ANNUAL

NARRATIVE - REPORT

for

COCHISE COUNTY

Mrs. Ann C. Wesley
County Home Agent - July 1 - November 30, 1957

Mrs. Maryetta Gaskill
County Home Agent - December 1, 1956 - July 31, 1957
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### Attendance at Project Meetings Held in 1957, Cochise County

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<thead>
<tr>
<th>Club Name</th>
<th>A—Project presented by Agent</th>
<th>L—Project presented by Leaders.</th>
<th>Program Planning</th>
<th>Color in The Home</th>
<th>Record Keeping and the Food $</th>
<th>Making Bread</th>
<th>Making Sweet Rolls</th>
<th>Tools for Easy Sewing</th>
<th>Making Hassocks</th>
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<tr>
<td>Border Homemakers</td>
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<td>Cochise Pioneers Club</td>
<td>A-12</td>
<td>A-12</td>
<td>Sp-9</td>
<td>L-11</td>
<td>L-12</td>
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<td>A-34</td>
<td>A-13</td>
<td>Sp-9</td>
<td>L-13</td>
<td>L-11</td>
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<tr>
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<td>A-7</td>
<td>A-9</td>
<td>NP</td>
<td>L-7</td>
<td>L-8</td>
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<td>A-34</td>
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<td>Sp-35</td>
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<td>A-6</td>
<td>A-18</td>
<td>Sp-9</td>
<td>I-33</td>
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<td>Bisbee Y W Wives</td>
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<td>L.D.S.</td>
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Am C. Wesley, Cochise County 1957
## Attendance at Project Meetings Held Sept. & Oct., 1957

<table>
<thead>
<tr>
<th>A—Project presented by Agent</th>
<th>Making Useful Pillows</th>
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<tbody>
<tr>
<td>L—Project presented by Leaders</td>
<td>Leader Training Meeting</td>
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<tr>
<td>NF—Club did not participate.</td>
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<td>Pioneers Club</td>
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<td></td>
<td>Double Adobes Homemakers</td>
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<tr>
<td></td>
<td>Frontier Homemakers</td>
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<td>Rucker Canyon Homemakers</td>
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<td>San Pedro Valley Homemakers</td>
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<td>Sew What Club</td>
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<td></td>
<td>Silver Creek Homemakers</td>
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<td>Stewart Homemakers</td>
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11 Communities
## Western Shirt Project

### North Cochise Homemakers Groups

<table>
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<tr>
<th>Club</th>
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<th>No. Homemakers for whom responsible</th>
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<tbody>
<tr>
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<td></td>
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<td>Meeting #1</td>
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<tr>
<td>1. Stewart Homemakers</td>
<td>Mrs. H. Wilson</td>
<td>16</td>
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</tr>
<tr>
<td></td>
<td>Mrs. O. Monzingo</td>
<td></td>
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</tr>
<tr>
<td></td>
<td>Mrs. L. Neal</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Cochise Pioneer Club</td>
<td>Mrs. M. Busenbark</td>
<td>11</td>
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<tr>
<td></td>
<td>Mrs. M. Dunlap</td>
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<tr>
<td>3. Sulphur Springs Homemakers</td>
<td>Mrs. E. Owen</td>
<td>10</td>
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<td>Mrs. M. Anderson</td>
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<td>4. L. D. S. Group</td>
<td>Mrs. Gwendolyn Ray</td>
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<td>-</td>
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<tr>
<td></td>
<td>Mrs. Nila East</td>
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<td></td>
<td>Mrs. M. Anderson</td>
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<td>5. Advanced Clothing 4-H Leaders</td>
<td>Mrs. J. L. Kidd</td>
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<td>6. Other</td>
<td>Mrs. Leona Rix</td>
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<td>Mrs. M. Stansberry</td>
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<td>Totals</td>
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Western Shirt Project
South Cochise Homemakers Groups

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<td>Meeting #1</td>
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<td>1. Border Club</td>
<td>Mrs. Jean Clark</td>
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<td>2. Silver Creek</td>
<td>Mrs. Sequist</td>
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<td>Mrs. Adams</td>
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<td>3. Double Adobe</td>
<td>Mrs. Boyle</td>
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<td>Mrs. Mary Price</td>
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<td>4. Westside</td>
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<td>Mrs. Rhodes</td>
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<td>5. San Pedro Valley Club</td>
<td>Mrs. Charles Davis</td>
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<td>6. Frontier</td>
<td>Mrs. Ruby Sanders</td>
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<td>Mrs. Eva Pursley</td>
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<td>Mrs. Grace Martyr</td>
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<td>Mrs. A. L. Button</td>
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<td>7. Rucker Canyon</td>
<td>Mrs. Remington</td>
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<td>Mrs. Hemlett</td>
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<td></td>
<td>Mrs. White</td>
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<td>8. Bisbee X-Wives</td>
<td>Mrs. Droll</td>
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<td></td>
<td>Mrs. James</td>
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<td>9. 4-H Adv. Clothing</td>
<td>Mrs. Clarence Davis</td>
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<td>10. Other</td>
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<td>Totals</td>
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REPORT SUMMARY - December 1, 1956 to November 30, 1957

Days spent in conducting work with adults ...................... 200
Days spent in 4-H Club Work ...................................... 122

Adult work was presented in 20 communities by means of the following:

11 Homemaker Clubs
8 Relief Societies - Church of the Latter Day Saints
1 Y.W.C.A. Group

The agents held or participated in 58 meetings with 1,402 persons attending. 201 homemakers attended 17 leader training meetings conducted by the agent or Extension Specialists. 68 meetings were conducted by local leaders with a total of 1,238 homemakers in attendance.

The Spring Meeting of the Cochise County Council of Homemakers was held February 19th at the Double Adobe School house in the Double Adobe Community. 50 homemakers from 9 communities attended.

The Fall Meeting of the Cochise County Council of Homemakers was held September 16th at the Woman's Club in Willcox. 47 homemakers, (2 visitors, 5 extension workers) from 9 communities were present.

75 persons from 6 communities attended special interest meetings on Record Keeping and Spending The Food Dollar.

35 persons from 4 communities attended the county wide picnic held in Rucker Canyon on May 19th. The picnic is held in commemoration of National Home Demonstration Week.

Subject Matter

House and Furnishings

"Color in The Home"

The agent presented the project "Color in The Home to 185 homemakers in 11 communities. This project was begun in 1956 and the last part of the project completed in the Early spring of 1957.

"Learn to Upholster"
8 homemakers from 3 communities took part in the special interest meetings "Learn to Upholster. 8 hassocks were made and 1 sofa cushion was repaired.

"Making Useful Pillows"
111 homemakers from 11 communities took part in the project "Making Useful Pillows". Final achievement figures on this project are not complete as homemakers are still making pillows, many for Christmas presents.
Food Selection and Preparation - 25 leaders from 8 communities presented the project "Making Bread" to 119 persons. The project "Making Sweet Rolls" was presented to 127 homemakers by 25 project leaders from 10 communities.

