellton	8	169	21-1/8	27	20
Gadsden	9	261	29	30	22
N. & S. Gila	7	89	12-5/7	12	9
Somerton	2	21	10-1/2	12	8
	<u>26</u>	<u>540</u>		<u>81</u>	<u>59</u>

Miss Zella Blake, State Clothing Specialist, gave demonstrations at 18 meetings with a total attendance of 408. The 3 groups taking her work were Roll-Wellton, Gadsden, and N. & S. Gila. A number of Somerton ladies attended the Gadsden meetings.

The Home Demonstration Agent gave demonstrations at 8 meetings with a total attendance of 132. 4 groups took this work - Roll-Wellton, Gadsden, N. & S. Gila and Somerton.

Miss Blake gave the following demonstrations to each group.

- Home Renovation
- Color Study
- Renovation of Furniture (2 demonstrations)
- Problems in Home Furnishings
- Curtains and Drapes.

Results

As a result of these demonstrations a great deal of interest has been aroused in home improvement. There has been a great deal of activity along this line ever since. The Home Demonstration Agent has not received all the reports as yet, but each lady who attended the meetings has made some improvements in her home. The Gadsden Womens Club House has been repainted, some of the furniture has been reupholstered, and new drapes and a new kitchen acquired.

1300 yards of Osnaburg were ordered for Yuma County, and has been made up into suits, curtains, and bed spreads.

Several footstools have been made from automobile springs and a number of old chairs have been refinished, reupholstered and had springs tied.

During the rest of the year the Home Demonstration Agent has been called on for suggestions for rearranging rooms, planning curtains and drapes, and for other home furnishing problems.

As a result of the interest aroused by Miss Blake's demonstrations the Home Demonstration Agent has given the following demonstrations -

- Harmony in Home Furnishings
- The Use of Color
- Arrangement of Furniture and Pictures.

The Home Demonstration Agent has made 65 home visits, and had 30 office and 34 telephone calls in connection with this project.

Community Activities

The Home Demonstration Agent was asked to give a series of four talks to the Young Peoples Fellowship of Yuma. These talks included a discussion of personal traits to be developed, improvement of habits and manners, methods of introductions, table manners, and conduct at parties and dances.

The Home Demonstration Agent spent considerable time planning for a C. W. A. project but these plans did not materialize due to curtailment of funds.

Half a day was spent giving material and help to the Social Worker at the Indian School in Parker.

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III. STATUS OF COUNTY EXTENSION ORGANIZATION.

(1) Form of Organization - Changes and Developments.

Home Demonstration Agent work in Yuma County is carried on very largely by group work. In addition to that, there are home calls, telephone calls and conferences at the office. A mailing list has been compiled which consists of the names of the ladies in the county who attend the meetings, and who request help from the Home Demonstration Agent.

Most of the 4-H Club meetings are held at the school houses, because the children live so far apart. This enables the Home Demonstration Agent to become better acquainted with the teachers and has been helpful in furthering the work pertaining to school lunches.

Adult.

There have been no real changes in the organization of adult work since last year. The groups organized during the past two years have continued to function successfully. In the southern part of the county, they are, - Crane, Somerton, Gadsden groups, the combined North and South Gila group meeting at North Gila, and the combined Roll, Wellton, Tacna group which takes turns in meeting at the three places.

In the northern part of the county, meetings were held at Quartzite, Bouse, Salome, Vicksburg and Parker during the past year.

This makes a total of ten adult groups regularly organized. All the groups are true extension groups with the exception of Gadsden which is a federated woman's club whose members are rural women.

Since Miss Blake, the State Clothing Specialist, can meet with only three women's groups during the year, there is a certain amount of consolidation for her meetings. During the year 1932-33, her work was given to the northern part of the county, the meetings being held at Bouse, Salome, and Parker. During the past year, 1933-34, her work was given to the southern part of the county, meetings being held at Gadsden, Roll-Wellton and North Gila. Members of the Crane and Somerton clubs attended the Gadsden meetings. In this way these meetings were open to the members of the five clubs in the southern part of the county.

In the project plan submitted with last year's annual report, a new group called the Somerton Mesa group is listed. The Home Demonstration Agent had planned to give a course in nutrition to this group. However, due to changes in the local situation, the leaders felt that it was not wise to organize as a separate group yet, but to continue to attend the meetings with the regular Somerton group.

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Janet A. Burnell,
Home Demonstration Agent,
Yuma County, Arizona - 1933-34.

4-H Club Work.

There has been a pleasing growth in the 4-H Club work during the past year, with more clubs and a larger enrollment. In 1932-33 there were 6 Garment Making Clubs with an enrollment of 77, and the total number of completions were 57. During the past year 1934, there were 9 Garment Making Clubs with an enrollment of 126 and the total number of completions ^{was} 79. There is also a noticeable improvement in the quality of the club work. During the past two years all the 4-H clubs have been Garment Making clubs because this work seems to have been especially needed and desired. During this past year two of the Garment Making Clubs also carried the Health Club work but only 5 members in one of the clubs completed all the requirements. With one exception, all the leaders are teachers.

Senior Girls Club.

The girls who were the mainstay of the Senior Girls Club, and who had done excellent work during the past two summers were not available for organized work during this past summer of 1934. Due to an improvement in financial conditions throughout the county, some were working, and others were able to go away for most of the hot summer. Several have married, and are not living close enough to meet with each other. However, the Home Demonstration Agent has been giving individual help to these brides in the starting of their new homes. All the former members of the Senior club who are married or out of school attend the meetings of the women's group in their particular section.

(2) Functions of local people, committees, or project leaders in developing the program of work.

Adult work.

The Home Demonstration Agent meets with the various club presidents and program committees in planning the year's work. There is also some discussion of plans during the regular meetings. All the ladies are asked for suggestions for work which they would like to have. The presidents and leading women assist the Home Demonstration Agent by telling her of any suggestions they may hear relative to work needed, and by reporting conditions which might in any way influence the program.

4-H Club work.

The ladies who are members of the adult groups have accelerated the growth of the 4-H clubs by discussing with the school directors and school principals the value of the 4-H Garment Making work, and by asking for some provision to be made for it in the schools. As a result of this, in two school districts, a definite clause was inserted in two teachers' contracts requesting that they be qualified and willing to act as leaders in the 4-H Clothing work. In a third instance, a similar arrangement was understood.

