

HOME  
DEMONSTRATION  
AGENTS' REPORTS

APACHE - YUMA

1949

U. of A.

ANNUAL NARRATIVE REPORT  
APACHE COUNTY  
ARIZONA

March 20-49 to May 30-49  
and  
June 20-49 to October 6-49

By  
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Home, Demonstration Agent  
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APACHE COUNTY  
ANNUAL NARRATIVE REPORT  
Maryetta Shoup  
Home Demonstration Agent

4-H CLUB WORK

SUMMARY:

Statistical Summary:

4 4-H Clubs (all community)  
7 leaders (lay)  
3 leader training meetings  
36 members enrolled  
26 members completed projects  
2 achievement days  
1 county fair

Narrative Summary:

Organization:

All 4-H Clubs in Apache County are organized on an out-of-school basis.

All clubs are organized on a project basis. Members of clubs except the Concho Club carried only one project and members of this club carried two projects.

All leaders are lay leaders. Two 4-H Clubs were sponsored by school personnel and meetings were held variously in homes and the school.

There is no county 4-H organization.

Projects:

Projects carried by members of home economics clubs during the 1948-49 club year were: Meal Planning, Clothing.

Leader Training:

Leader training was given in the following areas on the following subjects:

Clothing and Textiles

Techniques of clothing construction  
by the Clothing Specialist  
Conducting the 4-H clothing project meeting  
by the Assistant Agent

Foods and Nutrition

Conducting the 4-H foods project meeting  
by the Assistant Agent

Influence of 4-H on Communities and 4-H Members

Among 4-H members organized for the first time this year fairly rapid advancement has been made considering circumstances in gaining skills and in social development. Project work by these members has been below standard in many cases due in part to lack of skill. However, in the opinion of the Assistant Agent members have acquired a clearer understanding regarding desirable standards and have developed socially as a result of their 4-H contacts.

The Chambers 4-H Club which is the established club in this county continued to do outstanding work. Activities of this club are in many cases, shared with the community.

Organization and Planning:

The Assistant Agent assisted in the organization of the Concho, Solodo, and St. Johns 4-H Clubs in Apache county. One of these was a mixed project club, but all members were carrying both projects.

These three clubs were all new clubs.

Objective:

To promote 4-H club work.

Aims:

To organize 4-H community clubs where desired.

Goals:

To enroll eligible members desiring to join 4-H clubs who are willing to comply with project requirements and other 4-H regulations.

To elect capable officers.

To encourage the use of parliamentary procedure in conducting meetings.

To encourage clubs to prepare a written program plan.

To give prospective members and their leaders an understanding of 4-H club work, its aims and goals and their responsibility toward achieving a successful program.

Procedure:

Preliminary work of securing leadership and contacting members was done before the Assistant Agent arrived in the county.

The Assistant Agent was responsible only for the organization meeting at which the following was done:

Explained the meaning and value of 4-H club work.  
Discussed the aims and goals of 4-H club work.  
Discussed the contribution of members to the 4-H program.  
Explained project requirements and other 4-H regulations.  
Reviewed the duties of officers and parliamentary procedure, briefly.  
Enrolled members and elected officers.  
Demonstrated and explained the use of the program planning sheet.

Parents were not contacted by home visits. Some were contacted during 4-H meetings.

#### Enrollments and Completions:

The number of different 4-H club members enrolled in the girls club this year was thirty six (36) out of which twenty six (26) completed their work, and we had a total of four (4) clubs in the county. Thirty four (34) of these club members were in school and all of them were from farm homes.

#### Leadership of 4-H Club Work:

##### Sources of Leadership:

Meetings were held with different prospective leaders early in the spring at which time Mrs. Kightlinger gave an outline of the leaders responsibilities and duties in club work. In fact at these leadership meetings the whole picture of the duties of the club leaders, home demonstration agent, county agent, and the state office were given. In this way they had the picture of club work before they started.

##### Type of Leadership:

All 4-H leaders in Apache county are lay leaders in the sense that 4-H club work is independent of schools.  
Two leaders are also parents of 4-H members.

#### Leader Training Program:

##### Organization and Planning:

Two leader training meetings on how to conduct food and clothing project meetings were presented by the Assistant Agent. These meetings embodied some of the principles of program planning but are reported under "Subject matter."

##### Subject Matter:

One leader training meeting on techniques of clothing construction was presented by the Extension Clothing Specialist. Nine persons attended, of this number, six were leaders, all clothing leaders attended.

Objective:

To train 4-H clothing club leaders in the use of subject matter.

Aims:

To teach constructive techniques.

