ANNUAL

NARRATIVE - REPORT

for

COCHISE COUNTY

Mrs. Ann C. Wesley

County Home Agent - December 1, 1957 - November 30, 1958
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### Attendance at Project Meetings Held in 1958, Cochise County

<table>
<thead>
<tr>
<th>Community</th>
<th>Project Presented by Agent</th>
<th>Project Presented by Leader</th>
<th>Club did not participate</th>
<th>Not organized</th>
<th>Leader Workshop</th>
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<td>Border Homemakers</td>
<td>A-15</td>
<td>L-24</td>
<td>A&amp;L-11</td>
<td>11</td>
<td>L-11</td>
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<tr>
<td>Cochise Pioneers Club</td>
<td>A-17</td>
<td>L-36</td>
<td>A&amp;L-28</td>
<td>NP</td>
<td>L-13</td>
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<tr>
<td>Double Adobe Homemakers</td>
<td>A-13</td>
<td>L-28</td>
<td>A-12</td>
<td>2</td>
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<tr>
<td>Elfrida Homemakers</td>
<td>A-11</td>
<td>NO</td>
<td>NO</td>
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<td>Frontier Homemakers</td>
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<td>L-9</td>
<td>A-9</td>
<td>NP</td>
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<tr>
<td>Rucker Canyon Homemakers</td>
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<td>L-19</td>
<td>A&amp;L-16</td>
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<td>L-5</td>
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<td>Sew What? Club</td>
<td>A-19</td>
<td>L-29</td>
<td>A&amp;L-32</td>
<td>2</td>
<td>L-17</td>
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<tr>
<td>San Pedro Valley Homemakers</td>
<td>A-16</td>
<td>L-29</td>
<td>A&amp;L-23</td>
<td>19</td>
<td>L-14</td>
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<td>Silver Creek Homemakers</td>
<td>A-17</td>
<td>L-35</td>
<td>A-21</td>
<td>3</td>
<td>L-13</td>
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<tr>
<td>Stewart Homemakers</td>
<td>A-14</td>
<td>L-46</td>
<td>A&amp;L-42</td>
<td>14</td>
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<td>Sulphur Spring Homemakers</td>
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<td>L-19</td>
<td>A-12</td>
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<td>Westside Homemakers</td>
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<td>L-NR</td>
<td>A&amp;L-18</td>
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<td>Bisbee Y-Wives</td>
<td>NP</td>
<td>NP</td>
<td>NP</td>
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<tr>
<td>L.D.S.</td>
<td>NP</td>
<td>NP</td>
<td>NP</td>
<td>3</td>
<td>NP</td>
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<tr>
<td>Other</td>
<td>6</td>
<td></td>
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(1) - Communities Represented
- 18 communities
- 163 H.M.
- 271 H.M.
- 22 H.M.
- 142 H.M.
- 128 H.M.
- 130 H.M.
- 203 H.M.
- 15 H.M.
<table>
<thead>
<tr>
<th>Club &amp; Other Groups Working With Extension</th>
<th>Active Homemakers Participating</th>
<th>Communities Represented</th>
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<tr>
<td>Border</td>
<td>15</td>
<td>Douglas</td>
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<tr>
<td>Cochise Pioneers</td>
<td>22</td>
<td>Cochise, Pearce, Cochise Stronghold, Willcox</td>
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<tr>
<td>Double Adobe</td>
<td>12</td>
<td>Double Adobe &amp; McNeal</td>
</tr>
<tr>
<td>Elfrida</td>
<td>15</td>
<td>Elfrida</td>
</tr>
<tr>
<td>Frontier</td>
<td>10</td>
<td>Frontier, Bakerville, Warren</td>
</tr>
<tr>
<td>Rucker Canyon</td>
<td>7</td>
<td>Rucker Canyon - McNeal, Tombstone</td>
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<tr>
<td>Sew What?</td>
<td>35</td>
<td>Portal - San Simon, Apache - Rodeo - Paradise</td>
</tr>
<tr>
<td>San Pedro Valley</td>
<td>20</td>
<td>Hereford - Warren, Bisbee</td>
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<tr>
<td>Silvercreek</td>
<td>22</td>
<td>Silvercreek - Douglas</td>
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<tr>
<td>Stewart</td>
<td>30</td>
<td>Stewart - Willcox</td>
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<tr>
<td>Sulphur Spring</td>
<td>10</td>
<td>Sulphur Spring - Willcox</td>
</tr>
<tr>
<td>Westside</td>
<td>10</td>
<td>Douglas</td>
</tr>
<tr>
<td>Bisbee Y.W.C.A.</td>
<td>(25)</td>
<td>Bisbee</td>
</tr>
<tr>
<td>L.D.S.</td>
<td>NR</td>
<td>Benson - St. David - Pomerene</td>
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<tr>
<td>Total</td>
<td>208</td>
<td>23 communities</td>
</tr>
<tr>
<td></td>
<td>25 Bisbee</td>
<td>Y Wives</td>
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</table>
REPORT SUMMARY - December 1, 1957 through November 30, 1958

Days spent in conducting work with adults ........ 207
Days spent in 4-H Club Work ..................... 109

Adult work was presented in 23 communities by means of the following:

12 Homemaker Clubs
8 Relief Societies
1 Y.W.C.A. Group - Bisbee
1 Other group - (unorganized) at El Paso Natural Gas Station, West of Benson

The Agent held or participated in:

67 Meetings with 1408 persons attending
216 Homemakers attended 14 leader training meetings conducted by the agent or Extension Specialist.
138 Meetings were conducted by local leaders with a total of 1458 homemakers in attendance.

The spring meeting of the Cochise County Council of Homemakers was held on February 24, 1958 at the Cowbelle Building in Douglas. 49 persons attended. These represented 10 homemaker clubs and 22 communities.

The fall meeting of the Cochise County Council of Homemakers was held on October 14, 1958 at the Bisbee YWCA. 12 homemaker clubs were represented. (23 communities.) Attendance was 47.

50 persons from 6 communities attended the county-wide picnic held at Turkey Creek on May 18, 1958. This is the annual "Spring Fling" held in commemoration of National Home Demonstration Week. 5 of the county homemakers clubs were represented.

Subject Matter

Home Furnishings and Equipment

Making Useful Pillows - 19 leaders from 15 communities presented the project "Making Useful Pillows" to 141 homemakers. 51 pillows were reported made.

Crafts - 2 county-wide Craft Days were held in May 1958. Basic instruction in 8 different crafts was offered by 7 leaders at these meetings. 141 homemakers from 8 homemaker clubs received instruction. 3 LDS and 5 4-H leaders participated. 8 clubs held summer workshops in crafts.
Food Selection and Preparation

Foreign Foods - 27 leaders from 18 communities presented the Foreign Foods Project to 274 homemaker club members. The project was held over a period of 2 months - February and March, 1958

Clothing

Western Shirts - 28 leaders from 16 communities held 41 workshops for training homemakers in the techniques of making western shirts. 20 other women, other than those in organized homemaker club groups, participated in this project. 134 shirts were reported made.

Design According to Figure Types - 20 leaders from 17 communities presented this project to 128 homemakers at the August and September homemaker club meetings. 2 leaders from the LDS Relief Society at Pomerene attended the LTM. The material has also been presented to 25 women of the Bisbee YWCA.

Pattern Alteration - 28 leaders from 16 communities were trained in pattern alteration during the months of October and November. These leaders will conduct workshops for 99 women who have enrolled in the Basic Pattern Project. 9 4-H leaders are participating. 11 homemaker clubs are represented.

Family Economics

Money Management
   (a) Family Use of Credit
   (b) Installment Buying

224 homemakers from 11 homemaker clubs were present at the project meetings on money management during April and May and June, 1958. 17 communities were represented. The Agent presented the phase on Installment Buying and General Economic Background. 19 leaders presented the phase on Family Credit.

Recreation and Community Life - All groups held special Christmas activities. Most groups had one or more family picnics during the summer.

A total of 378 home visits were made. There were 684 office calls and 235 telephone calls. 24 news articles were prepared and distributed to 5 newspapers and 4 radio stations. 7,494 Home Economics subject matter bulletins were distributed.
EXTENSION ORGANIZATION AND PLANNING

Organization

There are 12 active homemakers clubs in Cochise County.

Cochise Progressive Pioneers - This is a well established club. They are always represented at leader meetings and other county events. This group has assimilated newcomers very well and made them a part of their club and their community.

Double Adobe - This group is largely composed of young mothers with young children. They are an active aggressive group. They are vitally interested in their community and school so that their business meetings frequently sound as if a P.T.A. or a Chamber of Commerce was in session.

Rucker Canyon - This small group of ranch women grows smaller through the years as smaller ranches are absorbed by larger ones and as ranches need fewer cowhands. Attendance at their meetings is smaller but this agent regards the Rucker Canyon club as a good, stable group.

San Pedro Valley - This is a fairly young homemakers group. Its members assume leadership responsibilities well; they attend leader meetings and other county events. They are interested in all phases of homemaking and they are willing to work to make a project a success.

Sew What? Club (Portal) - This is a strong, well organized group of women. The members have varied backgrounds; some are from farms, some ranches, some are urban, some are retired and some are folks who made their money elsewhere and came to the Portal area to find a better way of life. They are independent and responsible. If they choose to participate in the extension program they do so; if the extension program is not of interest to them, they take care of themselves.

Silver Creek - This group had its origin in the ranching area northeast of Douglas, but it has since moved to Douglas and is now largely urban in membership. The Silver Creek homemakers are an active group; they participate in nearly all phases of the Extension Program and also carry on their own program in crafts, health and safety, recreation and community service.

Stewart - This group, after a period of floundering, has become one of the strongest homemaker clubs in the county. The group has participated actively in all extension service projects over the past year. They are busy renovating their club house. The group is varied. Many younger members and many among original extension service homemaker members. They do an excellent job of working together.

Sulphur Springs - This group has had a struggle to survive over the past few years. Due to the efforts of a few older members, the club remains organized as an Extension Service Club. New residents are gradually
taking a more active interest in the club. The leaders who hold the club together take an active role in attending all Leader Training, but more members to take part are badly needed.

Westside - This is a very stable club composed of older members. They are aware of the need for younger members but have done little to recruit them. The members all live in Douglas. They have given strong support to all Extension Service Projects over the past year.

Frontier - This homemakers group is a very diversified group with many of the members now living in the Bisbee-Warren area. There is a strong community spirit in this club and the agent feels the Community Club House is their chief interest. The club has surprised the agent over the past few months by the active participation they have taken in the Extension Program, of all the clubs in the county, this group could use Extention work to the best advantage.

Elfrida - This club was organized in May of 1958. It is a group of young homemakers who are fortunate in having strong leadership. They have actively participated in all project work since their organization and are off to a good start.

Border - The Border Club was organized in the spring of 1957 and is now one of the stronger homemaker clubs in the County. It is composed of younger women of Douglas and is known as the baby of the Silver Creek Club, since its membership is composed largely of daughters and daughters-in-law of the Silver Creek Club members. The club is most fortunate to have the encouragement and guidance of the older group.
New Homemaker Club Organization

New Homemakers Club at Elfrida - A new homemakers club was organized in the Elfrida Community during the month of May. The organizational meeting was held at the home of Mrs. E. A. Cox on May 2. Miss Jean M. Stewart, State Leader of Home Economics Extension, was asked by the agent to be present to explain the background and organization of the Extension Service Homemaker Clubs in Arizona. Much interest in the program was shown by the 14 homemakers present.

The Agent met again with the club on May 16, at which time program planning for the remainder of the year was done. To date, there are 24 members enrolled. The program included Western Shirts and Crafts for the summer months. Arrangements for leadership from the Double Adobe Club on the Western Shirt project have been made. It has been the plan that organizational work would be completed early, in order that the club would be on a stable foundation by August when the fall and winter Countywide program gets under way for fall. All officers and project leaders for the club have been elected. The club had three craft leaders at the training meeting in Douglas and the agent feels that the club is off to a good start.

Homemakers at El Paso Natural Gas Station, Benson - The Home Agent was present at a meeting of homemakers at the El Paso Natural Gas Station west of Benson on August 21, 1958. This meeting was in response to a request from the group for information regarding an Extension Service Homemakers' Club for the station. Eight women were present at this meeting. Some were from the sub station in Benson proper. The work of the Extension Service was discussed by the Agent. The organization and operational procedure of the homemakers' clubs were explained fully and the women encouraged to participate in this program. However, the result was that they felt the group was too small and too unstable (many personnel changes) to carry out the responsibilities involved. In short, the Agent could not detect any positive leadership that would make the club go. No one was willing to assume the leadership necessary and the woman setting up the initial meeting made it very plain that "She told them she would get it started, but that the rest was up to them!"

The result to date: The Agent has placed the names of these women on the county homemakers mailing list. She left with the understanding that they would receive information that might be of interest to them and at any time they felt that they would like to participate actively as a homemakers' club, the Extension Service would be happy to help them organize as such. A follow-up letter to Mrs. Shriver has been sent. She has been asked to the County Homemakers Council meeting in Bisbee on October 14, and has been encouraged to bring other interested homemakers with her.
Other

1. The Sierra Vista Y-Wives have indicated interest in the Extension Service Homemaker club program. The contact (Mrs. Marie Greathouse) with this group will be followed up by the home agent.

2. Contacts have been made in two areas regarding new homemaker clubs. The Home Agent was introduced to Mrs. Donstad, the Home Economics teacher in San Simon, by Miss Helen Goetz during Mrs. Goetz's stay in the county. Mrs. Donstad lives in Bowie and feels that a homemaker club may possibly be organized this town.

3. Interest by a young homemakers group in Willcox has been in evidence. This is to be separate from the Stewart group. (Mrs. Ellen Clark)

Other Organization

Work has been done in the office on re-organization of subject matter for distribution and bringing the files up to date. New file boxes were ordered for subject matter and these have been put into use. The Agent finds the re-organization of great value, and feels that Home Economics subject matter is now at her finger tips and time will be saved in this regard.

Minutes of the Cochise County Homemaker Council were written by the Secretary of the Council, Mrs. Elizabeth Gunter, and a copy was mailed to all club Presidents and Secretaries.

A few home visits to F.H.A. borrowers have been made by the Home Agent. Homemakers in this group who are not members of an organized homemaker club have been invited to join an Extension club. These women have particularly been invited to the meetings on Money Management.

Make It With Wool Contest

The new Make It With Wool Contest leader for Cochise County is Mrs. Mary Stansberry, Willcox. She replaces Mrs. Geo. Patterson of Douglas who felt that she could no longer act as leader.

Local Program Planning – 1958 Club Year

During the month of January 1958 the Home Agent attended all Homemaker Club meetings with the exception of Rucker Canyon Homemaker Club. A home visit was made to the President of this club and tentative plans were made to be presented to the members at the February meeting. The purpose of the January meetings was program planning for the year. Each individual club was assisted with this and year books were filled in.
The agent attended the monthly meeting to the Rucker Canyon Homemakers Club during the month of February. This was the only club not helped in January with program planning. The year's program planning was done at the February meeting.

A. Extension Projects on the programs include:

1. Foods - Foreign Foods (incorporating wine cookery and use of herbs) - Danish, German, Indian to be stressed. (No emphasis on Spanish cookery.)

2. Home Management - This field to include Money Management. Special emphasis this year on installment buying and family use of credit. Special speakers are to be secured for extra topics, such as legal importance of wills, etc.

3. Clothing - This field to include:
   (a) Clothing Design According to Figure Types
   (b) Pattern Alteration.
   The above to lead into a special workshop program next year on better dress construction.

Other subjects on the program include:

1. Health and Safety
2. Book Review
3. Crafts
4. Community Service

B. Leaders were appointed by each club for the following projects:

1. Clothing
2. Foods and Nutrition
3. Home Management
4. Health and Community Service
5. Recreation and Special Programs
6. Courtesy
7. Scrap Book & Publicity

Clubs were encouraged to answer roll call each month with some bit of pertinent information (ex.) In March, they are asked to tell of or recommend a current book in commemoration of Arizona Library Week.

A Calendar of Tentative Dates for the year's program was given to each club. These are as follows:

February ---- 1. County Council Spring meeting (Feb. 17 and later changed to Feb. 24, 1958)
2. Leader Training meetings Foreign Foods - Feb. 12-13
   (Later changed to Feb. 14-20)
March ------- 1. National 4-H Club Week - March 1-8, 1958  

April ------- 1. Leader Training meetings - Money Management  
                   April 9-10, 1958

May-------- 1. Spring Fling - Date to be set by County Council  
                   2. National Home Demonstration Week - May 4-10, 1958

                   2. 4-H Leaders Training Conference - June 2-6, 1958

July------- 1. 4-H Camp - July 21-26, 1958

August ---- 1. 4-H Roundup - August 25-30, 1958

September-- 1. County Council Fall meeting - September 15, 1958  
                   2. Cochise County Fair

October------1. Leader Training meetings - Pattern Alteration.  
                         October 2-3 and October 14-15, 1958

Special ------ Two Countywide Craft Days to be announced for  
                         summer.
<table>
<thead>
<tr>
<th>Month</th>
<th>Program</th>
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<tr>
<td>April</td>
<td>Money Management</td>
<td>Foreign Foods</td>
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<tr>
<td>July</td>
<td>Open</td>
<td>Picnic</td>
<td>Open</td>
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<td>Open</td>
<td>Crafts</td>
<td>Health &amp; Safety</td>
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Cochise County 1958
Ann C. Wesley  
Cochise County  
1958

County Council

Minutes of the Cochise County Council (spring)  
Cowbelle Building - Douglas  
February 24, 1958

The meeting of the Cochise County Council was called to order by the president Vona Barkley at 10:14 A.M. Mrs. Alice Whitlow gave the prayer reminding us that we are no better, just 1,000 time more fortunate. Mrs. Barkley then turned the meeting over to the vice-president Mrs. Jean Schmelza. The singing was led by Mrs. Helen Hoffman, Double Adobe Club, with Mrs. Ruby Sanders, Frontier Homemaker Club, Pianist.

The roll call was read by the Council Secretary, Liz Gunter and was answered by the Club presidents who introduced the members of their Clubs. All clubs were represented except Sulphur Springs. Mrs. Schmelza then introduced Mrs. Ann Wesley who in turn introduced the other guests: Mrs. Helen Goetz, Miss Jean Stewart, Mr. Carmy Page and Mr. James McNulty, an attorney from Bisbee. Mr. McNulty's address was on "Legal Matters of Importance to Homemakers." He said "Love is most important in marriage but money matters run love a close second". Most young people bite off more than they can chew on a credit basis. Tax problems are many and difficult to understand. He spoke at length on the importance of wills for all ages and answered numerous questions on why one should have a will, how much it costs, different situations due to types of ownership, and other methods of leaving what you have to the ones you want to have it. "Inheritance tax is really a tax on the right to leave property." It was a very interesting talk and all the home-makers present were sincerely grateful for the opportunity to learn more about these matters.

The meeting was then adjourned for lunch. Mrs. George Patterson asked the blessing. The Hostess clubs served delicious baked ham and the drinks, the rest being brought pot-luck.

Vona Barkley brought the meeting to order by 2:00. The minutes of the September Council meeting were read and approved. In the absence of the treasurer, Elvira Owen, no treasurer's report was read. The following chairman's reports were made: Iron Lung - Mrs. Walter Swaggert, 60-Chairman. The lung is in the new hospital building and has not been used for the past year. A new cover was bought since the original one was left in Phoenix.