Members of the Gadsden Woman's Club were very helpful in furthering the work of the Senior Girls Club. Mrs. E. C. Cuming especially, gave splendid assistance with this work. As the girls are getting older, many have joined the Gadsden Woman's Club and take an active part in all club and community activities.

The teachers who act as leaders of the 4-H clubs help in many ways. Some of them are active in school lunch projects.

(3) General policies, including relationships to other organizations.

The various organizations in the county have been most friendly and cooperative toward the extension work. The Home Demonstration Agent responds to their calls for assistance whenever she can. This includes the giving of talks and assistance in the preparations of programs. She also lends material from the office and from her own files for the preparation of programs, for quantity cookery, and for the making of articles for bazaars, etc. The organizations contacted in miscellaneous ways include, - Woman's Clubs, Parent Teacher Associations, Church Societies, Farm Bureau Associations, Yuma County Nurses Association, the Yuma County Health Unit, and the Charity and Red Cross units.

During the past year, the Red Cross unit has provided material for the 4-H club girls who are too poor to buy their own. The girls have learned to make their own clothes, under the direction of the 4-H club leaders and the Home Demonstration Agent.

The Home Demonstration Agent spent some time interviewing people and making plans for a C. W. A. project which did not materialize because of a sudden reduction in funds.

She also had an interview with the State Supervisor of Nurses under the C. W. A. project at which time she promised cooperation and extended an invitation to the nurses to attend the meetings of the rural women's clubs in order to contact the mothers of the school children with whom they worked.

The Home Demonstration Agent has received splendid cooperation from other county officials whose work may be interrelated with the various phases of extension work. Matters relating to the organization of 4-H clubs and of school lunch projects are discussed with the county School Superintendent, who has been most helpful in furthering the work along both lines. Some of the above work and many phases of nutrition and health work are discussed with the county School Nurse and the county doctor, resulting in splendid cooperation on the part of all concerned, and the avoidance of any overlapping, either real or fancied.

Both town newspapers are very helpful, being always ready and willing to include articles pertaining to the extension work. They publish a weekly program of activities and announce special meetings and visits of State Specialists to the county.

A constant effort is being made to keep the files as up to date as possible by sending for all types of bulletins and material pertinent to the work of the home and family. Also, for as many bulletins for free distribution as possible. The educational departments of the various food companies are very generous in this respect. The recipe file started early in 1931 has grown considerably and is very useful to the women of the county, who are encouraged to write, telephone or call in person at the office for information.

IV. PROGRAM OF WORK; LISTING GOALS SET UP, METHODS EMPLOYED, AND RESULTS ACHIEVED.

(1) Factors considered and methods used in determining program of work.

The program of work has been evolved from a study of previous records, from conferences with leading women, from constant queries put to the women in attendance at meetings and from perpetual study of local conditions.

Methods.

The Home Demonstration Agent has followed her original plan of having a series of related demonstrations along one particular line, rather than having so many isolated demonstrations. She has also continued to follow her method of placing great emphasis on one particular project at a time, and on one particular phase of that project before going on to another. Having completed intensive work along one line, she has gradually shifted emphasis to another major interest. For example, during the worst of the depression, intensive work in nutrition was imperative and also practical work in clothing construction. With the lifting of the depression somewhat, the women are taking more interest in home improvement. So this past year, intensive work was carried along the line of home improvement and home furnishings. However, all phases of home making work are being carried on continuously in varying amounts, and always will.

(2) Project Activities and Results.

Janet A. Burnell,
Home Demonstration Agent,
Yuma County, Arizona - 1933-34.

(q) Foods and Nutrition.

Adult.

(a) Organization and History.

A few isolated demonstrations in food preparation seem to have been given in almost every year's work since 1915. However the main nutrition work seemed to consist of the weighing and measuring of the children in the "Keep Growing" project.

With the arrival of the present Home Demonstration Agent January 20, 1931, Food and Nutrition was chosen as the major project. The first year's work, in nutrition, food sources and functions, etc; the second years work to feeding of children, family menus and lowering of food costs; and the third years work ending Nov. 1, 1933, to special problems requested by the ladies belonging to all the groups. The demonstrations included Puddings, Candy making, Economy in buying food, preparation of Broccoli, Sauces, Liver, Fish, Meat extenders, Sandwiches, and economical menus. Throughout these three years individual assistance has been given in the methods of feeding babies and small children, diets for pathologic conditions, canning and school lunch work.

(b) Organization of project.

Since January 20, 1931 this project has been carried by all the organized women's extension groups, with regular officers, times and places of meeting.

(c) Progress during the year.

Some work in Foods and Nutrition was given to each of the 10 organized extension groups. Since so much intensive work has been done in this field for the past three years, it is no longer being carried as the main project. There will be some demonstrations given each year, but these will be of a miscellaneous nature, depending upon the needs and wishes of the groups.

The demonstration meetings for this year were, -

Roll-Wellton.

4 meetings with a total attendance of 69.

Topics -

Tests in Jelly Making by Miss Frances Brown, State Home Demonstration Agent,

Ice Cream demonstration by Mr. Clyde Rowe, State Extension Specialist in Dairying & Poultry,

Quickly Made Candy by the Home Demonstration Agent,
Gaining and Reducing by the Home Demonstration Agent.

Gadsden.

2 meetings with a total attendance of 44.

Topics -

Tests in Jelly Making - Miss Brown,
Gaining and Reducing - the Home Demonstration Agent.

North & South Gila.

2 meetings with a total attendance of 26.

Topics -

Tests in Jelly Making - Miss Brown,
Ice Cream Demonstration - Mr. Rowe.

Crane.

1 meeting - attendance 29.

Ice Cream Demonstration - Mr. Rowe.

Somerton.

1 meeting - attendance 26.

Ice Cream Demonstration - Mr. Rowe.

Yuma Mothers Club.

1 meeting - attendance 12.

Training for Good Food Habits by the Home Demonstration
Agent.

Sunnyside School.

1 meeting - attendance 25.

Talk to children on "Good Foods to Eat" by Home
Demonstration Agent.

Northern Part of County -

Salome -

2 meetings - total attendance 22.

Topics -

Meat Canning Demonstration by Miss Brown.
Proper Feeding of Children by the Home Demonstration
Agent.

