

ANNUAL  
NARRATIVE REPORT

ELOISE L. KELLER, HOME AGENT  
DECEMBER 1, 1957 - APRIL 30, 1958

LORRAINE K. KALGARD, ASSISTANT HOME AGENT  
APRIL 1, 1958 - APRIL 30, 1958  
NOVEMBER 1, 1958 - NOVEMBER 30, 1958

ACTING HOME AGENT  
MAY 1, 1958 - OCTOBER 31, 1958

SHIRLEY L. WEIK, HOME AGENT  
NOVEMBER 1, 1958 - NOVEMBER 30, 1958

PINAL COUNTY  
AGRICULTURAL EXTENSION SERVICE

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## SITUATION

ORGANIZED ADULT HOME ECONOMICS WORK REACHES MANY OF THE SAME AREAS AS DOES 4-H CLUB WORK.

THERE ARE 10 ORGANIZED ADULT HOME ECONOMICS GROUPS IN THE COUNTY. THE AREAS COVERED BY THESE ARE COOLIDGE, VALLEY FARMS, RANDOLPH, LA PALMA, CASA GRANDE, RAY, SUPERIOR, SAN MANUEL, ORACLE, FLORENCE AND CHUI CHIUSCHU ON THE PAPAGO INDIAN RESERVATION.

AREAS NOT SERVED AS YET IN THE ADULT HOME ECONOMICS PROGRAM ARE ELOY, TOLTEC, MAMMOTH, RED ROCK, PICACHO, APACHE JUNCTION, STANFIELD, MARICOPA, FRIENDLY CORNER, 11 MILE CORNER, AND KELVIN.

MANY OTHERS NOT IN ORGANIZED GROUPS ARE GIVEN INFORMATION ON HOME ECONOMICS THROUGH DAILY RADIO PROGRAMS AND WEEKLY NEWS COLUMNS.

## ORGANIZATION AND PLANNING

DURING THE MONTH OF DECEMBER, TIME WAS GIVEN TO THE PREPARATION OF THE ANNUAL REPORT FOR THE 1956-57 YEAR AND PLAN OF WORK FOR 1957-58. THE WORK INCLUDED IN THIS PLAN IS COVERED IN THE REPORT WHICH FOLLOWS.

THREE NEW HOMEMAKERS CLUBS WERE ORGANIZED DURING THIS YEAR---IN COOLIDGE, THE "SAGUARO HOMEMAKERS"; IN FLORENCE, THE "TUMBLEWEEDS"; AND IN CASA GRANDE, THE "HAPPY HOMEMAKERS". EFFORTS TO ORGANIZE A GROUP IN ELOY BROUGHT NO RESULTS, THOUGH THERE ARE INDICATIONS OF INTEREST AMONG SOME OF THE WOMEN.

THE HOME AGENT ATTENDED MEETINGS OF ALL HOMEMAKERS CLUBS IN JANUARY, TO ASSIST WITH PROGRAM PLANNING---SETTING UP CALENDARS FOR THE YEAR---SELECTION OF TOPICS---AND DEVELOPMENT OF SPECIAL INTEREST MEETINGS.

HOMEMAKERS' COUNCIL MEETINGS WERE HELD THROUGHOUT THE YEAR IN THE MONTHS OF JANUARY, MARCH, MAY, AND SEPTEMBER, AS FOLLOWS:

JANUARY 10 - AT FLORENCE WOMEN'S CLUB. THIS WAS A COMBINED OFFICERS TRAINING AND COUNCIL MEETING. THE OFFICERS TRAINING CENTERED AROUND A FILM, "HOW TO CONDUCT A MEETING," SHOWN BY THE HOME AGENT. MEMBERS PRESENT WERE GIVEN COPIES OF "HANDBOOK FOR PARLIAMENTARY PROCEDURE," "YARDSTICK FOR HOMEMAKERS CLUBS," AND "HOW DO YOU RATE", FOR USE AND DISCUSSION IN THEIR CLUB MEETINGS.

THE COUNCIL MEETING IN THE MORNING WAS PRECEDED BY A TALK BY DR. GEORGE CAMPBELL, EXTENSION ECONOMIST, ON "OUTLOOK INFORMATION" AND "GENERAL FAMILY ECONOMICS." PLANS WERE MADE AT THIS TIME FOR THE HOME DEMONSTRATION WEEK OBSERVANCE TO BE HELD IN MAY.

MARCH 27 - AT THE HOME OF THE PRESIDENT, MRS. WELDON JONES. COUNTRY LIFE CONFERENCE AND HOME DEMONSTRATION WEEK WERE DISCUSSED AT THIS MEETING AND COMMITTEES APPOINTED FOR WORKING ON PROJECTS IN

CONNECTION WITH THEM.