To teach leaders how to organize and present subject matter at 4-H meetings.

To provide leaders with information so that they will be able to adapt the 4-H requirements to the ability of individual members.

Procedure:

The following were demonstrated in a manner which club leaders might adapt to regular meetings:

First Year Clothing

Equipping the sewing box.

Covering the sewing box.

Learning to sew by hand and on the machine.

Techniques in making the mitt potholder, stuffed animals and drawstring apron.

Second Year and Advanced Clothing

Reading the pattern and following the directions of pattern markings:

Seam allowance

Grain line

Notches

Other markings

Constructive Techniques in Making Slips and Dresses

Seams and Seam finishes

Hems

Neck finishes for slips (french fold, bias binding and shell edge)

Facings for dresses.

Equipment Which Makes Sewing Easier

Training wheel

Dressmaking carbon

Seam gauge attachment

Hem gauge

Miss Church discussed:

Selecting patterns which are easy to make.

Steps - built up shoulders for younger girls preferably two-piece.

Dresses - no set-in sleeves, attached collars,  
· button holes or complicated detail.  
Use simple closing - easily handled fabric.

Results:

Most leaders followed fairly closely the techniques regarding first year clothing articles.

Types of seams to be used for dresses, slips, etc. were sometimes misunderstood or disregarded.

Possible Reasons:

Greater emphasis was placed on techniques for first year articles due to the fact that the first year manual was new, whereas information on the more advanced projects had been demonstrated previously.

Subject matter pertaining to new finishes and seams recommended for more advanced projects is not included in the current manuals. Therefore, this information if not completely understood by leaders, could not be put into use. This weakness could have been avoided had the Assistant Agent followed up with workshops at which samples illustrating these techniques were actually made.

The Assistant Agent held two leader training meetings for the purpose of training leaders of food and clothing clubs (these were new leaders for the most part) how to conduct a 4-H project meeting. A total of five (5) leaders attended. Leaders of one club did not attend.

The Assistant Agent held a leader training meeting in March for the purpose of training leaders of clothing clubs (these are new leaders for the most part) on how to conduct a 4-H project meeting.

Objective:

To promote the idea that the club meeting is to be used to teach principles and techniques and solve problems - not as just a workshop.

Aims:

To encourage the use of the written program plan in planning project meetings which will include:

Follow-up an assignment from the previous meeting (judge and evaluate work done previously).

Presentation (demonstration ) of the current lesson.

Assignment for next meeting.

Method of Work:

The Assistant Agent conducted the leaders training meeting as a 4-H club leader might conduct a project meeting.

A program planning sheet was used to show how this meeting was related to the meetings preceding and following this meeting.

Results:

Leaders used subject matter information and techniques presented in this demonstration in their club meetings.

Leaders did not prepare written program plans for their 4-H club meetings. (the program plan for three meetings that was prepared by the Assistant Agent was followed by several leaders).

Planning Local Club Programs:

The Assistant Agent assisted the Concho club with program planning in response to a request by the leader. This was accomplished by working with the leader and assistant leader.

The Assistant Agent proceeded on the principle that the leaders should be taught how to plan a program and then plan their program themselves or in cooperation with club members.

Results:

The leaders made use of some of the principles for presenting project material but did not make use of a written program plan beyond using the one prepared under the direction of the Assistant Agent for the next two or three meetings.

Individual clubs should probably be assisted by the Home Demonstration Agent in planning a written program for the entire year as soon after organization as possible.

Other Method Demonstrations:

The Assistant Agent presented eight method demonstrations not accounted for elsewhere. A total sixty leaders and members attended. Subjects were as follows:

Demonstration Organization  
Covering a sewing box  
Equipping a sewing box  
How to make cocoa  
How to judge biscuits  
How to judge custard  
Keeping 4-H records



## Local 4-H Club Program

Since the major field of activity of 4-H clubs in Apache county is the local program, a summary of the activities as observed by the Assistant Agent was prepared from month to month.

This summary presents a fairly clear picture of the activities and progress of the club as seen by the Assistant Agent.

### Observations and Activities by Clubs

#### Concho

Leaders inexperienced, but seemed qualified. Assistant Agent attended the organization meeting.

Assistant Agent met with club to discuss goals and requirements of 4-H, duties of officers, parliamentary procedure. Members were enrolled and officers elected and the use of the program plan was explained. Leader attended foods and clothing leader training meeting on how to conduct a 4-H project meeting. Manuals and record books were ordered.

(Foods) Members have not yet received their project manuals. The Apache County office is ordering these.

Members are securing the necessary equipment for their project work as a result of the Leaders' Training meeting, held in April.