Vicksburg (at St. James)

2 meetings - total attendance 26.

Topics -

Meat Canning Demonstration by Miss Brown.

Proper Feeding of Children by the Home Demonstration Agent.

Quartzite

1 meeting - attendance 14.

Meat Canning Demonstration by Miss Brown.

Bouse

1 meeting - attendance 9.

Meat Canning Demonstration by Miss Brown.

Parker

1 meeting - attendance 15.

Meat Canning Demonstration by Miss Brown.

Totals for this project -

Northern part of County -

Place	No. of Meetings	Total Attendance	Average Attendance	Number Enrolled	Number Completing
Salome	2	22	11	14	11
Vicksburg	2	26	13	13	13
Quartzite	1	14	-	14	14
Bouse	1	9	-	9	9
Parker	1	19	-	19	19

Southern part of County -

Roll-Wellton	4	69	17 $\frac{1}{4}$	27	22
Gadsden	2	44	22	27	22
N. & S. Gila	2	26	13	12	8
Crane	1	29		15	15 *
Somerton	1	26		20	12 *
Yuma	1	12		These two are not regular organized groups	
Sunnyside	1	25			
Totals	19	321		170	145

*Women from other groups were in attendance at the Crane and Somerton meetings hence are not included in the enrollments.

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In addition to the above meetings, there were, 118 home visits, 117 office calls and 65 telephone calls in connection with the Nutrition project. All of these could be roughly divided as follows, one third for canning information and special recipes, one third for the feeding of children, mostly for small babies and pre-school children, one sixth for special dietary problems as stomach ulcer and kidney infection, and one sixth for assistance in school lunch work.

(d) Results.

The "Results" given on pages 11 to 14 in the Home Demonstration Agent's 1932-33 Annual Report could be repeated for this year also. There is a sustained interest in good nutrition although the Food and Nutrition project is no longer carried as the main project for the extension meetings. There is a continued improvement in dietary practices throughout the county. While there have been fewer meetings in connection with this project, there is an increasing number of calls for help in special dietary cases as prenatal diet, feeding of babies and small children, and feeding in pathologic conditions. The Home Demonstration Agent feels that the most important result of this project is the improvement in health of the mothers, babies and small children as the result of following the instructions for correct diet given to them. It is a most satisfying thing to see sickly crying babies become healthy and cheerful when put on the right diet. In all the cases assisted the babies have made a splendid response, gained normally, and acquired good habits of sleep and elimination as well as good food habits.

The ladies say they use the recipes given them very often. Several have reported making ice cream according to Mr. Rowes direction.

Four pressure cookers and two sealers were bought by the Roll-Wellton group this year. The Home Demonstration Agent has knowledge of four more cookers and two sealers being purchased in the county, but this is not a complete list.

We do not have a complete list of the amount of canning in the county, but the following shows the amount done by some of the ladies in the extension groups.

Crane	- - - Mrs. Wes Long	- - - - -	300 quarts,
Somerton	- - Mrs. Seamans	- - - - -	99 " ,
			Mrs. Franklin cured 200 lbs. dates.
South Gila	- Mrs. Dallas Hovatter	- - - - -	20 quarts,
	Mrs. Townsend	- - - - -	282 " ,
	Mrs. Ferguson	- - - - -	150 " ,
	Mrs. Harrison	- - - - -	116 " .

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Roll-Wellton - Mrs. Ike Proebstel - - - - -	28 quarts,
Mrs. Laura Banks - - - - -	12 " ,
Mrs. Gilmore - - - - -	93 " ,
Mrs. Van - - - - -	21 " ,
Mrs. Knox Slack - - - - -	25 " fruit, jam & relish,
	- 4 glasses jelly,
Mrs. Woodhouse - - - - -	15 quarts peaches,
Mrs. Hatfield - - - - -	325 quarts,
	- fried and packed in lard 150 lbs. of pork. Corned a beef.
Mrs. W. A. Hinkle - - - - -	98 quarts
	- 50 glasses jelly,
Mrs. Wayne Wright - - - - -	strawberry preserve,
Mrs. Ruth Brooks -	canned a large amount of meat, turkey, rabbit, chicken, vegetable soup, and tomatoes.
Mrs. Fred Hollenbeck -	canned a large quantity of meat, chicken, rabbit, fruits, and vegetables.
Gadsden - - - Mrs. Hugh Beck - - - - -	72 quarts,
Mrs. Foley - - - - -	45 " ,
Mrs. Ross Mott - - - - -	29 " ,
Mrs. O. M. Clark - - - - -	66 " ,
Mrs. Segula - - - - -	68 " ,
Mrs. E. C. Cuming - - - - -	200 " ,
Mrs. Geo. Pickering - - - - -	62 " ,
Mrs. Dixie Bann - - - - -	31 " .

Some of the ladies report spending much of their time raising chickens and turkeys, -

Mrs. Fred Hollenbeck of Wellton raised 20 turkeys, 15 ducks, 8 geese, 10 guinea hens, 100 chickens.
 Mrs. Earl Brooks of Tacna hatched and raised 250 turkeys, 80 white hens, and 2 heifer calves. She also planted a vegetable garden.
 Mrs. Banks of Roll raised 200 chickens.
 Mrs. Hatfield, Roll raised turkeys,
 Mrs. Fitzgerald, Somerton raised 100 turkeys.

(e) Outlook for the Next Year.

While the food and nutrition project is no longer being carried as the main one, there will be a number of demonstrations and plenty of individual work especially in cases of pathologic conditions and in the feeding of children. Mr. Rowe, Extension Specialist in Dairying and Poultry, will give demonstrations in Cream Cheese and American Cheese Making, butter making, and the deboning of a chicken, to all of the organized women's groups. The Home Demonstration Agent will also give some requested demonstrations.

(r) Child Training and Care.

(a) Organization and History

No Child Care work was mentioned in any of the reports up to 1926-27. In 1926-27-28-29, a few meetings were held with the mothers, with the aid of the Sheppard-Towner Nurse. The work consisted of a baby clinic, and talks on health and diet habits and training. In 1930-31 the Home Demonstration Agent gave a course in Child Training, which included a study of the mental, emotional and physical growth of the child and the training needed for the best development, to the Roll-Wellton and Gadsden groups. In 1931-32 the work consisted entirely of instruction and feeding children of all ages and training for good food habits. This course was given to all the organized groups. In 1932-33 the Roll-Wellton group was the only one taking a course in the work, this course including, Toys for All Ages, Social Adjustment of the Adolescent, ways of training for obedience and rewards and punishments.

