

SANTA CRUZ COUNTY, ARIZONA
ANNUAL REPORT

EMILY H. QUINN
HOME AGENT

October 18, 1956
to
November 30, 1956

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ORGANIZATION AND PLANNING

Situation

In the absence of an agent only one Homemakers club in Santa Cruz County continued to be active. This was the Valle Verde group.

The Patagonia Homemakers group disbanded. Two leaders of the Patagonia Homemakers Club were visited in an effort to reorganize the club. The reasons for disbanding that were given: The program didn't interest all the group; the members weren't willing to share any responsibility; some of the older members were only interested in craft-making; some of the members had to travel too far to come to meetings. The other leader gave additional reasons: The members weren't able to be leaders in that they couldn't give demonstrations after leader training meetings; the members feel the distance to Tucson is too far for leader training meetings.

Both members expressed interest in reorganizing the group. There is a definite need for a homemakers group, although it is questionable whether all the former members will want to reactivate the groups; for instance, those interested only in crafts. Some thought will be given to dividing the group and having two clubs so that each meeting wouldn't cause a travel hardship on the members.

Even though the club had not been active during the year, the members held their Christmas Party. The agent was unable to attend, since this need occurred during Annual Conference. However, at the Christmas meeting the club decided to reactivate. On a second home visit to each of the leaders, a date was set for a January meeting.

In an effort to do as much as possible in the limited amount of time the agent is able to spend in Santa Cruz County, leader training meetings will be held in Nogales during the coming year.

ORGANIZATION AND PLANNING

Summary

Achievement Day Plans - The Valle Verde group was represented in the Pima County Achievement Day exhibits. The group choose to display their aluminum tray project. The agent visited the club during their preparation day. Although a new club, the group is familiar with Extension. One member is an active 4-H Club leader.

This group has agreed to carry the same projects as the Pima County Homemakers for the coming year. They expressed interest in each of the projects. Members were present at the Pima and Santa Cruz Counties Home-maker Clubs' Program Planning Meeting. The announcement of the meeting is included with this report.

COOPERATIVE EXTENSION WORK
in
AGRICULTURE and HOME ECONOMICS
State of Arizona
106 North Court Avenue
Tucson

University of Arizona
College of Agriculture
U. S. Department of Agriculture
and Pima County Cooperating

Agricultural Extension Service
Home Demonstration Work
County Agent Work

August 10, 1956

PIMA AND SANTA CRUZ COUNTIES HOMEMAKER CLUBS

PROGRAM PLANNING - 1957



10:00 a.m. - 3:00 p.m.
Registration begins at 9:30 a.m.
MOUNTAIN VIEW PRESBYTERIAN CHURCH
3809 East 3rd Street

Dear Homemaker:

What would you like to learn during 1957? The time has again come to ask what may we learn that will make us more capable and happier homemakers. Friday, Sept. 21, 1956, we shall meet at 10:00 a.m., put our heads together, discuss and decide what will make our 1957 homemaking program.

To help you review the projects completed, the past 4 years are listed on the following sheets. Is there a lesson or a phase of one which you would like repeated or explored further?

What new projects would you like to undertake? Last year these suggestions were made as strong possibilities for 1957: Landscaping, Healthful Desserts, Western Shirts, and Refinishing of Furniture.

On the following pages some questions are listed to help you recognize homemaking problems which we might study. Read them over and jot down your ideas and suggestions. They suit your individual needs as a homemaker. With interchange of all our ideas and suggestions, we shall have a 1957 program everyone finds stimulating and helpful.

Sincerely yours,

Leola L. LeRoy
(Mrs.) Leola L. LeRoy
Asst. Home Agent

LLL:mlj

Bring your own Sack Lunch - A beverage will be furnished.



C L O T H I N G

In past years these projects were completed:

1953

Short Cuts in Clothing
Mending
Sewing Machine Clinic

1954

New Fabrics
Costume Accessories
Sewing Machine Clinic

1955

Children's Clothing (emphasis on little girls)
Foot Care (carried over and presented in 1956)
Sewing Machine Clinic

1956

New Finishes for Fabrics
Little Boy's Clothing
Foot Care
Sewing Machine Clinic



Do you feel that you are getting what you want from the clothing program? Possibly, some of the following questions will help to get at the basis of needs. There may be other questions that come to your mind as you discuss the following phases with your club members:

Sewing Machine and Equipment:

1. Have you purchased a new sewing machine and use it only for mending and altering clothing?
2. Do you know how to make the best use of your sewing machine by constructing clothing?
3. Do you know about new attachments that make sewing easy?
4. Do you have a sewing cabinet to organize and keep small equipment easy to use?
5. Have you tried a temporary sewing center using things you have for efficient sewing?