The balance in the Iron Lung Fund.

"Arizona Sings" - letter written by the secretary to the other County Councils in the state was read. It was then moved by Alice Giles, seconded by Mildred Small that each club in our Council take 10 books to sell. Motion passed. Miss Stewart discussed the profit and what shall be done with it. No decision made.
Committee named: Mrs. Swaggert, Mrs. Wear and Mrs. Owen.

Library: Liz Gunter, chairman read letter and sent to the Cochise Club presidents asking for reports on Library activity and reminding them of the dates of Library Week - March 16-22. Little was reported but most clubs expressed appreciation of the Bookmobile in their area, others were disappointed it hadn't come to theirs.

Mrs. Catherine Chadwick, Phoenix, of the Arizona Extension Library Service, gave her report on the Bookmobile in the rural areas of Cochise County. The President signed the bill in 1956 providing for a five year program, two of which have already gone by. The aim is just as much library service in rural areas as the cities. Future plan is to have central depositories in each county. Records, slides, film strips, movies and copies of paintings are available. The U. S. has the best things in the world to offer and this is a good way to become familiar with some of these. Audio Visual catalogues will be out soon. The Jaycees have adopted Bookmobiles on a national basis, may become a statewide thing. In any case the counties will have to take over Library Extension at the end of the five years.

Crafts: Mrs. Ream, Chairman. Mrs. Wesley will have 2 leader's training meetings on crafts. Will be notified. Send 4 representatives. May 21 - Willcox, May 23 - Douglas. Glass etching, ceramics, copper enameling, beads and shell work.


Cochise County Fair - Homemakers Division - Mrs. Swaggert announced County Fair dates September 26, 27 & 28.

New Business - (1) Annual $2 dues may be sent to Mrs. Owen, treas. (2) Name tage for Country Life Conference to be made. Comm. Chm. Rhaeta Exlick, Jean Schmelzla and Lois Neal. (3) Spring Fling to be May 18, at Turkey Creek. Frontier - Homemakers volunteered to be hostesses. (4) Nominating Committee - Mrs. Chas. Davis, Mrs. Bill Winkler, Mrs. Russell Anderson, Mrs. June Chamberlain. (5) 4-H Conference at same time as Country Life Conference. Pool available. Men welcome too.

Adjourned by 3:00 P.M. Total registration - 45. 4 extension workers, 2 guests, 39 homemakers.

- Minutes as submitted by Mrs. Elizabeth Gunter
Spring Council Meeting

The Spring meeting of the Cochise County Homemakers council was held at the Cowbelle Building in Douglas, February 23, 1958.

Approximately 50 Homemakers attended. All clubs were represented except the Sulphur Springs Homemaker Club from Group I.

The hostess group was Group III from lower Cochise County. Clubs in this group are Border, Silver Creek, and Westside Club of Douglas and the Sew What? Club of Portal.

Mrs. Jean Schmelzla, Council Vice President, presided at the morning session.

Mr. James McNulty, an attorney of Bisbee gave a most informative talk on Legal Matters of Interest to Homemakers.

Mrs. Catherine Chadwick, Library Extension Service of Phoenix, told the group of the Service available from the Library Extension Service, and how each community should proceed in order to get the Bookmobile in their areas. The Bookmobile now covers a few communities in Cochise County, but other areas are vitally interested in having this service. Club secretaries have been instructed by letter to write direct to Mrs. Chadwick in order that satisfactory arrangements can be worked out for each community.

Mrs. Vona Barkley, Council President, conducted the business meeting of the Council. Old business included the following reports from Committees:

1. Mrs. George Patterson - *Make It With Wool Contest* — Finalist was from Arizona.

2. Mrs. Walter Swaggert - Finance Committee and Iron Lung Committee

3. Mrs. Elizabeth Gunter - "Arizona Sings"

Action of the Executive Board was as follows:

When the *Arizona Farmer* asked to be relieved of the responsibility of the sale of the song books, the Cochise County Council decided to ask the cooperation of other County Homemakers Councils in the state. Letters were sent to each council president asking them to take the books on consignment — the number to be based on population in their respective areas. Any request for these books from schools and 4-H Clubs or other club groups in their counties would be taken care of by the councils and money for sale of same would be sent to Mrs. Walter Owen, distribution of any expected profit would be tabled until the Cochise
County Iron Lung Fund was repaid in full plus interest due to them.

The eleven Homemaker Clubs in Cochise County have each taken 10 more books for further promotion in the county.


New business included:

1. Appointment of nominating committee  —  (June Chamberlain, Doris Davis, Doris Winkler, and Florence Anderson).

This committee is made up of members representing the Group II Clubs. New Council officers to be nominated at the September 1958 Council meeting and who will take office at the Council meeting in Spring 1959 will be from Group II. This Group includes the following clubs — Double Adobe, Frontier, Rucker Canyon and San Pedro Valley.

2. The Spring Fling  —

The date of May 18, 1958, was decided upon, and the picnic will be held at Turkey Creek. The Frontier club graciously asked to be the hostess group. This family picnic is held in commemoration of National Home Demonstration Week — May 4-10. However, due to uncertainty of weather in early May, the picnic is scheduled at a time when weather is usually more suitable.

3. Country Life Conference  —

Miss Jean M. Stewart, State Leader, Home Economics Extension, gave notes on the 1958 Country Life Conference to be held at the University of Arizona, June 2-6, 1958. The theme of the coming conference is to be "Living In Tomorrow's World."

Mrs. Rhaeta Eslick was appointed chairman of the name tag committee for the conference for Cochise County. Her idea of a name tag made in copper of Cochise Head was discussed. Information regarding materials has been sent to Mrs. Eslick by the home agent. All Cochise County Homemakers will be urged to attend this conference. 700 brochures have been ordered for distribution.

4. Homemaker Project Exhibit  —

Council members were asked by the agent to arrange a small exhibit of recent projects of their homemaker clubs for the County Council Meeting on February 24.

Approximately 15 Western shirts were displayed as well as two foot stools, pillows, a copper tooled lamp, and a ceramic vase. It was a very effective display. Such further displays will be encouraged
Pre-Program Planning For 1959 - 1960 - 1961

Program Planning Goals:

Goal - To influence the majority of the people in a given county with a well-planned, balanced, Home Economics Extension Program.

Pre-Program Planning

An effort to devise some means of pre-program planning was started in the county in July, 1958. A general plan has been devised which is as follows:

A. The county to be divided into 4 areas for the purpose of program planning. These are:
   1. North Cochise County Area (Sulphur Springs, Stewart and Progressive Pioneer Homemaker Clubs.)
   2. South Cochise County Area (Silver Creek, Border, Westside Clubs of Douglas and the Portal Sew What? Club)
   3. West Cochise County Area (San Pedro Valley Homemakers Club plus potential clubs in Sierra Vista and Benson)
   4. Mid Cochise County Area (Elfrida, Double Adobe, Frontier and Rucker Canyon Homemaker Clubs.)

B. Project leaders of areas called to meet with the Agent and Specialist if possible in an initial meeting at which time county program is discussed in general and area needs and suggestions for future projects compiled.

C. At these initial meetings, each group will elect an area representative to serve on a County planning board which will eventually become a part of the County Council, and of a general county wide advisory group.

D. The general goal of these initial meetings is to create such an advisory group representing each homemaking project (Ex. Foods and Nutrition, Clothing, Home Management and Home Furnishing, Health and Community Service)

E. Duties of committee or board members is as follows:

   To act collectively as a planning committee for project she represents. As an area representative, she will keep
in close contact with all project leaders of clubs she represents. She will bring all area needs and suggestions in her field to the Central planning committee. As a member of this planning committee, she will screen suggestions and aid in developing a program for the entire county.

F. As an area representative in her project she will serve for the period for which the program is planned. At this time a 3 year program for Cochise County is the aim.

G. After the initial meetings of all Home Economics project leaders, the agent will combine all needs and suggestions (County wide) and mail each project leader a copy with a check sheet to go to all homemakers.

H. It will be the responsibility of the club project leaders to distribute and collect all check sheets and turn these over to their area representatives for study and screening after homemakers have designated their interests and choices.

I. The area representatives will meet for final screening and program development.

J. At the Second meeting, the area representatives will elect a chairman (or spokesman). The spokesman will be responsible for the project at County Council.

K. After the second meeting the agent will get out a letter to all homemakers with the program recommended by the county committee. This letter to be signed by the committee members.

L. The program will be voted upon at County Council. Each club to have two votes. The program will either be accepted or rejected. If rejected, the recommended program to go back to planning committee for revision.

M. Each committee of 4 members will act as an advisory group to the agent in the field the committee represents. They will aid the agent in developing the selected program in the county.

N. The project leaders and area representatives will be constantly on the alert for ideas and needs in her club and area respectively. Program planning should eventually be a constant process of fitting together these area suggestions. Each homemaker will be encouraged to make her needs and ideas known to her club project leaders who in turn will be responsible for reporting this to the area representative.
Foods and Nutrition

The general plan was inaugurated in Foods and Nutrition during the month of July 1958. Miss June Gibbs, Extension Service Nutritionist was present at 4 initial meetings of the area Foods project leaders. These meetings were as follows:

1. North Cochise County - Willcox - July 28 - 3 leaders present
   Mrs. Garnet Miller, (Stewart Club), Area representative

2. South Cochise County - Douglas - July 29 - 5 leaders present
   Mrs. Wendell Spence (Border Club), Area representative

3. West Cochise County - Palominas - July 29 - 4 leaders present
   Mrs. Joe Clinton, (San Pedro Valley Club), Area representative

4. Mid Cochise County - Elfrida - July 30 - 4 leaders present
   Mrs. Robert Hoffman, (Double Adobe Club), Area representative

General nutritional findings in the county were discussed at this meeting. Suggestions and ideas stemming from these meetings were incorporated by the agent into a check sheet which was sent to all foods projects leaders, who were instructed to distribute them to all home-maker club members. The homemakers were encouraged to add new suggestions to the master list and return the check sheets to their project leaders who were responsible to getting them to their area representative.
FOODS & NUTRITION CHECK SHEET

Program Suggestion (The findings at Area meetings of project leaders.)

1. Consumer Buying - Learning to read labels and analyzing food purchases for content, nutrition, economy, and home use. (Could be developed into a 3 year program.)
   1st year - Cakes and Mixes
   2nd year - Breads
   3rd year - Other (example) home made versus bought salad dressing.

2. Geriatric Study - Food and Nutrition problems of older people
   Please designate
   a. Special Interest
   b. As a County-wide program


4. Salads and Salad Dressings

5. Budget Meals

6. Special Diets for the sick.
   Please designate
   a. Special Interest
   b. As a County-wide program


8. Learning to Prepare Thrifty Meat cuts which will be tasty.

9. High Altitude Baking

10. Desserts

11. Use of Herbs in Cooking


13. Your Suggestion

14. Your Suggestion

15. Your Suggestion

Please indicate your first 3 choices in order of preference and return to your foods project leader as soon as you have had time to think them over carefully in relation to your needs.
Home Management and Home Furnishings

Pre-program planning meetings were held on August 5, 6, 7, 1958. Project leaders in the Clubs of four areas met together for discussion regarding program planning. Miss Grace Ryan, Extension Service Home Management and Home Furnishings Specialist, was present with the Home Agent and led the discussion. Each of the four groups elected one member as a member of the county advisory committee for Home Management and Home Furnishings. It was decided that a 3-year plan in Home Management and Home Furnishings would be the aim at this time. The county-wide Advisory Committee in Home Management and Home Furnishings elected at this time is composed of the following homemakers:

1. Mrs. Lester Small, Cochise Progressive Pioneers representing N. Cochise County clubs
2. Mrs. Truman Place, Elfrida Homemaker Club representing the Mid Cochise County Homemaker Clubs
3. Mrs. Joan Cope, Border Club, representing S. Cochise County Homemaker clubs

Eight clubs were represented at these pre-program planning meetings.

The agent prepared a check sheet incorporating all ideas discussed at these pre-planning meetings. These check sheets were sent out to all Home Management and Home Furnishings project leaders with the instructions to distribute them to all club members for study. The homemakers were asked to indicate their fields of interest in order and return them to their project leaders who will in turn submit them to their advisory committee members.

A meeting at which these findings will be correlated is scheduled for Sept. 30, 1958, 2:00 p.m. At this time the advisory group will work together in preparing a suggested program to be recommended to the County Council.
CHECK SHEET

To be distributed to Homemakers

HOME MANAGEMENT AND HOME FURNISHINGS

Program Suggestions (The findings at 4 Area meetings of project leaders.)

1. Better Care of Home (Floors, Walls, Metals, supplies to buy, etc.)
2. Better Lighting - Principles from Health and Decoration angles.
3. Better Management of Time. (Short cuts and Slick Tricks.)
4. Better Buymanship - Any phase, (example) Paints, furniture, etc.
5. What's new in the Laundry Field - (example) Bleaches, Eqip-detergents, etc.)
6. Create a more comfortable, convenient, attractive Bedroom - Furnishings (Mattresses, bedding, draperies, windows, walls, storage, lighting, care. Explore every phase)
7. Follow through on Money Management (example) Planning budgets, keeping records, investments, etc.)
8. Storage - Select one room - (example ) Kitchen, bedroom.
9. Your suggestion__________________________________________
10. Your suggestion__________________________________________

Please indicate your first 3 choices in order of preference to your Home Management and Home Furnishings leader as soon as you have had time to think them over carefully in relation to your needs.
Program recommendations to be submitted to the Council for vote were completed by the home management advisory committee and by the Foods and Nutrition advisory committee. Meetings of both these committees were held on Sept. 30, 1958 at the h-H Club House in Elfrida. Final recommendations were arrived at by an analysis of all check sheets returned by the homemakers to their project leaders and to their members of the advisory committees. Recommendations are as follows:

Foods and Nutrition:

1959 - Consumer Buying - Learning to read labels and analyzing food purchases for content, nutrition, economy and home use.
1961 - Budget Meals (special emphasis on Thrifty Meat Cuts which Will be Tasty)

Home Management and Home Furnishings:

1959 - Follow Through on Money Management (special emphasis on records, investments.)
1960 - Better Buymanship - (a) paints, (b) rugs, (c) small appliances.
1961 - Better Lighting - Principles from health and decoration angles.

Only about 30% of the check sheets were returned to advisory committee members, and were used as a basis for the program to be recommended for vote at the County Council Meeting in October 1958.

Pre-Program Planning for Older Homemaker Club Group

The agent held a meeting on October 1st at the Elfrida h-H Club house, the purpose of which was to arrive at a method of devising programs of more interest to the older group of homemakers. Only 3 attended and it was decided that the county wide program would be followed for the present with minor variations.

When club programs are set up in January 1959, the home agent plans to offer alternative subjects for older club members to develop into a program. This can be done by outside speakers or by the homemakers themselves with some agent help. Special interest in this group has been indicated in revival of Skills and Crafts - (aluminum craft) - Desert Treasures, which could be developed as a picnic to collect flora for decorative purposes, and more of Heart Association training. Other ideas include reading books on such a subject as "Frankly Forty" by all of the club members, to be followed by an open discussion of the subject at one of their meetings, each member contributing from her assigned book, etc.
Clothing

Plans are now being made to create an advisory group for clothing as has been done in Foods and Nutrition, Home Management and Home Furnishings. Work in this will be started in May 1959 and a clothing program planned for a 3 year period beginning in 1960 will be recommended to the council by the advisory group in the fall of 1959.

Health and Community Service.

Planning in this field is expected to be arrived at by the same method as in Home Economics Work, namely by a county wide advisory group. This planning will be done in 1959 for a 3 year period.

The Nominating Committee

The Nominating Committee appointed by the President of the Cochise County homemakers council met on Tuesday, August 19 at the home of Mrs. June Chamberlain in Double Adobe. Present were:
1. Mrs. Chas. Davis - San Pedro Valley Club
2. Mrs. Russell Anderson - Frontier Club
4. Mrs. June Chamberlain - Double Adobe Club
5. Mrs. Ann C. Wesley - Home Agent, Cochise County

At this meeting, two homemakers from Group II were selected for each office. Committee members then decided to contact each of these homemakers regarding their willingness to serve as officers of the Homemaker's Council. Final nominations of the committee are as follows:

President - Mrs. Ruby Sanders, Frontier
Vice Pres.- Mrs. Earl Mahaney, Elfrida
Secretary - Mrs. Stella Rambo, San Pedro Valley
Treasurer - Mrs. Robert Hoffman, Double Adobe

Mrs. Chas. Davis of the San Pedro Valley Club is chairman and has been asked to present the report of the Nominating Committee at the County Council meeting.

Fall County Council

The fall meeting of the Cochise County Homemaker's Council was held on October 14, 1958 at the Bisbee Y.W.C.A. Hostesses for the meeting were members of the Elfrida, Rucker Canyon, Double Adobe, Frontier and San Pedro Valley Homemaker's Clubs. A delicious pot luck luncheon was served at noon to the 47 people present. Council President Vona Barkley of Cochise Progressive Pioneer Club, pre-
sided at the business session. Pertinent notes are as follows:

(a) Report of Nominating Committee - Mrs. June Chamberlain of Double Adobe Homemaker Clubs

President - Mrs. Ruby Sanders - Frontier
Vice President - Mrs. Earl Mahaney - Elfrida
Secretary - Mrs. Stella Rambo - San Pedro Valley
Treasurer - Mrs. Helen Hoffman - Double Adobe

The above officers are to be installed at the Spring, 1959 meeting and are to serve for a two year period. The nominating committee report was unanimously accepted.

(b) Report of Song Book Committee - Mrs. Walter Owen

The loan to this project from the Iron Lung Fund is almost all repaid. A meeting of the Song Book Committee with the treasurer of the Iron Lung Fund is to be held in the near future in order to compute the interest that is due to the Iron Lung Fund on this loan. Money from the sale of song books is still slowly coming into the Song Book Fund and will be used to apply on interest due.

Mrs. Barkley appointed Mrs. Elizabeth Gunter and Mrs. Helen Hoffman as a Country Life Conference Committee.

Group I (Cochise Progressive Pioneers, Stewart Homemakers Club, and Sulphur Springs Homemakers Club) will be the hostess group for the Spring 1959 Council meeting.

The First National Bank of Arizona provided two top men in the Money Management field as speakers of the day. Mr. David G. Davies of Phoenix spoke on Trusts and Wills, and Mr. Hazen G. Arnold of Phoenix spoke on Stocks, Bonds and Investments. The Homemakers were most enthusiastic about the program. The material presented by the speakers was most practical to the homemakers who were fortunate enough to be present to hear it.

Program Planning at the County Council

The purpose of the day was program planning. The recommended 3 year program as presented by the advisory committee chairman was unanimously accepted in Foods and Nutrition; Home Management and Home Furnishings. Programs accepted are as follows:
Foods and Nutrition

1959 - Consumer Buying
Learning to read labels and analyzing food purchases for content, nutrition, economy and home use. (The above to be explored through the mediums of cake mixes. Bread mixes and other foods such as salad dressings.

1960 - The Family Food Dollar
Better nutrition for the money you spend.

1961 - Budget Meals
Special emphasis on thrifty meat cuts which will be tasty.

Home Management & Home Furnishings

1959 - Follow through on Money Management.
(a) Keeping Records
(b) Investments

1960 - Better Buymanship, Special emphasis on:
(a) Paints
(b) rugs
(c) small appliances

1961 - Better lighting
Principles from health and decoration angles.

