

ANNUAL NARRATIVE REPORT

NAVAJO COUNTY

ARIZONA

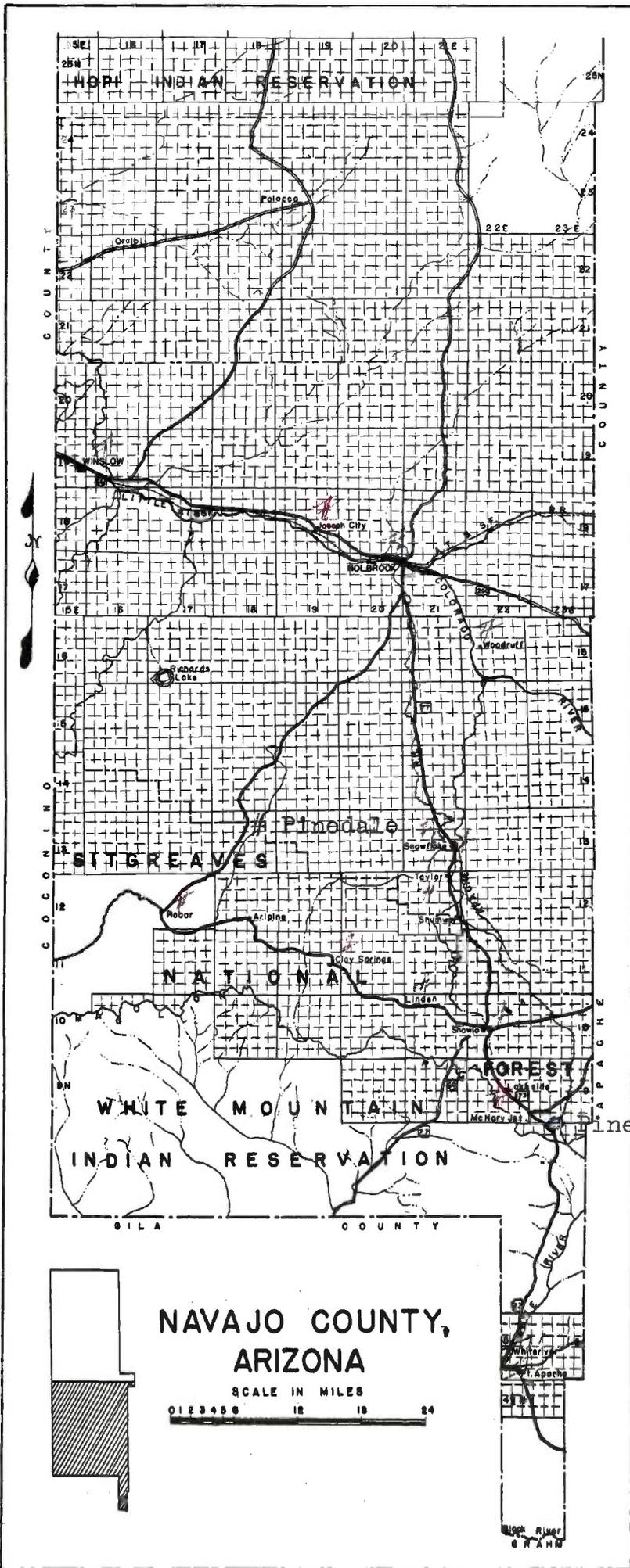
December 1, 1956 to October 1, 1957 ----- Half-time

October 1, 1957 to November 30, 1957 ----- Full-time

Bettie Mead, Home Agent

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- ⊕ Relief Societies
- Homemaker Clubs

Pinetop

BLISS RIVER  
GRAMM

## COUNTY SITUATION

Navajo County is located in the Northeastern part of Arizona. It is approximately 300 miles long and 60 miles wide. It ranges in altitude from 4,500 to 7,000 feet. The climate is pleasant in the summer and fall but cold, damp winters make travel into the rural parts of the communities hazardous and the dusty springs present many problems to the homemakers. The Southern part of the County is becoming an important summer camping and fishing area and hunting area in the fall. About 60 per cent of the County is Indian Reservation territory for the Navajo, Apache, and Hopi tribes. Another large section of the County is government owned as Sitgreaves National Forest. According to the 1950 U. S. Census only about 18.6 per cent of the land in the County is privately owned.

Agriculture is the basic industry of the County. Cattle and sheep are the leading products. Sheep are chiefly raised by the Navajo on the Reservation. In the Snowflake-Taylor area vegetables such as carrots and cucumbers are being grown, while Joseph City is primarily known as a dairy and poultry headquarters. Sawmills, tourist trade, construction work, railroading, mining, provide employment for the non-agriculture population. Approximately 80 per cent of the farmer population derive their major income from non-agriculture pursuits.

Holbrook, the County seat with a population of 4,000 and Winslow with a population of 8,000 are the shopping centers for the County. Show Low, with its fast growing population, will soon become another important center.

The County is becoming more aware of the necessity for improving health and sanitation facilities. There is a sanitary engineer employed by the County and by the City of Winslow. There are four doctors in Winslow and two in Holbrook. There are two dentists in Winslow, one in Holbrook, and one in Snowflake. There is a hospital in Winslow, one in Holbrook and maternity clinic in Snowflake. There are also Indian Service hospitals at Keams Canyon, Winslow and Whiteriver.