Clothing
"Tools for Sewing" - 25 leaders from 9 communities presented the project "Tools for Sewing" to 134 homemakers. The agent presented the project to a State Relief Meeting; 45 persons from 8 communities were in attendance.

"Western Shirts" - 31 leaders have been trained for the project "Making Western Shirts". 22 are leading this special interest project for the homemaker clubs. 2 are leaders from the Bisbee Y.W.C.A., 2 are leading an independent group in Willcox where there is no organized homemaker club at present. 2 are advanced 4-H clothing leaders and 3 are from the L.D.S. Societies of the Benson - St. David area.

Family Economics - 75 persons from 6 communities attended special interest meetings on "Record Keeping and Spending The Food Dollar" conducted by Dr. George Campbell, Extension Economist, and Miss Irene Gibbs, Extension Nutritionist.

Recreation & Community Life.
All groups held special Christmas activities; most groups have one or more picnics during the summer.

A total of 137 home visits were made. There were 526 office calls and 142 telephone calls - 34 news articles were prepared and distributed to 7 newspapers and two radio stations.
EXTENSION ORGANIZATION AND PLANNING

Organization

There are 11 active homemakers clubs in Cochise County.

Cochise Progressive Pioneers - This is a well established club. They are always represented at leader meetings and other county events. This group has assimilated newcomers very well and made them a part of their club and their community.

Double Adobe - This group is largely composed of young mothers with young children. They are an active aggressive group. They are vitally interested in their community and school so that their business meetings frequently sound as if a P.T.A. or a Chamber of Commerce was in session.

Rucker Canyon - This small group of ranch women grows smaller through the years as smaller ranches are absorbed by larger ones and as ranches need fewer cowhands. Attendance at their meetings is smaller but this Agent regards the Rucker Canyon club as a good, stable group.

San Pedro Valley - This is a fairly young homemakers group. It's members assume leadership responsibilities well; they attend leader meetings and other county events. They are interested in all phases of homemaking and they are willing to work to make a project a success.

Sew What? Club (Portal) - this is a strong, well organized group of women. The members have varied backgrounds; some are from farms, some ranches, some are urban, some are retired and some are folks who made their money elsewhere and came to the Portal area to find a better way of life. They are independent and responsible. If they choose to participate in the Extension Program, they do so; if the Extension Program is not of interest to them, they take care of themselves.

Silver Creek - This group had it's origin in the ranching area northeast of Douglas, but it has since moved to Douglas and is now largely urban in membership. The Silver Creek homemakers are an active group; they participate in nearly all phases of the Extension Program and also carry on their own program in crafts, health and safety, recreation and community service.

Stewart - This group has once again secured a club house in the Stewart area and, as a result, their club which was nearly dead has come back to life.

Sulphur Springs - In her 1955 report, the Agent stated that this group was inactive. It still is, but it's still an organized group. New residents are taking a more active interest in the club and there is hope that this group (reported to be the oldest club in the state) may survive.

Westside - If this group is not careful they may die of old age. They have been slow to accept younger members because they have not carried their share of the load. They seem, now, to be aware of their need for new and younger members. Most of the members are urban. They are a responsible group, and give strong support to projects which are of interest to them.
Frontier - This group was inactive as a homemaker's group for exactly two years. They took part in one 1956 Extension project and made tentative plans for participating in the 1957 program.

Border - The Border Club was organized in the spring of 1957 and is now one of the stronger homemaker clubs in the County. It is composed of younger women of Douglas and is known as the baby of the Silver Creek Club, since its membership is composed largely of daughters and daughters-in-law of the Silver Creek Club members. The club is most fortunate to have the encouragement and guidance of the older group.

Program Planning

Local

The Agent assisted 136 homemakers from 11 communities with program planning. The procedure for assisting homemaker clubs in outlining their local program for 1957 was as follows:

Method of Procedure:
1. Before the program planning discussion begins the following was done:
   a. Check the mailing list.
   b. Secure names of 1957 officers and project leaders.
   c. Distribute copies of the bulletins "Madam Chairman" and "Homemaker's Club Handbook" as needed.
2. Discuss procedure for presenting the 1957 Homemaking program
   a. Of the six regular extension projects, two were to be presented by the agent to clubs; four by project leaders.
   b. Special interest projects such as making dress forms and making hassocks were scheduled with interested homemakers for some time other than a regular meeting date.
   c. June and July were to be devoted to the special interest project "Making Western Shirts".
   d. Special meetings on keeping farm and home records were scheduled for March.
3. Other points which were discussed are:
   a. Participation of younger women in homemakers groups.
      1. Copies of a short questionnaire to determine the extent to which younger women are participating in homemakers groups and to discover ways in which they can be encouraged to participate were given to each group. These were to be filled out and returned to the Agent in February.
   b. Pre-program planning. A procedure whereby program planning would be done for a period of 3 years was discussed.
      1. The clothing program would be planned for a period of 3 years beginning in 1957.
      2. The home furnishings program would be planned for a period of 3 years beginning in 1958.
      3. The foods program would be planned for a period of 3 years beginning in 1959.
a. Program planning would need to be done each year in home furnishings and foods until 1958 and 1959 respectively.
b. It is hoped that the foods specialist will assist with pre-program planning in the fall of 1957 and 1958.
c. Major special interest may be planned at the same time regular program planning is done.
d. The possibility of combining local program planning with an officers and project leaders meeting.
   1. The Agent would then plan to present 3 projects per year to clubs rather than 2.
h. Year Books were filled out and arrangements made for Special Interest meetings.

Results, Observations and Evaluations:
1. During January 8 homemakers groups were assisted with planning their local program for 1957. Rucker Canyon Homemakers were provided with Year Books and the schedule of events for 1957 when the Agent learned that she could not attend their meeting, due to the fact that an Information Workshop for all Arizona home agents was to be held the same day.
   a. The regular meeting date of the Cochise Progressive Pioneers fell on New Year's Day, so their program planning was postponed until February.
   b. Rucker Canyon homemakers were assisted with program planning when the Agent attended their March meeting.
2. The homemakers were enthusiastic about the possibilities of planning countywide project programs and major special interest activities for a 3-year period.
3. Every group was in favor of combining local program planning with an officers and project leader's training meeting. They were particularly pleased with the prospect that the home agent would plan to present 3 projects per year rather than 2.
4. A group of young homemakers met Thursday evening, March 21st, at the home of Mrs. Agnes Myers in Douglas to organize a homemakers group. The Silver Creek Club took the lead in organizing this group. They in turn were inspired to action by a questionnaire, "How Can Our Group Help Young Homemakers?"