(b) Organization of project.

The work has been carried by certain organized groups and also by individual conferences with the mothers.

(c) Progress during the year.

The only demonstration was the one on "Suitable Toys and Presents for Children of all Ages" which was given to the following three groups -

Meetings	No. of meetings	Total attendance	Enrollments	Completions
Roll-Wellton	1	20	27	20
N. & S. Gila	1	8	12	8
Gadsden	1	25	27	25
Totals	3	53	66	53

17-2/3% average attendance.

Material was given to one of the members of the Yuma Mothers Club for a demonstration on "Suitable Clothes for Small Children".

10 home visits, were made to give mothers assistance in special child care problems. There were also 10 office calls and 10 telephone calls for the same purpose.

A set of "Sub-deb" booklets dealing with pertinent problems of the adolescent boy and girl, were secured and lent to the mothers, boys and girls.

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(d) Results.

A good many of the ladies followed the instructions given in securing suitable toys and presents for their families. Many of the mothers have spoken of greater ease in solving the problems of the adolescent, as a result of the work given them. A number have sent for the "sub-deb" booklets for their boys and girls, and noticed an improvement in manners and attitudes as the results of reading them.

The Home Demonstration Agent feels that the most important result of the "Child Care" work given during the past two years is the way in which the mothers come to the Home Demonstration Agent for help in solving problems with their children of all ages. And while general information has its value, a good part of the work in Child Care depends upon the successful solution of the individual problems of individual children.

The request for the talks given to the boys and girls of high school age, belonging to the Young Peoples Fellowship in Yuma was a result of previous work given in the county on Child Care. (These are listed under "Community Activities").

(e) Outlook for the next year.

Some of the ladies of the Roll-Wellton club are planning to have a sub-division in their club for the study of small children. This will be similar to the work given by the Home Demonstration Agent to others of this group several years also. It is hoped that the young mothers of the Gadsden club will form a similar group within their club. The ladies of the North and South Gila group have asked for help in understanding and solving the problems of the adolescent boy and girl. In addition to these demonstrations individual help will be given whenever requested.

(s) Clothing.

Adult.

(a) Organization and History.

Some work in clothing seems to have been carried every year since the beginning of the extension work in the county. In the early years, dress forms were made and sometime spent in the making and trimming of hats. Later came problems in clothing construction, short cuts and becomingness in dress. In 1931-32 Miss Zella Blake, State Clothing Specialist, gave demonstrations to all the organized groups in the southern part of the county. In 1932-33 she gave the same demonstrations to the extension groups in the northern part of the county. These demonstrations included, Short Cuts, Tailored Finishes, Color, Line and Design, Use of Commercial Patterns, and Artistic Uses of Tow Sacks. There was also a pattern school and Remodeling Clinic each year.

(b) Organization of Project.

The work has been carried entirely by organized extension groups with regular times and places of meeting.

(c) Progress during the year.

Meetings held -

Place	Number of Meetings	Total Attendance	Average Attendance	Number Enrolled	Number Completing
Salome	6	72	12	12	12
Somerton	4	24	6	6	6
Gadsden	1	25	-	25	25
Roll-Wellton	1	14	-	14	14
N. & S. Gila	1	10	-	10	10
Totals	13	145		67	67

The 6 meetings at Salome were devoted to the "Pattern Making School" given by Miss Zella Blake, State Clothing Specialist. The 4 meetings at Somerton were devoted to the "Remodeling Clinic" given by Miss Blake. Miss Frances Brown, State Home Demonstration Agent, gave a demonstration on "Quick Patches" at the Gadsden, Roll-Wellton, and N. and S. Gila meetings.

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(d) Results.

The ladies have used the patterns made in "Pattern Class" to good advantage. Those who had the class last year often speak of the advantage of having these foundation patterns.

Mrs. E. C. Cuming of the Gadsden groups said, "I got a lot out of all of Miss Blake's demonstrations, especially making over clothes and upholstering". Mrs. Cuming said that she has used Miss Brown's "overall patch" ever since the demonstration and has shown it to a number of other ladies. In fact ladies from every group speaking of using the overall patch constantly and say that it saves much time. Mrs. Townsend of the North Gila says that she has ^{shown} that patch to 20 other ladies.

Mrs. Harrison of the North Gila said she found Miss Brown's quick "whipped" on patch to be very valuable on one occasion especially. A young man school teacher staying at the house left a pair of new trousers in the car overnight. The next morning he found that the puppy had gotten there first and chewed a hole in them. He was sure they were ruined but Mrs. Harrison mended them with the "whipped on" patch so that it was impossible to see where the hole had been. That happened last spring and this fall when the teacher returned to N. Gila, he told Mrs. Harrison that he had worn the trousers all summer and had had considerable fun exhibiting the patch which was so difficult to detect.

Mrs. Howatter of the S. Gila assisted her neighbors in the making of six dresses.

North and South Gila.

Three ladies of the N. Gila and one lady from the S. Gila report making the following articles.

Ladies cotton dresses - - - -	81
Ladies better cotton dresses	
voile - - - - -	3
Ladies silk dresses - - - -	6
Ladies new coat of Osnaburg	1
Ladies made over cotton dress	2
Ladies made over wool dresses	2
Ladies made over silk dresses	4
Ladies made over coat - - - -	1
Girls made over coat - - - -	1
Girls cotton dresses - - - -	15
Ladies slips - - - - -	10
Ladies shorts - - - - -	4 pairs
Mens shirts - - - - -	12 (Saved \$1.25 on each)
Boys blouses - - - - -	6

Mrs. Harrison mended 3 pairs of men's trousers.
All the ladies report much mending.

Gadsden.

Six ladies from Gadsden and one from Somerton report having made the following articles.