There are seven dairies which pasturize milk located at Winslow, Joseph City, Holbrook, and Taylor. In the outlying rural towns, such as Clay Springs, a few individual families own cows, but very few pasturize their own milk. Many of the families in the County grow their own vegetables in the summer and freeze their surplus using their own home freezers or locker storage plants.

There is a small library at Show Low sponsored by the PTA and Business and Professional Women's Club. A movement has started through the Women's Club and the BPW to establish a local library in Holbrook.

The dominant religion is the Church of Jesus Christ of Latter Day Saints. The Relief Society organization which is the Women's auxiliary has a heavy program throughout the winter months. The summer months are free from church planned programs and provide an excellent time for meetings. The L.D.S. Women are so busy with this church work that it is difficult for them to attend meetings outside their own community.

Miss Mead, Home Agent worked in Navajo County as follows:

December - 14 days	June - 26
January - 12 days	July - 11
February - 16 days	August - 19
March - 14 days	September - 9
April - 14 days	October - 22
May - 20 $\frac{1}{2}$ days	November - 21

The above also includes some days taken as annual leave as well as days at the University of Arizona for in-service training.

## OUTLOOK FOR 1958

Navajo County has continued some improvements by paving a few roads within the city limits of Holbrook. Another new motel is now in operation. The County received quite a lot of rains in the summer.

The Home Agent was spending half time in Navajo County while in years past more of the Agent's time was devoted to Navajo and less to Apache. As of October 1, 1957 the Home Agent became full-time in Navajo County.

There are three Homemakers Clubs in Navajo County located at Holbrook, Snowflake and Pinetop.

There are many Churches in Navajo County and many of them are the L.D.S. Churches. These Mormon people are a friendly people but they are also a very busy people with their Church Activities. The Home Agent has given demonstrations to the Relief Society in Joseph City, Woodruff, Snowflake, Taylor, and Lakeside. In addition, both wards of Show Low were visited. Winslow was offered a meeting but the time available was wrong for them.

With a County Agent who already knows many people in the County (although he arrived in June) and a secretary who knows most everyone as well as the history of the County, the total Extension Program will really expand. This year will be the first that Navajo County has had a full time Home Agent.



Program Planning Cont'd

Mrs. Myrl Whipple - Snowflake Relief Society  
Ward 1  
Mrs. June Hatch - Taylor Relief Society  
Mrs. Francis Shumway - Taylor Relief Society

So only three communities were represented but they did represent five organizations. Mr. Underwood, County Agent helped the meeting by talking on "Your American Economy". Dr. George Campbell spoke on "Your American Economy". Del Spaulding later told Holbrook Homemakers that it was the best talk she ever heard - that it was simply wonderful.

The women decided on the following topics another year:

Clothing

1st - Restyling Garments  
2nd - Foundation Garments  
3rd - Shoes for Comfort (too much for this year)

Foods

Teen Age Entertaining - Carry over  
Meals from the Freezer  
Poultry Preparation and Cookery

Home Furnishings

Types of Paint - particularly indoor paints  
Making Money More Valuable  
Dr. Campbell (Relief Society Leaders)  
Debts and Troubles or Installment Buying  
Home Agent

Also Home Nursing Classes are desired to be taught by Mr. Richards. Elizabeth Stevens is to be contacted to teach Flower Arrangement. The Home Agent may give a follow-up meeting on this subject.

Leader Training Meeting

The only adult training meeting was on Clothing Finishes. Two members were invited in from each Homemaker Club and each Relief Society. Those attending included Mrs. Marge Hunt, Snowflake Homemakers, Mrs. Annette Stratton, Snowflake Relief Society, Ward 1, Mrs. Marvel Smith, Snowflake Homemakers, Mrs. Dorothy Palmer, Holbrook Homemakers, Mrs. Etta Paulus, Holbrook Homemakers, Mrs. Brimhall, Taylor Relief Society and Mrs. Nannie Case, Whiteriver

Homemakers. Others that came included Minda Altaha, Frieda Ethelbah, Delores Plamer, Phyllis Altaha, Mildred Morris, Home Economist, and Anita Hand, Itinerant Ass't Home Agent. Out of the last group, two of the Indians were representatives of the Indian McNary Homemakers.

Belts, hems, and sleeves were demonstrated by the Home Agent and Miss Anita Hand. Everyone present made a belt and practically everyone put in a hem, one of the ways demonstrated. Time did not permit everyone to try a sleeve.

As for results, some of them were surprising. Mrs. Nannie Case demonstrated Belts and Hems to five Indians at White-river. She did this in Apache language. The Home Economist tried to get her to use English so she could help her. Mrs. Case went on in Apache saying that she didn't need help. At McNary, two Indian leaders presented Belts and Hems to thirteen Indian Women. Both groups said that there wasn't time for sleeves too.

Among the others, Mrs. Hunt gave the meeting to ten Homemakers. Mrs. Annette Stratton presented the meeting to her Relief Society with thirty-seven present. Mrs. Myrle Whipple said she had made many, Many, items since the Snowflake meeting. She said that the garments were vetter looking and that they were easier made because of the meeting. Mrs. Etta Paulus and Mrs. Dorothy Palmer presented the meeting to five women. Mrs. Marvel Smith reports that she used the information at home and also with her seven 4-H girls.