MAY 8 - AT THE AMERICAN LEGION HALL, IN COOLIDGE. THIS MEETING WAS HELD IN OBSERVANCE OF NATIONAL HOME DEMONSTRATION WEEK. CERTIFICATES OF ACHIEVEMENT WERE PRESENTED BY MISS JEAN STEWART, STATE LEADER, HOME ECONOMICS EXTENSION, TO CLUBS IN SUN VALLEY, SUPERIOR, RAY, KENILWORTH, SAN MANUEL, MAMMOTH, AND TWO IN CASA GRANDE. RECOGNITION AWARDS WERE ALSO GIVEN TO PROJECT LEADERS IN CLOTHING, FOODS, HOME MANAGEMENT, AND HEALTH. OTHER PROGRAM ACTIVITIES, WHICH INCLUDED A PANEL DISCUSSION ON "RECREATION FOR CHILDREN" AND A FASHION SHOW ARE REPORTED UNDER THE SUBJECT MATTER HEADINGS. SEVEN CLUBS WERE REPRESENTED AT THIS MEETING. TOTAL ATTENDANCE WAS ABOUT SIXTY, INCLUDING GUESTS.

AUGUST 21 - AT THE HOME OF THE PRESIDENT, IN COOLIDGE. THE FALL PROGRAM WAS DISCUSSED; ALSO PLANS MADE FOR THE HOMEMAKERS ACHIEVEMENT DAY AND THE COUNTY FAIR.

SEPTEMBER 5 - AT THE HOME OF MRS. HORACE KNOWLES, SECRETARY, IN VALLEY FARMS. MRS. EZZAT AGHEVLI, OF IRAN, DIRECTOR OF HOME ECONOMICS FOR THE IRANIAN MINISTRY OF AGRICULTURE, AND MRS. LILLA MARTIN, OF THE INDIAN SERVICE, WERE PRESENT AS GUESTS. FINAL PLANS WERE MADE AT THIS TIME FOR THE ACHIEVEMENT DAY TO BE HELD NOVEMBER 5; FOR WORK CREWS IN THE CAFETERIA DURING THE COUNTY FAIR; AND FOR A PROGRAM PLANNING MEETING IN SEPTEMBER, AT WHICH TIME HOMEMAKERS CLUB PROGRAMS WERE TO BE MADE UP. A NOMINATING COMMITTEE WAS APPOINTED BY THE PRESIDENT TO PREPARE A SLATE OF OFFICERS TO BE PRESENTED AT THE COUNCIL MEETING ON ACHIEVEMENT DAY.

HOMEMAKERS' ACHIEVEMENT DAY WAS HELD AT THE 4-H FAIRGROUNDS ON NOVEMBER 5 WITH 75 WOMEN IN ATTENDANCE.

HOMEMAKERS CLUBS SET UP EXHIBITS OF WORK THEY HAD DONE DURING THE YEAR. THE CLUBS USED VARIOUS THEMES FOR THEIR EXHIBITS, AS FOLLOWS: CASA GRANDE AFTERNOON AND SUN VALLEY HAD, "OUTDOOR LIVING AND BARBECUING." SAGUARO, "CLOTHING." CASA GRANDE EVENING, "HOUSE PLANTS." TUMBLEWEEDS AND KENILWORTH HAD VARIOUS PHASES OF THE HOMEMAKERS' PROGRAMS.

WENDELL NEWELL, OF ARIZONA BOYS' RANCH, GAVE AN EXCELLENT TALK ON THE ACTIVITIES OF BOYS' RANCH.

SKITS WERE PRESENTED BY THE FOLLOWING CLUBS: "POSTURE LESSON", BY KENILWORTH; "FASHION SHOW", BY CASA GRANDE AFTERNOON; "THINGS WE LEARN TO DO IN HOMEMAKERS CLUBS", BY TUMBLEWEEDS AND SAN MANUEL; "FUN WITH A HULA HOOP", BY SUN VALLEY; PANTOMIMES "THE DUMB WOMAN", BY CASA GRANDE EVENING; "THE LIGHTHOUSE KEEPER'S DAUGHTER", BY THE SAGUARO CLUB.

CARMEN TAYLOR WAS MISTRESS OF CEREMONIES FOR THE AFTERNOON PROGRAM. KITTY JONES WAS IN CHARGE OF THE BUSINESS MEETING. AT THE

BUSINESS MEETING THEY HAD AN ELECTION OF OFFICERS. THE PRESENT OFFICERS WERE RE-ELECTED FOR ANOTHER TERM: PRESIDENT, KITTY JONES; VICE-PRESIDENT, CARMEN TAYLOR AND SECRETARY-TREASURER, EMILY KNOWLES.