The Silver Creek homemakers knew of young homemakers who might be interested in a homemakers group. They also knew that since their group meets in members homes, they could not invite any more folks to join their club. So they contacted young homemakers and made arrangements for the organization meeting. Mrs. Darrell Trickett was particularly active in this regard.
At this first meeting the following was done:
1. Each homemaker introduced herself and told her husband's occupation.
2. The Agent discussed what homemaker's clubs are and how they function.
3. Officers were elected and project leaders secured, and the program for 1957 partially outlined.
4. It was decided that the group would meet on the 3rd Thursday of every month from 10:00 a.m. to 3:00 P.M.
5. Stewart and San Pedro Valley homemaker's groups sent in the questionnaire. A summary is as follows:

<table>
<thead>
<tr>
<th>a. No. of Young homemakers who are not members of your group.</th>
<th>Stewart</th>
<th>San Pedro Valley</th>
</tr>
</thead>
<tbody>
<tr>
<td>b. How many of these work outside the home.</td>
<td>15</td>
<td>7</td>
</tr>
<tr>
<td>c. How many could be included in your group.</td>
<td>5</td>
<td>4</td>
</tr>
<tr>
<td>d. Reasons why these younger homemakers are not attending your meetings.</td>
<td>15</td>
<td>5</td>
</tr>
</tbody>
</table>

   Stewart - "Busy and need reminded"
   San Pedro Valley - "Some are working"
                   "We haven't asked them"

e. Ways in which your group might help young homemakers.

   Stewart - "Ask them to join our group"
   San Pedro Valley - "Ask them to join our group"
                   "Make arrangements to have a baby sitter take care of youngsters at meetings"

County Council

Spring Council Meeting

During January the executive board of the county council and the officers elect met to outlining plans for the Spring Council meeting. All of the homemakers concerned except Mrs. R. W. Hill, Council President, were in attendance. Mrs. Hill is now working full time and Mrs. Walter Swaggart was named to preside at the Spring Council meeting.
Method of Procedure:
The following action was taken:
1. The program for the day was outlined.
2. Personnel to assist with carrying out the program were appointed.
3. Arrangements were made to secure a speaker.
4. New business to be considered at the Spring Council meeting was discussed. The executive board made the following recommendations:
   1. It was recommended that the Spring Fling be held at Rucker Canyon, May 19, 1957, with Rucker Canyon Homemakers Club as hostess club.
   2. It was recommended that Group I (Stewart, Cochise Progressive Pioneers and Sulphur Springs) be in charge of the fall council meeting to be held September 16, 1957.
   3. It was recommended that each homemakers group, in outlining their 1957 program make plans to select a major project to be presented as a booth exhibit at the County Fair.
   4. It was recommended that each homemaker's group develop each year an achievement program which demonstrates to their community the accomplishments of their group in the homemaking program. Some ways in which this recommended program might be carried out are:
      --- as a club or community activity
      --- as a booth exhibit at the fair
      --- as a window exhibit
      --- as a countywide achievement program sponsored by the County Council

50 homemakers from 9 communities (Cochise, Double Adobe, Frontier, San Pedro Valley, Silver Creek, Stewart, Sew What? Club, Rucker Canyon and Westside Club) attended the Spring Council meeting held February 19th at the Double Adobe school house in Double Adobe. Hostess clubs were Double Adobe San Pedro Valley and Rucker Canyon.

Method of Procedure:
2. Miss Edna Weigen, Home Agent at Large, compared Extension Work in Arizona with Extension Work in Idaho.
4. New officers were installed and the retiring officers honored in an impressive ceremony conducted by Miss Stewart. New officers are:
   President          - Mrs. Vona Barkley, Cochise Progressive Pioneers
   Vice President     - Mrs. Fred Schmelzla, Stewart Homemakers
   Secretary          - Mrs. Elizabeth Gunter, Cochise Progress Pioneers
   Treasurer          - Mrs. Elvira Owen, Sulphur Springs Homemakers
5. New Business:
   a. The Spring Fling was to be held in Rucker Canyon May 19, 1957 with Rucker Canyon Homemakers Club as hostess club.
   b. Group I (Stewart, Cochise Progressive Pioneers and Sulphur Springs) are to be in charge of the fall council meeting to be held September 16, 1957.
   c. It was recommended that each homemakers group, in outlining their 1957 program make plans to select a major project to be presented as a booth exhibit at the County Fair.
   d. It was recommended that each homemaker's group develop each year an achievement program which demonstrates to their community the accomplishments of their group in the homemaking program. Some ways in which this recommended program might be carried out are:
      --- as a club or community activity
      --- as a booth exhibit at the fair

Results, Observations and Evaluations:
1. The executive board assumed a great deal more responsibility for planning and carrying out the Council meeting. Mrs. Walter Swaggart, Council Treasurer and presiding officer, took the lead in this regard.
2. Many homemakers have told the agent how pleased they were with the Council meeting. The shorter business meeting was very much appreciated.
3. The Council meeting was held on the same date as several Cow Belle meetings. This caused some confusion and unhappiness but it did not affect attendance to any extent.

Pre-Program Planning for 1958

During August, the agent assisted the homemakers clubs in the county with pre-program planning in preparation for Program Planning Day of the County Homemaker Council on September 16, 1957. Letters were sent to club project leaders, club presidents and relief society chairmen.

Foods and Nutrition - A letter dated August 8, 1957 was sent to all Foods Leaders and Club Presidents regarding Planning the 1958 Foods Program for Cochise County. This letter stated the purpose of the Foods and Nutrition Program of the Extension Service of Arizona, and the Outlook for 1958 in Foods and Nutrition by Miss June C. Gibbs, Nutrition Specialist. It was designed to be used as a basis of discussion for pre-planning at the individual club level.

Health, Safety and Community Life - Program planning suggestions were incorporated into a letter sent out by the Home Agent, August 6, 1957 to all Health, Safety, and Community Life leaders. This included Health Trends and 4-H Information for Program Planning by Sarah I. Harman, Assistant State 4-H Leader.

The Agent was present at the Program Planning meeting of the Border Club and interest was shown by the club in sponsoring the 4-H club program in the Douglas area. Possible contacts among club members for organization of 4-H
in this area were given to Mr. Jim Little, Assistant County Agent, in charge of 4-H Club Work in Cochise County.

Home Management and Home Furnishings - Information on Home Improvement Trends, Outlook for 1958 Prices by Dr. Geo. Campbell, Extension Economist, U. of A., and Abstracts from Family Living Outlook were sent to all Home Furnishing and Home Management leaders in a letter dated August 8, 1957, regarding planning the 1958 Extension Program in this field. In their meetings devoted to program planning, the clubs have been instructed to decide upon projects they wish in the home management, and home furnishing program for 1958, the final decision to be made at the County Council meeting, September 16, on a countywide basis.

Clothing - A pre-program clothing planning survey was made in the county August 13 and 14, 1957. A series of 3 meetings were held with Miss Helen Church, Clothing Specialist, U. of A., Extension Service, present to guide the discussion at each. Not all clubs were represented. Clubs participating included Double Adobe, Silver Creek, Border, Cochise Progressive Pioneers, and Stewart. Two 4-H clothing leaders from the San Simon community were also present. This survey provided information as to the general thinking as to what is needed in the Extension Clothing program for the next 2 years. The following notes are the result of this survey:

1. The clothing leaders felt that one meeting on some projects was not sufficient, and that more time should be spent on some phases of the work.

2. That a 2 year program was sufficient at this time, due to population changes expected in the county. (New members added, we hope!)