CLOTHING

The "dry Cleaning" demonstration was given to Holbrook Homemakers, Snowflake Homemakers, and Woodruff Relief Society. The total attendance was thirty-three. Pine-top wants the meeting yet. Since this was such an outstanding demonstration, it will be given other groups when possible.

The general procedure was to work out-of-doors (it rained at Snowflake and we postponed the meeting until the next month). Two enamel buckets were used with each containing Stoddard's Dry Cleaning Solution. Putnam Dry Cleaner (soap) was added to one bucket. Using an undie washer, the soiled garment with previously marked soiled places was put into the soap solution. After a bit, the garment was removed, giving special attention to spots. Then the garment was rinsed in Stoddard solution, rolled in a turkish towel and hung up to dry. The afternoon part included pressing. This part did include some special equipment.

Results from the Dry Cleaning as shown by a returned questionnaire: Out of thirty-three that saw the demonstration, twenty-one questionnaires were returned. Out of the twenty-one returned, twelve said that they normally did a part of their dry cleaning. All but one reported they could do a better job after seeing the demonstration. The one didn't answer anything but the first question which said she did not normally dry clean. Fifteen had done dry cleaning since the meeting. Twenty planned to use the dry cleaning soap in their first cleaning.

Tailoring was given to Snowflake Homemakers. They waited three years to get it, taking all the prerequisites. This was given by Miss Helen Church, Clothing Specialist. The women made the following garments:

Mrs. Marge Hunt.....	Pink Suit
Mrs. Adele Ballard.....	Aqua Coat
Mrs. Marvel Smith.....	Green Suit
Mrs. Hazel Hakes.....	Rose Coat
Mrs. Selma Ballard.....	Grey Coat for Daughter, Barbara
Mrs. Velma Smithson.....	Purple Suit
Mrs. Gwen Johnson.....	Tan Suit
Mrs. Myrle Whipple.....	Grey Suit
Mrs. Anna Gardner.....	Coat
Mrs. Annette Stratton.....	Purple Suit
Mrs. Geraldine Willis.....	Black & White Tweed Coats for her two Daughters
Miss Bettie Mead.....	Purple Suit

Miss Helen Church demonstrated on a grey suit that she later finished. It is truly a beauty to see. Mr. V. P. Richards, of the Holbrook Tribune News, took pictures of as many of the group that could get together, once the suits were completely finished.

Mr. Paul Selonki put a picture and an article in the Arizona Farmer on Dry Cleaning. Three Holbrook Homemakers were in the picture.

FOOD PREPARATION

Miss June Gibbs presented "Meal Planning" demonstration to the Holbrook Homemakers. A quick and nutritious meal was prepared in the demonstration. The, the group divided themselves up and prepared foods demonstrated so that they could see how easy it is as well as to have ample food for everyone present. The meal prepared was:

A La Chicken in Cornbread Ring  
Cole Slaw with Sour Cream Dressing  
Apple Crisp

A home-made cornbread mix was demonstrated and used in order to save the women time. The following women attended this demonstration:

Mrs. Ed Paulus  
Mrs. Dell Spaulding  
Mrs. Leola Alley  
Mrs. L. R. Gibbons  
Mrs. Dorothy Palmer  
Mrs. Holmes  
Mrs. Julia Reidy  
Mrs. Mabel Hinkson  
Mrs. Don Udall  
Mrs. Grace Campbell  
Mrs. Mildred Morris, Whiteriver  
Mrs. Phyllis Adams, Polacca  
Norma Ami, Polacca

Due to the fact that the Community Church voted to charge the women \$8.00 for the kitchen after notices were out this particular group was not charged for food.

Having seen Miss Gibbs present "Meal Planning" in a demonstration to Holbrook Homemakers in February, the Home Agent presented the same material and meal to other groups. After seeing the demonstration where various foods were prepared, the women assisted in preparing enough food for everyone present. It was the first time this Home Agent had presented a demonstration in Joseph City and Lakeside. The following women attended:

Joseph City L.D.S. Relief Society

Clara H. Miller  
June W. Duncan  
Aleene R. Cluff  
Karen C. Kartchner  
Twila Cluff  
Dora Turley  
Genevieve Bushman

Elaine Westover  
Judith Rogers  
Ethel Wimmer  
Izetta Rogers  
Sarah M. Hansen  
Belle Tanner  
Mary Morris  
Ora Despain  
Luella Foree  
Lola C. Hartin

Snowflake Homemakers

Lucille Dewitt  
Pearl Farnsworth  
Myrl Whipple  
Josie Webb  
Annette Stratton  
Adele H. Ballard  
Marge J. Hunt

Lakeside Relief Society

Pearl Penrod	Rochella Burke
Nella Frost	Thelma Hansen
Joyce Johnsen	Benna Rose Hall
Jean Gillespie	Anita Penrod
Leah Webb	Louise Penrod
Ardy Benitez	Alice Porter
Maxine G. Frost	Flossy Johnson
Aretta H. Fish	Esther Fay M. Lee
Jean Kammar	Leah M. Lee
Carol Wilber	Martha Hall
Nola Poer	Juanita Hansen
Lila Rhoton	Montez Burke
Helene Gardner	Nella McCarley
Blanche Brown	Alyce Hansen
Freda Lily	Isaphine Gardner
Lois Whipple	Carol Wilber