It was also decided that each homemaker club meeting be preceded by a short demonstration of "Short Cuts and Slick Tricks." A Leader Training Meeting is planned for this phase early in 1959. The leaders of various clubs will in turn train members in these short demonstrations to be given as per their assignment.

Clothing Program

Mrs. George Patterson gave a Clothing report to the Council which included clothing work accomplished by the Homemaker Clubs during 1958, the pattern alteration work now being conducted, and outlined plans for 1959. The 1959 plans include Better Dress work shops which will begin in January. Pre-Program planning in Clothing will be started in the Spring of 1959 for the 1960, 1961, 1962 program. This program is expected to be arrived at by the same method as the Food and Nutrition and Home Management programs were planned this year. Namely by advisory committees who represent the homemakers as a planning board.

Health & Community Service

A report in this field was made by the Home Agent as to the future planning to be done by an advisory committee. This is to be started early in 1959. Plans for the immediate future include cooperation with the Heart Association. Trained heart leaders are to be in the County during 1959 and clubs are planning to use these leaders as speakers at their homemakers club meetings.
MINUTES OF THE COCHISE COUNTY COUNCIL
Bisbee Y. W. C. A.
October 14, 1958

The fall meeting of the Cochise County Council was held October 14, 1958 at the Bisbee Y.W.C.A. building. The President, Mrs. Vona Barkley, called the meeting to order at 10:15, and Mrs. Helen Hoffman of Double Adobe led the delegates in singing with Mrs. Ruby Sanders of Frontier Club accompanying at the piano. The state song "Arizona" was sung with vigor! Mrs. R. L. Whitlow of Westside gave the invocation and prayed for the betterment of our homes and happiness of our families.

The Secretary, Liz Gunter, then called the roll. Sew What? Club absent but two representatives came in late. Each club president or secretary introduced herself and her delegates and members present.

The guest speakers for the morning session were Mr. Hazen Arnold of the Investment Department and Mr. David G. Davies, Wills and Trusts, both from the First National Bank of Arizona in Phoenix. Their subject was "Money Management" and each man spoke on it as it pertained to their special department. Many questions were asked following each talk and it was plain to see that the delegates were all very interested in learning to invest their spare money wisely, and then how to leave it in will for those they love. Both men stressed the necessity of giving full information to your broker and to the lawyer drawing up your will, so the investments will be made according to the financial status of your family age, etc. and so that all property will be properly distributed at our death and with the least amount of inheritance taxes to pay.

Luncheon was served in the basement dining room. Mrs. Whitlow asked the blessing. It was a planned potluck with the hostess clubs (Elfrida, San Pedro Valley, Rucker Canyon, Double Adobe and Frontier) providing roast beef, mashed potatoes, vegetables, relishes, beverages and rolls, the other clubs providing salads (group I) and desserts (group III). It was a delicious meal and the long tables were attractively decorated with Hallowe'en and harvest decorations.

At 1:00 Vona Barkley again called the meeting to order and we proceeded with the program planning as outlined by the Advisory committee leaders and developed on the blackboard by Miss Jean Stewart, State Leader of Home Economics Extension. Mrs. Wesley, Home Agent, explained the reasons for setting up Advisory Committees, mainly to incorporate the ideas of more homemakers in the program and thus have the program more fully representative of the desires of the majority. Will be an elastic program - can be changed if desired.
The recommendations which were unanimously approved by the council are:

**Foods and Nutrition** - 1959 Consumer Buying
1960 Family Food Dollar
1961 Budget Meals

Committee - Mrs. Joe Clinton, Chm., Mrs. Jean Spence, Mrs. Helen Hoffman, Mrs. Garnet Miller

**Home Management and Home Furnishings** -
1959 Follow Through on Money Management - records, investments.
1961 Better Lighting - from health and decoration angles.

Committee - Mrs. Margaret Strickland, Chm., Mildred Small, Mrs. Truman Place, Mrs. Joan Ope

**Clothing** - 1958 Design according to Figure Types - Pattern Alteration
1959 Better Dress Workshops
1960
1961 To be planned in 1959 for 3 years
1962

Clothing Advisory Committee - To be organized. Mrs. George Patterson made the Clothing Report.

Mrs. Wesley told us that Cochise County will have a representative from the Heart Ass'n and club meetings can take advantage of this. The Health and Community Service program will be planned by an advisory committee and presented to council in 1959.

The meeting was then turned over to the business at hand. The minutes of the spring meeting held February 21, 1958 at the Cowbelle Building in Douglas were read and approved. Elvira Owen, Treas., gave her report.

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<td>Balance from sale of Songbooks</td>
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<td>Iron lung (sent to Mrs. Swaggart)</td>
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<td></td>
<td>$59.91</td>
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This report was accepted.
Elections were held and the following slate was unanimously approved and will take office February; (Reported by Mrs. June Chamberlain, Chm. of the Nominating Committee)

President - Mrs. Ruby Sanders
Vice President - Mrs. Earl Mahaney
Secretary - Mrs. Stella Rambo
Treasurer - Mrs. Helen Hoffman

Committee Reports:

Iron Lung - Mrs. Walter Swaggart, chm.

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<td>Mrs. Owens - songbooks</td>
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<td>Balance October 14</td>
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Balance due on principal       | 2.28     |
|                               | 317.69   |

Asked that money from sale of songbooks be sent to her as it comes in.

Song Books - Mrs. Elvira Owen, chm. - very incomplete returns. 
$68.00 turned in by other counties? (Very hazy about our finances!)

4-H - No report.

Fair Booth - Mrs. W. Swaggart, chm. - very pleased to state that we had an extraordinary showing this year at the County Fair with 6 clubs participating. The Judges gave 2 blues which went to Double Adobe and San Pedro Valley, 2 reds and 2 whites. There was some discussion about a different distribution of ribbons, maybe only one each - 1st, 2nd, 3rd, but as the Fair people seem to insist on a ribbon for each entry, any change was tabled.

Arts & Crafts - Mrs. C. E. Ream, chm., is ill in her Douglas home with a heart attack.

Make It With Wool - Suggested that cards be sent through Mary Stansberry. Chairman absent but Mrs. Patterson reported that Arizona had twice won the National prize - a trip?, and that it is a most worthwhile
project.

Library - Mrs. Elizabeth Gunter, chm., no special report except that we only have two more years to put a state plan into effect and we should do all we can to help the Arizona State Library Extension Service. Several towns now have Library Extension depository collections of books - Elfrida, Double Adobe, Hereford, Bonita, Cochise, McNeal and others have Bookmobile stops. Each club should have a book review during the year and there could be a list of recommended reading. Mrs. Stella Rambo, San Pedro Valley (Hereford), and Mrs. H. Hoffman, Double Adobe, are committee members.

Health - Mrs. W. L. Chastain, chm. - absent.

Country Life Conference - Mrs. Rhaeta Eslick reported on the attractive copper and enamel name tags which were used at the Conference last June. They were made by Mr. Little and Mrs. Wesley. Vona Barkley asked that each club find out how many they might like to have for future use and let Rhaeta Eslick know. Miss Jean Stewart talked about the Conference. She said 120 registrations are not near enough. The programs are well planned and thoroughly enjoyed by all who attend and probably we will need more and better publicity to step up the number of country women of all ages and walks of life who could attend. Possibility of a name change and also a quota for each county. We once had 35 from Cochise - recently only 9 or 10. The price is now $13.50 of which $7.50 is for 8 meals. Remarks "you can stay at home for that!"


The following registration was reported:

<table>
<thead>
<tr>
<th>Club</th>
<th>President</th>
<th>present</th>
<th>Song Books</th>
</tr>
</thead>
<tbody>
<tr>
<td>Border</td>
<td>5</td>
<td>Joan Cope</td>
<td>Money sent -50</td>
</tr>
<tr>
<td>Cochise (Pioneers)</td>
<td>3</td>
<td>V.P.</td>
<td>&quot;</td>
</tr>
<tr>
<td>Double Adobe</td>
<td>4</td>
<td>Ellen Price</td>
<td>Still Have</td>
</tr>
<tr>
<td>Elfrida</td>
<td>2</td>
<td>Eleanor Hill</td>
<td></td>
</tr>
<tr>
<td>Frontier</td>
<td>5</td>
<td>Ann Gojkovich</td>
<td></td>
</tr>
<tr>
<td>Rucker Canyon</td>
<td>2</td>
<td>Mrs. Bill Remington</td>
<td></td>
</tr>
<tr>
<td>San Pedro Valley</td>
<td>10</td>
<td>Betty Ullrich</td>
<td>Money sent - sold to</td>
</tr>
<tr>
<td>Stewart</td>
<td>2</td>
<td>Hale</td>
<td>schools</td>
</tr>
<tr>
<td>Sew What?</td>
<td>2</td>
<td></td>
<td>Money not in but sold</td>
</tr>
<tr>
<td>Silver Creek</td>
<td>2</td>
<td></td>
<td>books</td>
</tr>
</tbody>
</table>

-Ann C. Wesley
Cochise County
1958
Club | President present | Song Books  
---|-------------------|------------
Sulphur Springs | 1 Elvira Owen | Still have  
Westside | 3 |  
---|---|---
---|---|---
41 Homemakers | 2 Extension workers |  
1 Visitor (Westside) | 2 Guest Speakers |  
---|---|---
Total | 46 |  

The registrations were taken by Mrs. Florence Anderson, Frontier, and Mrs. Betty Stevens, San Pedro Valley.

February meeting will have Group I as hostesses and will be in Willcox, or Cochise.

The meeting was adjourned by 4:00.

- Minutes as submitted by Mrs. Elizabeth Gunter, Secretary
Cochise County Fair

The Cochise County Fair was held in Douglas, September 26, 27, 28, 1958. Six homemaker clubs participated by setting up booths using 1957-1958 Extension Service Homemaking Projects as their themes. Clubs and their entries were as follows:

1. Double Adobe Homemakers Club - Western Shirts. This was very cleverly done using a musical motif "This is the Way we Make Our Shirts"; "This is the Way we Make them Fit", etc. Steps in construction were clearly illustrated and the club received a Blue Ribbon Award.

2. San Pedro Valley Homemakers Club - Western Shirts. The theme was "What The Well Dressed Homemakers Husbands are wearing" - This booth clearly depicted the construction of a Western Shirt from the cutting to the finished shirt which was displayed on a mannequin. This club also received a Blue Ribbon Award.

3. The Elfrida Homemakers Club - Western Shirts. This club booth was by far the most attractive, but the judges felt that the central theme was not a homemakers club project. This exhibit began with a cotton seed, with every step in growing cotton, taking it to the gin, spinning the thread (an old spinning wheel) and showing the western shirt made of the cotton fabric. The judges awarded a Red ribbon to this club, although the exhibit became more of an agricultural exhibit than a booth depicting a homemaking project.

4. The Silver Creek Club used Pillows for their booth theme. The making of useful and decorative pillows was a homemakers club project during the late fall and early winter of 1957-58. This booth was most attractively done with many kinds of both useful and decorative pillows. The club was awarded a Red Ribbon.

5. The Border Homemakers Club used the "Foreign Foods" project for their Booth. This was a difficult project to display and the Agent thought the booth was extremely well done. The booth was attractively decorated in red and white. A small informal table was set with a red and white checked table cloth, a centerpiece of a multiwax candle, and a basket of french bread. In a small refrigerator, behind the glass door, was a tempting array of many foreign dishes prepared by the members of the club. On the walls of the booth were many travel scenes of foreign countries. The club was awarded a white ribbon and suggestions on ways they could have improved their booth were made by the judges. These were chiefly labels on their foods displayed, and clearer posters bringing out the foreign foods theme.
Cochise County Fair—cont.

6. The Frontier Club used as their theme the Club House on which they have worked so hard the past two years. A replica of the Club House itself, together with the setting including "Ma" and "Pa" was displayed. It was very well done and received a White Ribbon Award.

Each club was awarded $15 by the fair board, regardless of their ribbon award. Many favorable comments were made regarding the quality of homemakers club exhibits. The home agent was more than pleased with the exhibit of each club participating, and felt that these exhibits were the most attractive at the fair.

Observations and Recommendations:

1. Space for the homemaker club exhibits is definitely going to become a factor in the future. Due to financial returns from commercial displays, the fair board is reluctant to allot more space to the homemaker club division. Space was crowded with the six displays this year, and in the future, if more clubs wish to participate, more space will be needed.

2. The homemaker club exhibit score card in fair book should be revised.

3. The fair was very well organized and it was not necessary for the agent to give any major assistance to the Department Superintendents. Mrs. Walter Swaggert was Department Superintendent for the homemaker club exhibits.

4. Judging was done according to the Danish System.

5. There were no entries for baked or frozen goods since these classes had been eliminated due to lack of display facilities.

Judging at Cochise County Fair

Judges were provided by the University and included the following for Judging Home Economics Exhibits:

1. Miss Grace Ryan, Tucson-Homemaker Booths, open class Food Preservation
2. Mrs. Carroll Latham, Duncan - 4-H Clothing, open class Clothing 4-H Food Preservation
3. Miss Connie Hertzog, Tucson - Homemaker Club Exhibits, 4-H Foods, help on open class Clothing & Domestic Arts.
4. Mrs. Faye Forehand, Clifton - 4-H Foods, help on Domestic Arts & open class clothing.
5. Mr. Al Lane, Tucson - Homemaker Club exhibits.
Judging at County Fairs

Judging at St. David Fair

The Home Agent was asked by the St. David community to judge the Home Economics exhibits at their local fair on September 20, 1958. This fair is sponsored each year by the F. H. A. and F. F. A. chapters. This was held at the Home Economics Department at the St. David High School and the Home Economics Division was headed by Mrs. Nellie Merrill, Home Economics teacher. The County Agent was asked to judge the agricultural and livestock entries.

This fair is held by the community each year in preparation for the County Fair, and a large number of people participated. The quality of exhibits as a whole was excellent and the Agent was not surprised to see many exhibits from this community take top honors at the County Fair. Classes judges were as follows: Canning and Food Preservation, Baked Goods, Candies, Clothing, Domestic Arts, and Flower Arrangements.

Judging at Graham County Fair

The home agent together with 2 lay judges acted as home economics Judge at the Graham County Fair at Safford on October 9, 1958. Judging was divided as follows:

Mrs. Charles Davis - (Warren) Judging in open class food preservation and Food Preservation (canning).

Mrs. Jack Busenbark - (Pearce) Judging in open class clothing and 4-H Clothing.

Mrs. Ann C. Wesley - Judging in 4-H Foods, Open class Food Preparation, open class Food Preservation (Frozen Foods) and 4-H Room Improvement.

National Home Demonstration Week

Cochise County homemaker clubs held their Annual Spring Fling on Sunday, May 18, 1958 at the Turkey Creek Picnic Grounds in the Chiricahua Mountains. This event is always held in commemoration of National Home Demonstration Week. However, due to uncertainty of early May weather in the county the date is quite often moved up. About 50 people attended this picnic which was a pot luck affair. The frontier club was the hostess group and furnished coffee and tea for all. No planned program was presented, but the day devoted to fun, relaxation and getting better acquainted with county families. Five of the 12 County Homemaker Clubs were represented at the picnic. These clubs were Border and Silver Creek of Douglas, Double Adobe Stewart, and Frontier. Extension Service personnel present from the State Office in Tucson included Miss Jean M. Stewart, State Leader, Home Economics Extension, Miss Helen Church, Extension Service Clothing Specialist, and Mrs. Helen Goetz, Home Agent at large.
National Home Demonstration Week - cont.

Two clubs set up window displays to inform their communities in regard to the purpose and accomplishments of the Extension Service home-maker clubs.

The Border Club of Douglas had an excellent display of projects recently completed by their members. This display was in the window of the Phelps Dodge Mercantile Co. in Douglas and included a poster with the theme, "Today's Home Builds Tomorrows World." Projects displayed were Western Shirts, pillows and Crafts, (copper and aluminum tooling).

The Cochise Progressive Pioneer Club had a similar display in the window of the general store in Cochise.

The Arizona Range News of Willcox was generous in space allotted to promotion of this week. Five extra articles were printed by the paper to promote this week. These are as follows: General article entitled; (1) Homemakers will Observe National Home Demonstration Week", (2) "Home Agent Comes To Willcox From Florida", (3) "Home Demonstration Week Begins Sunday", (4) "It's Cooking Those Good Foreign Foods" which was held for this week's edition and contained foreign recipes from community homemakers, (5) An editorial entitled "Care For Nickels and Dimes?", which followed the theme of the current project of the homemaker clubs, which is Money Management, and (6) "Homemakers at Elfrida Organize".


The radio station KAWT in Douglas included spot announcements on their daily programs during this week. These announcements were short statements as to work of the Extension Service Homemaker Clubs. Each announcement included an invitation to all homemakers interested to join a club.

A direct result of pre-publicity for this week was the organization of a new homemakers club in the Elfrida Community. The organizational meeting was held on Friday, May 2, at the home of Mrs. E. A. Cox in Elfrida. Twenty-four members are now enrolled.
Country Life Conference

Theme "Living In Tomorrow's World"

Cochise County Homemakers Clubs were represented by 9 women at the Country Life Conference of Arizona Women, June 2-5, 1958, at the University of Arizona. Clubs represented and members attending were:

Double Adobe - Mrs. Helen Hoffman
Stewart - Mrs. Jean Schmelzlal
- Mrs. Katie Dearing
- Mrs. Eloise Boyd
- Mrs. Lois Neal
Cochise - Mrs. Vona Barkley
- Mrs. Ova Keeth
Pomerene LDS - Mrs. Esther Larson
- Mrs. Nila East

Mrs. Jean Schmelzlal was chairman of the first session on Tuesday morning, June 3, 1958. Mrs. Helen Hoffman represented the rural women on the symposium - "Education For Tomorrow" on June 3, 1958.

Our county women were well represented on TV programs giving publicity to the Conference.

Mrs. Vona Barkley was seen on the program - "Visiting With Virginia"
Mrs. Eloise Boyd - Panorama
Mrs. Jean Schmelzlal - K-Gun

Pins for Cochise County women to wear during the conference were made by the Home Agent in conjunction with the craft days held in late May. Mr. Jim Little, crafts instructor for copper enameling, assisted in making these pins. The pins were a Jade green copper enameled disk with a copper tooled head of Cochise. The pins will become the property of the Cochise County Homemakers Council and will be used at other events to distinguish Cochise County women.

The Home Agent, due to responsibilities at 4-H Leaders Conference which ran simultaneously, was able to attend only one session at Country Life Conference. This was the talk by Beth Peterson of the Dupont Company. Her topic was "The New American Look in Living".
Miscellaneous

Money Management Workshop

The Agent spent 1 day, February 11, 1958, at the University of Arizona, in Tucson, at a Money Management workshop. At this meeting, the home agents were given special training in basic principles of management and also instructed in the use of practical approaches by which the management program could be promoted on a county wide basis.

Nutrition Workshop

The Agent attended a two day Foods Workshop in Phoenix, March 25 & 26, 1958. Miss June Gibbs, State Nutritionist, conducted the workshop assisted by Mrs. Pansy Weidower and Mrs. Helen Goetz, which was divided into Meat Cookery and Freezing.

Meat Cookery Workshop

Slides were shown illustrating grades of beef. Other factors affecting meat as found on the market were discussed, such as ageing, handling, etc. Moist Heat method of cooking and Dry Heat method of cookery were demonstrated. Demonstrations were given on the following: Broiling steak, roasting, use of specialty items such as liver, broiling chicken. The use of several kinds of meat thermometers were demonstrated. One of the most valuable parts of the meeting was the use of the basic meat sauce which was made and its variety of uses demonstrated. Dishes demonstrated which were made from this sauce included pizza, stroganoff on rice, barbecue sandwiches, chili and others. Agents are awaiting the Beef Circular publication containing the recipe of the meat sauce and its variable uses.