3. That clothing meetings should be held consecutively and not interspersed with Foods, Home Management, etc.

4. That a good follow up to the project on designs, patterns, and fabrics for the figure types would be: (a) Use color in dress, (b) New textiles and blends, finishes and their care.

5. After the above project, each homemaker would then construct a garment, using principles she had learned, and a dress review of style show would be the final achievement. Emphasis for this would not be on construction but upon use of principles brought out in the project.

6. The 2nd year, would include selection of new patterns, pattern alteration and clothing construction.

7. Other projects mentioned are as follows:
   (a) Western shirts
   (b) Children's clothing with emphasis on trimmings
   (c) Foundation garments - fitting and wise buying
   (d) Accessories in dress
Cochise County Council
Program Planning Day

September 16, 1957
Woman's Club
Wilcox, Arizona

9:45 A.M. Registration by
Mrs. Alice Giles
Mrs. Gwen Moore
Mrs. Fred Achea

10:00 A.M. Opening Song, "America The Beautiful"
Miss Sara Harmon, Leader
Mrs. J. L. Kidd, Pianist

Prayer - Mrs. W. L. Chastain

10:15 A.M. Roll Call - Mrs. Elizabeth Gunter

10:30 - 11:30 A.M. - Program Planning Group Discussion

Clothing . . . . Mrs. John Dunlap, Cochise Progressive Pioneers, Chairman
Mrs. D. K. Ingman, Silver Creek, Douglas, Co-Chairman

Foods . . . . . . Mrs. G. B. Ragsdale, Double Adobe, Chairman

Health . . . . . . Mrs. Walter Swaggart, Silver Creek, Chairman
Mrs. W. L. Chastain, Stewart, Co-Chairman

Home Management & Home Furnishings . . . Mrs. Helen Jeannesson, Cochise Progressive Pioneers, Chairman
Mrs. Walter Owen, Sulphur Springs, Co-Chairman

11:30 - 12:00 Recording of Program Planning Groups

12:00 Noon Luncheon - Sulphur Springs, Cochise Progressive Pioneers, and Stewart Homemaker Clubs as hostesses

1:00 - 2:00 P.M. Final Voting

2:00 - 3:00 P.M. Business meeting - Mrs. Vona Barkley, presiding

3:00 P.M. Adjournment
8. Since there are approximately 75 women interested in construction of shirts, (western and otherwise) it may be wise to schedule this as a project rather than special interest. If this were done, this project could be scheduled this fall to take the place of the meetings on Design, etc. and the latter scheduled for the first project in 1958 which would allow time for better continuity in clothing projects. This in accordance with #3 on the first page. It is a point for you to decide. Some feel that Western Shirts should still be special interest.

A letter, dated August 19, 1957, incorporating these notes was sent to all clothing leaders and club presidents with this information to be brought before their respective clubs as a guide to clothing program planning discussion.

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**Fall Council Meeting**

The executive board of the Cochise County Homemakers Council met August 18, 1957.

The Cochise County Council Executive Board meeting was held in the County Agent's Office on August 18, 1957. Mrs. Vona Barkley, president of the Cochise County Council was the only board member attending. Miss Jean M. Stewart, State Leader Home Economics Extension, was present. Plans were made for the Fall Council meeting on September 16, 1957. A tentative program for the day was decided upon and plans made for a potluck luncheon. The North Cochise County group consisting of the Cochise Progressive Pioneers, Stewart Homemakers, and Sulphur Springs Homemakers will be the hostess group. A letter to all Homemakers and Relief Society Chairmen was sent out on August 21, 1957 in regard to the Council meeting plans.

1. County Council - The annual fall meeting of the Cochise County Council met on September 16, 1957 at the Women's Club in Willcox. The Cochise Progressive Pioneers Club, the Stewart Homemakers Club, and the Sulphur Springs Homemakers Club were hostesses. 54 people attended. (47 homemakers - 2 visitors - 5 extension workers). 11 communities and 10 clubs were represented.

Program planning was the purpose of the day.

The following projects were selected for the 1958-1959 Home Extension Service program:

**Foods Projects Selected** (In order of voting)

1. Outdoor Cookery
2. Foreign Foods - French, Chinese, Italian, Spanish
   (cooking with wines and herbs)
3. Party Fare
4. High Altitude Cakes
5. Hot Yeast Breads - (other than white flour)

Clothing

Western Shirts in November - (Special Interest project)

1958 Program

1. Pattern Alteration and Selection of Materials
2. Dress Construction
3. Accessories

The members voted that each homemaker would make a dress stressing principles learned in the above projects and return to the council meeting in the fall wearing these dresses.

1959 Program

1. Foundation Garments
2. Children's Clothing (trimmings)

Home Management and Home Furnishings

1958 Program

1. Money Management
   (a) Budgeting
   (b) Credit
   (c) Keeping Farm Records
2. Do-it-yourself
   Special Interest
   (a) Crafts
      Leather, aluminum, copper (tooling and enameling)
   (b) Bedspreads and draperies

Health, Safety and Community Service

There is no set plan for this category. Each club is sponsoring projects needed in their particular communities. Projects selected are as follows:

Health

1. Rabid Bat Control
2. Treatment of Retarded Children
3. Polio and Asiatic Flu - information on vaccine and treatment
4. Home Nursing - Red Cross course
5. Willcox Hospital
Community Service

1. Trees for schools
2. Civil Defense
3. Sponsorship of 4-H
4. Bookmobile

MINUTES OF THE COCHISE COUNTY COUNCIL

Willcox Womans' Club September 16, 1957

Mrs. Vona Barkley, President of the council opened the meeting at 10:10 A.M. by greeting the homemakers groups of the county. Miss Sara Harmon, Assistant State 4-H Club leader, led the opening song, America the Beautiful. Mrs. J. L. Kidd, was pianist. The prayer was given by Mrs. W. L. Chastain. Mrs. Elizabeth Gunter, Secretary, called the roll and the president of each group introduced each member of her club present. Only one club was not represented, Silver Creek of Douglas. Members of the Border Club of Douglas, the most recently organized homemakers club, were introduced. President Barkley then asked members of the county council to stand for introduction.

Miss Jean Stewart, State leader of Home Economics Extension, introduced Mrs. Ann C. Wesley, new Home agent, and Miss June Gibbs, State Nutritionist. Miss Stewart gave a short resume of Mrs. Wesley's background, her schooling, army training, and work with the University since moving to Arizona from Midland, Texas.

Miss Stewart then set the keynote of the council meeting with a short discussion of the family unit and its cycle. She discussed the home first in an expanding cycle—expanding with children—education—jobs—launching marriage—money. Second, she discussed the home as a contracting unit—children married and in their own homes—gray hairs and more leisure for the parents. She stressed the fact that "as soon as you stop learning, you start slipping backwards."

The council members then retired to discussion groups to which they were assigned. These were planning groups for Foods, Clothing, Home Furnishing and Home Management, Health and Community Service.

The groups adjourned for lunch at 12:00. The meal was delicious potluck with the North Cochise group acting as hostesses. This group includes the Stewart Homemakers, The Cochise Progressive Pioneers, and the Sulphur Springs Homemakers. The meeting reconvened at 1:00 P.M. at which time recommendations of each planning group were recorded, by Miss Stewart, discussed and accepted by the Council.