(Clothing) Members have made pincushions and are preparing to make sewing boxes. The Assistant Agent and members cooperated in covering a sewing box, and each member demonstrated how to use the sewing machine.

The Assistant Agent met with the Leader and Assistant Leader to work on program planning.

Members of this Spanish-American club have progressed rather slowly with their project work. A local achievement has not yet been held. Standards of unsupervised work has been quite low. Leaders are untrained but satisfactory if a sufficient amount of training can be given them. Training is needed in all areas. The Assistant Agent would regard the progress of this club as satisfactory.

#### St. Johns

Leader inexperienced; may or may not assume the responsibility. Assistant Agent will follow up on leadership and will attend the organization meeting.

Assistant Agent met with club when they organized. Leader attended leader training meeting. Manuals and record books have been distributed.

(Clothing) Many of the Spanish-American members have left town for the summer or moved away. The Leader has secured new members and is starting once again. Members of the original club have made sewing boxes. The Assistant Agent discussed and demonstrated sewing equipment they would need for first year clothing work. The Leader feels a responsibility toward her Club, and is taking pride in her leadership.

Most of the 4-H members have left town for the summer. The Leader will continue the project this fall.

This Spanish-American club has not been active since June. The former leader will not continue due to illness. The Principal of the (Spanish-American) school has been contacted in regard to re-activating the club and securing lay leadership.

### Solodo

Assistant Agent met with club when 4-H first year Meal Planning club was organized. Leaders and members attended training meeting on how to conduct a foods project meeting. Record books and project manuals have been distributed.

(Foods) Spanish-American Leaders are not too consistent in assuming leadership. Both are young and desire to carry the project work for 4-H credit as well as lead. The Apache County office has been asked to check this matter. Very little progress has been made by the Club in the case of parliamentary procedure. Members are interested and active. The Assistant Agent guided the members in scoring baking powder biscuits, which the girls had made at home, and in making cocoa according to the method described in the 4-H Manual.

The Assistant Agent attended a meeting of the Solodo 4-H K. K. K. Club. She explained how to use the record book and supervised the girls in making entries. Members of the Spanish-American Club just named have a difficult time keeping records and using parliamentary procedure. Their Leaders are unable to give demonstrations or teach them to judge. Some of the members, particularly the younger ones, seem to be gaining skill in food preparation and in learning the standards for desirable products.

This club of Spanish-American girls completed 100% due largely to the efforts of the teacher who sponsored them. Their achievement day consisting of talks and demonstrations was very fine. Members require a great deal of prodding and assistance. The leaders are leaders in name only but may become fairly capable if given a great deal of assistance. The Assistant Agent would regard the progress of this club as satisfactory.

### Chambers

Leaders experienced, enthusiastic and capable. Assistant Agent will train Leaders and members in preparation for Round-up

competition. Leaders desire to take 3 members; will provide transportation and chaperone.

Assistant Agent met with club at regular meeting for purpose of preparing eligible members for Round-up participation. She gave a simple demonstration and worked with members and leaders in organizing a demonstration. At a later meeting the Assistant Agent gave the members and leaders further help in demonstration organization. Arrangements have been made to send three girls from this club and two leaders to Round-up.

(Clothing) Members will not attend 4-H Round-up as planned, due to illness of the Leader's Mother. Project work is progressing satisfactorily. Members are currently working on sewing boxes and mitt potholders.

Mrs. Ada McDonald has relinquished Leadership of the Puerco 4-H Club to Mrs. Maria Grimes. Mrs. Gladys Fleschauer is the new Assistant Leader. The Assistant Agent contacted Mrs. Grimes to discuss 4-H progress and needed assistance. The community club is sponsoring square dances to earn money.

This club has been outstanding in all phases of club work. The leaders are qualified and the club is more active than the Assistant Agent's report would indicate. During the winter of 1949 the club participated in community events by presenting skits and etc. on various phases of health and safety. Their achievement day program consisted of musical numbers and demonstrations. Prior to the planned program the Assistant Agent gave her reasons for the placing of articles and garments exhibited by the members.

#### 4-H ACTIVITIES

##### Apache County

##### County Fair

The Apache County Fair was held September 29-30, and October 1 at the fair grounds in St. Johns.

##### Objective:

To encourage 4-H participation in the county fair.

##### Method of Work

The Assistant Agent encouraged members to enter food products in the open class (this division was omitted from the fair book) and clothing articles in the 4-H department when she attended the achievement. Local leaders were requested to make out the entry blanks for their members, tag the articles and handle all details pertaining to making displays.

4-H leaders and members were urged to visit the fair.