THE COUNTY EXTENSION ADVISORY COMMITTEE MET THREE TIMES DURING THE YEAR. THIS COMMITTEE IS MADE UP OF REPRESENTATIVES OF AGRICULTURE, HOMEMAKING, AND 4-H CLUB WORK. THE HOMEMAKERS ARE REPRESENTED BY MRS. WELDON JONES, OF COOLIDGE; MRS. H. J. O'CARROLL, OF RAY; AND MRS. JACK TAYLOR, OF CASA GRANDE. THE MEETING TIME WAS DEVOTED TO AN EXPLANATION AND DISCUSSION OF EXTENSION PLANNING AND ORGANIZATION. OFFICERS WERE ELECTED, AS FOLLOWS:

CHAIRMAN	- MR. C. B. SHIFLET
VICE-CHAIRMAN	- MR. J. A. FEARN
SECRETARY	- MRS. WELDON JONES

A SECOND MEETING OF THIS GROUP WAS HELD ON MAY 15. MR. C. B. SHIFLET PRESIDED. BUSINESS OF THE MEETING WAS DISCUSSION ON SUGGESTIONS FOR THE COUNTY PROGRAM.

A THIRD MEETING WAS HELD JULY 22. IT WAS ATTENDED BY DR. POU, NEW EXTENSION DIRECTOR, AND MISS JEAN STEWART, STATE LEADER OF HOME ECONOMICS EXTENSION. SEVERAL HOMEMAKERS CLUBS WERE REPRESENTED AT THIS MEETING.

ON FEBRUARY 17, THE HOME AGENT STARTED HER SECOND DAILY RADIO PROGRAM OVER STATION KPIN, 1260 ON THE DIAL, CALLED "COFFEE BREAK." IT IS A FIVE-MINUTE PROGRAM SCHEDULED FOR 9:30 A.M., MONDAY THROUGH FRIDAY. THIS IS IN ADDITION TO THE 2-3 MINUTE PROGRAM BY TELEPHONE OVER KCKY, COOLIDGE, AT 9:15 A.M., MONDAY THROUGH FRIDAY. THESE RADIO PROGRAMS, AND WEEKLY NEWS COLUMNS, ARE USED FOR PRESENTING HOMEMAKING INFORMATION TO THE GENERAL PUBLIC.

FOOD DEMONSTRATION EQUIPMENT WAS RECEIVED FOR USE WITH FOODS DEMONSTRATIONS FOR HOMEMAKERS CLUBS AND 4-H CLUBS. THE EQUIPMENT INCLUDES POTS AND PANS, SERVING DISHES, AND TOOLS NEEDED IN FOODS PREPARATION, PLUS A CABINET FOR STORING THE ABOVE.

THE ASSISTANT HOME AGENT-AT-LARGE SPENT THE WEEK OF SEPTEMBER 8-12 IN THE COUNTY OFFICE AT CASA GRANDE, PREPARING THE ANNUAL REPORT OF THE FORMER HOME AGENT WHO HAD RESIGNED IN MAY. ALSO, DURING THAT MONTH SHE WORKED WITH THE ITINERANT HOME AGENT GATHERING SOCIAL STATISTICS ON PINAL COUNTY TO BE USED IN PROGRAM PLANNING IN THE FUTURE. THIS INFORMATION WAS SECURED THROUGH COUNTY OFFICIALS ON EDUCATION AND HEALTH AND FROM THE COUNTY EXTENSION OFFICE.

IN SEPTEMBER THE VICE-PRESIDENT OF EACH OF THE HOMEMAKERS' CLUBS (IN SOME INSTANCES, ANOTHER REPRESENTATIVE FROM THE CLUB), WITH THE ASSISTANT HOME AGENT, MET TO PLAN THE PROJECT LESSONS TO BE INCLUDED IN THE COUNTY PROGRAM FOR 1959. A TENTATIVE PROGRAM HAS

BEEN SET UP, AS FOLLOWS:

- FOODS - "DIFFERENT CUTS OF MEAT" AND "PREPARATION OF FOODS FOR THE FREEZER;"
- CLOTHING - "ALTERATIONS OF READY-TO-WEAR" AND A CONTINUATION OF "ADVANCED TECHNIQUES IN SEWING;"
- HOMEMANAGEMENT - "REFINISHING FURNITURE," "MAKING SLIP COVERS," AND "PROPER STORAGE OF CLOTHES AND LINENS;"
- HEALTH AND COMMUNITY DEVELOPMENT - "CHILD HEALTH AND SEX EDUCATION" AND WORK ON REGULAR YEARLY CHECKUPS FOR HOMEMAKERS;
- CRAFTS - WHATEVER IS AVAILABLE.