Pine top Homemakers

Ula Merrel	Lettie Perkins
Nadine Hale	Vera Lee Mathews
Nelma Hutton	Frederica Graham
Mary Cotnam	Lil Snoddy
Lois Hansen	Nola Poer
Helen Hahn	Dorothy Searle
Grace Rupkey	
Ardie Shackelford	

Results of this meeting are as follows:

- 84 People saw the demonstration
- 42 Returned their questionnaire
- 12 Made the Cornbread mix once
- 7 Made the Cornbread ring once
- 8 Made the cornbread mix several times
- 12 Made the cornbread ring several times
- 4 Made the cornbread mix quite a bit
- 4 Made the cornbread ring quite a bit
- 16 Made the ColeSlaw several times
- 12 Made the Cole Slaw quite a bit
- 4 Made the apple crisp once
- 12 Made the apple crisp several times
- 7 Made the apple crisp quite a bit
- 36 Reported yes on studying the Nutrition pages to help their families get the right food for a healthier life.
- 12 Reported they would continue using all of the above.
- 4 Reported they would continue with Apple crisp
- 9 Reported they would continue with Cole Slaw.

FOOD PRESERVATION

Holbrook Homemakers sponsored a Pressure Cooker Clinic. The notice appeared on the front page of Holbrook Tribune. Only four women came. Woodruff Relief Society asked for a Pressure Cooker Clinic. Seventeen attended the meeting. Everyone there planned on canning within the week of testing cookers.

At the Fair the judge left these comments:

Frozen Foods - Insufficient Wrappings

Vegetables and fruits needed an outer wrapping over plastic covering. Also plastic covering wasn't completely sealed causing frost to enter and flavors to be drawn out.

Not all air was pressed out of chicken, butter, egg and corn packages. Also packages not completely sealed (see below) stockinette or other protection needed over chicken especially.

Hamburger - Not sealed - Should have had freezer tape over freezing paper to seal all edges. Freezer paper should have been used for wrapping.

Home Management Meetings, Navajo

"Getting Your Money's Worth in Soaps and Detergents" was given to two groups last November which were Holbrook Homemakers and the Winslow L.D.S. group. In January, the Home Agent was invited to give a demonstration to the Junior Women's Club of Holbrook. The age group included women from 20 to 36. So probably this accounts for some of the enthusiasm with which the demonstration was received. At any rate after the demonstration, practically every woman present said she would try water softener. Also, after the demonstration, the Home Agent was asked to become a member of the group. Pinetop Homemakers had discontinued their meetings - Still they were interested in starting up Homemakers. Mrs. Snoddy, Mrs. Calhoon and Mrs. Merrill came to the demonstration. It rained all day but those present were quite disturbed that the others missed "such a wonderful demonstration". The Agent thought that she had scheduled one meeting to the L.D.S. groups of Snowflake but it turned out each woman was from a different Ward. Each Ward specifically had the Home Agent on their Relief Society program at their own regular meeting. Neither group wanted to combine. Since both groups had been promised, both groups were met. Arrangements were made to reorganize Snowflake Homemakers which had stopped having meetings. This is to be done in February. The Taylor

Relief Society was met their regular day in February. and also the same day as the 2nd Ward of Snowflake. The Woodruff Relief Society was met at a special meeting. They are willing to meet most any time. Lakeside was offered a meeting the same day Pinetop was met but both a show and a ball game were scheduled so it was not met. Those that signed the attendance sheet at "Getting Your Moneys Worth in Soaps and Detergents" include:

Holbrook Homemakers

Mrs. Dorothy Palmer  
Mrs. Leola Alley  
Mrs. Etta Paulus  
Mrs. Ruth Barton  
Mrs. Keith Zarring  
Mrs. C. K. Spaulding  
Mrs. T. F. Reidy  
Mrs. Don Udall  
Mrs. Ray Holmes

Holbrook Junior Women's Club

Mary Echols  
Laverne Brown  
Patti Patterson  
Irene Jacobs  
Mrs. Foye  
Mrs. Jean Palmer  
Mrs. Van Cleve  
Beth Wineburg  
Ellie Lamb  
Cleva Bockman  
Ann Stone  
Judy Robertson  
Mrs. Watson and  
guest, Mrs. Adele Spaulding  
(from Senior Women's Club)

Winslow L.D.S.