##### Results

4-H clothing clubs exhibited many of their articles.

The one 4-H foods club in the county did not make any entries.

One club visited the fair in a body accompanied by their leader.

Some of the other members attended with their parents.

A suggested revision of entries in the 4-H department has been prepared by the Assistant Agent and sent to the county office.

#### Outlook and Recommendations

On the basis of her evaluation of experiences in Apache County the Assistant Agent presents herewith her suggestions for the 1950 program:

#### Objective:

To develop a 4-H program suited to the needs of and adapted to situations existing in Apache County.

#### Goals - Organization and Planning:

To increase the number of 4-H completions.

To encourage the use of written program plans.

To bring about greater understanding of 4-H activities on the part of parents.

#### Possible Field of Activity

Local clubs will require assistance with program planning from the Home Demonstration Agent. A copy for the Home Demonstration Agent's files would be useful.

Prospective 4-H members should clearly understand the requirements and regulations pertaining to membership. Most members in Apache county should carry only one project at a time.

#### Goals- Leader Training:

To provide training for leaders which will result in greater use of demonstration and judging practices at regular meetings, and higher standards in project work.

#### Goals - 4-H Membership:

To develop an increased feeling of responsibility on the part of 4-H members for,

Attending meetings

Planning and participating in the club program

Completing projects begun

Keeping record books up to date

Assuming the duties of their offices

To increase the social development of 4-H members by means of,

Recreation

Project work

The 4-H meeting.

## ADULT WORK

Apache county has not had an organized women's program for nearly two years. During her stay in the county the Assistant Agent worked through L.D.S. groups in conducting pressure canner clinics and assisted in the organization of the women's department in connection with the county fair.

## FOOD PRESERVATION AND STORAGE

### Pressure Canner Clinics

Pressure canner clinics were conducted throughout Apache county during the summer of 1949.

### Objective:

To promote safety and insure better canning results. To encourage homemakers to contact the County office for information on canning and other homemaking problems.

### Goals:

To provide homemakers with sufficient information in order that they may know how to take care of their pressure canners properly.

To acquaint homemakers with the homemaking information which is available to them from the County Extension office.

### Aims:

To conduct pressure canner clinics throughout the county, at which pressure cooker gauges and safety valves will be checked.

To prepare for display purposes at all meetings a representative sample of food preservation and general homemaking circulars available in Navajo county.

To bring the homemakers mailing list up to date.

To leave a record of persons attending these clinics in the Home Demonstration Agent's office in the county.

### Method of Work

In the absence of an organized Extension program and records of previous pressure canner clinics, the Assistant Agent worked through L.D.S. groups.

### Persons Assisting:

#### Ward Relief Society Presidents

#### Assistance Requested

Providing the names of two homemakers whose services will be available for assisting with a pressure canner clinic in the ward.



### Method of Contact

The Assistant Agent contacted homemakers in six communities personally, and in three communities, by letter. Pressure canner clinics were scheduled to include five of these communities during August. A clinic was held in the sixth community early in September. A pressure canner clinic was held in one of the three communities contacted by letter.

Ward Relief Society President's obtaining assistants to serve as testers, secured a meeting place and notified homemakers having pressure canners.

In each of these communities names of these homemakers were forwarded to the office of the Home Demonstration Agent. A circular letter giving information regarding the clinics and the enclosing of circular No. 140 was sent to them.

### Homemakers:

#### Responsibility

In order to save time at the clinic homemakers were requested to clean their canners, the petcock, and the safety valve before bringing them to the clinic. Homemakers who did not clean their canners before bringing them did so at the clinic.

### Pressure Canner Clinic Procedure

Register in pressure canner clinic record book.  
Tag the canner with owner's name and number.  
Clean valve and petcock of those not cleaned at home.  
Test each safety valve and pressure gauge.  
Make necessary records:

Paste corrections on canners.  
Put in record book.  
Record sheets (given to homemakers)

Inform homemakers where parts to their pressure canners can be secured.

Survey those attending regarding interest in frozen food demonstrations.

Display food preservation and general homemaking bulletins which are available at County office.

A supply of food preservation bulletins will be available at the clinic, and requests for others will be recorded.

Check the record book carefully for possible errors after each clinic.

### Results

The summary of pressure canner clinics held throughout Apache county is as follows:

Number of homemakers attending - - - - -	73
Number of canners tested - - - - -	84
Per cent not tested previously - Record not kept	
Number of gauges off 2 pounds or more - - - - -	35
Number of gauges off 3 pounds or more - - - - -	16
Number of safety valves popping off at 17# or before - - - - -	39
Number of communities participating - - - - -	8
Number of homemakers trained to do testing - - -	9

New gauges were recommended if the gauge was off three pounds or more, if the indicator skipped, if the glass was broken and could not be replaced, or for any other discrepancy.