#### HOUSE AND SURROUNDINGS

THE LEADERS TRAINING MEETING FOR HOMEMAKERS CLUBS WAS HELD JANUARY 24, AT MUSGROVE'S NURSERY, IN COOLIDGE. MR. HARVEY TATE, HORTICULTURAL SPECIALIST FROM THE UNIVERSITY OF ARIZONA, CONDUCTED THE TRAINING ON "CARE AND SELECTION OF HOUSE PLANTS." HE WAS ASSISTED BY MR. WILLIAM GRIFFITH, ASSISTANT COUNTY AGENT, RICHARD COUNTRYMAN, STATE DISTRICT ENTOMOLOGIST, AND THE HOME AGENT. ALL CLUBS WERE REPRESENTED, EXCEPT RAY AND MAMMOTH. THERE WERE POSSIBILITIES FOR THESE TWO CLUBS TO ATTEND A SIMILAR TRAINING MEETING IN HAYDEN, IN GILA COUNTY.

THE NEWLY ORGANIZED FLORENCE HOMEMAKERS GROUP, WHICH HAD NOT BEEN ORGANIZED IN TIME TO SEND LEADERS TO THE TRAINING MEETING, WAS GIVEN THIS LESSON AT ONE OF THE REGULAR PROGRAM MEETINGS IN APRIL BY THE HOME AGENT.

#### FURNISHINGS AND EQUIPMENT

THE HOME FURNISHINGS PROJECTS FOR THE YEAR INCLUDED "CARE OF HARD SURFACE FLOORS" AND "MAKING PILLOWS AND CUSHIONS." THE FORMER WAS PRESENTED IN TWO LEADER TRAINING MEETINGS IN JANUARY, ONE IN MAMMOTH AND ONE IN CASA GRANDE. A LEADERS' GUIDE AND BULLETIN WERE PREPARED ON THIS SUBJECT BY THE HOME AGENT. SUPPLIES WERE PURCHASED BY THE AGENT FOR USE BY THE DIFFERENT CLUBS.

OBJECTIVES FOR THIS LESSON:

1. TO LEARN CHARACTERISTICS AND KINDS OF HARD SURFACED FLOORS USED TODAY.
2. TO STUDY SOME OF THE PROPERTIES AND USES OF CLEANING MATERIALS AND EQUIPMENT.
3. TO PRACTICE CARE OF THESE FLOORS TO SAVE TIME, ENERGY, FLOORS AND MONEY.
4. TO LEARN TRENDS IN FLOOR COVERING AND EQUIPMENT.
5. TO OBSERVE AND PRACTICE SAFETY IN THE HOME.

MAKING PILLOWS AND CUSHIONS WAS DONE AS A SPECIAL INTEREST MEETING FOR THE HOMEMAKERS CLUB IN SUPERIOR. MATERIAL FOR THIS MEETING WAS ALSO PREPARED BY THE HOME AGENT.

THE HOME AGENT WORKED WITH BOTH THE HEALTH DEPARTMENT AND THE CONTRACTOR IN SETTING UP PLANS FOR A NEW KITCHEN FOR THE 4-H FAIR BUILDING, AT 11 MILE CORNER. THEY PLANNED FOR A BASIC KITCHEN THAT CAN BE CHANGED LATER IF NEED BE. FUTURE PLANS INCLUDE INSTALLATION OF INSTITUTIONAL EQUIPMENT TO REPLACE THE HOUSEHOLD EQUIPMENT PRESENTLY BEING USED, IMPROVEMENT OF STORAGE AREAS, ETC. THE KITCHEN WAS COMPLETED IN TIME FOR THE 4-H FAIR IN APRIL AND USED SUCCESSFULLY DURING THE THREE DAYS OF THE FAIR.

### FAMILY ECONOMICS

DR. GEORGE CAMPBELL WAS GUEST SPEAKER AT THE HOMEMAKERS' COUNCIL MEETING IN JANUARY AND DISCUSSED "OUTLOOK INFORMATION" WITH THE GROUP. THIS CONCERNED GENERAL FAMILY ECONOMICS WITH EMPHASIS ON THE IMPORTANCE OF THE HOMEMAKER IN CARRYING OUT MOST OF THE MONEY MANAGEMENT PROBLEMS WITHIN THE FAMILY.

### CLOTHING

THE CLOTHING PROGRAM FOR THIS YEAR INCLUDED A LEADER TRAINING WORKSHOP ON CONSTRUCTION OF "BETTER COTTON DRESSES" AND SPECIAL INTEREST MEETINGS ON "FOUNDATION GARMENTS."