Nutritional aspects of meat and its place in the family diet were discussed.

Protein - Under the new method, meat has more protein and less fat than under the old method of computation, therefore, less calories.

Fat - 1. 42% calorie intake of average American is Fat.
    2. West eats more fat than other regions.
    3. Fats come into diet in hidden ways.
       (Butter on convenience foods, etc.)
    4. Body has a natural use for fat and must have fat to perform functions.
    5. Releases Protein to be used as protein should be used.
       Can be used for energy a body needs it.
    6. Provides Vitamin A and D in body.
    7. Linoleic acid - an unsaturated fatty acid in body.
       Will hear most about this.
Meat Cookery Workshop - cont.

8. No food can be substituted - can be supplemented.

Ex. Oleo is not a substitute for butter. The average home should have at least 50% butter, since butter is a natural fat.

Meat Research

Industry all out to please busy homemaker.

30% all homemakers work part or all time away from home.

National) 70% who stay home do not have the desire to spend original 6-7 hours in kitchen.

Convenience Foods - Aunt Jemima - mixes - partially prepared foods.

Built in maid service - convenience foods
1955 - Amount food dollar that goes for convenience foods - 28¢
1960 - Expected to rise to 40¢
No work done on nutritive value of convenience foods
Preset & fish sticks have been worked on. Standards say meat should be 50%.
Portion cuts still not satisfactory on market.
Swift and Company discussion.

Possibility of partially cooked meats -

Other general trends in Nutrition were discussed, and what we as home economists can do.

1930 - 1/3 of the population had a very poor diet.

1957 - 1/10 of the population had a very poor diet.

The reason for the rise in dietary standards were given as follows:
1. U. S. has had a steady rise in economic standards
2. Last 27 years has seen much research and education
3. Supermarkets and commercial grocers have better methods and
   and better storage facilities.
4. The enrichment program which started with Vitamin B enrichment of cereals. Nationally the U. S. is still deficient in Calcium and Vitamin C. Thiamine is still 3rd on deficiency list.
Convenience Foods - cont.

5. Money is still no assurance of a good diet.

6. We as home economists should teach more effective spending of the food budgets.

7. We as home economists must give out only proven facts about nutrition.

Freezing Workshop

Time was devoted to instruction and discussion of the use of all types of containers used for freezing. It was brought out that 3-4 different types of containers are necessary to get the most out of a freezer. Demonstration equipment was provided for each agent.

Foods were actually frozen, and each step was clearly defined for the agents.

Fruits - apples were prepared for freezing and sliced directly into ascorbic acid and sirup solution.

Vegetables - Freezing of green beans, squash, asparagus, was done.

Meat - Freezing chicken was discussed and the use of a nylon hose to provide extra coverage was demonstrated.

General rules to remember are as follows:

1. Freezing - Must have a moisture proof, air tight seal.

2. Two thicknesses of heavy coated or laminated paper recommended over meat.

3. Always recommend sealing again with tape, no matter how tight the container lid appears to be.

4. Plastic containers will crack badly.

5. Be sure glass jars used are freezer jars and properly tempered.

6. All vegetables must be blanched except green peppers.

7. Sugar syrup used should preferably be stored overnight so syrup will be thoroughly chilled.

8. Only best quality products should be frozen.

9. Meat should be cooled overnight under refrigeration before freezing.
Freezing Workshop - cont.

10. Never try to freeze anything that will not freeze in 24 hours.
11. Poultry should be cooled at least 10 hours.
12. Freezer temperature should be constant at 0 - Minus 10°.
13. The more crystals, the less constant the temperature.
14. Food should be turned 3 times a year.
15. Bread should be kept no longer than 8 - 10 weeks in a freezer.

Cost of freezer storage to the family was discussed. Also, inventory set up should include:

- Kind of food
- Date put in
- Carton sizes
- No. packages on hand
- No. needed

Points for care of freezers were discussed.

Food plans in general were high in cost.

The Nutrition Conference

The Agent attended a Nutrition Conference in Tucson on April 1, 1958. This conference was a joint effort of the Indian Service, Arizona Public Health Service, of the U. of A. School of Home Economics and the U. of A., Extension Service. Topics discussed were as follows:

A. Recent Nutrition Research

B. Nutrition of the Infant and Young Child

C. Dental conditions observed among the Pima and Papago Indians.
   (A film on this was most informative as it showed films of actual patients.)

D. Food Buying Problems of Low Income Families.
   1. Money does not enter into good nutrition
      a. Depends upon management
      b. Depends upon good selection
      c. Depends upon learning to stretch the food dollar
   2. Must have basic pattern - To get the best nutrition under the prevailing circumstances.
The Nutrition Conference - cont.

E. Putting Good Nutrition across:

This topic was discussed by Mrs. Larae Hambenne of Tucson. Her recommendations were as follows:

1. We must gear ourselves to a changing world.
2. We must understand people and adjust in order to work with people. We must understand the ideas, attitudes, problems of the group as a whole.
3. We must make people feel adequate by adjusting to them.
4. We must be flexible with food patterns.
5. We can work with people two ways
   a. group - necessary to conform and belong
   b. individual - we must build from what he knows to what you want him to know.
6. We must be good salesmen.
7. We must use positive information.
8. We must show them how to get what they need and what you want them to have.
9. We must encourage participation and responsibility.
10. Use visual aids - graphs (show before and after effects of food)
11. The larger the choice, the more help is needed for them to arrive at adequate decisions.
12. Use demonstrations - Show how rather than tell how.

F. Sharing of Nutrition Education Methods Tried. (in charge of Miss Pollard, State Dept. of Health and Miss Van Cleff, Nutritionist, Indian Service. Points brought out were:

1. We must Constantly Review, Re-organize, and Revitalize our program.
The Nutrition Conference - cont.

2. Devices to use were:
   (a) Demonstrations
   (b) Movies
   (c) Groups - room food preparation
   (d) Person to person
   (e) Printed slips - posters (To be changed often)
   (f) Recipe books
   (g) Good health habit posters


Home Agent's Conference

In Service Training

The home agents' conference in Flagstaff, June 17-19, 1958 was devoted to program planning. The theme of the conference was "To Make Program Planning More Effective". To do this we must Know Family Needs in Light of Trends We are Facing.

I. Mr. Howard Baker brought out Extension objectives as set forth in the Scope Report. He also stressed the needs of collecting facts To Work. 4 major categories into which we can divide our Extension Service Program:

   1. Home
   2. Community (churches, libraries, banks, interest in beautification, etc.)
   3. Financial Resources
   4. Age groups involved

We can help these people to better know their needs by
   1. Reliable sources of information on past.
   2. Reliable sources of information on actual facts.

Miss Jean Stewart - report on the Michigan Home Demonstration, Conference and discussion - "Its Implication For Arizona".

Discussion points:

   1. Importance of Public Information on Extension Program.
   2. Adjusting our program more realistically to family needs.
   3. Whom shall we attempt to serve and what degree of intensity? All families? Families wanting information? Families needing information? Should we better know people we serve in order to make better use of our energies?
Home Agent's Conference - cont.

4. Can we be inventors of new processes in promoting Extension Program?
5. Relation between County Agent and Home Economics
6. Define what we mean by Home Economics education. Too general? Paul Miller's definition "A dynamic organization or technique to bring together a wide range of scientific disciplines and the arts and to examine them through the institution of the family and it's needs at the point of the home, community, and the state."
7. Is Home Demonstration Work synonymous with Home Economics?
8. Time to think is a must for all home demonstration agents.
9. Should home demonstration work be separated from Agricultural work?
10. Need to establish priorities
11. Extension should become more democratic?
12. Extension is inadequate and unrealistic?

II. Determination of Needs - How To Work it out.

Miss Grace Ryan, Home Management Specialist, - a Method For Evaluating The Home Management and Home Furnishing Program as a basis for long time planning in a community.

A. What should we see When We Stand on a Hill?
   1. Look at general pattern
   2. Look at more concrete facts
      Homemaker, her neighbor, her community.
      Flexible, timely, inclusive.
      Look ahead. Encourage 2 and 3 rather than "What I want".
   3. Look at geographical location
   4. Look at people themselves - education, jobs, money available.
   5. Potential Replacement of Leaders - Reasons for changes in enrollment.

B. Look Behind - Evaluate program at least 8 years back.

Never lose sight of fact that there is a composite of the old and new in Extension - The new must come forward. Discard only what is unusable from the past.

Must nurture ability to look at the whole program from a team angle.

III. Miss June Gibbs: How To Make Program Planning for Nutrition a Year Round Activity - An Outline used in Texas:
Home Agent's Conference - cont.

IV. Miss Helen Church: Identifying needs that are common to most families in a community explanation of a successful method used in Arizona.

Program Planning Goals:

Objectives - 1. To develop an advisory group to include representatives of leading organizations and businesses in county.

2. To lift the standards of the people toward raising the level of program planning.

Calendering - A. Promotion

Quarterly B. Pre-Program Development

Planning C. Development and Screening

D. Execution

L.D.S. Work Day

The Home Agent was asked to assist in the annual work day for the L.D.S. Church held on June 26, 1958 at the Recreation Hall in St. David.

Approximately 60 women attended this event and represented 7 wards of the community. Each ward was responsible for one project. These were as follows:

1. Mending - Whitewater
2. Storage & Household Pests - Fry
3. Pattern Alteration - St. David
4. The Finished Look - Pomerene
5. Pattern Selection - Bisbee
7. Laundry and Pressing - Willcox

One L.D.S. member from each ward was assigned to each project. It was her duty to return to her ward with instructions given in her particular assignment. She would then teach the project to her ward members.

The Home Agent was asked to conduct an additional project on "The Cleaning and Adjusting of Sewing Machines". Steps used in Sewing Machine Clinics were demonstrated by the agent. Surface cleaning was done and adjustment of a machine was shown. The Agent then assisted the women in cleaning and adjusting six sewing machines that had been brought to the meeting.
L.D.S. Work Day - cont.

The Agent was careful to explain that a thorough cleaning job was not possible at such a meeting chiefly because of the time element involved and the fact that the use of highly volatile cleaning fluids made outdoor work space advisable. The agent offered the help of the Extension Service in setting up regular sewing machine clinics for these women when suitable dates can be arranged for help from the Clothing Specialist on this project.

Miss Jean Stewart, State Leader of Home Economics Extension, was present at this work day. A bulletin board with Extension Service Bulletins available for distribution to these women was on display. Miss Stewart explained the Extension Service Program and how it could be coordinated with L.D.S. work. All projects had Extension Service bulletins for distribution. The following bulletins were distributed:

- 10 Simple Equipment For Pressing
- 10 Pattern Alteration
- 8 Make It Without Fear
- 7 Bound Buttonholes
- 10 Short Cuts In Sewing
- 10 Mending Made Easier
- 10 Laundry Aids
- 10 Quick Levi Patch
- 10 Dress Forms
- 10 Marking Dress Forms
- 10 The Young Homemaker Learns Easy Sewing Skills
- 10 Know Your Sewing Machine
- 7 Cleaning and Adjusting Sewing Machines
- 1 Buy Sport Shirts
- 1 Buy Best Dresses
- 1 Equipment For Sewing Machine Clinics
- 10 Finish Techniques

Observations and Results

The Agent has added 31 new families to the County Home Agent's mailing list. A request for 1412 Home Economics bulletins has been received. These bulletins are now being mailed to homemakers requesting them as a result of attendance at this meeting.

The Home Agent feels that a better understanding of the help available from the Extension Service was gained by these women. The Agent also feels that she better understands the program structure for the L.D.S. Church, and will make an effort to give them help when asked.

The Agent plans to keep ward leaders fully informed of the Home Economics Extension Program in the county and will make an extra effort to include leaders in county planning sessions.

Pressure Gauge Testing

The Agent attended a meeting of the L.D.S. society of St. David on September 10, 1958. 15 pressure gauges were checked at this time by the Agent for members of this group. 30 women were present at this meeting.

2. Information Program

A county Homemaker letter was sent out each month to an average of 550 homemakers, 7 county newspapers, 2 radio stations and the Arizona Rancher Farmer.

News articles were sent regularly to radio stations and newspapers. A summary of the news articles and circular letters is as follows:

News Stories

<table>
<thead>
<tr>
<th>Month</th>
<th>News Stories</th>
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<tbody>
<tr>
<td>December</td>
<td>Homemade Christmas Decorations</td>
</tr>
<tr>
<td>January</td>
<td>Publicity for Foreign Foods Project</td>
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<tr>
<td>February</td>
<td>None</td>
</tr>
<tr>
<td>March</td>
<td>Try &quot;Hefting&quot; Fruits in Store</td>
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<td></td>
<td>Texas Tests Show Wearing Qualities of Floor Coverings</td>
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<tr>
<td>April</td>
<td>70 Attend 4-H Home Economics Demonstration Contest</td>
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<tr>
<td></td>
<td>Arizona Homemakers Will Observe National Week</td>
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<tr>
<td>May</td>
<td>Salad Vegetables Are Popular</td>
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<td></td>
<td>Milk On List of May Plentifuls</td>
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<td></td>
<td>Better Marketing Results of Research</td>
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<td></td>
<td>Center-Hinged Cabinet Doors Save Space</td>
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<tr>
<td>June</td>
<td>Freeze Ripe Strawberries</td>
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<td></td>
<td>Country Life Conference</td>
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<td></td>
<td>4-H Dress Revue and Talent Contest</td>
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<tr>
<td>July</td>
<td>Take Care In Home Dry Cleaning</td>
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<td></td>
<td>Cottage Cheese Good Summer Buy</td>
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<td></td>
<td>Announce Home Economics Winners To Attend 4-H Club Roundup.</td>
</tr>
<tr>
<td>August</td>
<td>Aluminum Ware Is Not Harmful</td>
</tr>
<tr>
<td></td>
<td>Home-Freezing of Peaches Urged</td>
</tr>
<tr>
<td></td>
<td>Clothing Program Planning Meetings</td>
</tr>
<tr>
<td></td>
<td>Extension Service Clothing Program Now Starting for Fall 1958.</td>
</tr>
</tbody>
</table>
Information Program - cont.

September  Chicken Plentiful Items in September For Family Platter
           Arizonans Urged Not To Skip Breakfasts

October   Small Size Eggs Suggested As Good Buy For Arizonans

November  Turkeys, Apples Top November's Plentiful Foods

Circular Letters

December  Minutes of County Council Meeting in September
           Monthly Homemaker's Letter (475 c.)

January   Monthly Homemaker's letter (477 c.)

February  Foreign Foods LTM's To Foods Leaders - 29 c.
           Foreign Foods to L.D.S. - 16 c.
           Regarding County Council meeting, to all presidents and
           secretaries of homemaker clubs - 25 c.
           Monthly Homemaker's letter - 518 c.

March     Re: Extension Service Bookmobile - 22 c.
           "Craft Instruction Days" to Homemaker Club Presidents &
           Secretaries and 4-H Leaders - 63 c.
           Announce Money Management Workshop LTM's - 72 c.
           Monthly Homemakers Letter - 557 c.

April     Home Economics Demonstration Contest to Home Ec. leaders,
           4-H - 25 c.
           Notice of postponing of 4-H Room Improvement Judging Contest,
           26 c.
           Commemorating National Home Demonstration Week, - 14 c.
           Monthly Homemakers Letter - 562 c.

May       Announce Dress Revue, Public Speaking & Recreation Contests -
           217 c.
           Announce Plans for Countywide Craft Days - 70 c.
           To 4-H Clothing Leaders announcing change in date of clothing
           Judging. - 17 c.
           To 4-H Clothing Leaders on Training Members in Clothing
           Judging - 19 c.
           To members of Homemaker Clubs regarding Country Life
           Conference. - 13 c.
           Monthly Homemakers Letter - 583 c.

June      Information on 4-H Foods Judging Contest to 4-H leaders - 10 c.
           Announce 4-H Clothing Judging contest to leaders - 20 c.
           Monthly Homemakers Letter - 612 c.
Information Program - cont.

July
- Foods Planning meeting for South Cochise County - 12c.
- Foods Planning meeting for North Cochise County - 11c.
- Foods Planning meeting for Mid Cochise County - 13c.
- Foods Planning meeting for San Pedro Valley Club - 3c.
- Monthly Homemakers Letter - 603 c.
- Pre-Program planning in Home Management for North Cochise County - 7 c.
- Pre-Program planning in Home Management for South Cochise County - 12 c.
- Pre-Program planning in Home Management for San Pedro Valley Club - 4 c.
- Pre-Program planning in Home Management for Elfrida area - 10 c.

August
- Information to County Council Nominating Committee - 4 c.
- Announce 4-H Room Improvement Judging & Demonstrations - 25 c.
- LTM on Design conducted by Miss Church - 44 c.
- To Home Management & Home Furnishings Advisory Group - 4 c.
- Scores of Members participating in Room Improvement Judging Contests - 12 c.
- Monthly Homemakers Letter - 611 c.

September
- Information to HM & HF Advisory Group members - 4 c.
- Information to Foods Advisory Group members - 4 c.
- Clothing leaders re: LTM - 48 c.
- Club Presidents re: Work in the Clothing Program - 12 c.
- Monthly Homemakers Letter - 629 c.

October
- To Homemakers announcing plans for County Council meeting - 595 c.
- Informing 4-H leaders re: entries at State Fair - 17 c.
- Announcing 4-H Clothing Leader Training Meeting - 19 c.
- Telling 4-H Clothing Leaders what equipment to take to meeting - 16 c.
- Announcing 3rd Pattern Alteration Leader Training Meeting - 16 c.

November
- Announce 4-H Foods LTM. - 23 c.
- Arizona Sings Songbook - 4 c.
HOME FURNISHINGS AND EQUIPMENT

Making Pillows

The project, "Useful Pillows", was carried on in Cochise County in the fall of 1957. No final evaluation was given in the 1957 annual report of the Home Agent because many of the homemakers were still making pillows for Christmas gifts, etc. (See page 49-50 of 1957 Annual Report for set up of project and subject matter taught.

Final Evaluation and Summary:

111 Homemakers participated in this project.
19 Leaders were trained in
  2 Training meetings.
15 Communities were represented.
10 Homemaker clubs were represented. (The Sulphur Springs Club did not participate in the project.)
72 Homemakers reported that
  51 Pillows were made
  0 Pillows were bought.

The clubs doing most with this project were Homemaker Clubs with older members. The members in these clubs have more time available and more interest in this type of project. A few of the younger homemakers were interested in the project from a decorative angle. (Place of pillows in room decoration - color.)

The request for this project undoubtedly stemmed from the fact that small pillows in home decoration are definitely high fashion at the present time.

The agent feels that material presented to the homemakers in points to look for in a good pillow has been especially helpful in enabling them to judge as to whether a pillow was a good buy, etc. (Suitable fabrics, construction, fillers.)

Patterns are still available on construction if needed.

The lesson on color was co-ordinated with this project. (Color, design, and fabrics suitable).

The Silvercreek Homemaker Club at the County Fair was an excellent display of what had been achieved in the project for this particular club. (See pictures at end of report.)
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HOME FURNISHINGS

Crafts

Two countywide Craft Days were conducted during the month of May by the Home Agent for homemaker club members and 4-H leaders. This was in response to requests for basic instruction in crafts by homemaker club members. Each homemaker club was asked to send a leader for each craft in which the club was interested.