Buymanship: Are you confused when you go to buy clothing or fabric by terms you don't know?

1. Can you understand labels?
2. Do you know why there are differences in prices, why one cotton dress is \$10.00 and another \$5.95?
3. Do you doubt your ability to get your money's worth when buying men's slacks, women's dresses, children's clothing, etc.?
4. Do you know what a blend is in fabrics?
5. Have you been disappointed in these easy-care fabrics? Do you know why they haven't withstood the care you have given them?

Making of Family Clothing:

1. Do you know that patterns have new standards as of June 15, 1956? This should help you to select a pattern size that more nearly fits.
2. Do you have fitting problems?
3. Do you have trouble with synthetics and new finishes when sewing?
4. Do you sew for men and boys in your family? Do you make sport shirts, pre-school boys' clothing?
5. Do you have children to sew for and do you need basic clothing construction instruction?
6. Is your big problem in sewing construction, the selection of a pattern that is becoming to you?
7. Are you afraid to use colors and to combine colors?

Economics:

1. Do you plan the family wardrobe season to season?
2. Is clothing the teen-ager your problem? Does she have her share or more than her share of the family clothing budget?
3. Do you have a closet full of clothes that are not appropriate for the places that you go?



F O O D & N U T R I T I O N

1953

Pressure Saucepans
Meat Cookery
Preparing Food for the Freezer

1954

Egg and Cheese Cookery
Poultry Cookery

1955

Outdoor Cookery
Economical Entertaining with Ease

1956

Foreign Foods



Poorly fed Americans may be in any economic level. Infants and young children are our best fed segments of the population. The poorest fed are the teen-agers and homemakers of child bearing age. Teen-agers get about 1/4 of their calories from snacks that supply very few of the nutrients. The poorest meal of the day for many persons continues to be breakfast.

- a. Many children go to school without breakfast.
- b. Many workers have a cup of coffee and a doughnut for breakfast.
- c. Many homemakers have very inadequate breakfast.

Obesity has replaced vitamin deficiency as the number one nutrition problem in the United States. An estimated 1/4 of the adults in this country are obese. Owing to the lowered need for calories, we will continue to have obesity as one of our big problems.

Food tops the list of expenditures for the medium income family. From 1/4 to 1/3 of the family income is spent for food and non-alcoholic beverages.

There's been a shift to self-service in food stores. Impulse buying is now one of the most important aspects of retailing.

More snack foods are eaten causing a greater consumption of high-caloris foods that contain very few other nutrients.

Families are buying more food that is ready for the table; women are spending less time in the kitchen preparing food.

You may find these questions point up your situation:

1. Have you planned and cooked a complete meal in your pressure cooker?
2. Do you make the most of your deep freeze by cooking double, one to serve and one to freeze--casseroles, cakes, bread?
3. With how many new casserole combinations have you pleased the family's appetite?
4. Do you need guidance in the selection and proper use of meats?
5. What principles of cookery do you use to serve a variety of fish dishes?
6. Have you recipes that use the new dried milk? It is a good way to get more milk and protein into the Susie's diet.
7. Have you had the thrill of delighting your family with honest-to-goodness homemade bread and rolls?
8. What about the lunches you pack? Looking for different, yet nutritious, ways of pepping up Pop's lunch?
9. Checked your weekly menus against the basic 7 lately? Need some review on planning balanced menus?
10. Are your breakfasts easy to prepare, yet nutritious and satisfying to the family?
11. Are you cooking your fruits and vegetables to retain the most food value? Need a "refresher" on principles of vegetables and fruit cookery?
12. Is that reducing diet going to help you lose weight or your health?



HOME MANAGEMENT AND HOME FURNISHINGS

Records list these projects for the last 4 years:

1953



A Phase of Money Management
Insurance
Hard Jobs Made Easier



1954

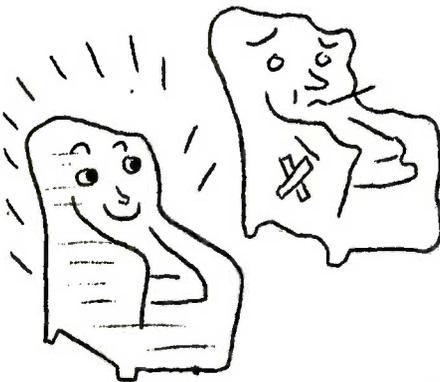
Accessories for the Home
Electricity
Heart Program - Help Yourself to Easier Housework

1955

Brush-up on House Cleaning
Make-Up and Use of Budgets
Help yourself to Easier Housework

1956

Slip Covers
Homemaker as a Painter



More women were employed in 1956 and one-fifth of them worked away from the home. This situation poses home management problems, but it provides more money for the homemaker and puts her in a more favorable position as a buyer. There is no shortage of household goods on the market but there is questionable quality in merchandise and keen competition for her dollar.