Ladies cotton dresses - - - - -	58
Ladies silk dresses - - - - -	14
Ladies better cotton dresses - -	10
Ladies coat suits - - - - -	3
Ladies slips - - - - -	12
Ladies made over silk dresses -	5
Ladies made over cotton suit - -	1
Ladies made over coat - - - - -	1
Ladies woolen skirt - - - - -	1
Ladies pajamas - - - - -	3 suits
Girls cotton dresses - - - - -	47
Girls coats - - - - -	6
Girls slips - - - - -	6
Girls shorts - - - - -	14 pairs
Boys suits - - - - -	3
Boys pair woolen pants - - - - -	1
Infants layette, dresses, gowns, etc. - - - - -	1 set

All report much mending.

Roll-Wellton.

Seven ladies from Roll-Wellton report having made the following articles, -

Ladies cotton dresses - - - - -	24
Ladies silk dresses - - - - -	5
Ladies made over silk dresses - -	9
Ladies slips - - - - -	11
Ladies silk lounging pajamas - -	1
Ladies crocheted gloves - - - -	1 pair
Girls school dresses - - - - -	25
Girls bloomers & shorts - - - -	15 pairs
Aprons - - - - -	6
Mens shirts - - - - -	6
Boys shirts - - - - -	4
Boys woolen slacks - - - - -	2
Mens B. V. D.'s - - - - -	3

All reported much mending. Several reported doing all their dry cleaning and pressing of clothes. Three reported the dyeing of dresses.

(e) Outlook for next year.

Miss Blake's course in "Childrens Clothing" will be given to the Roll-Wellton, North and South Gila, and Gadsden groups. Ladies of Somerton and Crane will attend the Gadsden meetings.



Mesdames Watson, Shapard, Reid, and Ahnfeldt in their suits made of Osnaburg.



Isabelle Henry, fifth year 4-H Club girl of Wellton in her suit of Osnaburg which won first prize in the State Dress Revue Contest. She made the hat, gloves and purse.

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4-H Garment Making Clubs.

(a) Organization and History.

There have been 4-H Garment Making Clubs in Yuma County since 1922. In 1931 while the county was without a Home Demonstration Agent for several months, all the clubs except Wellton passed out of existence. It required considerable work to bring them back, but these efforts have been rewarded by a steady growth in both quality and volume. In the year 1931-32 there were 5 Garment Making Clubs with a total enrollment of 48 and a total number of completions of 37. In 1932-33 there were 6 clubs with a total enrollment of 77, and total number of completions of 57. This past year there were 9 clubs with a total enrollment of 126 and 79 completions.

(b) Organization of project.

The work is carried with formally organized groups working under leaders. Most of the 4-H clubs meet at the school houses because of the great distances between the homes. Many of the leaders are teachers. Each club has a regular day in the week for meeting.

(c) The progress during the year.

(d) Results.

The 4-H club report sent into the main office June 19, 1934 gives the names of all the members, and leaders, the number of completions, and the projects carried.

4-H Garment Making clubs met at Roll, Wellton, Somerton, Gadsden, Sunnyside, South Gila, North Gila, and Yuma.

Total number of clubs	9
Total number enrolled	126
Total number completed	79
Total number of meetings	258
Total attendance at meetings	4073
Total number of demonstrations given by Home Demonstration Agent	66
Total attendance at these demonstration meetings	825.

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There has been an improvement in both the quality and quantity of the 4-H Garment Making work this year although there is still much to be desired. Our biggest problem is the securing of good leaders. This year two of our best leaders had to drop out, the one claimed by marriage and the other by a paying job.

Some of the achievements were better than usual this year. The Somerton program was the best, the girls giving a play called "The Revolt of the Dresses" which showed appropriate clothes for girls of school age for all hours of the day and for all occasions.

Isabelle Henry of Wellton won first prize in the State Dress Revue Contest and the trip to the National 4-H Club Conference in Chicago. This has aroused more interest in club work on the part of both adults and children. It has also made for a greater appreciation of the value of the work.

Largely as a result of the interest on the part of the mothers, the Wellton School Board has purchased a used sewing machine and a large work table for the use of the 4-H Garment Making Club. One other school is contemplating the raising of funds for a sewing machine. Mrs. A. W. Franklin of Somerton gave her used sewing machine to the 4-H Club girls of the Sunnyside school.

(e) Outlook for the next year.

At the present time it looks as though we shall have just about the same number of clubs and members as last year. There are four new leaders who have never done any 4-H Club work before. This is our biggest problem - the lack of experienced leaders. However the mothers are taking an even greater interest than ever before and an improvement in club work is anticipated. Having more sewing machines available will also be a great aid to the work.

(u) Home Furnishings.

(a) Organization and History.

No work in Home Furnishings was reported before 1924, at which time a "Girls Own Room" club was organized at Gadsden.

From 1925 until Nov. 1930, Miss Eleanor Murphy gave demonstrations in Jesso work, basketry, fabric painting, tie and dye work, the making of lamp shades, waste baskets and other home made novelties. In 1930-31, the present Home Demonstration Agent gave a course in "Art in the Home" to the Roll-Wellton group. From the very first, assistance has been given for individual problems in Home Furnishings. Some demonstrations were given in 1932-33, and in 1933-34 this work was chosen for the main project in the county.

(b) Organization of project.

The work has been carried by organized groups and also by conferences with individuals.

(c) Progress during the year.

"Home Improvement" was made the major project throughout the county for this year. During the depth of the depression, money was so scarce and the women were so discouraged it was not wise to even suggest anything along this line. This year with the depression lifting somewhat, and more money available among the farmers, the women are quite eager to improve the appearance of their homes in as many ways as possible.

The demonstrations of Miss Zella Blake, State Clothing Specialist, were along the lines of "Home Furnishings" and were given to the Roll-Wellton, Gadsden, and North and South Gila groups. A number of Somerton ladies attended the Gadsden meetings. The demonstrations consisted of, -

"Home Renovation" - a stimulating one showing all the possibilities of home improvement with little or no money.

The use of Color in home furnishings.

Renovation of Furniture (2 demonstrations) - this included directions for the use of old automobile springs in making new upholstered pieces, directions for fastening and tying the various kinds of springs, making pockets for unfinished springs, and methods of padding cushions and covering chairs.

Problems in Home Furnishings - Each lady secured help for her own individual problems.

Curtains and Drapes - Directions for the making of
curtains and drapes of all kinds.

Miss Blake gave demonstrations at 18 meetings with
a total attendance of 408.