For faulty safety valves:

Attempts were made to correct the situation: check cleanliness stretch spring, reseal valve. Address for ordering new parts was given.

The complete summary has been placed on file in the County office. Record books and the names of persons assisting with the program are also on file.

In most cases, the safety valves and petcocks of the canners tested were clean. Most of the exceptions occurred among canners owned by young homemakers, indication that homemakers reached by previous canner clinics have learned to take proper care of their canners.

Recommendations

The Assistant Agent would recommend the following in planning pressure canner clinics for Apache county:

1. Prepare a tentative schedule for holding pressure canner clinics in the various communities to be submitted to homemakers serving as testers.
2. Home visits to testers prior to meeting:
  - Confirm date and time
  - Select place and have tester make arrangements for its use.
  - Check facilities
    - 1 or 2 tables
    - Chairs
    - Water.
3. Plan a demonstration to accompany clinic.
4. Publicize dates, places, in newspaper before clinics, results after clinics.

EXTENSION ORGANIZATION AND PLANNING

County Fair

### Women's Department

The Apache County Fair was held September 29-30, and October 1 at the fair grounds in St. Johns. The Assistant Agent assisted as follows:

#### Goals:

To encourage Apache county homemakers to exhibit home products in the county fair.

To develop the educational aspects of the county fair.

#### Method of Procedure

Publicity in regard to score cards was sent weekly to the newspaper.

The superintendent of the women's department was contacted one week prior to the fair. Equipment, supplies and assistance needed was discussed and plans made for securing them.

#### Results

Fifteen homemakers assisted in receiving entries, sorting into lots, assisting judges and making displays. Most expressed a willingness to continue next year.

The superintendent assigned homemakers to various positions as she saw a need for assistance in that area.

Entries were received quite smoothly. Everything was in readiness for the judges at the specified time.

There was not enough exhibit space.

Three of seven news articles prepared for newspaper publication were actually published.

Score cards pertaining to each division were displayed entries of that division.

#### Evaluations and Recommendations

The Assistant Agent has submitted her evaluations of the 1949 fair and recommendations for the 1950 county fair to the county office. Copies will be prepared for the fair commission, the superintendent of the women's department and the files of the Home Demonstration Agent in Navajo county.



APPENDIX

4-H Clubs in Apache County

<u>Community</u>	<u>Name of Club</u>	<u>Leader's Name</u>	<u>Project</u>
Chambers	Puerco Busy Beavers	Maria Grimes Ada McDonald Gladys Fleschauer	Clothing I and II
St. Johns	B. B.	Lola U. Pina	Clothing I
Solodo	K. K. K.	Josie Leyba Percilla Griego	Meal Planning I
Concho	C. B.	Merle Thomas Pauline Candelaria	Meal Planning I Clothing I

Days Devoted to Line of Work

Apache County

Adult	Days in field	9.75
	Days in office	1.50
		<u>11.25</u>
4-H	Days in field	10.25
	Days in office	6.00
		<u>16.25</u>

By Project

Extension Organization And Planning	4.00
Food Selecting and Preservation	7.25
4-H Club	16.25
	<u>27.50</u>

Testers - Pressure Cooker Clinics - 1949

Ten homemakers in Apache County were trained to test pressure canners, their names and addresses are as follows:

<u>Name of Homemaker</u>	<u>Community</u>
Ada McDonald	Chambers
Merle Thomas	Concho
Pauline Candelaria	Concho
Waity B. Hall	Eagar
Dora Slade	Eagar
Velma Jepson	Alpine
Verneice Wilkins	St. Johns
Vivian Rencher	St. Johns
Mrs. H. Sutton	McNary
Mrs. J. I. Benson	McNary

SUMMARY OF HOMEMAKERS REPORT

Food Preservation - Apache County - 1949

Method of obtaining information - - - - -	Letters
Number of homemakers contacted - - - - -	73
Number of homemakers replying - - - - -	4
Per cent of amount of food preserved - -	5%

(The amounts reported here were obtained by multiplying the average amount as reported by the four homemakers replying by 73 (the number of homemakers contacted).

Quarts Canned

Fruit - - - - -	6,442.25
Vegetables - - - - -	354.05
Meat, Fish and Poultry - - - - -	730.00
Pounds of Frozen Meat, Fish and Poultry - - -	592.05
Pounds Cured Meat, Fish and Poultry - - - -	5,088.00