Beebe Farnsworth  
Barbara Nasser  
Mrs. Willard Cunningham  
Hester Brimhall  
Mayola Cardon  
Ruby Bondurant  
May Shumway  
Jessie Smith  
Ruby McHood

Woodruff

Lula Coplan  
Pearl Turley  
Rhoda T. Brinkerhoff  
Olive K. Turley  
Minnie H. Bowler  
Lorena Smithson  
Jean Smithson  
Zina B. Hatch  
Eunice Heward  
Inez H. Gardner

Snowflake 1st. Ward

Hattye Miller  
Wilmerth Willis  
Gerda H. Flake  
Alice Shaw  
Edna Ramsey  
Margaret Ramsey  
Marge Hunt  
Melba Turley  
Philena H. Miller  
Grace F. Turley  
Freida Casto  
Nettie Rencher  
Myrle Whipple  
Mildred Willis  
Elsie Spears

La Rue Bigler  
Anna H. Gardner  
Mary H. Carragher  
Renee Williams  
Jean McCray  
Pearl Frost  
Annie Frost  
Geneva R. Willis  
Anna Jeane Fleming  
Irene Flake  
Lenora Flake  
Irene Black  
Pearl Farnsworth  
Laverne Flake

Snowflake 2nd. Ward

Louise Lavine  
Dorena Webb  
Connie Prestwich  
Fern Smith  
Lucilla Peterson  
Sara Decker  
Ella Larson  
Marvel Smith  
Thora Ballard  
Lorna Estess  
Rosetta Rogers  
Tressie Peterson  
Jane Miller

Myrtle Savage  
Rose Reidhead  
Bess Cluff  
Mary Rogers  
Belva Ballard  
Bertha Frost  
Elaine Hale  
Venola Lancaster  
Emma Hall  
May Decker  
Lucy Neilson  
Wilmerth Rogers  
Emily Barnes

Taylor

Francis Shumway  
Louise M. Hatch  
Shirley Cole  
Jean Hatch  
Ruby Brimhall  
Lena Hatch  
Ione Willis  
Vera Rogers  
Ila Farnsworth  
Eva Willis

Ida Webb  
Varla Van Cleave  
Florence Hancock  
Gertie Hatch  
June Hatch  
Emily Baldwin  
Zelma K. De Villeneuve  
Anna Walker  
Dorothy Hensley

A special request was received from the Junior Women's Club of Holbrook to present "Getting Your Money's Worth of Soaps and Detergents" to the Senior Women's Club. The Junior Women's Club presents the program to the Senior Women's Club once a year. This demonstration involved was presented to the Junior Women's Club in January. Mrs. Bud Brown, the one who phoned, added "I'm not ashamed to hang my wash on the line anymore because it's white". "Everyone liked your demonstration so much". So this request was filled by presenting the demonstration. The following women attended from Senior Women's Club:

Mrs. Florence Laskowsky  
Mrs. Lucy Thompson  
Mrs. L. B. Owens  
Mrs. Alma Sapp  
Mrs. J. R. McEvoy  
Mrs. Jim Morrow  
Mrs. Mabel Hinkson  
Mrs. Don Udall  
Mrs. G. L. Noel  
Mrs. Dell Spaulding  
Mrs. David Echols  
Mrs. Edwards  
Mrs. Clara Howell  
Two women from Junior Women's Club and  
Mrs. Grace Campbell

Results as recently received from a questionnaire are as follows:

- 142 saw the demonstration
- 61 replied to a questionnaire
- 37 say they use water softener all the time
  - 9 say most of the time
  - 9 say some of the time
- 37 say their clothes get white or bright and clean by using water softener.
- 37 also said they didn't need blueing or bleaches except for an occasional stain.
- 37 said they planned to continue using water softener such as Calgon.

Others gave remarks such as "I use "All" as it contains a water softener". (Then other questions were not answered) One said she couldn't tell her wash was any different when she used water softener.

Mr. Paul Selonke put an article with a picture of Mrs. Bud Brown using water softener in Arizona Farmer.

### Color in the Home

Color in the Home was offered to the three Homemaker Clubs and to Winslow and Lakeside Relief Societies in November. Snowflake and Holbrook had meetings. The other groups are interested but somehow it could not be worked into their November schedules. More meetings will be given on this subject as they can be woven into next years program without delaying any part of next years program.

The mimeographed booklet featured two color wheels on the cover. The women colored these with Crayolas seeing the difference in the color wheels. Color schemes-pictures were passed around showing various color schemes. An opaque projector had been secured but it was not usable because it only showed a portion of the picture and the colors did not come through right. (It was quite an old projector) Then the women selected drapery, upholstery materials, a rug sample and a wall color for a room.

Results from "Color in the Home" can't really be obtained until more time passes. Out of about 16 that have seen this demonstration, there were seven replies to the questionnaire. All seven said they understood color better and also saw endless possibilities of color schemes. Some gave a color scheme they would like for their living rooms. One said she liked her living room just as it is.

COMMUNITY LIFE

Community Development.

A few years back, Holbrook Women were given the use of a class room for a county library. They worked hard, earned money, bought books, and collected other books. Then one year quite suddenly the Holbrook women were told to remove the books because that room is needed for a class room. With no time to plan or raise money, the books had to be given to the school library.

So, recently when the Junior and Senior Women's Clubs were contacted by the State about a library, their first concern was to own a building. A large home was purchased and money was set aside for a librarian's salary. Still, funds were needed to fix up the place and buy stacks for the books. The house will need bracing before books can be put out in the room so walls will be used for books at first.

Senior Women's Club donated \$1,000 to the library. Junior Women's Club donated all proceeds from a card party, \$190. to the library. By working with these organizations, you are working with many of Holbrook's Key people that really get things done.