Groups reporting were as follows:

Clothing—Mrs. Mabel Dunlap, Cochise, chairman

Foods—Mrs. Lucille Waechter, Border, Chairman—Mrs. Jund Chamberlain, Double Adobe, Co-Chairman.
Health — Mrs. W. L. Chastain, Stewart, chairman, — Mrs. Esther Manke, Cochise, Co-Chairman.

A short Business meeting was held. Minutes of the previous council meeting were read by the secretary and approved as read. The treasurers report was as follows:

Balance on hand — $60.41

The report from the Iron Lung Fund — Balance on hand $130.41

(Phoned in by Mrs. Swaggert) Balance due on song books 184.26

Miss Stewart reported that some money is due from sale of song books at the University Book store — about $12.00. Also money is due from the Arizona Farmer which should considerably reduce the debt to Iron Lung Fund.

The library report on the Bookmobile was made by Mrs. Gunter. Mrs. Rambo, a member of this committee was also present.

Crafts — chairman was not present. Beads and shell jewelry — 1 club will do.

Mrs. Ream has sent letters to each club.

Mrs. Patterson, chairman of the Make-It-With-Wool contest, announced closing dates for local, district, and National contest. Dec. 31, is the deadline date to hand entry blanks to Mrs. Patterson.

Mrs. Chastain, chairman of the Health Committee read her report on Health. She touched on rabid bats, a test for babies to prevent the mentally retarded, liquid skin grafting for burns, and new vitamin sources.

Mrs. Wesley asked for 3 members to help set up year books on Nov. 22, 1957. The nest meeting date will be set by the officers group — Group 3 to be hostesses. The chairmen will be named later.

The Secretary announced attendance at this meeting as 54 present.

41 — homemakers, 5 Extension workers, 2 visitors.

Adjourned at 3:00 P.M.

Elizabeth F. Gunter, Secty.
The Cochise County Fair was held in Douglas September 27, 28, 29, 1957. Six Homemaker Clubs in the county were represented by 5 booths. The blue ribbon was awarded to the Silver Creek and Border Homemakers Club whose theme was yeast products. This entry carried out the foods project of the Homemakers Clubs in the spring which was making bread and other products with yeast dough. The booth had approximately 15 different yeast products and was a mouth watering display. The judge, Miss Marial Hopkins, Home Agent, from Yuma, scored this booth highest because of the number of homemakers actually contributing a product for display from their club.
The San Pedro Valley Home-makers booth was a display of 2 special interest projects of the club during the past year. The upholstery project (represented by a display of the different steps in making a hassock, and copper enameling. The judge felt this booth was good, but was incomplete, especially in posters tying it in with Extension projects.

The Westside Club had a booth displaying aprons. Many new ideas for novel aprons were shown. This booth was very colorful, but told nothing about Extension projects.
The Cochise Progressive Pioneer Club booth was an excellent reproduction of the room they have equipped for the Willcox Hospital. This booth represented what the club accomplished in the field of Community Service.

The Double Adobe Homemakers Club and the Cochise Progressive Pioneers Club tied for second place. Both were very well done. The Double Adobe booth had as its theme the Extension Service Project, "Color In The Home". The booth was a good example of art principles carried into daily living and was most effective.
Results, Observations and Evaluations:

The fair was very well organized and it was not necessary for the agent to give any major assistance to the Department Superintendents.

Mrs. Walter Swaggert was Department Superintendent for the homemaker club exhibits.

Judging was done according to point system - Blue - Red - White - No-award.

Clothing judging was done by 2 lay women from Yuma — Mrs. Smith and Mrs. W. Whitman. One exception to the point system was made by the clothing judge when they reverted to the Danish system in judging two garments. Both were awarded a blue ribbon.

Miss Mariel Hopkins, Home Agent from Yuma County judged the food exhibit. There was a large number of entries in the canned foods exhibit.

There were no entries for baked or frozen goods since these classes had been eliminated due to lack of display facilities.

All 3 judges acted as a team in judging the 4-H exhibits.

Judging at County Fairs

Santa Cruz County Fair

The home agent and a lay woman of the county, experienced in clothing construction - Mrs. Jack Busenbark, acted as Home Economics judges for the Santa Cruz County Fair at Sonoita on October 5, 1957. The two judges worked as a team on all phases of the judging — Foods, Clothing, Home Improvement, and 4-H club work. Both of us felt it was a very valuable, as well as, enjoyable experience.

National Home Demonstration Week

35 persons from 4 communities attended the annual homemakers picnic held May 19th at Rucker Canyon. The Rucker Canyon homemakers were the hostess club. They took charge of the potluck dinner and made the cowboy coffee.

The homemakers and their families enjoyed the informal get together to visit about business, homemaker activities etc. Recreation consisted of hiking and informal games.
Country Life Conference

Cochise County had no homemakers who participated in Country Life Conference in 1957.

Miscellaneous

1. Annual Conference

During December 1956 the agent attended Annual Conference held December 4-7 on the University Campus in Tucson.

The home agent attended the 43rd Annual Conference of the Agricultural Extension Service at the University of Arizona, October 21-26, 1957.

Dr. Richard Harvill, President of the University, gave the opening address entitled "The College Professor Comes Into His Own". This address gave a clear picture as to outlook for education on the College level.

Mrs. Kathryn Zimmerman, State Leader of Home Economics Extension, University of Missouri, gave the keynote address entitled "Building For The Future". A few high points of her speech are as follows:

1. We must analyze carefully the building materials from the past.

2. A few things we share -
   (a) The sincere desire to serve others.
   (b) It is our job to help people to help themselves to grow.
   (c) We build strong when we build leadership.

3. We grow calloused if we are too long in one place.

4. We are living in an age of "Add Water and Stir".

5. We are living in a money economy.

6. We are living in an age of insecurity and rush.

7. We must understand the gap in age of generation with which we work - know and understand both ages.

8. Educational level is rising.

9. We must develop new and challenging methods to keep up to date.

10. There is a new need for Emphasis on Judgment, on farm, in home, in families.
11. We must have efficient pruning to remove dead wood - we must see the live, productive branches.

12. Stop pounding the iron when it is cold.

13. Must broaden the vision of the people with whom we work - where there is no vision, people perish.

14. Must guard between becoming a generalist and specialist - ("A mother hubbard covers everything and touches nothing").

15. Mush is lost by poor timing.

16. Learn to keep plans flexible.

17. To build, we need a variety of builders -
   (a) Nature - for experience and judgment
   (b) Young - for vitality and fearlessness.

18. Change is inevitable - resistance to change is bad.

19. Hardening of ideas is dangerous.

20. "You can teach an old dog new tricks if you know some new tricks and how to teach dogs."

21. Age is not a drawback - the drawback will come only if in growing older, we lose faith in the future.

Summary:

1. Use materials from the past.
2. Build on solid ground.
3. Have adequate building plans - goals.
4. Use a variety of workers.
5. Accept change as an asset.