Homemakers who buy household equipment must develop steadfast sales resistance. This is a most important challenge. If they wish to have satisfactions from expenditures in all categories of family life, they most certainly need to be good buyers in 1957. "Balance" in buying is the keynote in order to assure the spread of commodities of all kinds to meet family needs.

Thinking of the future, these questions may suggest some ideas for 1957:

1. Do you need to know how to buy?
2. Or do you need to know how to make items for your home?
3. How important is care of equipment and supplies?
4. Do you already have more equipment than you use well and completely?
5. Do you get your money's worth when buying household linens, sheets, blankets, bed pads, towels, pillows? Can you judge quality in fabric?
6. Do you know what features to seek in household appliances?
7. Do you cut your cost of clothing upkeep by using good spot and stain techniques?
8. Do you know and use modern laundry aids and short cuts to reduce that "all-gone" feeling on wash day?

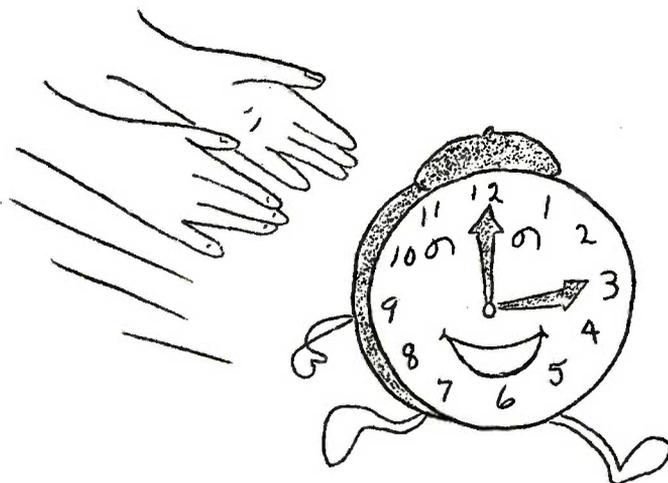
9. Does that carpet in the living room need rejuvenation, spots removed, brighter color?
10. Would that old chair you hide in the corner be like new if you could just change the covering?
11. Do your light fixtures give your family adequate lighting where they want it?
12. Would it help to be able to make some minor repairs around the house, leaky faucets, frayed cords?
13. How do you select your tableware, including silver? How do you use it to insure long life and lasting beauty?
14. Is that kitchen inconvenient? Would some storage changes made the work easier?
15. Would it help to have some simple sickroom equipment when members of the family become ill?

Health & Safety

In 1956 Mental Health was the topic studied. You may wish to continue this from a different approach. Then, since the majority of accidents happen in the home, you may wish to consider safety in relation to the home: Safe practices in regular conduct of your work; protection of children from accidents, good work habits, posture, lifting, bending, carrying, etc.; use of equipment, house cleaning, etc. Many things relate to safety in the home.

Community Development and Public Affairs

Pest Control, National Home Demonstration Week, Achievement Program, Red Cross Blood Bank (cookies for donors at D.M.A.F.B.) were conducted as part of our community work. In what community project would you like to participate this coming year? Some things mentioned in the past have been Homemakers' Chorus, Cancer, Polio, TB Drives, Civil Defense, Child Guidance Clinic, Crippled Children's Clinic, Comstock, Traffic Safety Program, and others. What do you have in mind?



8/10/56
cc: 475

HOME ECONOMICS 4-H CLUB WORK

Situation

The situation in Santa Cruz County 4-H work has been covered nicely by the two preceding reports of Mrs. Linner and Mrs. LeRoy. The only repetition this agent will make is the need of an assistant home agent.

Summary

The Annual "Kick-Off" Meeting for the 4-H year was attended by the Assistant County Agent, Assistant Home Agent (who is no longer in this county) and Home Agent. The agent was impressed with the family and community interest in 4-H.

In an effort to do as much as possible in the limited time, the agent will hold leader training meetings in Nogales for leaders in addition to attending as many club meetings as possible and making home visits.