The Home Demonstration Agent gave demonstrations
at 8 meetings with a total attendance of 132 to four groups -
Roll-Wellton, Gadsden, North and South Gila and Somerton. The
titles of these demonstrations were -

Harmony in Home Furnishings,
The Use of Color,
Arrangement of Furniture and Pictures.

She also made 65 home visits and had 30 office and 34
telephone calls in connection with this project.

Total number of meetings held -

Place	Number of meetings	Total Attendance	Average Attendance	Number Enrolled	Number Completing
Roll-Wellton	8	169	21-1/8	27	20
Gadsden	9	261	29	30	22
N. & S. Gila	7	89	12-5/7	12	9
Somerton	2	21	10-1/2	12	8
	<u>26</u>	<u>540</u>		<u>81</u>	<u>59</u>

(d) Results.

A great deal of interest has been aroused in home
improvement resulting in a good bit of activity along this line.

1300 yards of Osnaburg were ordered for Yuma County
and has been made up into suits, curtains and bedspreads.

We do not have a complete report of all the work
accomplished along this line, but the following list of accom-
plishments show what some of the women have been doing.

Gadsden -

The Club house was redecorated. A kitchen and sink
and new cupboard were built. New linoleum was put on the floor
of the kitchen and new curtains to the windows. The interior
of the clubhouse was painted a light warm tan with a little
rose added to the paint for the window trims. The settee was
reupholstered after the springs had been tied and the settee
and chairs were repainted. New curtains were made for all the
windows.

Mrs. Thomas Bann - new bath room built, walls of bath room were painted white and new linoleum put on the floor.

Mrs. F. L. Havins - 5 quilt tops.

Mrs. Dixie Bann - one pair of kitchen curtains, one quilt top, one luncheon cloth.

Mrs. Geo. Pickering - had the entire house painted outside and inside. Made a flower garden.

Mrs. O. M. Clark - bought a new living room davenport set. Painted the kitchen, made curtains for kitchen and bath room. Rearranged all the furniture.

Mrs. J. T. Guthrie - 2 pairs of curtains for bed room windows - 5 sheets for bed, 3 pairs of pillow cases, pieced 4 quilts, quilted 6 quilts.

Mrs. Wiley Fitzgerald - made living ^{room} curtains from Osnaburg. Put inlaid linoleum on the living room floor and print linoleum on the kitchen floor. Did some painting and varnishing in the living room, dyed bath room window curtains. 2 quilts made and quilted. By the use of canvas, windows were put in the house so as to let in more light for the winter. Some chairs were repainted and an old rocker was covered with cretonne.

Mrs. Edward F. Cuming - sealed kitchen and front room. Replaced windows in kitchen and front room. Painted the two rooms. Repainted willow set. Repainted kitchen table and chairs. Made curtains for kitchen and front room. Bought rugs for the two rooms and a living room set.

Mrs. Hugh Beck - Made drapes for four rooms. Purchased floor covering for three rooms.

Mrs. F. E. Braswell - made quilts and curtains.

Mrs. Foley - Made 2 quilts. Painted all walls of the house.

Mrs. Ross Mott - made 1 quilt tops, 2 pillow tops, and 2 pairs of pillow cases.

Mrs. Darling - made a foundation box for a foot stool, fastened old automobile springs to the top, padded and covered it.

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Mrs. Ellen Ahnfeldt - old wicker chair repainted and upholstered and covered in dyed, embroidered seed sacks. A foot stool was made from a wooden box covered with old automobile springs. This was painted and covered to match the wicker rocker. A new rug was purchased. New curtains were made to match the rug and put up in the living room. Made a card table cover and four dresser scarfs from Osnaburg and trimmed these with colored lace and embroidery.

Mrs. E. C. Cuming - will make 3 bed spreads of Osnaburg. Had new floor put in kitchen.

North and South Gila -

Mrs. Harrison made five pairs of curtains, 3 quilts, crocheted one rag rug and started one stocking rug. Made one dresser with sets of drawers. Painted the walls of the bed room, made cretonne pillows and cretonne curtains for the wash stand. Made a clothes closet and set of shelves and a large box for storage. This box was upholstered for a seat. Made a screen and put drawers in the kitchen table.

Mrs. Townsend - painted the walls and ceilings of all the rooms. Put linoleum and new curtains in all the rooms. Upholstered and mended a chair. Got new awning canvas for the porch. Raised a garden.

Mrs. Dallas Hovatter - made 11 pairs of curtains for the living room and bed rooms from her 50 yards of Osnaburg. The living room curtains are embroidered with colored wool. Mr. Hovatter made a set of book shelves out of an old phonograph and also made a side table. Mrs. Hovatter made a foot stool from a box covered with old automobile springs, also made an afghan. Painted the floors of the living room and bath room. Calcimined a bed room. Made a lawn and flower garden, planted vines and oleanders around the house.

Smerton -

Mrs. O. L. Carlisle of Smerton made a little pocket casings for the springs of an old chair and recovered it.

Mrs. A. W. Franklin - did a good bit of rebuilding. Changed the dining room and bath room. Built more cupboards and built an upstairs screened sleeping porch $11\frac{1}{2}$ x 24 feet. Celloglass was used for the windows and Osnaburg for the curtains of this upstairs porch. Put new linoleum in the dining room and made a table cloth $2\frac{1}{2}$ yards long from the Osnaburg. Mrs. Franklin and Mrs. Shappard acting on a committee for the Methodist Church used 105 yards of Osnaburg for the curtains for "Su Casa" or Friendly House, a building used by the Methodist Church for meetings and recreation. They made and braided 12 pairs of window curtains and also the curtains for the stage. They used the braiding attachment recommended by Miss Blake.

Mrs. Seamans - made an ottoman from a box, put on old automobile springs and tied them, padded and covered it. Arranged a set of new springs for a chair and upholstered the chair, removed old varnish and stain and revarnished a walnut table and six chairs for a breakfast room set. Made cretonne breakfast room curtains.

Mrs. Longstreth - Mr. and Mrs. Longstreth have built a new house on the Somerton Mesa and have themselves done the work for a good many interesting parts of the house, such as cupboards and shelves. Mr. Longstreth built his own fireplace. Mrs. Longstreth bought a dilapidated old love seat, repainted and reupholstered it. She made new curtains and drapes for the entire house, Some of these curtains were of Osnaburg. She also made a large rag rug.