Mr. like M. Schruben, Assistant Administrator, Federal Extension Service, U.S.D.A., used the subject "Eyes Front" as his address. He stated that more progress is due in the next 10 years than in the past 50 years and that Extension must keep ahead of the trend. Extension's job is to help people adjust to changing trends.

Mr. Ernest Chilson gave a very informative speech on the Arizona Cattle Industry and Dr. William H. Kelley, Director, Bureau of Ethnic Research, University of Arizona, gave information on Indian History and Adjustments in Arizona.
Mrs. Zimmerman gave talks to the home agents on "Our Responsibilities to Rural Families and Upon Evaluating Techniques For Reaching More Homemakers."

Other conference speakers were:

- Mr. William R. Mathews - "Report From Europe"
- Mr. Floyd Hawkins - "The National Outlook In Agriculture"
- Dean Harold E. Myers - "Looking Ahead"
- Mr. Joe McClelland - "Yesterday's Extension Work"
- Mr. William F. Calkins - "Tomorrow's Needs"
- Dr. George Campbell - "Arizona's Seven League Boots"
- Mr. Graham F. Wright - "Building 4-H Club Programs"
- Mr. Howard R. Baker - "Public Policy and the American Farmer"

2. Information Program

A county letter was sent out each month to an average of 551 homemakers, 7 county newspapers, 2 radio stations and the Arizona Rancher-Farmer.

News articles were sent regularly to newspapers and radio stations.

During January the Agent attended a one-day information workshop conducted by the Information Specialists. The information given on news stories, circular letters and news columns was of particular benefit to the agent.

Some of this information (the importance and methods of using illustrations to improve circular letters) was relayed to the office secretary. Although the quality of circular letters prepared in this office has been good, this was a good stimulant to both the secretary and the agent.

The Agent was inspired to the extent that she made plans to prepare a weekly column under the heading, "This 'N That".

A summary of the news articles and circular letters is as follows:

**News Stories:**

**December**
- Venison Can Be Tender
- Many Kinds of Bread on Market Now

**January**
- Slow cooking Best For Pot Roasts
- Women's Choices Affect Research
- Frozen Boneless Roasts, Chops Due For Markets
January  cont.

Homemakers Clubs Plan For a Busy Year
Pin-Basting Pound Slower in Long Run

February

Check Quality When You Buy At White Sales
Large Eggs Best Buy This Month
Ways To Remove Crayon Marks Cited
Pecan Storage Rules Important
Use a Little Care — Avoid Accidents In Home Laundry
Add To Life of Shirt By Mending
Pinch Hitters For Recipe Ingredients Easy to Find, Vital

March

Use Eggs While Prices Are Down
Help Dieters With Planning
USDA Bulletins On Milk Safety Available Now
This 'N That

April

This 'N That
This 'N That
Everyday Foods Necessary in Modern Diets
This 'N That
This 'N That
This 'N That

May

This 'N That
Western Shirt Meetings Announced
This 'N That
Egg Grade Shows Cooking Quality
This 'N That
This 'N That

June

This 'N That
County Youth Return From Tucson
This 'N That
This 'N That

November

Outline For "Brisket" Mats

Circular Letters:

December

Plans for Spring Council (15c.)
Announce 4-H LTM on Clothing to 4-H Clothing leaders (10 c.)
Call meeting of County Council Executive Board (8 c)
Monthly Homemakers Letter (572 c.)

January

To 4-H Clothing leaders and parents (14 c)
Minutes for fall council and spring council meeting to
presidents and secretaries (26 c.)
Monthly Homemakers Letter (565 c.)
February

Questionnaire to Elfrida Mailing list (49 c.)
Information on Program to Elfrida Mailing List (49 c.)
Announce 4-H Clothing Leaders ITM (8 c.)
Ask 4-H Clothing Leaders for garments to use with
Judging Contests (7 c.)
Monthly Homemakers Letter (551 c.)

March

To Presidents and Secretaries regarding Special Interest
meeting on Keeping Farm Records (20 c.)
Announce Leader Training Meetings on Bread Making (27 c.)
Announce 4-H H.E. Judging Day (109 c.)
Regarding Country Life Conference (518 c.)
To clothing leaders, presidents and secretaries on
clothing meetings (45 c.)
Homemakers monthly letter (584 c.)

April

Announce leader training meetings on Making Rolls (45 c.)
Announce 4-H H. E. Demonstration Contest Day (109 c.)
Send report form to 4-H clothing leaders for information
on "Getting The Most Out of Your Sewing Machine (5 c.)
Send out information on "Make It Yourself With Wool"
Contest (17 c.)
Announce Clothing leaders training meetings (48 c.)
Monthly homemakers letter (584 c.)

May

Letter to H. E. 4-H members on 4-H records, standard
reports, Roundup plans and home freezing (88 c.)
Announcement of Spring Fling (554 c.)
Check mailing list (166 c.)
Cancel the Western Shirt Making meetings (59 c.)
Monthly Homemakers Letter (582 c.)

June

Announcement of 4-H Camp (120 c.)
Send out H. E. placings at 4-H Roundup (9 c.)
Send out information on 4-H Roundup Demonstration
contests (5 c.)
Monthly Homemakers Letter (451 c.)

July

Monthly Homemakers Letter (460 c.)

August

Plans for County Council Ex. Bd. Meeting (4 c.)
Announce clothing leaders meetings to plan clothing
program (42 c.)
Send program planning materials to foods leaders (42 c.)
Send program planning materials to H.F. & H.M. leaders (38 c.)
Send program planning materials to leaders of Health
safety and Community Life (36 c.)
Announce County Council Ex. Bd. Meeting (8 c.)
Information to Clothing leaders and presidents (42 c.)
Homemakers and Relief Society Work chairmen on County
Council (418 c.)
Monthly Homemakers Letter (460 c.)
<table>
<thead>
<tr>
<th>Month</th>
<th>Event</th>
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<tbody>
<tr>
<td>September</td>
<td>Announce LTM's on Pillow Making (44 c.)</td>
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<tr>
<td></td>
<td>Information on County Fair to 4-H members (151 c.)</td>
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<tr>
<td></td>
<td>4-H plans for new Club Year (30 c.)</td>
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<tr>
<td></td>
<td>Monthly Homemakers Letter (469 c.)</td>
</tr>
<tr>
<td>October</td>
<td>Monthly Homemakers Letter (469 c.)</td>
</tr>
<tr>
<td>November</td>
<td>Monthly Homemakers Letter (475 c.)</td>
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**Visual Aids**

**July**

In July, the Home Agent conducted the Foods Program for the Willcox Junior Women's club. Two films were shown to the group: "Something You Didn't Eat" and "The Three Squares."

A short discussion of the work of the Extension Service was given.
Starting off to write this weekly column is like making a new friend. I think I’m going to enjoy writing to you and hearing from you and I’m looking forward to knowing you better. Before too long writing a column will probably seem like writing to an old friend. But right now, you’re still a stranger to me and I’m a little ill at ease and anxious to do and say the right thing.