NAVAJO COUNTY FAIR

Only three awards were given for the various lots. A quality standard had to be met or no awards were given. Here only the numbers of entries are given for the various departments.

Food Preparation.....	127	entries
Canning.....	193	entries
Freezing.....	14	entries
Clothing.....	73	entries
Household Arts.....	123	entries
Total	530	entries

Mr. Bob Doan took fair pictures. These were appreciated.

Judges for Home Economics were Miss Grace Ryan and Miss Mildred Eaton.

### COUNTRY LIFE CONFERENCE

The Postmaster in Holbrook allowed letters to be put in every box concerning Country Life Conference. They were mailed before some ruling changed so this would not be possible again. Letters were mailed to Relief Society Members as well as to Homemaker groups of other communities.

At all meetings attended by the Home Agent, Country Life Conference was explained. The result was no one from Navajo attended but 12 Indians and the Home Economists for the Indians. The Home Agent attended taking two Apache County women with her. The Indians seemed to get something from the meetings.

If a baby-sitting service could be set up, possibly a number of Navajo County women would attend. The women say they are interested.



## 4-H CLUB WORK

Summary

39	4-H Clubs Organized
20	4-H Clubs Dropped
568	Total Enrollment
385	Home Economics project enrollment
197	Home Economics project completion
183	Agricultural project enrollment
96	Agricultural project completion
44	4-H Leaders
6	Junior Leaders
10	Home Economics Leader Training Meetings
1	4-H County Planning Meeting
6	Achievement Events
3	Fairs
38	4-H'ers participating in Roundup
14	Newstories

Navajo County has lots of 'teen Ager's. The problem lies in having time to locate leaders and time to train these leaders.

Nine clubs were started in Show Low this year but since they didn't start until April only one club completed. Still another year, the groups will know more about 4-H. Other club work was reorganized where clubs were in existance. Finding new leaders as needed.

There are around 200 Indian 'teen Ager's living in a dormitory in order to go to school, in Holbrook. So it's just a matter of time as to how many clubs can successfully be carried on. Still, these probably should be developed by a Home Economist for the Indian Service. Otherwise the 4-H program could become predominately Indian 4-H'ers.

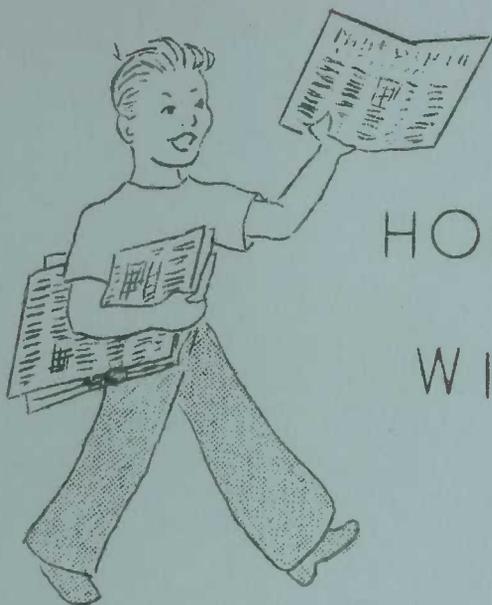
The Home Agent plans on getting certain procedures on an automatic basis according to the calendar, as well as according to requests in order to save time.

With a full time Home Agent and a new County Agent, the 4-H program will be in full swing another year. The Extension secretary is an excellent artist so that will help letters to be read.

COOPERATIVE EXTENSION WORK  
IN  
AGRICULTURE AND HOME ECONOMICS  
State of Arizona  
Holbrook  
February 4, 1957

University of Arizona  
College of Agriculture  
U.S. Department of Agriculture  
and Navajo County Cooperating

Agricultural Extension Service  
Home Demonstration Work  
County Agent Work



# EXTRA

## HOMEMAKERS CLUB WILL ORGANIZE

Dear Prospective Homemaker:

The regular Snowflake Homemaker Club will be organized Wednesday, February 6, at 2:30 P.M. at the home of Mrs. Marge Hunt.

Tailoring has been promised the members of this group that took the pre-requisites from Miss Church, Clothing Specialist. Tailoring is scheduled during the summer. Other members will receive help in Clothing on hems, sleeves, belts, pockets, etc. Meal-Planning, including a luncheon is the subject for the Snowflake Homemaker Club in March.

This February meeting will include officer election, and setting dates for the various meetings and subjects throughout the year. Then a program of the years' plans with meeting dates can be sent to each of the members. All the names of those attending the February meeting will be included in the yearbook as members.

So I'll be seeing you soon.

Sincerely,

*Bettie Mead*

Bettie Mead  
Home Agent

COOPERATIVE EXTENSION WORK  
IN  
AGRICULTURE AND HOME ECONOMICS  
State of Arizona  
Holbrook

University of Arizona  
College of Agriculture  
U.S. Department of Agriculture  
and Navajo County Cooperating

Agricultural Extension Service  
Home Demonstration Work  
County Agent Work

March , 1957

IS YOUR MEAL PLANNING OLD-FASHIONED  
OR  
MODERN?



Dear Homemakers:

Your Club is being offered a demonstration on "Meal Planning"  
on , March from to at

The Demonstration will include:

- Chicken a la Cornbread Ring
- Cole Slaw
- Apple Crisp

Since the bread is included in the main dish, a beverage will need to be provided for by the Club members. On a demonstration involving a meal, expenses are shared but this meal will not be over 35¢ per member.