The first Craft Day was held at the Vet's Club in Willcox on May 27 for North Cochise County, 10:00 a.m. to 5:00 p.m. Instruction was offered as follows:

Ceramics ------- Mrs. Milton Curtis
Copper Tooling-- Mrs. Donna Camenish
Aluminum Etching--- Mrs. Donna Camenish
Copper Enameling--- Mr. Jim Little
Glass Etching----- Mrs. Ann C. Wesley

Twenty-two homemakers and 4-H club leaders attended.

Seven homemakers received instruction in ceramics. Mrs. M. Curtis of St. David brought green molds which the women learned to clean and paint. Mrs. Curtis then took them to the kiln for firing and glazing. Molds on which the women worked were leaves which can be used as ash trays, wall decorations, or spoon holders. Mrs. Curtis had many ceramic pieces which she brought along for demonstration purposes, to show what is being done in the ceramics field.

Three women worked on copper tooling and one on aluminum etching under the instruction of Mrs. Donna Camenish. Three completed earrings or pins in the copper enameling class under the supervision of Mr. James Little. Five completed articles in the glass etching class and three in the tile painting class.

The Craft Day for South Cochise County was held in the basement workroom of the Grace Methodist Church in Douglas, 10:00 a.m. to 4:00 p.m. Twenty homemakers attended this work day to receive instruction as follows:

Ceramics ------- Mrs. Paul Zinn
Copper Tooling --- Mrs. J. A. Young
Aluminum Tooling--- Mrs. Ed Young
Copper Enameling— Mr. Jim Little
Shellcraft--------- Mrs. George Patterson
Glass Etching----- Mrs. Ann C. Wesley
Tile Painting----- Mrs. Ann C. Wesley
Leather Craft----- Mrs. L. R. Adams
Aluminum tooling and leathercraft were added to crafts offered in this area. This was in response to interest shown by members of homemaker clubs.

Mrs. Paul Zinn conducted her ceramics class by starting with "slip" from which the women made their own free-form molds. Five women received instruction in this craft.

Four women received instruction in copper tooling, one in aluminum tooling, one in leathercraft, three in tile painting, three in glass etching and three in copper enameling.

Observations and Evaluations:

1. Cochise County has many talented women who are willing to give time and effort in instructing others in arts which they know. There is a give and take attitude evident in that "I'll teach you this and you help me with that", etc.

2. Instruction in crafts seems to fill a long-standing creative need felt by some of the homemakers.

3. One day's instruction was by no means enough. However, it did open up a means by which they became aware of others in their communities skilled in various crafts and follow up arrangements can be made by individuals or clubs.

4. The homemakers gained a basic understanding of techniques, equipment and material needed for various crafts, and received information on equipment and material sources.

5. Homemakers at both meetings were intensely interested in their projects - so much so, they practically forgot to go to lunch.

6. Such a day would be a value in training 4-H Camp crafts leaders.

7. Craft Days repeated periodically would be of value in bringing a basic understanding of any new crafts that might be available, as well as any improvements or new things being done in older crafts.

Country Life Conference

The Agent has helped the name tag committee in making home tags for Cochise County Women who plan to attend Country Life Conference. An Emerald green copper enameled disk bearing a copper tooled head of Cochise was decided upon as a pin. The committee had difficulty in getting these made professionally and Mr. James Little, who acted as copper enameling instructor for the countywide Crafts Days, offered to make the copper enameled disk while his equipment was set up for instruction purposes. The Home Agent with the help of Mrs. Lois Neal of the name tag committee completed the copper tooling of the Indian Head. It has been decided that these remain the property of the County Council to be used at other events to identify Cochise County women.
HOUSE FURNISHINGS AND EQUIPMENT

Bulletins and Mimeos Requested or Taken From The Office:

32  Furniture Repair
23  In Furniture The Finish Counts
10  Reupholstering a Chair At Home
  9  Simplified Slip Covers
21  Tailor Your Draperies
10  Color In Your Hands
  1  Colorful Kitchen
  7  Tested Recipes for Safe & Attractive Home Lighting
11  Your Room
  6  Guides For Buying Household Equipment
24  Household Equipment Its Care and Simple Repair
  2  Color In The Home
  5  Types of Lamps, Bulbs and Bowls
  5  A Lighting Intelligence Test
30  "Pillows" Mimeo
  2  Guides for Buying Sheets, Blankets & Bath Towels
  1  Buying Sheets and Pillowcases
  1  How To Make Your Refrigerator Last Longer
  1  How To Make Your Ironing Equipment Last Longer
  1  Care of Pots and Pans
  1  Measure Curtains accurately
11  Making Light Work For You
  1  Electric Light For The Farmstead
HOME FURNISHINGS AND EQUIPMENT - cont.

Bulletins and Mimeos Requested or Taken From The Office

5 What Goes With What
4 1st Yr. 4-H Room Improvement
2 4-H Advanced Room Improvement
3 1st Yr. Leaders Guide 4-H Room Improvement
1 Foods For Food Preparation & Dishwashing

230 Total
Interior Decoration

Since many new homes are being constructed in the County, the agent has had calls for help in home planning and in interior decoration. Color selections for one home, including wall papers and tiles was made by the agent. The agent called in a professional interior decorator for help with drapery and furniture selection for this home.
House and Surroundings

Bulletins and Mimeos Requested or Taken From The Office:

1. A Step-Saving U-Kitchen
1. Kitchen Planning
10. Storage For Your Home
1. Pruning Hedges, Shrubs and Trees
11. Lawns For Arizona
5. Landscaping Arizona Homes
17. Planting and Pruning Roses
19. Flowers For Southern Arizona
15. Indoor Gardening

80 Total
FAMILY ECONOMICS:

Money Management - Family Use of Credit - Installment Buying

The money management project was inaugurated for Cochise County Homemakers during the month of April 1958. This was the project selected for 1958 by the County Council at their 1957 Fall meeting.

General Goals of the Money Management project were as follows:
1. Homemakers will be conscious of the cost of credit and will use credit to better advantage.
2. They will have a better knowledge of the types of credit and will investigate some of the sales "gimmicks" more closely.
3. They will shop for credit.
4. They will investigate all sales contracts more closely before signing.
5. They will be more aware of the distribution of the family income percentage wise and will be more careful in entering into installment contracts that may spell "trouble" for them.
6. They will be more aware of protecting or building their credit rating.
7. They will have a better knowledge of factors involved in issuing credit.
8. The homemakers will be aware of the difference to them in installment sales contracts as to where the down payment is credited, i.e., before or after the carrying charge has been added.

Money Management Leader Training

April 9, the LEM for Money Management was held at the Vet's Club in Willcox at 10:00 a.m., for homemaker clubs in the northern part of the county. Home Management leaders from three clubs were present plus two 4-H club leaders who were included in this training. Miss Grace Ryan was in charge of this meeting, assisted by the Home Agent. Subject matter was presented as follows:
1. General economic background, presented by Miss Ryan (mimeo - Economic Hints to Homemakers)
2. Principles of Management, with suggestions for future program planning - Miss Ryan.
Money Management Leader Training - cont.

3. Principle types of Credit - presented by Home Agent (mimeo - principle Types of Credit Accounts).

4. Installment: buying - presented by the Home Agent. Demonstration of actual figuring of installment contracts. (Mimeo, Installment contract form taken from Using Our Credit Intelligently, National Foundation for Consumer Credit.)

5. Family case studies (Mimeo, Family Credit).


Ten leaders were present at this meeting. Illustrative material provided for their use with the flannel board was as follows:

1. Illustration of inflation
2. Illustration of supply and demand
3. Credit's 3 C's
4. Principles of Management
5. The average farm operator income and its breakdown.
6. The installment sales contract brief.

The meeting for the Home Management Leaders for South Cochise County was held on April 10, 1958 at the Y.W.C.A. in Bisbee. Ten leaders attended this meeting to receive the instruction listed above for L.T.M. in North Cochise. Miss Grace Ryan was in charge of the meeting, assisted by the Home Agent. All but one homemaker club (Frontier) were represented.

Mimeos were prepared for distribution to all homemakers. The project was set up as leader training to get the active participation of leaders on this project. The Home Agent plans to attend Homemaker club meetings to assist the leaders in figuring the installment buying contract. However, it is the plan that the leaders carry out at least one lesson on their own. The case study method is one that it is felt they can handle.

Project Meetings - Money Management

Six Homemaker clubs held their first project meetings during the month of April, 1958 and 5 clubs held their first project meeting in May, 1958. The Agent was present at all 11 meetings to help the leaders with a general economy background, and to conduct the demonstration of Installment Buying. At this time, the agent showed the actual figuring of an installment contract.

The Homemaker clubs completed the second project meeting in May & June, 1958. The project leaders were responsible for presenting the second phase of the project which was types of installment buying and family credit.
Project Meetings - Money Management - cont.

Group participation was encouraged in teaching family credit. Actual case histories were discussed with homemakers playing the role of banker, F.H. A. representative, home agent, and others having a hearing on credit extended to families. Family history, health, personality, education were factors discussed.

Results, Observations and Evaluations:

Homemakers were particularly impressed with the term "troubled money" and by the breakdown of the average farm operator income for the Rocky Mountain region of the United States. This breakdown shows only 4% left after family necessities. This 4% includes any family savings and the part left for installment payments that the average family seems to carry. The universal reaction was that it was clear to them why they were having so much trouble with installment contracts and credit.

The second factor in which they were particularly interested was the installment sales contract. The high rate of interest was a surprise after they saw the actual breakdown of figures.
**Program as Achieved**

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**Comments:**

- "I think having the home agent work out what one pays when buying on the installment plan was an eye opener to many of our homemaker club members."
- "I've heard at least three members express themselves 'Never again .... I'll save up until I can pay cash.'"
- "Think what I've wasted on installment payments."
- "I'll shop to be sure the item is worth the extra cost before going ahead on installment buying."
- "I've decided never to buy an article on time."
Project Summary -

11 Homemaker Clubs participated in the project. The Elfrida Club was not organized at the time, but the club has asked for the work in their 1959 program.

17 Communities were represented.

19 Home Management leaders attended the leader training meetings.

224 Homemakers were present at the club meetings for the project work.

17 other families were reported assisted in figuring costs.

The project was presented by the agent and leaders with membership participation on the family credit phase.

Evaluation:

A check sheet was sent at random to 40 homemakers who were among the 224 women present at the project meetings when the material on installment buying and credit was presented. Only 40% returned this check sheet to the office. The findings are as follows:

Most of the information received on the subject was by attendance at their homemaker meetings. 8 reported reading articles in current magazines on the subject. 4 reported receiving more information from banks.

The figures were 7 - 4 for continued use of credit since the meeting.

14 - reported calculating cost of credit at banks, stores, and other lending agencies.

2 - reported doing this for the first time, but 10 - reported the information received helped them to do this much better. Open charge accounts predominate as the chief type of credit being used by those reporting.

9 - reported shopping for credit

5 - reported deciding with family how much credit they can afford

8 - report reading fine print on contracts

7 - report finding out about hidden charges included in credit

6 - reported knowing penalty for not making payments on time

Only 6 - of the women reported knowing her credit rating.
Other topics expressed as needed are as follows:

(1) Bank interest as compared to federal and local savings interest.

(2) What are "safe investments"?

(3) Should the average income bracket housewife invest in stocks and bonds?

(4) More information on budgeting.

Some clubs were very interested in the project as presented. These were the women of a younger age bracket whose husbands worked for wages or salaries. The older homemaker club members did not seem to think more of this type of information was needed. The Agent assumes that the majority of the older women are well adjusted as far as their incomes are concerned, and are experienced in managing their money. Most of these older women are in the Douglas area and are on pensions or are in an income bracket where installment buying is not necessary. Ranch women who live from one year to the next do not buy on monthly installment plans either.

The material used in this project "Principal Types of Credit Accounts" and "Installment Sales Contract" was prepared in Cochise County and also used by the Home Agent in Yuma County who reports much interest in the project. The material was also used as a basis for work prepared on the subject in Gila County. 25% of the check sheets sent out in Cochise were prepared by the Home Agent in Gila County.
FAMILY ECONOMICS

Bulletins and Mimeo's Requested or Taken From The Office

1  Principal Types of Credit Accounts
169  Use Consumer Credit Wisely
155  Family Credit
237  Economic Hints For Homemakers
196  Installment Buying
210  Types of Installment
24  Maid Service - 1957 Style
  2  Better Buymanship, Use & Care of Poultry & Eggs
  22 Stretch Your Food Dollar
  4 More and Better Foods From Today's Pay Check

1023  Total
HOME MANAGEMENT

Bulletins and Mimeos Requested or Taken From The Office:

45  An Easy Way To Iron A Shirt
23  Help Yourself to Laundry Aids
24  Wash Your Blankets
62  Household Pests
13  Silver Fish
1   Your Work Can Be Easier
1   Posture In House Work
1   Time Management For Homemakers
1   Cleaning Methods
1   Laundry For Cotton
1   Soap and Synthetic Detergents for Home

173 Total
CLOTHING

Overall objective of 1958 - 1959 clothing program in Cochise County:

Increased knowledge and skill in clothing selection and clothing construction in order that Cochise County women will:

a. Develop a better appreciation of being well dressed.

b. Plan adequate and suitable ward-robos.

c. Become more fully informed on increasing problems in buying clothes.

d. Learn better care practices for clothing.

e. Select, use, and care for sewing equipment.

f. Increase family well-being through improved clothing practices.

Steps used and to be used to develop above clothing program in Cochise County as planned for 1958 - 1959:

1958

1. Development of the subject, Design According to Figure Types.

2. Pattern Selection

3. Pattern Alteration

4. Helping those homemakers interested to create for themselves a good basic pattern custom fit to their figure to be used in altering any current pattern or ready made clothing.

1959

5. Better-Dress Workshops for increasing construction skills.


7. Develop a means of showing achievement such as a fashion show of garments constructed in Better-Dress Work shops. This could be done at the 1959 Spring County Council Meeting.

8. Periodic information on good grooming practices.

Ann C. Wesley
Cochise County
1958
### COCHISE COUNTY - 1958

**Method of Teaching (Workshops)**

<table>
<thead>
<tr>
<th>Location</th>
<th>No. Leaders Trained</th>
<th>Workshops Held</th>
<th>Home Shirts Enrolled</th>
<th>Homemakers Completing Project</th>
<th>Total No. Shirts Made</th>
<th>No. M-H Leaders Participating</th>
<th>Women other than Club Members Participating</th>
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</table>

**COMMENTS:**

1. "In the opinion of most of the women, this project was very worthwhile."
2. "The women enjoyed this project. They were all happy to receive the pointers for the construction better fitting western shirts."  
3. "The women were very pleased with this project and feel they learned a lot about construction."
4. "A practical and popular project."
5. "Many are planning to continue making western shirts. All were pleased with the workshop-type project.
6. "Leaders of the Frontier Club expect to hold more workshops. One homemaker now makes western shirts regularly for her family."
7. "134 shirts were reported made. This is a very low figure and the agent feels 150 would be more accurate."
8. "The shirt making has helped in dress making also. Interfacing especially & 'bubbling' on the cuffs and collars."
Project Summary: Western Shirts:

11 Homemaker Clubs participated in the project.
1 Club (Sew What?) did not participate.
3 Leader Training Workshops were conducted in November-1957 by Miss Helen Church, Clothing Specialist, U. of A. (See 1957 Home Agent's annual report for Leader Training Meetings and project set-up.)
100 Homemakers enrolled in the project.
9 4-H Club leaders participated in the project.
28 Leaders were trained.
41 Workshops were held by these leaders.
64 Homemakers completed the project.
134 Total number shirts reported made.
20 Women, other than those in organized Homemaker club groups, participated in this project.
5 Stores in the County are now carrying as regular stock items and materials requested especially for the Western Shirt Project. These are:
Willcox - Sew'N'Dress Shop and Willcox Commercial

Evaluation:

This project proved to be very popular in the county. It was originally scheduled as a special interest project, but due to a heavy enrollment, it was switched to a regular clothing project.

The Workshops were handled in a very business-like manner by the leaders. They followed closely the recommendations given to them in their leader training meetings. It was gratifying to see the leaders take the responsibility of instructing others for whom they were responsible for teaching skills.

Many Homemakers are now making western shirts regularly. One independent leader (trained at the original LTM) has again offered her services to any homemakers needing instruction. She shows a good understanding of Extension Service Methods.
Three Homemaker clubs used the Western Shirt project as the theme for their homemaker booths at the Cochise County Fair. (See County Fair Report and Pictures at the end of report.)

The Double Adobe Club reports that six shirts were modeled by their husbands at a community "March of Dimes" dance. They reported the affair a huge success.

Several husbands have made favorable comments to the home agent regarding the fit of the western shirts made for them by their wives. They liked the fit very much.

The clothing techniques taught in this project have helped in dressmaking also, particularly interfacing and "bubbling".
Design According To Figure Types

The fall clothing program for 1958 was inaugurated on August 12 - 13, 1958, with two Leader Training meetings on Design According to Figure Types. These meetings were held to present preliminary subject matter to the homemakers in preparation for the clothing work to follow in pattern selections and pattern alteration. All clothing work this fall is in preparation for the Better Dress Work Shops to be held in the early spring of 1959. This is in accordance with the Clothing Program planned by the County Council in the fall of 1957. This clothing program was planned for a two year period at this time.

This project has been presented by Clothing Leaders trained at the above Leader Training Meetings. The clubs had this lesson at their August and September Homemaker Club Meetings. Two kits with the following material were rotated for leader use.

1. Lesson in good basic proportion and basic design factors.
2. Analysis of new designs - Trapeze, etc.
3. Design types suitable for all figure types. This was illustrated by pictures of new fashions showing line and design best suited to a variety of figure types.
4. Squaw dress design. Proper placing of trim showing best line and design for various figure types.
5. Camouflaging and minimizing of figure defects by proper use of line and design.

Objectives:

The objectives of these lessons were as follows:

(A) That all homemakers be aware of what good line and design can do in fashion.

(B) That each homemaker analyze and understand her own figure type.

(C) That each homemaker can take the above information and have a better foundation for wise pattern selection and wise selection of ready made clothes.
### TABLE SHOWING PROGRAM AS ACHIEVED TO DATE

#### Project: Clothing

<table>
<thead>
<tr>
<th>Phase</th>
<th>Method of Teaching</th>
<th>By Whom</th>
<th>Location</th>
<th>Homemakers at Project Meetings</th>
<th>Number of Leaders attending Leader Training Meetings</th>
<th>Number of 4-H Leaders attending Leader Training Meetings</th>
<th>Other Women Influenced</th>
<th>Comments</th>
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<td>The leader from the San Pedro Valley Club spoke at the YWCA Y-Wives in Bisbee on the subject of &quot;Design According to Figure Types&quot;. She used the illustrative material on squaw dresses since the occasion was a squaw dress coffee. Her comment was: &quot;I wonder how they felt when I got through telling them what they did wrong on their squaw dresses—some were certainly aware of mistakes in their designs, and were certainly interested&quot;. The secretary of the Y-Wives wrote that this leader had done an excellent job of this lesson.</td>
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</table>
Project Summary to Date:

12 Homemaker Clubs participated in project.

10 Homemaker Clubs had 20 leaders at the Leader Training Meetings.

2 Clubs gave the lesson from illustrative material in kit only.

2 leaders from Pomerene L. D. S. attended the Leader Training Meetings.