THE WORKSHOP WAS A SERIES OF FIVE MEETINGS HELD AT THE AMERICAN LEGION HALL, IN FLORENCE, ON THURSDAYS STARTING FEBRUARY THIRTEENTH. (THE COST OF THE BUILDING WAS PRO-RATED EQUALLY AMONG THE CLUBS---\$2.50 FOR EACH CLUB.) APPROXIMATELY 100 WOMEN SIGNED UP FOR THE CLASSES CONDUCTED BY THE LEADERS WHO ATTENDED THIS WORKSHOP.

IN ADDITION, A SERIES OF MEETINGS WAS HELD DURING THE MONTH OF APRIL FOR WOMEN FROM THOSE AREAS WHICH WERE NOT REPRESENTED BY LEADERS AT THE LEADER TRAINING WORKSHOP. THESE WERE TAUGHT BY THE HOME AGENT AND ASSISTANT HOME AGENT.

THE RESULT DEMONSTRATION ON THE WORKSHOP WAS GIVEN IN THE FORM OF A FASHION SHOW AT THE HOMEMAKERS' COUNCIL MEETING ON MAY 8. THIS WAS PART OF THE OBSERVANCE OF HOME DEMONSTRATION WEEK. ABOUT THIRTY WOMEN TOOK PART IN THE FASHION SHOW WHICH WAS NARRATED BY BARBARA PEARCE, OF THE CASA GRANDE EVENING HOMEMAKERS CLUB.

IN ADDITION TO THE ABOVE, CLOTHING LESSONS WERE GIVEN TO TWO MIGRANT CAMPS, ANDERSON'S CAMP, AT STANFIELD, AND HALL'S CAMP, AT 11 MILE CORNER. THE ANDERSON'S CAMP WAS A SPANISH-AMERICAN GROUP. THE HALL'S CAMP PEOPLE WERE NEGROES. ARRANGEMENTS FOR WORK FOR THIS LATTER GROUP WERE MADE BY MISS GLAD BURGINI, PINAL COUNTY WORKER FOR THE COUNCIL OF CHURCH MIGRANT MINISTRY. THESE GROUPS HAVE LIMITED FINANCES AND ARE GREATLY IN NEED OF HELP. AT BOTH CAMPS WORKROOMS

HAVE BEEN SET UP. SEWING MACHINES HAVE BEEN MADE AVAILABLE BY THE MIGRANT MINISTRY OF ARIZONA. INFORMATION REQUESTED AND PRESENTED AT THESE MEETINGS INCLUDED BASIC DRESS CONSTRUCTION, USE OF PATTERNS, ALTERATIONS, MAKE-OVERS, AND CARE AND USE OF SEWING MACHINES. ADDITIONAL MEETINGS HAVE BEEN PLANNED FOR SOME TIME IN THE FUTURE.

ANOTHER SPECIAL GROUP MEETING WAS HELD ON "SELECTION AND USE OF PATTERNS AND SIMPLE ALTERATIONS" FOR MEMBERS OF THE CHURCH OF THE LATTER DAY SAINTS, OF CASA GRANDE.

SPECIAL INTEREST MEETINGS ON "FOUNDATION GARMENTS" WERE PRESENTED THROUGHOUT THE COUNTY DURING THE MONTH OF SEPTEMBER. HELEN CHURCH, EXTENSION CLOTHING SPECIALIST; HELEN GOETZ, HOME AGENT-AT-LARGE, AND MRS. MORGAN, CORSETTIERE FROM A COMMERCIAL COMPANY CONDUCTED THESE MEETINGS.

THEY WERE HELD ON THE FOLLOWING DATES:

SEPTEMBER 30 - IN THE AFTERNOON, AT COOLIDGE

SEPTEMBER 30 - IN THE EVENING, AT CASA GRANDE

OCTOBER 9 - IN THE MORNING, AT SUPERIOR

OCTOBER 9 - IN THE EVENING, AT FLORENCE

OCTOBER 14 - IN THE AFTERNOON, AT SAN MANUEL

4-H CLUB LEADERS WERE ALSO INVITED TO ATTEND. LOCAL WOMEN SERVED AS MODELS AND DISCUSSION CENTERED AROUND HOW TO SELECT A PROPER FITTING FOUNDATION GARMENT, WHAT FEATURES TO LOOK FOR IN BUYING, AND HOW TO CARE FOR THEM.