If you wish to attend this meeting, please return the enclosed card which does not need a stamp.

Yours very truly,  
*Bettie Mead*

Bettie Mead  
Home Agent

COOPERATIVE EXTENSION WORK  
IN  
AGRICULTURE AND HOME ECONOMICS  
State of Arizona  
Holbrook

University of Arizona  
College of Agriculture  
U.S. Department of Agriculture  
and Navajo County Cooperating

Agricultural Extension Service  
Home Demonstration Work  
County Agent Work

March 19, 1957



Dear Presidents:

I am enclosing 5 folders telling about Country Life Conference. Would you let members from your organization look them over. If you need additional ones in order to fill out the Reservation Blank, please let me know.

Here's hoping that a number of women can go from Navajo County.

Yours very truly,

*Bettie Mead*

Bettie Mead  
Home Agent

BM/gg

Enc.

COOPERATIVE EXTENSION WORK  
IN  
AGRICULTURE AND HOME ECONOMICS  
State of Arizona  
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Agricultural Extension Service  
Home Demonstration Work  
County Agent Work

April 9, 1957



Dear Homemaker:

You have heard about COUNTRY LIFE CONFERENCE through your Country Life Conference Chairman and the President of your organization. It is held at the U. of A. Tucson from April 22-April 25. All Arizona rural women are invited.

I need to have the names of those who plan to go immediately! This does not mean you have to go. Please fill out the reservation blank which is in the Country Life Conference folder. If for any reason you did not get a folder, and you wish to go, let me know your name at once.

Miss Jean Stewart would like these names by April 16. So, of course, I need them at once. Write me at the following address:

Bettie Mead  
St. Johns, Arizona

Thanks ever so much! Should anyone decide to go at the last minute, it's still O.K. Just let me know at St. Johns.

Remember to take blankets, towels, soap and wash cloth - sheets and pillow cases are furnished.

Yours very truly,

*Bettie Mead*  
Bettie Mead  
Home Agent

EM/gg

If you need a ride, let me know that too.

COOPERATIVE EXTENSION WORK  
AGRICULTURE AND HOME ECONOMICS  
State of Arizona  
Holbrook  
November 16, 1957

University of Arizona  
College of Agriculture  
U. S. Department of Agriculture  
and Navajo County Cooperating

Agricultural Extension Service  
Home Demonstration Work  
County Agent Work

Dear Homemakers:

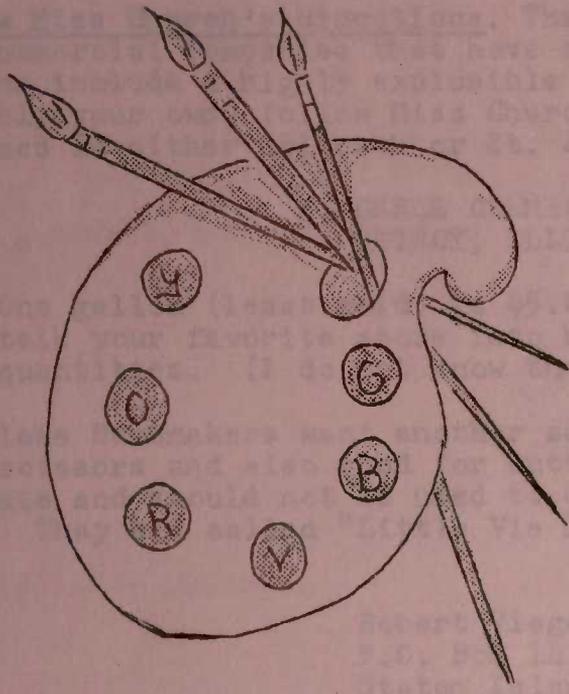
Your next meeting will be on color in the home. We are trying out a new time to see if it is better for more Homemakers. Details are as follows:

- What: Color In The Home, demonstration
- Where: Mrs. Dorothy Palmer's home, Holbrook
- When: Wednesday, Nov. 20, 2:00 P. M.

Yours very truly,

*Bettie Mead*

Bettie Mead  
Home Agent



Holbrook, Arizona  
November 25, 1957

Dear Homemaker and LDS Member:

It's that time of year again, when one must make Annual Reports. Here are some addresses that should prove helpful to you.

DRY CLEANING SOLUTION

According to Mr. Morrow, District Manager Standard Oil Co., the following stations do carry dry cleaning solution that meets Stoddard Specifications. (There are others out of his territory probably.)

- Winslow - Texaco Station across from La Pasado.
- Holbrook - Mayo Follett Chevron Sta., 429 W. Hopi Drive.
- Snowflake - Jessie Smith's Store, Main Street through town.
- St. Johns - Barth Bros.
- St. Johns - Carroll Shumway.

(The above solution should cost around 50¢ a gallon-prices went up a little recently.)

McNary - The Apache garage has promised to handle this solution. (It may be obtained by the barrel at the wholesale Standard Oil place in Winslow.)