Mrs. Reed - dyed the Osnaburg a henna color and from it made drapes for the living room and also a couch cover. All the rooms in the house were repapered.

Roll-Wellton -

Mrs. Woodhouse - made kitchen curtains of sugar sacks and applied a flower design on them. Made a new quilt and purchased a new blanket. Had built a new clothes closet and a ceiling in the kitchen. Made new doors for cupboards and painted both the inside and the outside of the cupboards. Acquired new front and back doors and new living room set. Painted the breakfast room set. Made a lawn in the back yard and placed stepping stones.

Mrs. Ike Stewart - painted all her living room furniture and recovered the cushions for this set.

Mrs. Knox Slack - painted the clothes closet and heating stove. Crocheted lace for a bed spread.

Mrs. Wayne Wright - The Wright's had another new adobe room built to be used for a bed room. The first adobe room is now being used for a living room. The old living room was repapered and refurnished for a child's room. Mrs. Wright repainted the furniture and made bed covers and drapes for this room. She made a very lovely ottoman from an old box, put on it old automobile springs which she tied, then padded and upholstered it. Recovered a couch with heavy tapestry like Monk's cloth. Recovered the cushions on a large chair, made padded cushions for the top of a cedar chest. Made a number of curtains, bed spreads and bureau scarfs from Osnaburg. She will work a design on the Osnaburg curtains. Did a good amount of patch work for quilts. Gilded an old brass bed, enameled and retouched the dressing room furniture.

Mrs. Frank Gilmore - painted some furniture. Made four comforts, 7 pairs of curtains and 2 fancy pillow tops.

Mrs. R. H. McElhaney - straightened and tied the springs of an old chair and reupholstered this and another chair seat. Built cupboard doors and painted the cupboard. Planted a vegetable and flower garden.

Mrs. Tillie Proebstel - covered and reupholstered an old seat cushion.

Mrs. Laura Banks - made some comforters. Painted the border of the kitchen and trimmed trees.

Mrs. M. B. Noah - crocheted a wool afghan to fit a three-quarters bed.

Mrs. Myrtle Hatfield - made a number of quilts and a Yo-yo cushion, and a hooked rug.

Mrs. W. A. Hinkle - remodeled the house, added a music room by changing the porch arrangement, purchased a piano, banjo and music, and a Colman Instant Gas Range. Remodeled the drapes for the house.

Mrs. Brooks - Made three comforters and five feather pillows. Purchased a radio.

Mrs. Fred Hollenbeck - made dish towels, 6 pairs of kitchen curtains, washed and cleaned and carded wool for quilts, 3 pairs of pillow slips and three sheets.

Mrs. Vaughn - bought 2 new linoleum rugs for the living room, revarnished the furniture and rearranged the furniture and pictures.

(e) Outlook for next year.

There will not be as many formal demonstrations during the coming year, but there will be even more individual work, as the women are going on with their places to improve their homes in every way possible.



one of the special meetings
 Ladies at the "Renovation of Furniture" meeting held at the Gadsden Woman's Club House, typing springs, making pockets for small springs in box cushions, and reupholstering old chairs.



Mrs. Ahnfeldt of Gadsden wearing her dress of Osnaburg and exhibiting the old chair which she reupholstered and covered with dyed, embroidered feed sacks. She made the foot stool from old automobile springs fastened to a box, upholstered it with waste cotton and covered it with dyed feed sacks to match the chair.

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(v) Home Health & Sanitation.

(a) Organization and History

Some work in Rural Sanitation was given in the first year's work in 1915. From 1925 to 1930, 4-H Health work was carried, at first going under the head of the "Keep Growing project". During those years the Home Demonstration Agent cooperated with the county nurse in the health work in the schools. In 1932-33 Mrs. King gave a course in "First Aid and Home Care of the Sick" to the Roll-Wellton group and two lessons to the North and South Gila group.

(b) Organization of project

The above course was given to two regularly organized groups.

(c) The progress during the year.

The only demonstration which could be classed under this heading was one given by Miss Pearl Overton, a beauty specialist, to the Roll-Wellton group with 18 ladies present. Miss Overton demonstrated the method of giving a facial and general care of the skin.

The Home Demonstration Agent has given individual assistance and advice by means of 8 home visits, 7 office and 3 telephone calls.

4-H Health Clubs.

Five members in one club at Roll completed the work.

(e) Outlook for next year.

The Home Demonstration Agent is trying to form more 4-H Health clubs. At the present time two schools plan to carry the work.

(w) Community Activities.

The Home Demonstration Agent met Miss Van Ziel, State Supervisor of Nurses under the C. W. A. project, when she was in Yuma conferring with the County School Superintendent and County Nurse. The Home Demonstration Agent offered to cooperate with the health unit in every way possible and invited the nurses to the Women's Extension meetings so that they might meet the mothers of the children with whom they were working, and explain the purpose of the survey to them.

The Home Demonstration Agent spent considerable time planning for a C. W. A. project which did not materialize due to a curtailment of funds.

Ten calls were made to secure information for the Housing Survey blanks from Washington. Five calls were made to stimulate interest in Better Homes Week and to make some plans for club programs.

Mrs. Kate W. Smith, Social Worker at the Indian School at Parker, spent some time in the office while in Yuma. The Home Demonstration Agent assisted her with some of her problems, gave her booklets and copies of all the material which had been mimeographed in the office, including a set of the lessons in Nursing. She was also given a list of sources for securing additional material for her work.

An evening was spent with Mrs. Bragdon of Crane giving her material and helping her to plan her talk on Christmas Presents which she gave to her Club, the Wednesday Afternoon Club.

Mrs. Ham, leader of the Somerton 4-H Club was given material and assistance for additional work with the girls of the 4-H Club and also her other classes. This consisted of directions for improvement of personal cleanliness and personal habits as well as directions for every day manners.

Material from the office has been given to 12 ladies who were planning parties.

The Home Demonstration Agent gave a series of four talks upon the development of character and personality traits to the Young Peoples Fellowship of Yuma.