#### FOODS AND NUTRITION

EMPHASIS WAS PLACED ON "FOODS OF A FESTIVE AND HOLIDAY NATURE" DURING THE MONTHS OF NOVEMBER AND DECEMBER, 1957. IN THIS CONNECTION, A SERIES OF DEMONSTRATIONS WAS PLANNED AND GIVEN BY THE HOME AGENT, WITH SHIRLEY RYBERG, HOME ECONOMIST FOR THE ARIZONA PUBLIC SERVICE IN PINAL COUNTY. THESE DEMONSTRATIONS WERE HELD IN STAPLEY'S HARDWARE STORE, IN CASA GRANDE, WHERE THERE IS A MODEL KITCHEN.

THE FIRST MEETING, ON THE THURSDAY BEFORE THANKSGIVING, WAS ON "TURKEY PREPARATION AND ROASTING AND USE OF TURKEY LEFTOVERS." FOLLOWING THIS, THERE WERE TWO DEMONSTRATIONS A DAY FOR THE NEXT THREE WEEKS, ON WEDNESDAYS AND FRIDAYS, MORNING AND AFTERNOON, FOR ONE HOUR EACH. TOPICS COVERED WERE, "PREPARATION OF HOLIDAY TURKEY," "FRUIT CAKES AND COOKIES TO STORE AND MAIL," "DESSERTS---UNUSUAL AND EASY," "BREADS---PLAIN AND FANCY," "FANCY COOKIES AND BEVERAGES," "QUICK AND EASY MEALS FOR THE LATE SHOPPER," AND "OPEN HOUSE IDEAS FOR YOUR HOLIDAY ENTERTAINING." THIS SERIES OF DEMONSTRATIONS WAS SET UP IN ORDER TO PROVIDE AN OPPORTUNITY TO BECOME BETTER ACQUAINTED WITH THE PEOPLE IN THE AREA AND TO LET PEOPLE KNOW WHAT SERVICES WERE AVAILABLE FROM THE EXTENSION SERVICE OFFICE.

AS A FOLLOW UP ON LAST YEAR'S PROGRAM TOPIC OF "WHOLE GRAIN YEAST BREADS," THE HOME AGENT CONDUCTED DEMONSTRATIONS ON FANCY AND FESTIVE YEAST BREADS, IN FOUR DIFFERENT MEETINGS---TWO AT 11 MILE CORNER IN THE 4-H CAFETERIA, ONE IN SUPERIOR, AND ONE AT SAN MANUEL. A BOOKLET OF DIFFERENT RECIPES WAS PREPARED BY THE HOME AGENT FOR THESE MEETINGS AND WAS LATER DISTRIBUTED AS PART OF A CHRISTMAS LETTER TO HOMEMAKERS CLUB MEMBERS WHO HAD NOT ATTENDED THE TRAINING MEETINGS. IN ADDITION TO THIS DISTRIBUTION, MANY OTHER REQUESTS FOR ADDITIONAL COPIES HAVE BEEN RECEIVED.

FOODS PROJECTS SELECTED FOR SPECIAL EMPHASIS THIS YEAR WERE:

1. OUTDOOR LIVING AND EATING
2. MEAT PREPARATION, BY QUALITY
3. PASTRIES

"OUTDOOR LIVING AND EATING" LEADER TRAINING MEETINGS WERE HELD THE LAST TWO DAYS OF THE MONTH OF APRIL AT SAN MANUEL AND COOLIDGE. THESE MEETINGS WERE CONDUCTED BY THE HOME AGENT. THE PROGRAM FOR THE MEETINGS CONSISTED OF A DISCUSSION ON PLANNING OUTDOOR LIVING AREAS AND PREPARATION OF FOODS OUT OF DOORS. EMPHASIS WAS PLACED ON THE USE OF PORTABLE EQUIPMENT, EASY MENUS, AND LOW COST FOODS. THIS WAS THE FIRST OF TWO FOODS MEETINGS, PLANNED TO FOLLOW EACH OTHER, EMPHASIZING MEAT COOKERY.

MISS JUNE GIBBS, EXTENSION NUTRITIONIST, TRAINED LEADERS ON "MEAT PREPARATION BY QUALITY" AT A MEETING IN MAY, HELD AT THE SOUTHWEST GAS AUDITORIUM, IN COOLIDGE. DEMONSTRATIONS ON VARIOUS METHODS OF MEAT COOKERY, USING DIFFERENT QUALITIES OF BEEF WERE GIVEN. THE NEW BEEF CIRCULAR, "MEAT IN THE FAMILY MENU," WAS USED IN CONNECTION WITH THESE MEETINGS.

IN ADDITION TO THE ABOVE, A SPECIAL MEETING ON "ECONOMICAL CUTS" AND "PREPARATION OF MEAT" WAS GIVEN EARLY IN THE YEAR TO A GROUP OF NEGRO HOMEMAKERS AT HALL'S CAMP.