50 women other than Homemaker Club members have been influenced by this information to date.

128 women were present at project meetings.

Evaluation:

This project stimulated interest among the Y-Wives organizations in both Bisbee and Sierra Vista to the extent that both wish to be included in selected phases of the Extension Service Program for the coming year. Leadership is felt to be their main problem, and if they can get the necessary leadership, they wish to actively participate.

Pattern Selection and Pattern Alteration

Four Leader Training Meetings were held on Pattern Alteration during the month of October. Eleven clubs plus the L.D.S. Relief Society of Pomerene are participating in this project which is a prerequisite for the clothing work to follow in 1959 - Better Dress Work Shops.

Meetings were as follows:

- Oct. 7 - Douglas - 15 leaders from 8 Clubs
- Oct. 22 - Douglas - 16 leaders from 8 Clubs
- Oct. 8 - Willcox - 11 leaders from 3 Clubs
- Oct. 23 - Willcox - 15 leaders from 3 Clubs

All meetings were conducted by Miss Helen Church, Clothing Specialist. The work was divided into two meetings as follows:

First meeting - pattern sizes, selection, makes, measurements. Basic alterations were shown. Leaders determined their pattern size from their individual measurements. They were instructed to buy a basic pattern and alter this according to their own measurements, checking them against a garment that fit them well. They were further instructed to make a muslin garment using the altered pattern and thus come prepared to the second meeting.
Second meeting - At this meeting, muslin garments were checked and further alterations of the muslin patterns were made. Results and observations:
(a) Leaders have ended up with a custom fitted pattern.
(b) Leaders had a chance to definitely analyze pattern changes since 1956.
(c) They had the opportunity to see the difference in makes of patterns and found variations according to makes, although basic sizing was definitely the same in all makes.
(d) Most leaders found that they wore a smaller pattern under the new sizes than they thought was right for them.
(e) The leaders saw the difference between sizes in ready made garments as compared to the same pattern size.
(f) All leaders have followed through with this project to date and clubs have had to recruit more leaders to help with this work.
(g) 76 homemakers have enrolled in this project and more are expected. Enthusiasm has been catching.
(h) Leaders have already begun the work-shops for those to make the basic muslin pattern.
(i) Clubs have gained new members as a result of this work.
(j) Leaders have found that a properly fitted custom pattern takes time to do well. They are allowing for this in scheduling the help to the homemakers. Many at first thought it could be made in a few hours.
(k) As a result of this work, they have a better knowledge of patterns and pattern alteration than ever before.

For those homemakers not wishing to actually construct a custom fitted pattern for themselves the clothing leader presented information at their regular October homemaker Club meetings on this project. The mimeo on pattern alteration was distributed to every interested homemaker. Four kits with illustrative material are being rotated in the county for use at the regular homemaker club meetings for October and November subject material.

Final meetings on Pattern Alteration for leaders of both sections of the county were held on November 6 – 7, 1958. Miss Helen Church conducted these meetings since some leaders felt one more meeting for them would be advisable before their project groups were started.

The meeting on November 6, 1958 was held at the Grace Methodist Church in Douglas. Nine leaders from 5 Homemaker Clubs were present.

The meeting on November 7, 1958 was held at the Willcox Vet's Club. Five leaders from 2 Homemaker Clubs attended.

When these extra meetings were set up, the agent notified the leaders that Miss Church's services would be available to them if they
did not feel entirely sure of themselves in carrying on this project. The aim was to make a final check of their basic patterns as to proper fit, and to be sure they knew how to handle various problems in pattern alteration that they might run into helping the homemakers for whom they were responsible. The interesting note about the final meetings is the fact that the one club whose leaders needed the most extra help, so the specialist and agent both felt, did not avail themselves of the extra help available at this time. The agent felt that other leaders not attending the final meetings were fairly well skilled in the project.

Many leaders have started their groups on the project and the work is progressing nicely.
<table>
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<tr>
<th>Club</th>
<th>No. Homemakers enrolled in Project</th>
<th>No. Leaders Trained</th>
<th>No. Leaders Completing Basic Pattern</th>
<th>No. 4-H Leaders Participating</th>
<th>No. Workshops Held</th>
<th>No. Homemakers Completing Basic Pattern</th>
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</table>
Summary of Pattern Alteration Project to date:

11 Homemaker Clubs are participating in this project. One club (Sew What?) is not participating.

28 Clothing leaders have been trained in Leader Training 6 meetings.

99 Homemakers are now enrolled in the project. More are expected.

25 Leaders have completed their basic patterns.

9 4-H Leaders are participating in the project.

Final figures for the number of Homemakers completing project are not available at this time.
CLOTHING

Sewing Cabinets

Four cabinets have been constructed in the county during the year. The specifications recommended in the University of Arizona Extension Service Bulletin - Circular 228 "You Can Make This Sewing Cabinet" were used.

Bulletins and Mimeos Requested or Taken From The Office:

35 You Can Make This Sewing Cabinet
21 New Sewing Tools That Make Sewing Easy
28 Simple Equipment for Pressing
9 Simple Equipment Needed For Tailoring
7 Buying Your Home Sewing Machine
20 Sewing Machine Cleaning
1 How To Solve Your Fitting Problem by the Use of Paper Dress Form
23 Making The Dress Form
25 Stay Stitching Makes Sewing Easier
65 The Young Homemaker Learns Easy Sewing Skills
32 Making Buttonholes
43 Learning To Sew
17 Let's Make A Dress
27 Making a Skirt and Blouse
23 Make It Without Fear
11 Dresses Designed For Little Girls
9 Coat Making At Home
6 Clothes Moths and Carpet Beetles
31 Western Shirt Mimeos
29 Stain Removal From Fabrics
57 Pattern Alteration - USDA
2 Be Smart In a Semi-Tailored Garment
10 Measurement Cards
19 Fabric Facts For Buying Best Dresses
2 Buying Sweaters For The Family
369 When You Buy a Sport Shirt
9 Buying Men's Suits
1 Making Leather Gloves
1 Gloves and Mittens
1 Leather Purses
2 Accessories
37 Get The Most Out Of Your Sewing Machine
233 Clothing Fabric Facts for Consumer Education
2 Be A Wise Buyer of Rayon & Acetate Fabrics
8 Buying Women's Coats and Suits
12 Fitting Coats and Suits
1 A B C's of Mending
23 Quick Levi or Work Clothes Patch
12 Short Cuts In Sewing
1 For The Well Dressed Woman
4 Equipment For Sewing Machine Clinics
10 Finish Techniques
CLOTHING

Bulletins and Mimeos Requested or Taken From The Office - cont.

6 How To Tailor A Woman's Suit
509 What's My Line
325 Pattern Alteration Mimeo
250 Work Sheets Pattern Alteration
150 Know Your Pattern Size
22 Leaders Guide - Pattern Alteration
3 Is Your Hair Your Crowning Glory
10 Shampooing For Hair Beauty
5 Advanced 4-H Clothing
1 Advanced Clothing Note Book
1 Wardrobe Planning
16 Wardrobe Magic
7 1st Year Clothing Leaders Guide
2 2nd Year Clothing Leaders Guide
4 3rd Year Clothing Leaders Guide
2 As Others See You

2658 Total
FOODS AND NUTRITION

Foreign Foods

The Foreign Foods Project was started in Cochise County in February 1958.

The first Leader Training Meeting was held at the Douglas Woman's Club on February 14. Eight Homemaker clubs were represented by 16 leaders at this meeting.

Mrs. Helen Goetz, Assistant Home Agent from Tucson, assisted the agent with this training meeting. Since Mrs. Goetz was a Native of Germany, with schooling in France, many German and French recipes were used. The Agents demonstrated preparation of the following recipes:

1. Sukiyaki (made on an authentic Hibatschi) (Served with Japanese rice).
2. Penlose Fug1er (Beef Birds) - Scandinavian
3. Potato Dumplings - German
4. Chicken Soup Parmesan - French
5. Hamburger of Savory Skillet Sauce - French
6. Linzer Torte - Austrian
7. Quiche Lorraine - (Bacon Cheese Pie) - French.

Recipes were sent out to some leaders with the notification of the leader training meeting. They were asked to prepare and bring the dish described in the recipe sent to them. The dishes prepared and brought to the homemaker meeting by the leaders were as follows:

1. Kaldomar (Cabbage Rolls) - German
2. Sweet cookies - German
3. Red Cabbage - German
4. Broccoli with mustard mayonnaise - French
5. Vegetable Salad with Cheese - Danish
6. French Bread - France
7. Apfelkuchen - German
8. Mor Mosen's Kaker (Orange Diamond Tea Cakes) - Norway

A buffet service was set up for all food served. Each leader was encouraged to taste every dish to familiarize herself with it. Coffee was served and the various dishes were discussed in regard to the American palate and the nutritive value of the dishes.

The Leader Training Meeting for Northern Cochise County was held at the R. E. A. Demonstration Kitchen in Willcox on February 20, 1958. The agents presented the same demonstrations described in the first leader training meeting. One demonstration was added. It was Chicken
10 Leaders from 3 clubs were present at this meeting.

Objectives outlined for the Foreign Foods Project are as follows:

a. To develop a taste for foreign foods and add a greater variety to our meals.

b. To acquaint homemakers with the basic principles and techniques used in the food preparation of other nationalities.

c. To give homemakers an opportunity to share their best foreign recipes with other homemakers.

d. To give homemakers an opportunity to learn how to cook in Tschitschis (small charcoal stoves).

e. To learn about the food value of some foreign dishes and adjust them in accordance with the National Food Guide.

f. To learn something regarding the use of wine and herbs in cooking.

Leaders were instructed in the following methods for accomplishing objectives:

a. Demonstrate one or two of the dishes that were demonstrated at LTM.

b. Have other members make various foreign dishes as assigned to them before the meeting and bring them to the meeting.

c. Serve food with beverage for lunch.

d. Discuss the various dishes in regard to our palate and their nutritive value.

e. Encourage better understanding of foreign countries and their food habits.

f. Use pictures - illustrating the foreign countries as well as pictures taken at the Leader Training Meeting. The R. E. A. is sending each of the Homemakers Clubs in the North Cochise Group a set of pictures for their club scrap books. These are pictures of the LTM.
The Leaders were encouraged to create an International atmosphere by planning to set their tables using items that come from foreign countries. They were urged to seek out club members who may know native songs or would want to gather some information about these countries and their food habits, and share it with the rest of the group.

Publications used were as follows:

2. Foreign Foods Recipes - Cochise County
3. Leaders' Report
4. Leaders' Training Outline

The agent was assisted in this project by Mrs. Helen Goetz, Home Agent at Large, University of Arizona Extension Service. Mrs. Goetz attended four project meetings to help and encourage the leaders in teaching this project. The following is Mrs. Goetz report on the meetings she attended. These meeting are fairly typical of those held by all clubs on this project.

Cochise, Progressive Pioneers - Twenty-one women were present at this meeting. They had followed the pattern of the Leader Training meeting and prepared a great variety of foreign dishes. The buffet table was decorated with several foreign cook books and some Japanese china. One club member brought her husband, who prepared Danish Aebleskiver. They had purchased a special pan to prepare this dish. Mr. Eslick demonstrated the preparation of Aebleskiver to the women. The women liked this project very much and mentioned several of the dishes they had made at home or were going to prepare for their families.

At the Homemaker's Club meeting in Stewart, thirty-one women were present. This was a very well-organized meeting. The foods leader demonstrated several dishes. They discussed changes that they had made when preparing some of the dishes at home. Two meat dishes, Suki Yaki and Chicken Pakistani were demonstrated. Some club members brought assigned dishes, like desserts and vegetables from the
foreign foods pamphlet. While others brought salads to balance out the meal. One member had prepared an Australian cookie, and she made the recipe available to the other members.

The fourth club meeting was with the Border Club in Douglas. Eleven members were present. The business meeting was very well conducted by the president and various project chairmen. The interest in foreign foods was good, although it is doubtful that many of the foreign recipes will be prepared in the home. The meeting took place at the home of Mrs. Spence, one of the Food Leaders. Her husband was stationed in Japan and he had brought a recipe back for Sukiyaki which she demonstrated to the women. The product was much more desirable than the one from the recipe contained in "Exotic Foods". Since Mrs. Spence did not know the exact quantities of the various ingredients, the agent made a note of these ingredients and will experiment at her home to determine the correct proportions. She will then turn the recipe over to the Extension Nutritionist.

Observations:

There was some question as to whether there were too many foods to be demonstrated at the Leader Training meetings. Both agents felt that the time factor was worked out to a good advantage and the value to the leaders of having the opportunity to taste and thus acquaint themselves with a large variety of foreign dishes was of great over-all value.

The Leaders were also instructed to by no means try as much variety as we had at the training meeting, but to limit themselves to a few dishes incorporating the menu from foods of one country only.

The Sukiyaki was one of the least popular dishes served. However, the leaders were told to adjust the recipe by cutting down on soy sauce and sugar bring it more in focus with the American palate.

There was much interest in the Hibatschi. They felt that the small amount of charcoal it used made it more practical than a large bar-be-que. The fact that it can be used inside without smoke also impressed them.

The Foreign Foods Project was carried on over a period of two months, March and April, 1958. It was of much interest in the county. One club, The Border Club of Douglas, made a yearly project of Foreign Foods and each meeting was devoted to foods of one particular foreign country. This club which meets regularly for luncheon was able to carry this out in conjunction with subsequent Homemaker club projects.

The project was ably conducted by the Leaders trained. At the first meeting, the leaders demonstrated one or two dishes as they had been instructed to do. At the second meeting, members brought their own favorite foreign food recipes. They were encouraged to exchange recipes with one another.
COMMENTS FROM FOREIGN FOODS PROJECTS LEADERS

"A great deal of interest was evident which will result in varied home menus." - Stewart

"Members enjoyed the change from bringing just any pot-luck dish to bringing a foreign food." - Stewart

"The replies to 'What was the value of the project?' were too numerous to list. All were pleased and enthusiastic." - Stewart

"I think it has stimulated our members to new interest in trying the 'Foreign Foods' dishes." - Sew What?

One Comment - "I'd always been afraid of foreign recipes and odd condiments." brought agreement from others.

"I think the objectives were obtained."

"We didn't cook over a hibatchi; however, three of us have since purchased one."

"Perhaps our weak point was time."

"There was some general discussion on nutritive values and comparisons, etc." "

"The recipes were a real help in enabling us to vary our menus."

"Most were interested and gained an insight into the different dishes. Some they liked very well and some they did not appreciate."

"The ingredients were not what one usually had on hand, therefore, expensive to prepare."

"A variation from everyday cooking was welcome."

"The recipe book of Exotic Foods is wonderful - I value mine very much."

"We all enjoyed the foreign dishes but there was some complaint about foreign foods being impractical because of the time required to prepare."

"Some are asking for a foreign foods pot-luck for the families."

"The number of families who have foreign foods in their background is surprising. Memories of dishes prepared by parents and grandparents came to the fore. Family recipes long put aside were brought out and many are used again regularly in some homes."
Project Summary: Foreign Foods

11 Homemaker Clubs participated in the project. The Elfrida club was not organized at the time.

18 Communities were represented.

27 Foods leaders attended the L.T.M. meetings. The project was taught by Leader Demonstration and membership participation.

31 Combined days (approximate) were devoted by leaders to the project.

274 Homemakers attended the project meetings.

39 Other Families influenced (reported)

Foods of 14 Foreign Countries were represented in the project.

17 Foreign Dishes were demonstrated by the foods leaders at the Homemaker Club Meetings.

75 Other dishes were prepared by club members and brought to project meetings.

101 Families reported using the recipes at home.

The Kansas Settlement Coyotes 4-H Club used foreign foods as refreshments for their Mother's Day Tea. This group is closely associated with the Sulphur Spring Homemaker Club.

The Border Homemaker Club Booth at the Cochise County Fair was an excellent display of what their homemaker club had done with this project. (See pictures at end)

Requests for the University of Arizona Bulletin, Exotic Foods, are still coming into the Extension Service Office. The Agent feels that this has been a very successful project. Homemakers of the county not members of organized Homemakers Clubs are using the foreign recipes for teas and various other parties which they attend. The ladies of the Lions Club have requested the bulletin for use at a smorgasbord dinner which they are planning. The Foods leaders of the homemakers clubs are to be congratulated on the fine job they have done with this project.
<table>
<thead>
<tr>
<th>Methods of Teaching</th>
<th>Location</th>
<th>Leaders Trained</th>
<th>No. Days Leaders Spent</th>
<th>Homemaker Attendance at Project Meetings</th>
<th>Foreign Countries whose foods were demonstrated or disc.</th>
<th>Families using Foreign Foods Recipes at home</th>
<th>Foreign Dishes Demonstrated At Meetings</th>
<th>Other Dishes Prepared By Homemakers and Brought to Meetings</th>
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<tbody>
<tr>
<td>DL</td>
<td>Border</td>
<td>2</td>
<td>3</td>
<td>21</td>
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<td>6</td>
<td>13</td>
<td>Sukiyaki</td>
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<td>DL</td>
<td>Cochise</td>
<td>4</td>
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<td>36</td>
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<td>Benlose</td>
<td>Fugler (Beefbirds)</td>
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<tr>
<td>DL</td>
<td>Double</td>
<td>2</td>
<td>3</td>
<td>28</td>
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<td>6</td>
<td>9</td>
<td>Potato Dumplings</td>
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<td>NF</td>
<td>Elfrida</td>
<td>club not organized at time of this project</td>
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<td>Weisse Ruben (turnips)</td>
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<td>1</td>
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<td>19</td>
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<td>5</td>
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<td>2</td>
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<td>9</td>
<td>17</td>
<td>Wine Fried Chicken</td>
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<td>Sew What?</td>
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<td>Chicken Curry</td>
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<td>German Cookies</td>
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**TOTALS** 11 clubs 27 31 274 39 14 101 75

Comments from Leaders on this project to be found on following page.
Food Preservation

Activity in Food Preservation has been evident in the county during the month of September, particularly in peaches and apples due to the large local supply.
FOOD PREPARATION

Bulletins and Mimeos Requested or Taken From The Office:

3 Dates In Arizona
9 Diseases of Garden Crops
12 Arizona Home Gardening
4 Milk For The Family
23 Sour Cream, How To Prepare and Use It At Home
18 Foods For Families With School Children
19 Egg Dishes For Any Meal
18 Honey - Some Ways To Use It
17 Tomatoes On Your Table
7 Sweet Potato Recipes
6 Why Not Make Sauerkraut?
15 Grapefruit Desserts
34 Salads From Arizona Grown Foods
28 Frozen Desserts
76 New Ways of Cooking Pinto Beans
11 Soups For All Occasions
8 Turkey On The Table The Year Round
11 How To Carve Chicken and Turkey
2 Basic Food Chart
2 Making Cheddar and Cottage Cheese
65 High Altitude Cakes
21 Yeast Breads and Rolls
12 Ways With A Pressure Pan
10 Chinese Foods
1 Simple Desserts
3 Poultry Cookery
3 Let's Eat Barbecued Chicken
9 Have Fun - Make Rolls
51 Fun In The Kitchen
25 Good Food Makes Good Friends
16 Harmony With 4-H Foods
11 4-H Foods Hit Parade
25 Food and Fun In The Home With Teenagers
1 Outdoor Meals
39 4-H Outdoor Cookery
1 Leaders Guide To 4-H 3rd Year Foods
105 In The Family Menu
25 Meat For Thrifty Meals
1 Family Fare
14 Do You Get Enough Milk
30 Peanut and Peanut Butter Recipes
10 Money Savind Main Dishes
25 National Food Guide
1 Good Weight Mimeo
1 Sandwiches Are Nutritious Too
1 Potatoes In Popular Ways
2 Food For Two
3 Nutrition Up To Date Up To You
Food Preparation Bulletins and Mimeos - cont.