(x) Miscellaneous

The week of January 8th to 13th inclusive was spent in Tucson attending the Annual Extension Conference. This Home Demonstration Agent felt that the present conference was the most beneficial she had ever attended, largely because more time than usual was allowed for the discussion and clarifying of the many problems that arise throughout the year. The Saturday morning conference with the members of the Home Economics Faculty was extremely valuable. Their research helped to solve many of the questions which the workers in the field are being constantly asked. Included in this were Mrs. Lynott's study of Baking Powders and the Cooking of Meats, Dr. Roehn's study of School Lunch Menus and contributions of Mexican Dishes, and Dr. Smith's study of the comparative values of the Vitamin Substances now on the market, together with the continuation of her splendid work on "Mottled Enamel" in teeth.

June 4 - 7 inclusive was spent traveling to and from Tucson and attending the 4-H Club week activities. The group from Yuma, including the Home Demonstration Agent thought that this was the best "Club Week" ever attended. Much credit is due Mr. H. R. Baker, State 4-H Club leader, for his splendid planning of all the arrangements and events.

Due to an improvement in financial conditions, there was no need for the Senior Girls Club work this summer. Some of the girls had jobs, some were married and others were able to go away for the summer.

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V. OUTLOOK AND RECOMMENDATIONS, INCLUDING SUGGESTIVE PROGRAM OF WORK FOR NEXT YEAR.

The outlook for the coming year is very promising. All the old adult groups are continuing the work and some are adding new members. Some of the adult groups contemplate forming Home Makers Clubs. There is an increasing number of new individuals asking for assistance along various lines, but especially in the feeding of children. The mothers are taking a greater interest in 4-H Club work.

VI. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS.

Extension work has been done with 10 adult groups and 9 4-H clubs.

Home Furnishings was the main project with Foods and Nutrition, *Child Care* and Clothing the minor projects.

Garment Making was the main project with the 4-H clubs.

GRAND SUMMARY

Number of Groups.....	10	3	5	9	1	4		Totals	32
Number enrolled.....	170	66	67	126	5	81			515
Number completing.....	145	53	67	79	5	59			408
Number of meetings.....	19	3	13	258	20	26	4		339
Total attendance.....	321	53	145	4073	80	540	114		5326
Home visits.....	118	10	5	45		65	20	8	291
Office calls.....	117	10	3	27		30	3	7	217
Telephone calls.....	65	10	2	15		34	10	3	144
Days spent in office.....									150½
Days spent in field.....									106½
Number of letters written.....									233
Number of different circular letters written.....									40

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PLAN OF HOME DEMONSTRATION WORK FOR 1935 BY PROJECTS
YUMA COUNTY

Project	Location	Time	No. Demon- strations.	Methods of Procedure	Goals
A. Adults					
1. Roll-Wellton	Oct. 1 -	Twice a Mo. (18)	Groups of women, mostly from farms, organize for Home Economics Study with the Home Demonstration Agent. The Gadsden Club belongs to the Federation. All others are true Extension groups.	At least 75 meetings during the year with definite accomplishments. The acquisition of new knowledge on the part of the women and the actual putting of it into practice.	
2. Gadsden	"	" Once a Mo. (15)			
3. Crane	"	" " (8)			
4. N. Gila	Twice a month	(16)	Note; Somerton and Crane ladies will also attend all day clothing demonstrations at Gadsden.		
5. Somerton	Once a month	(8)			
6. Parker		(3)			
7. Salome		(3)			
8. Vicksburg		(3)			
9. Bouse		(3)			
10. Quartzite		(3)			
B. Juniors					
1. Gadsden in 4-H Club Work	Every Thurs.	The Home Demonstration Agent meets at least once a month with each club.	1st, 2nd, 3rd, and 4th year sewing clubs are being carried on. All these meet at their respective school houses. The Home Demonstration Agent furnishes literature, gives clothing demonstrations and assists with programs, and arranges Achievements.	Finish a standard club in each community.	
2. S. Gila	Every Tues.				
3. N. Gila	"	"			
4. Wellton	Every Wed.				
5. Roll	"	"			
6. Sunnyside	Every Thurs.				

PLAN OF HOME DEMONSTRATION WORK FOR 1935 BY PROJECTS
YUMA COUNTY (Continued)

Project	Location	Time	No. Demon- strations.	Methods of Procedure	Goals
Food & Nutrition	1. Roll-Wellton	Oct. 1 -	(5)	Demonstrations - Distribution of material.	Improved dietary practices with better health and lower expenditure of money. More home canning.
	2. Gadsden	" Oct. 1st	(4)		
	3. Crane	" "	(4)		
	4. N. Gila	" "	(4)		
	5. Somerton	" "	(5)		
	6. Parker	" "	(3)		
	7. Salome	" "	(3)		
	8. Vicksburg	" "	(3)		
	9. Bouse	" "	(3)		
	10. Quartzite	" "	(3)		
Clothing Adult	1. Roll-Wellton	Oct. 1	(6)	These demonstrations can be given only at 3 places so Crane and Somerton will attend Gadsden all day meetings.	Improved practices in making childrens clothing.
	2. Gadsden	" "	(6)		
	3. N. & S. Gila	" "	(6)		
Home Improve- ment	1. Roll-Wellton	Oct. 1 -	(1)	Demonstrations	Better looking and more comfortable home surroundings.
	2. Gadsden	" Oct. 1st	(1)		
	3. Crane	" "	(2)		
	4. N. Gila	" "	(2)		
	5. Somerton	" "	(2)		

PLAN OF HOME DEMONSTRATION WORK FOR 1935 BY PROJECTS
YUMA COUNTY (Continued)

Project	Location	Time	No. Demon- strations.	Method of Procedure	Goals
Child Care	1. Roll-Wellton	Oct. 1 - Oct. 1st	(5)	Demonstrations	Improved practice in caring for children from physi- cal, mental and emotional standpoints.
	2. Gadsden	" "	(4)		
	3. Crane	" "	(2)		
	4. N. Gila	" "	(4)		
	5. Somerton	" "	(1)		
Personal Care	1. Roll-Wellton (by request)	" "	(1)	Demonstrations	Improved personal appearance of members.
Clothing 4-H	1. Gadsden	Oct. 1 - May 30th	(10)	According to directions in bulletins.	Finish a standard club in each case, 80% completions.
	2. S. Gila	" "	(8)		
	3. N. Gila	" "	(12)		
	4. Wellton	" "	(14)		
	5. Roll	" "	(12)		
	6. Sunnyside	" "	(10)		