THE AGENT-AT-LARGE AND ASSISTANT AGENT-AT-LARGE CONDUCTED THE LEADER TRAINING MEETING ON "PASTRIES" IN THE SOUTHWEST GAS AUDITORIUM, IN COOLIDGE. EIGHTEEN LEADERS WERE PRESENT, REPRESENTING ALL THE CLUBS. OBJECTIVES OF THE MEETING WERE:

1. TO TEACH THE PLACE OF PASTRY IN THE DIET;
2. TO EMPHASIZE THE IMPORTANCE OF GOOD PASTRY;
3. TO LEARN TO MAKE VARIOUS TYPES OF PASTRY; AND
4. TO LEARN THE CHARACTERISTICS OF GOOD PASTRY.

## HEALTH

POSTURE LESSONS WERE PRESENTED DURING THE MONTH OF SEPTEMBER BY THE HOME AGENT-AT-LARGE TO EACH OF THE HOMEMAKERS CLUBS; ALSO TO THE NEWLY ORGANIZED CLUB OF INDIAN WOMEN ON THE PAPAGO INDIAN RESERVATION. THE EXTENSION CLOTHING SPECIALIST ASSISTED THE HOME AGENT IN PREPARING MATERIAL FOR THIS LESSON. OBJECTIVES WERE:

1. TO HAVE WOMEN BECOME AWARE OF POSTURE AND ANALYZE CAUSES OF POOR POSTURE;
2. TO LEARN TO KNOW WHAT IS GOOD POSTURE;
3. TO HAVE WOMEN SELECT ONE PHASE OF POOR POSTURE AND DO SOMETHING ABOUT IT;

SIMPLE TESTS FOR GOOD POSTURE WERE DEMONSTRATED AND A SERIES OF EXERCISES EXPLAINED AND DEMONSTRATED AT THE MEETINGS.

THE NEW HEALTH DIRECTOR, DR. MILES GULLINGSRUD, ASKED THE AID OF THE EXTENSION SERVICE IN SETTING UP A NUTRITION SURVEY IN PINAL COUNTY. HE HOPES IT WILL BE COUNTY WIDE EVENTUALLY, BUT THE FIRST ATTEMPTS HAVE BEEN CENTRALIZED AT THE KENILWORTH SCHOOL, WHERE AN INTENSIVE HEALTH STUDY IS BEING MADE. A GROUP OF HEALTH LEADERS MADE UP OF MARTHA POLLARD, STATE HEALTH DEPARTMENT NUTRITIONIST, AND THE HOME AGENT, MADE PLANS FOR CARRYING OUT THIS PROGRAM. SINCE FUNDS ARE LIMITED FOR THIS STUDY, IT WILL BE LIMITED PRIMARILY TO A "FOODS INTAKE SURVEY" TAKEN AMONG THE STUDENTS AT SCHOOL AND THROUGH VISITS TO THEIR HOME. PLANS WERE TO STUDY THE FOOD INTAKE OF THE STUDENTS IN MAY FOR THREE DAYS, AND AGAIN IN THE FALL, TO SEE WHAT IMPROVEMENTS CAN AND SHOULD BE MADE. THE HEALTH DEPARTMENT DIRECTOR ATTENDED A MEETING OF THE KENILWORTH HOMEMAKERS CLUB AND EXPLAINED THE PROGRAM TO THEM, ASKING FOR THEIR CO-OPERATION. HE HOPED TO GET THE CO-OPERATION OF THE P.T.A. AS WELL.

## FAMILY LIFE

AS PART OF THE HOMEMAKERS' COUNCIL MEETING ON MAY 8, A PANEL DISCUSSION WAS INCLUDED ON "RECREATION FOR CHILDREN."

THE PANEL WAS MADE UP OF THE FOLLOWING PERSONS:

- |                       |  |
|-----------------------|--|
| JEAN HAGEDORN         | - SPEECH THERAPIST FOR PINAL COUNTY SCHOOLS    |
| DR. JOSEPH GREEN      | - PSYCHOLOGIST AT THE ARIZONA CHILDRENS COLONY |
| DR. MILES GULLINGSRUD | - PUBLIC HEALTH OFFICER                        |

ABOUT SIXTY PERSONS HEARD THIS DISCUSSION.

## SAFETY

LEADER TRAINING MEETINGS WERE HELD IN APRIL IN CASA GRANDE AND RAY FOR HOMEMAKERS CLUB LEADERS ON THE TOPIC "SAFETY IN THE

HOME AND ON THE HIGHWAYS."