DRY CLEANING SOAP

Follow Miss Church's directions. The directions on the bottle are for commercial companies that have special equipment since directions include a highly explosible mixture. So to save a life, probably your own, follow Miss Church's bulletin. (These may be obtained in either Holbrook or St. Johns' office.)

MONROE CHEMICAL CO.  
QUINCY, ILLINOIS

One gallon (least sold) is \$5.00 plus postage. You could talk your favorite store into buying this in wholesale quantities. (I do not know the postage amount.)

Snowflake Homemakers want another address. It is for small ripping scissors and also good for cutting button holes. They are delicate and should not be used to cut everything from paper to nuts. They are called "Little Vie 4 1/4" scissors and can be obtained from:

Robert Viegelmann  
P.O. Box 143  
Staten Island, N. Y.

Price is \$1.75 plus postage. Postage amount is unknown.

Since you haven't had the dry-cleaning soap address, I worded my questionnaire two ways. I really did mean to get the address to you sooner.

I am enclosing a cake recipe that Dell Spaulding (Holbrook Home-maker) had in her family since she was a little girl. She was quite surprised when some woman won \$25,000 with it three or four years ago in the Pillsbury contest.

ORANGE CAKE

Take the juice of 1 lemon and the juice of 1 orange and mix well with  $\frac{2}{3}$  cup sugar. Set this aside to pour over the cake the minute it comes from the oven.

Cream  $\frac{1}{2}$  cup butter and 1 cup sugar together. Grind 1 cup of raisins and the peel of 1 orange. Add this to the sugar and butter, mixing together. Add a pinch of salt, 1 egg slightly beaten. Mix well. Alternately add 1 cup of sour milk containing 1 tsp. soda with 2 cups sifted flour. Bake at  $375^{\circ}$ . When done (use a tooth-pick test) it should be slightly brown in color.

Now, pour the lemon, orange-juice sugar mixture over the cake while the cake is hot and just taken from the oven.

This cake really stores well if you can keep from eating it right away.

Thanks ever so much for the returned questionnaire.

Yours very truly,

*Bettie Mead*

Bettie Mead  
Home Agent

EM/gg

Mailed under postage.

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IN  
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ANNUAL REPORT QUESTIONNAIRE

Getting Your Money's Worth-Soaps & Detergents.

1. Did you attend? (yes \_\_\_\_\_, No \_\_\_\_\_).
2. Have you used a water softener since the Mtg.? (some \_\_\_\_\_, most of the time \_\_\_\_\_, all of the time \_\_\_\_\_).
3. Were your clothes white or bright & clean by using water softener? (yes \_\_\_\_\_, No \_\_\_\_\_).
4. Did you find that it is not necessary to use blueings and bleaches except for an occasional stain? (yes \_\_\_\_\_, No \_\_\_\_\_).
5. Do you plan to use a water softener such as Calgon? (yes \_\_\_\_\_, No \_\_\_\_\_).

Meal Planning (Chicken a la Corn Bread Ring, etc.)

1. Have you made the cornbread mix (once \_\_\_\_\_, several times \_\_\_\_\_, quite a bit \_\_\_\_\_)
2. Did you make the cornbread ring (once \_\_\_\_\_, several times \_\_\_\_\_, quite a bit \_\_\_\_\_)
3. Did you make the cole slaw (once \_\_\_\_\_, several times \_\_\_\_\_, quite a bit \_\_\_\_\_).
4. Did you make apple crisp (once \_\_\_\_\_, several times \_\_\_\_\_, quite a bit \_\_\_\_\_)
5. Did you study the Nutrition pages (3) to help your family get the right foods for a healthier life (yes \_\_\_\_\_, No \_\_\_\_\_).
6. Do you plan to (any of above, be specific \_\_\_\_\_).

Dry Cleaning (see addresses on letter)

- Have you normally done a part of your dry cleaning? (yes \_\_\_\_\_, No \_\_\_\_\_).
- Do you think you can do a better job having seen the demonstration (yes \_\_\_\_\_, No \_\_\_\_\_).
- Have you done any dry cleaning since the meeting?(yes \_\_\_\_\_, No \_\_\_\_\_)
- Do you plan to clean clothes. (occasionally \_\_\_\_\_, Moderately \_\_\_\_\_, frequently \_\_\_\_\_).
- Do you plan to use the dry cleaning soap in your first dry cleaning solution? (yes \_\_\_\_\_, No \_\_\_\_\_)

Clothing Finishes

1. What have you done since the meeting on belts, sleeves, hems?  
\_\_\_\_\_
2. Did the demonstration help you by (making it easier \_\_\_\_\_, by a better looking garment \_\_\_\_\_).
3. Do you think it will help in the future \_\_\_\_\_?

Tailoring (Snowflake only)

Any remarks \_\_\_\_\_

Color in the Home

- Do you understand color better? (yes \_\_\_\_\_, No \_\_\_\_\_)
- Do you see the possibilities of almost endless color schemes? (yes \_\_\_\_\_, No \_\_\_\_\_)
- If it was possible to change your living room (maybe you like it the way it is) what colors would you select? Include tint, tone, and shade as well as hue if that is what you are thinking of.  
\_\_\_\_\_

Name \_\_\_\_\_

Thanks ever so much,  
*Bettie Mead*  
Bettie Mead, Home Agent