As the heading implies, this column will contain This’n That and lots of other things too. For one thing, I want to tell you what’s going on in our Cochise County homemakers groups and 4-H clubs.

There’s also this little matter of bulletins; the shelves in my office are filled to overflowing with them. These bulletins aren’t for me; they are for you. So, from time I’ll tell you about one, and if you would like to have a copy just let me know. Then, of course, I’ll want to share news of and about homemakers and homemaking that is timely.

Enough of this, let’s visit. For a few weeks past and about six weeks to come, our homemakers groups have been and will be in the dough. We are currently involved in a double-header project on making yeast bread and rolls. Miss June Gibbs, our Extension Nutritionist, presented the leader meeting on making breads. Miss Gibbs is a soft dough gal which means she doesn’t believe in working an excess amount of flour in dough. It takes some skill and know-how to accomplish this job but the result is light, tender product with a pleasing nut-like flavor.

The bread making sessions throughout Cochise County are based on recipes and information taken from University of Arizona Circular 232, “Yeast Bread and Rolls.” If you are a member of a homemakers group you’ll receive a copy of this circular at your meeting plus generous servings of the bread products. Those of you who don’t belong to a homemakers group may have the circular for the asking but in order to find out how it tastes you’ll have to make your own. If you’d like to order a copy drop me a line; name is at the top of this column, the address is Box 476, Willcox.
Homemakers View Patterns For Eight Types Of Pillows

A report on the Cochise Council meeting and a demonstration by Mrs. Ann Wesley, county home agent, were among the major activities of West Side Homemakers when they met Tuesday at the home of Mrs. Bert Rhodes, 653 14th St.

The report on the conference held at Willcox Sept. 16 was given by Mrs. Rhodes and Mrs. G. M. Patterson. They reported Miss Jean Stewart and Miss Dorothy Gibbs discussed the Family Cycle under the division of newly married and establishing the home, children and their upbringing, launching the family in college, planning for wedding and the planning for later life and retirement.

Mrs. Wesley's subject was pillows. She described a variety of pillows, showed samples and had patterns for the eight different types. The patterns were made available to members.

The business meeting was held in the morning, with pot luck at noon.

The October meeting will be held at the home of Mrs. Patterson to collect and arrange gifts for the Veterans Hospital at Tucson. The gifts are to be delivered to Tucson early in November so the veterans can secure them in time for sending to their families.

Mrs. Patterson announced she is chairman of the Sew It with Wool contest in the county and anyone interested in entering the contest should contact her. The county contest is Jan. 4, the state the 11th and the national the third week in January, all in Phoenix.

West Side, Silver Creek, Border, and Sew What clubs are to be hosts to the Spring council meeting.

Members present were Mmes. John Turpin, Patterson, Emma Swain, Mary Miller, Alice Whittlow, Rhodes, C. E. Ream, L. A. Gillett. There were two visitors, Mrs. Mella Priewe and Bruce Hughes.
COCHISE COUNTY COUNCIL
of HOMEMAKERS

Mrs. R. W. Hill                     Maryetta Gaskill
Council President                    Home Agent
Silver Creek Homemakers Club       Cochise County
Douglas, Arizona                    Willcox, Arizona

January 21, 1957

To:  All Presidents and Secretaries of Homemakers Clubs
     Council Officers and Council Officers Elect

Dear Homemaker:

Enclosed are the minutes of the meeting for Fall Council meeting.

One of the resolutions which was adopted at the fall council meeting was "that the Executive Board of the Cochise County Council be empowered to act as a resolution committee." The first thing that this newly created committee did was to resolve not to resolve. It was decided that the word "recommend" sounded more polite and less dictatorial. A list of these recommendations is attached to the last page of this letter. It is hoped that each homemakers group will consider these very carefully at your next meeting and instruct your voting delegates to the council meeting whether to vote for or against them.

The executive board asked me to let you know that council dues could be paid to our new treasurer, Mrs. Elvira Owen, Willcox; and, that, as usual, there will be a 25¢ registration fee at the council meeting to cover incidental costs.

The Spring Council meeting will be held February 19th at the Double Adobe School House. Double Adobe, Rucker Canyon and San Pedro Valley homemakers clubs are our hostesses. They will furnish ham and arrange for the bread, butter, coffee, cream, sugar and napkins. Table service will be provided. Other clubs are asked to bring potluck to round out the meal.

P. S. Please note that the Spring Council Meeting has been changed from Monday, February 18 to Tuesday, February 19.

Sincerely,

Maryetta Gaskill
Home Agent
Cochise County

M: FVP
26 copies
Mailed under stamp
MINUTES

The Cochise County Council meeting was held at the Women's Club in Douglas on September 24, 1956.

The morning discussion was primarily devoted to our coming year projects.

1. Clothing - Mrs. Jack Busenbark
2. Home Furnishings - Maryetta Gaskill
3. Food - Mrs. June Chamberlain
4. Health, Safety and Community Life - Mrs. Elizabeth Gunter

Opening song was led by Mrs. Maryetta Gaskill. Prayer by Mrs. N. L. Whitlaw, Westside.

Acting President, Mrs. Walter Swaggart, introduced Miss Jean M. Stewart, and Miss Barbara Freece and they gave a talk on methods of judging fair exhibits.

Mrs. Alice Nalley gave a talk on juvenile delinquency.

Lunch was called at 12:00.

The meeting was immediately called to order after lunch.

The minutes of the last meeting were read by the Secretary and accepted.

The treasurer's report was read and showed a balance of $120.60 as of September 24, 1956. This report was accepted.

Mrs. W. Swaggart, chairman, Iron Lung Finance committee, reported a balance of $127.16 as of September 24, 1956 in the Iron Lung Fund. This report was accepted.

No report from the Iron Lung Committee.

Five spaces were available for the fair but only three were occupied.

Projects re-affirmed for 1957 were:

Clothing - Tools for Sewing
Designs Becoming to Figure Types

Home Furnishing -
Making Pillows
Color in the Home

Foods -
Making Bread and Rolls

Health, Safety and Community Life -
First Aid Classes
Home Nursing Classes
Civil Defense Speaker

Special Interest Topics were:

Clothing - Making Western Shirts
Making a Dress
Dress Forms
Houe Furnishings - Refinishing Furniture
Upholstery
Making 5-Piece Slip Cover

Foods - Interest shown by one club only

Mrs. Esther Manke, Cochise, reported they were giving a linen shower for
the Wilcox Hospital on September 28th.

Mrs. Walter Swaggart, as acting President, appointed Mrs. Alice Whitlow
as parliamentarian for the rest of the year.

Nominating committee appointed the following for officers for 1957-58, and,
then elected by council.

President - Mrs. Vona Barkley, Cochise
Vice President - Mrs. Jean Schmelzle, Stewart
Secretary - Mrs. Elizabeth Gunter, Cochise
Treasurer - Mrs. Elvira Owen, Sulphur Springs

All resolutions were accepted, these were as follows:

1. Resolved, that Executive Board of the Cochise County Council of
   Homemakers be empowered to act as a resolutions committee.