OBJECTIVES OF THE LESSON:

1. TO LEARN:
  - A. THAT ACCIDENTS AND INJURIES ON THE FARM, IN THE HOME AND IN THE COMMUNITY CAN BE REDUCED.
  - B. HOW TO RECOGNIZE HAZARDS AND HOW TO CORRECT THEM.
  - C. TO PRACTICE SAFETY ON THE FARM, IN THE HOME AND IN THE COMMUNITY EVERY DAY.
2. TO STIMULATE THE ENTIRE FAMILY TO BECOME SAFETY CONSCIOUS.
3. TO APPRECIATE AND UNDERSTAND THAT SAFETY WORK LEADS TOWARD THE BASIC OBJECTIVES OF HOMEMAKERS CLUB WORK.
4. TO BECOME BETTER CITIZENS OF COMMUNITIES AND THE NATION THROUGH PARTICIPATION IN A COOPERATIVE PROGRAM THAT HELPS OTHERS.
5. TO PROVIDE A WAY FOR EVERYONE TO HAVE AN IMPORTANT PART IN THE WHOLE SAFETY MOVEMENT OF THE NATION.

ABOUT SEVENTEEN LEADERS ATTENDED IN EACH AREA.

COMMUNITY DEVELOPMENT AND PUBLIC AFFAIRS

ARIZONA AND NATIONAL LIBRARY WEEK WAS OBSERVED MARCH 16-22 IN NEARLY EVERY COMMUNITY WITH DISPLAYS, OPEN HOUSES, AND TEAS. THE LIBRARY CHAIRMAN IN EACH COMMUNITY WAS GIVEN THE NAMES OF HOMEMAKERS CLUB PRESIDENTS AND/OR THE 4-H CLUB LEADERS TO CONTACT FOR ASSISTANCE IN FORWARDING THE LIBRARY PROJECT. "TEN REASONS FOR FAMILY ENJOYMENT," A RECOMMENDED BOOK LIST, WAS SENT TO ALL THE HOMEMAKERS CLUBS TO ENCOURAGE THEM IN READING.

IN-SERVICE TRAINING OF AGENTS

JANUARY - THE COUNTY AGENT IN CHARGE OF 4-H CLUB WORK AND THE HOME AGENT ATTENDED A FOUR-DAY IN-SERVICE TRAINING ON 4-H CLUB WORK, HELD AT THE UNIVERSITY OF ARIZONA, WITH LAUREL SABROUSKY, ANALYST FROM THE UNITED STATES DEPARTMENT OF AGRICULTURE, TO WORK ON EVALUATION OF 4-H PROGRAMS. THE HOME AGENT ALSO ATTENDED, DURING THIS MONTH, A TWO-DAY WORKSHOP ON HOME FURNISHINGS, AT WHICH TIME SOME DEMONSTRATION ~~OR~~ MATERIAL WAS PREPARED AND NEW OUTLINES FOR THE 4-H PROJECT WERE GONE OVER.

MARCH - THE HOME AGENT ATTENDED A TWO-DAY WORKSHOP FOR AGENTS ON MEATS AND FREEZING, A ONE-DAY WORKSHOP FOR AGENTS ON TEACHING AIDS FOR MONEY MANAGEMENT, ONE OF A SERIES OF MEETINGS ON MENTAL HEALTH AND THE CITIZENS RESPONSIBILITY TOWARD IT, CONDUCTED BY DR. McGRATH,

AT THE OSBORNE SCHOOL, IN PHOENIX.

JUNE - THE ASSISTANT HOME AGENT ATTENDED THE HOME AGENT WORKSHOP, IN FLAGSTAFF, JUNE 17-19. THE SCOPE REPORT WAS GIVEN BY HOWARD BAKER, ASSISTANT DIRECTOR OF EXTENSION, WHICH INCLUDED THE SCOPE AND RESPONSIBILITY OF EXTENSION WORK. THERE WAS DISCUSSION ON PROGRAM PLANNING AND HOW TO REACH PEOPLE OUTSIDE OF ORGANIZATIONAL GROUPS.

A NEW ASSISTANT HOME AGENT WAS ADDED TO THE STAFF ON APRIL FIRST, AND A HOME AGENT THE FIRST OF NOVEMBER. EACH WORKED WITH THE OTHER AGENT ALREADY ON THE STAFF DURING HER FIRST MONTH, ON PROJECTS AND ACTIVITIES INCLUDED IN THE PROGRAMS OF THE HOMEMAKERS CLUBS AND 4-H CLUBS. THIS FIRST MONTH, FOR EACH, WAS MAINLY A GET-ACQUAINTED PERIOD.