6  A Ten Point Program For Improving The Nutrition of an Individual
1  Food Guide For Older Folks
2  Home Mixes
2  Home Mixes - Cookies
2  Cake Mixing Using Dry Skim Milk
1  Consumer Preference For Beef
1  Consumer Acceptance of Beef
25  Weekly Quantities of Foods For a Good Diet
1  Dips and Sandwiches For The Busy Arizona Family
26  Chili Peppers
108  Yeast Breads are Easy To Make
1  Making & Storing Farm Butter
1  American Type Cheese - How To Make It For Home Use
6  Dry Milk
47  Foreign Foods Recipes
243  Foreign Foods Mimeos
244  Exotic Foods

1551  Total
FOOD PRESERVATION

Bulletins and Mimeos Requested or Taken From The Office

1  Chicken In The Freezer
18  Freezing Meat and Poultry Products
1  What To Do When Your Home Freezer Stops
3  Home Canning of Fruits and Vegetables
42  Chili Peppers, Fresh, Frozen, Canned, Dried
3  Miss Virmond's Pickle Mimeo
16  Pickle and Relish Recipes
20  How To Make Jellies, Jams and Preserves At Home
1  Freezing Combination Dishes Mimeo
44  Home Freezing Of Fruits and Vegetables
14  Freezing Combination Main Dishes
1  Home Freezing - Doorway to Better Living
1  Home Storage of Fruits & Vegetables
1  Oven Drying
1  Preservation of Vegetables by Salting & Brining
1  Principles of Freezing Foods
1  Home Canning of Meat
1  Canning in Glass Jars
1  Prevent Spoilage & Poor Quality in Home Canned Foods
8  How To Process Your Home Grown Olives
1  4-H Freezing Foods

137  Total
HEALTH AND SAFETY

There was no county-wide project in these two fields in 1958. Homemaker club members are alert to new developments and activity has been geared to the interest of the local communities. Individual clubs reported activities as follows:

Double Adobe - The Homemaker club and 4-H club are closely related in this community. Projects of health and safety encompass both groups. Mr. George Griffin, Senior County Sanitarian, has been a speaker during the past club year. Mrs. Georgia Scott, health and safety project leader for the club presented a program on "Why Your Body Stays Young." Twenty members of the homemakers group were enrolled in the Red Cross first aid class and completed the course during the past year. They have aided the 4-H Club in a very successful Rabies Vaccination program for all dogs in the community. The community annually sponsors a March of Dimes Dance for polio, and are loyal supporters of the blood bank program. They have supported the 4-H Club in the successful project of improving sanitation in the community by an improved sanitary dump. Mrs. Jane Little, R. N. has given instruction on home safety, particularly to the family medicine chest.

Sulphur Springs - This community homemakers club is also closely related with its 4-H club and projects on health and safety encompass both groups. The Kansas Settlement Coyotes 4-H Club took state honors in its safety program in 1957-58 and this has largely been due to the support of the community homemakers. The group has been particularly interested in farm safety programs. This has included poison control measures which is a major problem, due to crop dusting of the produce fields in the community.

Sew What? - This homemakers club is very alert to health and safety problems in its community. One homemaker club program was devoted to a program by Col. M. C. Puglisi on "First Aid to the Snake Bitten." Portal school owns a first aid kit for snake bites and it's teachers are prepared to use them if necessary. The club has done much to improve their school from a health angle. They have recently installed inside toilets. This community actively supports all health fund drives.

Stewart Homemakers Club - This club is active in the health and safety field. It has strong leaders who keep the group fully informed on current safety and health developments. During the past year the club has had programs on rabies control, and home safety measures. They are supporters of health fund drives such as heart, cancer and polio. They are also good contributors to the blood bank.

Silvercreek - Members of this homemaker club group have been particularly interested in poison control in the past year. One club program was devoted to poisonous plants most commonly found in the area. The Douglas Hospital has been set up as a poison control center and homemakers club groups have been more conscious of poisons as a major health hazard.
Other Clubs have made use of the services of Mrs. Jane Little, R.N., who has given demonstrations at their meetings on the danger factors involved in the home medicine chest. She brought out safety measures necessary and demonstrated supplies necessary for a home first aid center.
COMMUNITY DEVELOPMENT AND SERVICE

All homemakers' groups strongly support local programs to better their own communities, and many are long time contributors to the Arizona Children's home in Tucson.

Clubs and their achievements during 1958 are as follows:

Cochise Progressive Pioneers - This club sponsors the maternity room at the Willcox Hospital. The members do hospital visiting twice a week for one month of every year (April). Some of its members have been active in raising money for a new hospital wing which is to be added to the Willcox Hospital in the near future. The club has a periodic clean-up drive for the Cochise Cemetery (May). They have also achieved library service for the community through the Extension Library Bookmobile. The group holds monthly card parties at the school house. They have a semi-annual Rummage Sale, the proceeds from which are used in helping needy families of the community.

Frontier - This club has aided the Extension service in providing much needed leadership for the Warren 4-H Club. Many of its members are now living in the Warren - Bakersville Community. The chief interest of this club over the past two years has been their community club house which is now nearing completion. This club house provides a recreation center for the entire Frontier community and is much used for dances, other recreation, social events, and fund raising affairs. They annually sponsor a March of Dimes Dance.

Stewart - This club has also improved its club house during the past year. It is the scene of all club meetings and all community activities, and the club is very conscious of the fact that the club house is too small. Plans are under way for enlarging the building. This club always donates clothing and food for the Arizona Children's Home in Tucson at Thanksgiving. The recent contribution was seven large boxes of assorted food and clothing. At Christmas time, the members donate money and toys for the home. This Homemaker group is very conscious of the need for larger funds for the community chest. Many transient workers have come into the community who often are in need of emergency financial help. They are fine contributors to the Willcox Community Chest.

The Sulphur Springs Homemakers - This club actively sponsors the Kansas Settlement Coyotes 4-H Club. They assist the club in all projects, both financially and in providing leadership. Recently they have improved their community center by planting 35 trees and 20 castor bean plants in a beautification program. The club also contributes clothing and food to the Arizona Children's Home in Tucson. They have also improved the cemetery grounds.

SilverCreek - The Silvercreek club donates $2.00 per month for the Cochise County Hospital for Gray Ladies Aid. The members as a club take dinner once each month to a shut-in and her mother. They have also given personal gifts for them and their home. Each member contributes a Christmas gift for the Veteran's Hospital in Tucson. They also mend and sew for the County Hospital.
Westside - The members of this Douglas club give much time to the Cochise County Hospital. Its members sew and mend at the hospital once a week.

Rucker Canyon - This club has recently been active in securing the service of the Library Book Mobile for the community.

San Pedro Valley - This club sponsors the Palomar 4-H Club as their special project. They assist the club in all activities both financially and physically. They have recently secured the services of the Library Bookmobile for the community.

Sew What? - This club supports all community activities and the entire community participates in their functional work. The club has recently secured the services of the Library Bookmobile. There is an active community recreation committee. A hall (privately owned) has been improved and donated for the use of the community. The school pavilion is also used for community affairs. The portal recreation group owns its own equipment such as a coffee urn which was purchased by proceeds from a recent community dance. The club holds an auction each fall, the proceeds of which go to the local P.T.A. The latter organization has recently purchased movie equipment for use at the school. This club collects used Christmas items to be sorted and packed for use at the Arizona Childrens' Home.

Double Adobe - The Community activities, homemakers club and 4-H club are interwoven in this community also. The clubs sponsor community parties on all holidays and many fund raising functions to send the local 4-Hers to Round-Up. They sponsor movies and local programs on health and other topics of interest to the community. They contribute equipment and supplies for use at the local school.
HOMEMAKER CLUB ORGANIZATION

Bulletins and Mimeos Requested or Taken From The Office

10 Meet Your Home Demonstration Agent
9 Homemaker Secretary Books
23 Homemaker's Club Handbook
37 Madam Chairman
315 Homemaker Club Program Books
535 Country Life Conference

929 Total

COMMUNITY AFFAIRS

Bulletins and Mimeos Requested or Taken From The Office

1 Help Your Boy or Girl In 4-H
1 Your Key To 4-H Parent Support
15 4-H Demonstrations
1 Hospitals For Rural People

9 The Changing Role of The Indian In Arizona
33 Total
OUTLOOK AND RECOMMENDATIONS

Some progress has been made in 1958 in involving more leaders and homemakers in an active role in program planning. County-wide advisory committees were created in the fields of Home Management and Home Furnishing and also in Foods and Nutrition. All committees need guidance and help in eventually assuming more responsibility for the homemaker program in the county as a whole.

The outlook is bright for organization of new homemakers clubs in the county. This is due to increase in population in some areas, chiefly the Willcox, Bowie and Ft. Huachuca areas. Older clubs are beginning to see the need of the strong leadership they are able to offer to younger groups. The Stewart group is helping to organize a new Willcox group.

The agent recommends the following:

1. That a county Advisory Committee be created for Health, Safety, Community Service, and that this committee be responsible for planning a county-wide program on a two year basis to begin as soon as possible in 1959, but extending through 1961.

2. That a county Advisory Committee be created for the clothing field and that this committee be responsible for planning a county-wide program for a 3½ year period to begin in 1960.

3. That training should be given to county-wide leaders in all fields to guide them in helping their homemakers in selection of a program satisfactory to the needs and interests of the majority. (more people involved.)

4. That all programs should be re-evaluated by the leaders from time to time to make sure the program is meeting the needs of any changing areas.

5. That a program more satisfactory to members of older groups be offered, but at the same time, help should be given to these older groups to make them see their changing role from active participants in all home economics work in which many feel they are well qualified, to that of guiding the Extension Program for younger homemakers and providing leadership in teaching skills to younger women.

6. That a county-wide advisory council for farm and home be created -- this to be composed of representative bodies of the community (farm, business, etc.) and that the home economics representatives on the council be chosen from the county home economics advisory committees.
7. That the county Homemakers' Council be made into as strong a governing body as possible in order that they will assume complete responsibility for the homemakers extension club program in the county.

8. That advisory committees take into consideration special interest projects when they do program planning, and that these be incorporated into the agent's plan of work at the beginning of each year.

9. That program planning eventually becomes a constant process. If the leaders can be taught to assume responsibility for their fields, they will become a storehouse of needs and ideas for the county homemakers whom they represent.
Homemaker Club Displays at Cochise County Fair
Blue Ribbon Awards

Double Adobe
Homemaker Club Displays at Cochise County Fair
Red Ribbon Award
Homemaker Club Displays at Cochise County Fair
White Ribbon Awards
COUNTRY LIFE CONFERENCE

Nine Cochise County women were among those present at the recent Country Life Conference of Arizona women held at the University of Arizona, June 2-5, 1958.

The theme of this year's conference was Living in Tomorrow's World and the program included many interesting programs designed to develop this theme.

Mrs. J. F. Schmelzla of Stewart was chairman of the morning session on June 3. This session included a talk by Richard A. Harvill, President, University of Arizona, on "Adult Education For Tomorrow's World." Other talks at this session included "The Agriculture of Tomorrow", by Rozmond E. Seltzer, Head, Department of Agricultural Economics, University of Arizona; "Putting the Sun To Work" by Rosmonds Bliss, Institute of Atmospheric Physics, University of Arizona; and "The New American Look in Living" by Beth Peterson, Home Economist, Public Relations Department, E. I. Du Pont Nemours & Co., Wilmington, Delaware.

Mrs. Vona Barkley, Pres. Cochise County Homemaker's Council, was a guest on the T.V. program "Visiting With Virginia." Mrs. Barkley is a member of the Cochise Progressive Pioneers Homemaker Club.

Mrs. Wayne Boyd of Stewart was a guest on the program, "Panorama", and Mrs. Schmelzla was a guest on the program "K-Gun."

Mrs. Robert Hoffman of the Double Adobe Homemakers Club represented the farm women of the State on the Symposium on Education. Others on this panel included Mrs. Ella Breazeale, women's personnel director of the Valley National Bank in Tucson; Dr. Geo. W. Lotzenhiser, Associate Professor of Music, University of Arizona; Dr. Edward N. Wise, Associate Professor of

Chemistry, University of Arizona.

All women were housed at the New Women's dormitory, Manzanita Hall, and their stay there was an enjoyable part of their week.

Others attending from Cochise County were Mrs. A. E. Keeth, of Cochise, Mrs. Jack Neal and Mrs. Katie Dearing of Stewart, Mrs. Acel East and Mrs. Esther Larson of Pomerene.

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Publicity Regarding Country Life Conference

Living In Tomorrow's World Conference
Theme June 2-5

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All women were housed at the women's new dormitory, Manzanita Hall, and their stay there was an enjoyable part of their week.

Others attending from Cochise County were Mrs. A. E. Keeth, of Cochise, Mrs. Jack Neal and Mrs. Katie Dearing of Stewart, Mrs. Acel East and Mrs. Esther Larson of Pomerene.
Homemakers Will Observe National Week

Arizona members of home extension clubs will join more than six and one-half million members throughout the country in the observance of the 13th National Home Demonstration Week May 4-10.

Home demonstration work is an educational program planned by homemakers and conducted cooperatively by the Extension Service of the U. S. Department of Agriculture, the land-grant colleges, and county governments. Through it, families learn to apply the latest approved methods developed by home economics research. The goal is to strengthen home and family life by helping women become more efficient homemakers and more effective citizens in their communities, states and Nation.

Local plans will include special events for reaching new homemakers with information about home demonstration work in the community and county, and about help available from this educational program, according to Ann C. Wesley, Cochise County Home Agent for the Agricultural Extension Service, University of Arizona.

In honor of this week many stories will be carried in next week's issue of the Arizona Range News.
CARE FOR NICKELS AND DIMES...?

When the national income per family is higher at the present time than it has ever been in the history of our nation, that is until the present recession, it seems odd that as part of adult education we must learn how to handle our money and our credit in order to get the good things of life we want but this is true. This form of adult education is being fostered by various groups including the Valley National Bank who has a corps of specialists who hold classes all over the state.

Bringing the study down to the Grass Roots is the Extension Department and thru the Home Agents. Thru the Homemakers clubs this study is now on the basis of monthly meetings. At the present time an average of a number of lessons are being given to the Homemakers. By the way, the largest group of leaders and the greatest number of people in adult education are those with the extension service.

Three of these lessons are ones that any family could study with benefit and are Family Credit, Use Consumer Credit Wisely, Principal Types of Credit Accounts and along with this is given a brochure entitled "Economic Hints For Homemakers."

We shall quote from the Economic Hints for Homemakers: "Americans are proud of the fact that 'private enterprise' is an economic system based on the principle that every American has the fundamental right to save and accumulate wealth."

"Because we believe in this principle it is important for homemakers to know something of the system under which we live. It is necessary, too, for them to know the important place each holds in handling and using money. For these reasons, here are some points to think about:

A. There are three phases of Economics: producing, distributing and consuming, or using commodities and services.
B. The homemaker functions importantly in the field of consumer because she handles, spends or directs from 80 to 86 percent of the dollars in the market.
C. What questions should the homemaker ask herself as a consumer? (These are the ones that are suggested and are good for every homemaker). What kind of a buyer am I? Why do I buy as I do? What kind of goods do I buy for my family? Where do I buy? Do I know about the various kinds of stores and their effect on prices?
D. The homemaker should make careful choices. There are three steps in choice making: planning a purchase, making a decision about costs, needs, kinds, etc.; finally going to the store and buying the specific article.
E. Handling money well is a management problem. All management is based on Three Sets of Things: Things to Spend—time, energy, money; Things to Cultivate: Knowledge—skills; Things to Change—attitudes.

Money management can be a "family affair". Family should plan together: income division, savings and investments, method of paying for products—cash or credit.

Family should realize the importance of credit and the fact that the entire family helps establish credit rating. Family members must be ready to change ATITUDES about money and change PATTERNS of LIVING if necessary.

Don't you wish you were a member of a Homemaker's Club so you could get this fine review of spending the family money? One of our friends has often said, "if you'll take care of the nickels and dimes, the dollars will take care of themselves," or in other words, planning is what counts. And we are sure all of the Homemakers will know how to plan much better after they finish this series of lessons.
LEARN HANDCRAFTS — Some of the instructors and pupils who gathered in Douglas Thursday for the countywide craft day are seen displaying their work. Some items have been finished while others are in various stages of completion. In the top picture are from left, Mmes. "Jess" Vinegard of Elfrida, Paul Zinn of Warren, J. A. Young of Douglas, A. E. Cox, Elfrida. Middle picture, left, Mmes. Hold Instruction Class II, Palm of Handcrafts For Homemakers, Thursday afternoon, instruction class in Mrs. George Held of Douglas; patterns on of Douglas, shellcraft; Mrs. George Price of Double Acme, David Strickland of Hereford and George Patterson of Douglas. (Dispatch photos)

Hold Instruction Class In Handcrafts For Homemakers

Thursday an instruction class in handcrafts was held in the basement of Grace, Methodist Church, one of two countywide crafts days sponsored by the Homemakers Council, University of Arizona Extension Service.

Two days earlier a similar class was held at the Veterans Club in Willcox for groups from the northern section of Cochise County, with 20 attending.

Groups in the southern section of the county were represented at the meeting here, with attendance of 35.

At the meetings representatives of Homemaker Clubs and 4-H leaders were given instruction in a variety of crafts.

The classes were conducted by Mrs. Ann C. Wesley of Wilcox, county home agent, teaching glass etching; Jim Little of Wilcox, assistant county agent specializing in 4-H activities, copper; enamelling. Other instructors were Mrs. John Young of Douglas, copper; looking.

Mrs. Edward Young of Douglas, aluminum room; Mrs. George Patterson of Douglas, shellcraft; Mrs. Paul Zinn of Warren, ceramics and Mrs. L. R. Adams of Douglas, leather. Those receiving instruction are expected to return to their organizations and instruct members in the crafts.
Homemaker Clubs Start Foreign Cooking Plan

By DORIS STURGIS
Willcox Correspondent

Cochise County Homemaker Clubs are embarking on a spring program of foreign food cookery. Two county leader meetings have been announced by Mrs. Ann C. Wesley, county home agent.

Miss Helen Goetz, recent U. of A. graduate and extension service home agent at large, and Mrs. Wesley will conduct the county leader meetings: In the Douglas Woman's Club Friday, Feb. 14; and in the Sulphur Springs Valley Electric Co-Op kitchen in Willcox Thursday, Feb. 20. Hours for both meetings are from 9:45 a.m. to 2:30 p.m.

Japanese, Danish, German, Italian and French cookery will be taught.

The Cochise County Council of Homemakers will convene in Douglas for the annual spring meeting Feb. 24. All county homemakers are invited to the potluck luncheon event to be held in the Cowbelles Building from 9:45 a.m. to 2:30 p.m. Plans for observing National Library Week in March; for the annual Spring Fling in May; and for the Country Life Conference at the U. of A. in June, will be made.

A nominating committee will also be named during the sessions. Mrs. Vona Barkley of Cochise presently heads the Council.

Miss Jean Stewart of the U of A Extension Service and state leader of the Home Economics division, will be present at the county council meeting.
SUCCESSFUL HOMEMAKING

It's Cooking — Those Good Foreign Foods

It's cooking, it's been cooking now for several months, all kinds of delicious foods which the women of the Homemakers Clubs have either brought the recipes or have been handed to them by their relatives and friends from foreign countries. Since time and space prevents many of us from belonging to a Homemakers group, thru Mrs. Ann Wesley, Home Agent, we are sharing these recipes with you. Mrs. Wesley also has a bulletin which has been issued by the University and which contains many unusual recipes yet food that any family would enjoy.

Now let's get on with the cooking.

ENCHAMALES

(Courtesy of Mrs. Bill Stephenson, Sr.)

Tortillas

1/4 cup Bisquick
1/4 cup Yellow Corn Meal
2 beaten eggs and add 3 cups milk or more to make thin batter
2 Tablespoons chopped parsley
Fry in 1 Tablespoon hot oil, rolling pan from side to side to fill bottom of pan. Turn once — fry one at a time.

Filling

1 lb. ground round steak
4 cloves of garlic
Fry in oil
4 large onions, diced and scalded and let set, drain, and add onion to meat (Save onion water)
Fry with meat, salt and pepper
2 lbs. mild cheese, diced
6 hard cooked eggs (chopped)
1 large can small olives save 1/4 cheese for top
Add cheese and eggs with meat mixture. Put 2 large Tablespoons of mix in tortilla and about 4 whole olives. Add 2 Tablespoons sauce. Roll up and cover top with cheese sauce and bake until cheese is melted. 20-25 minutes. For sauce use Las Palmas and dilute with onion water and tomato sauce.

FRENCH DRESSING

(Courtesy of Mrs. W. L. Chastain)

1 teaspoon salt
1 teaspoon Paprika
1 teaspoon dry mustard
3 Tablespoons of sugar
Mix together, add 8 Tablespoons of vinegar, cook and boil 1 minute, cool and add 8 Tablespoons of Mazola or Wesson oil. Makes a rather sweet dressing so if too sweet use less sugar.

CHEESE CAKE

(Courtesy of Mrs. Liselotte Kollmar)

1. 1/3 pkg. (10 oz. size) Honey Graham Crackers
2 oz. chopped almonds
Crumble crackers, add almonds, and mix with enough butter to handle.
Mix well and press into bottom of an 10-inch greased and floured pan. Bake 1 hour in a 350° oven.

2. 6 heaping Tablespoons flour
1/3 lb. butter, melted
1/3 cup sugar
2 Teaspoons baking powder
Mix well and pour over cracker mixture.

3. 2-8 oz. pkg. of Philadelphia cream cheese crumbled into small pieces
1/2 cup sugar
1 whole egg plus 2 yolks
3-5 drops of vanilla extract
Beat well with an electric beater
Add to ingredients in baking dish.

4. Heat oven to 350° (altitude 5000')
Cake bake 45-50 minutes. Remove from oven and cool 10 minutes.

5. 1/3 pint sour cream
1/3 cup sugar
2-3 drops vanilla
Stir well and add to cooled cake (pour on top).

6. Return to 350° oven and bake 10 minutes.

This is a mouth watering cake for special occasions. It is an original recipe by Mrs. Kollmar, who is a native of Germany.

HONOLULU DATE CAKE

(Courtesy of Mrs. Walter Owen)

1 cup flour
1/2 teaspoon salt
1 cup sugar
2 lbs. dates, pitted
2 lbs. English walnuts, or 1 lb. shelled
3 teaspoons baking powder
Sprinkle dry ingredients together three times, then add sugar, then nuts and dates, then eggs. Mix well and bake in loaf pan 1 hour in a very moderate oven (top will be sticky when done) Line pan.

KANGAROO COOKIES

(Australia)

(Courtesy of Mrs. W. L. Chastain)

Preheat oven to 375°F.
1/4 cup brown sugar firmly packed
1 Tablespoon grated lemon rind
1 teaspoon vanilla
1 egg separated
1 cup of flour
1 fourth cup of water
1 cup (six oz.) of Semi-sweet chocolate bits
1 fourth cup brown sugar firmly packed
2 Tablespoons powdered sugar (sifted)

Blend the first four ingredients, beat in egg yolk, add sifted flour alternately with water, add 6 tablespoons chocolate bits. Beat egg white until stiff but not dry; beat in one fourth cup sugar gradually until stiff and satiny, fold into the sweet mixture, spread in wax paper lined pan (or greased and lightly floured pan) and bake at 375°F. 25 or 30 minutes. Sprinkle powdered sugar over top while still hot. Cut into squares. Yield about 2 dozen cookies.

CUBAN CHICKEN

(6-8 serving)

Ann C. Wesley

(My husband's favorite and one he likes to cook)

1. 2 boxes chicken thighs (No. 2)
2-1/4 cups salad oil (more may be added if need to brown chicken)
2 tsp. salt
1 tsp. pepper
3/4 cup grated onion
1. No. 2 can pineapple chunks or spears with juice
1 tsp. cinnamon
1 Tbsp. chilli powder
Juice from 1 No. 2 can seedless grapes.

Garnish

1 small avocado sliced lengthwise
2 bananas (halved) and cut in spears
Seedless grapes from No. 2 can. or fresh seedless grapes.
Orange sections (if desired)
Fresh strawberries, enough to garnish.

Bake

1. Brown chicken well in salad oil.
2. Add other ingredients and steam slowly (covered) for 1 hour. (A covered electric frypan is excellent for this.)
3. Remove chicken to platter and garnish with fresh fruits and avocado.

4. Pour gravy from pan over all.
Homemaker Club Displays Described

By MRS. PAUL FARLEY

Friday morning at the Cochise County fairgrounds, many hours of time and effort paid off in an array of ribbons and cash awards for six Homemakers Clubs of the county.

The Silver Creek club carried the theme of pillow making in their booth Miss Grace Ryan, home management specialist from the University of Arizona, one of the judges, was heard to remark that the Silver Creek Club was the first in the state to have such a theme for a display. Mrs. Roy Adams accepted a red ribbon in behalf of the club.

Border Club, a fairly new organization, had an unusual exhibit, their being entitled Foreign Foods. They had an assortment of dishes displayed in a sealed refrigerator. They were awarded a white ribbon.

Frontier Club had community service as their theme, with a replica of the Frontier Club House as the main point of interest. They were awarded a white ribbon accepted by Mrs. Ruby Saunders.

San Pedro and Double Adobe clubs had special interest projects, making of Western shirts. Both groups were very thorough in showing the different steps in making a shirt. Mrs. Mary Price accepted a blue ribbon for Double Adobe. San Pedro also placed first.

The new Elfrida Club, putting up their first booth, placed second, with Mrs. Eugene Hill and Mrs. Louis Cooper accepting the ribbon. Theirs was an eye-catching arrangement telling the story of cotton from the field to a finished western shirt.

Mrs. Walter Swaggert was in charge of the division. She reported being very pleased with the number of clubs represented, adding that the goal for next year should be full representation from the county's clubs.

Foreign Atmosphere At Homemakers Club

Apricot blossoms in a Japanese vase... Japanese, Spanish, German, Australian and Pakistan food for the menu... Not a metropolitan cafe setting but conversation pieces at the meeting of farm women, the Stewart Homemakers Club, at the home of Mrs. Katie Dearing Thursday.

Mrs. Walter Miller and Mrs. William Eichenberger prepared the spread as part of the Foreign Foods cookery program of Cochise County Homemaker groups.

Four new members were accepted into the club. They were Mmes. Mary Tarkenton, Virgil Owens, Doris Musselmans, and Lucile Carpenter.

Guests were Helen Goetz, assistant state home agent, U of A; Bertha Virmond, former Cochise County home agent, Tucson; Mmes. T. E. Fleesham, James Little and A. L. Stansberry.

Mrs. William Chastain, health program chairman, spoke on rabies control in the county.

Mrs. Letha Grimes, social chairman, conducted an entertainment program of games.

Management Money Is Club Topic

DOUBLE ADOBE — Mrs. Ann Wesley, county home agent, gave out pamphlets and spoke on money management in the home at the Homemakers Club meeting Wednesday at the home of Mrs. Dale Chamberlain. Local leaders on the home budget project are Mrs. George Boyle and Mrs. Ken McDaniel.

Present for the all-day session and potluck lunch were Mmes. Ed Pride, Dick Scott, Roy Heath, Charles Price, Robert Hoffman, Paul Farley, George Chamberlain, Fred Garcia, Miss Nellie Chamberlain, seven children.
Cooperative Extension Work
in
Agriculture and Home Economics
State of Arizona

Willcox

Agricultural Extension Service
Home Agent Work
County Agent Work

June 30, 1958

Dear Homemaker:

Thought For The Month

"What a superb thing it would be if we were all big enough in mind to see no slights, accept no insults, cherish no jealousies, and admit into our hearts no hatred?"

-- Elbert Hubbard

CALENDAR OF EVENTS

<table>
<thead>
<tr>
<th>Club</th>
<th>Date</th>
<th>Place</th>
<th>Subject</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cochise Prog. Pioneers</td>
<td>July 1</td>
<td>Mrs. Virgie Hatley</td>
<td>Pot Luck - 6 P.M.</td>
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<tr>
<td>Sulphur Springs Valley</td>
<td>July 4</td>
<td>Club House</td>
<td>Family Picnic</td>
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<tr>
<td>Stewart</td>
<td>No Meeting</td>
<td></td>
<td></td>
</tr>
<tr>
<td>San Pedro Valley</td>
<td>July 8</td>
<td>School House</td>
<td>Crafts</td>
</tr>
<tr>
<td>Frontier</td>
<td>July 10</td>
<td>Club House</td>
<td>Open</td>
</tr>
<tr>
<td>Double Adobe</td>
<td>July 16</td>
<td>Mrs. E. C. Hill, Sr.</td>
<td>Family Picnic</td>
</tr>
<tr>
<td>Border</td>
<td>July 17</td>
<td>Mrs. L. Trickett</td>
<td>Open</td>
</tr>
<tr>
<td>Elfrida</td>
<td>July 18</td>
<td>Mrs. E. C. Hill, Jr.</td>
<td>Health and Safety</td>
</tr>
<tr>
<td>Westside</td>
<td>July 23</td>
<td></td>
<td>Open</td>
</tr>
<tr>
<td>Sew What?</td>
<td>July 26</td>
<td>Portal School</td>
<td>Health and Safety</td>
</tr>
<tr>
<td>Silver Creek</td>
<td>July 29</td>
<td>Mrs. J. A. Young</td>
<td>Health</td>
</tr>
<tr>
<td>Rucker Canyon</td>
<td>July 30</td>
<td></td>
<td>Money Management</td>
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</tbody>
</table>

From the looks of the calendar above it is definitely picnic month for Cochise County families. It is also Health and Safety Month which fits into National Safety Week, July 20 – 26. The theme of this week in 1958 is "When You Work For Safety, Safety Works For You". A few things to remember to help promote safety are:

1. Plan to avoid an over crowded schedule since haste is unsafe and makes waste.

2. Have a place for everything and keep everything in place. Neat and orderly farm homes are safer homes.

3. Be open minded to safety suggestions.

4. Plan ahead. This means better production and fewer accidents.
5. Be courteous on the highway. Courtesy is our key to traffic safety.

6. Don't depend on luck. Make sure all farm equipment is in safe operating condition.

7. Take safety seriously. Check up on any farm and home hazards that might have been overlooked. Plan for a year long campaign against hazards.

NEW BULLETINS

"Yeast Breads Are Easy To Make" - Miss June Gibbs, Extension Nutritionist, University of Arizona, has come forth with an excellent circular incorporating much useful information and wonderful recipes for yeast breads. It is free for the asking so is you wish one, please notify this office.

"The Young Homemaker Learns Easy Sewing Skills" has been revised by Miss Helen Church, Extension Clothing Specialist, University of Arizona. It too has much useful information for the beginning seamstress. A card or telephone call to the Extension Service office will get this off to you.

Including additional salt in your diet is a vital hot weather safety measure. To help replace body salt lost in heavy perspiration, extra salt with meals and salt tablets with each glass of water are recommended.

Ice cream and fresh peaches head the list of plentiful foods expected on July markets. Two other plentiful items, traditional for the Fourth of July and picnics during the rest of the month, are watermelons and lemons for lemonade.

The largest national peach crop in 11 years is expected in July.

Family meals during July should rate high in Vitamin A and C because of the variety of fruits and vegetables to choose from. The vegetable outlook in western markets for July is good — lots of potatoes, sweet corn, cabbage, snap beans, lettuce, cucumbers, peppers, onions, and even vegetable fats and oils for tasty salad dressings.

Remember as you shop that nearly all cotton knits can be expect to shrink some. If a T shirt has round, even loops when purchased, chances are that it will shrink least and change least in shape. If shirts are made of fabric that has long thin loops and uneven thin places in the knit before laundering, they may change drastically and may shrink up to 35% in length.

Inspect labels on all Ready-To-Wear clothing and yard goods for information needed on laundering, dry cleaning, or pressing. A knowledge of care recommended for a fabric is almost a must if satisfaction is to be gained by the homemaker from the new fabrics.
Our 4-H Camp is at Pine Canyon Camp, July 21 - 26, 1958. If any of you homemakers have any "merry" clothes, such as old hats, shoes, jewelry, etc., we would really appreciate them for our camp "Rainy Day Box". We are taking a tip from last year and are going prepared for inside fun if it rains us out this year. Old clothes make wonderful costumes if we decide to produce a play on a rainy afternoon.

An announcement of Cochise County 4-H members who have qualified for trips to 4-H Roundup will be made shortly. Most all county contests have been completed and Cochise County will be well represented at the University of Arizona August 25 - 29 by our 4-H club boys and girls.

Sincerely,

Ann C. Wesley
Home Agent
Cochise County
Dear Homemakers:

The fall meeting of the Cochise County Council will be held on Tuesday, October 14, 1958, at the Y.W.C.A., in Bisbee at 9:45 A.M.

The luncheon will be pot luck.

Group I - (Cochise Prog, Pioneers, Stewart and Sulphur Springs) are asked to bring salads (other than relishes).

Group II - (Rucker Canyon, Elfrida, Double Adobe, Frontier and San Pedro Valley) will be the hostess group and will furnish roast beef, mashed potatoes, vegetables, relishes, beverages and rolls.

Group III - (Border, Silver Creek, Westside, and Sew What?) are asked to bring desserts.

Club presidents from the North and South Cochise groups - please check to be sure there will be enough salads and desserts for 50-60 people.

There will be 25¢ registration fee to cover incidental costs.

Program planning is the purpose of the day. Each club will 2 votes, so please encourage a good attendance.

Sincerely,

Ann C. Wesley
Home Agent
Cochise County
Dear Homemakers:

You will find listed below the final program recommendations of the County advisory committees in Cochise County. These recommendations are taken from your suggestions and preferences as indicated by the check sheets you filled out in the field of Foods and Nutrition and in Home Management and Home Furnishings.

This tentative program will be voted upon at County Council meeting on October 14, 1958. Each club will have 2 votes, so please make it your responsibility to let your club president know your thoughts regarding the suggested program.

These are merely recommendations that can be adjusted by the County Advisory committees to meet the needs of the County Homemakers in the year each program is to be given. If there should be a strong request for a change in program, it will be handled by the advisory committee.

The recommendations of the Cochise County advisory committees are:

**FOODS AND NUTRITION**

1959 - Consumer Buying - Learning to read labels and analyzing food purchases for content, nutrition, economy and home use

(a) Cakes and mixes
(b) Breads
(c) Other (Example - Homemade vs. bought salad dressings.)

1960 - The Family Food Dollar - Better nutrition for the money you spend

1961 - Budget Meals - Special emphasis on thrifty meat cuts which will be tasty.
Foods and Nutrition Advisory Committee Members:

1. Mrs. Fred Clinton - Chairman, West Committee
2. Mrs. Jean Sperce - South Committee
3. Mrs. Helen Hoffman - Mid. District
4. 

HOME MANAGEMENT & HOME FURNISHINGS

1959 - Follow Thru on Money Management
   (a) Keeping Records
   (b) Investments

1960 - Better Buymanship
   (a) Paints
   (b) Rugs
   (c) Small Appliances

1961 - Better Lighting - Principles from health and decoration. angles.

Home Management and Home Furnishings Advisory Committee Members:

1. Mr. Henry Miller - West District
2. Alfred St. John - South District
3. Mrs. Susan Blake - Mid. District
4. 

(Leader Training In Preparation For 1959)

Short cuts and slick tricks - short demonstrations assigned to club members to give at each meeting.)
PROGRAM
Cochise County Council of Homemakers
February 24, 1958
Cowbelle Building
Douglas, Arizona

9:45 a.m. Registration by:
Mrs. Lucille Waechter, Border Club
Mrs. Edna DeShazo, Sew What? Club

10:00 a.m. Opening Song and Group Singing
Mrs. Helen Hoffman, Song Leader
Mrs. Ruby Sanders, Pianist

10:15 a.m. Prayer - Mrs. Alice Whitlow, Westside Club

10:20 a.m. Roll Call and Introduction of clubs
Mrs. Elizabeth Gunter, Council Secretary

10:30 a.m. Introduction of Guests - Mrs. Jean Schmelzla, Presiding

10:35 a.m. Mr. James McNulty, Bisbee,
"Legal Matters of Importance to Homemakers"

11:30 a.m. Extension Library Service:
Miss Catherine Chadwick, Phoenix

12:00 Noon Luncheon
Border, Silver Creek, Westside, Sew What? Homemaker clubs as hostess

1:00-2:00 p.m. Business meeting
Mrs. Vona Barkley, Council Pres., presiding

2:00-2:30 p.m. Country Life Conference Notes
Miss Jean M. Stewart, State Leader

2:30 p.m. Adjournment
COCHISE COUNTY FALL COUNCIL MEETING

Y.W.C.A., BISBEE

October 14, 1958

Registration - 9:15 a.m. - Mrs. Florence Anderson, Frontier
                Mrs. Betty Stevens, San Pedro Valley

Opening Song - 10:00 a.m. - Leader, Mrs. Helen Hoffman, Double Adobe
                Pianist, Mrs. Ruby Sanders, Frontier

Prayer - Mrs. R. L. Whitley, Westside Club

Roll Call - 10:15 a.m. - Mrs. Elizabeth Gunter, Cochise

Guest Speakers - First National Bank of Arizona
                Mr. Razo Arnold, Investment Department
                Mr. David G. Davies, Wills and Estates
                Subject: "Money Management"

12:00 Noon - Luncheon (Elfrida, San Pedro Valley, Rucker Canyon, Double Adobe and Frontier, Hostesses)

1:00 p.m. - Purpose of The Day - Program Planning

Advisory Committee Reports:

  Foods & Nutrition, Mrs. Joe Clinton, Chairman
  Home Management & Home Furnishings,
    Mrs. Margaret Strickland, Chairman
  Clothing, Mrs. Geo. Patterson, Chairman

1:15 p.m. - Program Voting

1:30 p.m. - Business Session, Mrs. Vona Barkley presiding

  Report of Nominating Committee
  Mrs. June Chamberlain
  Report of Song Book Committee
  Mrs. Walter Owen
  Report of Iron Lung Committee,
  Mrs. Walter Swaggart

2:15 p.m. - Remarks - Miss Jean M. Stewart,
            State Leader of Home Economics Extension,
            Tucson