2. Resolved, that Cochise County homemakers groups be divided into three
   (rather than two) for the purpose of selecting Council officers and
   conducting other Council business. These groups will be as follows:

   Group I All homemaker groups in North Cochise County: this area
   to extend east through San Simon, west through Benson and
   south along the western slope of the Chiricahua Mountains
   through Pearce. (Existing clubs in this area are - Stewart,
   Cochise Progressive Pioneers and Sulphur Springs.)

   Group II All homemakers groups in the western and central part
   of Cochise County: this area to extend south along the
   western slope of the Chiricahua Mountains through Double
   Adobe, west through Fort Huachuca and north through
   Tombstone. (Existing groups in this area are - Elfrida,
   Rucker Canyon, Double Adobe and San Pedro Valley.)

   Group III All homemakers in southeast Cochise County: this area
   to extend South through Douglas, west through Paul Spur
   and north along the eastern slope of the Chiricahua
   Mountains through Portal and Paradise. (Existing groups
   in this area are - Sew What? Club, Westside, and Silver
   Creek.)

3. Resolved, that the next board of officers be selected from Group I
   (Cochise Progressive Pioneers, Sulphur Springs and Stewart).

4. Resolved, the Group II (Elfrida, Double Adobe, Rucker and San Pedro
   Valley) be responsible for the Spring Council meeting.

5. Resolved, that dues be homemakers groups to the County Council be
   increased from $1.00 to $2.00 per group, effective January 1, 1957.
5. Resolved, that Section IV and Section V of the Constitution be amended as follows:

Section IV - Officers

Amendment 1. The president of the Council may appoint a parliamentarian to board of officers of Cochise County Council of Officers.

Section V - Duties of Officers

Amendment 1. The parliamentarian shall advise the council officers and executive board in matters pertaining to parliamentary procedure.

There were 42 registrations. Six extra who paid for their lunch.

Meeting adjourned.

Mrs. June Chamberlain, Secy.

New business to be considered at the Spring Council meeting.

The following recommendations have been made by the executive board:

1. It is recommended that the Spring Fling be held at Rucker Canyon May 19, 1957, with Rucker Canyon Homemakers Club as hostess club.

2. It is recommended that Group I (Stewart, Cochise Progressive Pioneers and Sulphur Springs) be in charge of the fall council meeting to be held September 16, 1957.

3. It is recommended that each homemakers' group, in outlining their 1957 program make plans to select a major project to be presented as a booth exhibit at the county fair.

4. It is recommended that each homemaker's group develop each year an achievement program which demonstrates to their community the accomplishments of their group in the homemaking program. Some ways in which this recommended program might be carried out are —

--- as a club or community activity
--- as a booth exhibit at the fair
--- as a window exhibit
--- as a countywide achievement program sponsored by the County Council
Cooperative Extension Work
in
Agriculture and Home Economics
State of Arizona

University of Arizona
College of Agriculture
U.S. Department of Agriculture
and Cochise County Cooperating

Agricultural Extension Service
Home Demonstration Work
County Agent Work

April 30, 1957

Dear Homemaker:

May ---

Well, I could say something about flowers, but any attempt to predict Arizona Weather is pure folly. We've scheduled a balmy day for Sunday, May 19th for our Spring Fling and we won't attempt to prophesy further.

Projects of the Month

Sweet Rolls

The folks who've already had this project have liked it and the folks who have it in May are bound to do the same. You'll like the pleasing flavor that the lemon and spices give the dough and you'll find that, even though it's a "soft" dough, it handles easily and can be made up in a variety of ways.

Tools That Make Sewing Easier

Have you ever said "There must be an easier way to do this"? Well, there are tools that make sewing easier. Some of these tools you may already have, some of them you may need reminded about and some of them may be entirely new to you.
Miss Helen Church, Extension Clothing Specialist, will conduct the leaders meetings to be held as follows:

No. Cochise — Tues., Apr. 30, — Willcox Vets Club — 10:00 A.M.

So. Cochise — Wed., May 1, — Coronado Courts, Douglas — 10:00 A.M.
Don't Miss The SPRING FLING!

You and Your Family (including in-laws)
Are Invited
To The SPRING FLING
To Be Sprung
Sunday, May 19, 1957
At Rucker Canyon

We are using our fanciest gilt-edged stationery to invite you to the Spring Fling! The Rucker Canyon folks are our hostesses and they want this to be a "bring a basket dinner for your family" kind of pot luck. They will provide cowboy coffee, cream, sugar and bread.

The dinner bell will ring as close to 12 noon as possible. Come as early as you can and stay as long as you can.

CALENDAR OF EVENTS

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<th>Subject</th>
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<td>Stewart</td>
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<td>Rolls</td>
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<td>Cochise</td>
<td>Mrs. Barkley &amp; Mrs. Small</td>
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<td>9</td>
<td>Frontier</td>
<td>Club House</td>
<td>Tools for Sewing</td>
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<tr>
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<td>San Pedro Valley</td>
<td>Mrs. Mabel Clinton</td>
<td>Rolls</td>
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<tr>
<td>15</td>
<td>Double Adobe</td>
<td>School House</td>
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<td>Border</td>
<td>Mrs. Agnes Myers</td>
<td>Tools for Sewing</td>
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<td>19</td>
<td>Everybody!</td>
<td>Rucker Canyon</td>
<td>SPRING FLING!</td>
</tr>
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<td>25</td>
<td>Sew What?</td>
<td>Greenamyer Barn</td>
<td>Farm Party</td>
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<td>Westside</td>
<td>Mrs. Turpin at Donna Rhodes</td>
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<td>28</td>
<td>Silver Creek</td>
<td>Mrs. Darrell Trickett</td>
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<tr>
<td>29</td>
<td>Rucker Canyon</td>
<td>Mrs. Doris Winkler</td>
<td>Tools for Sewing</td>
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</table>

This 'n That

Cochise Progressive Pioneers, Double Adobe, Westside and San Pedro Valley have turned in applications for a Certificate of Achievement for their year in 1956. Seems like a few more groups are eligible for this award. Send your application in soon. The certificates will be presented at the Spring Fling.
If you're a good scrounger, you can make a hassock for practically nothing, and it sure gives a woman a big kick to make something out of nothing. Mrs. Achey lightened the expense burden for the Sulphur Springs folks by providing some cotton. The Stewart homemakers used springs from old car seats and bed springs and secured lumber from various sources. Then, Mrs. Eloise Boyd brought half an old mattress that will take care of all their padding needs and then some. Down San Pedro Valley Mrs. Buck Smith tore into an old car seat that yielded two spring sections suitable for hassocks plus enough extra springs for Mrs. Rambo to make a hassock, plus some padding and springs left over.

Peach Busenbark, homemaker, 4-H Club leader, and jack-of-all trades will be Assistant Dean of Women to the 1957 4-H Roundup delegation from Cochise County. Peach will get a lot out of the contest to help the Pearce Go Getters 4-H Club and the Cochise county 4-H'ers will get a lot of help from Peach.

Recipes

Here's a recipe from Mrs. Walter Owen, president of Sulphur Springs Homemakers Club and county council treasurer. There's a story behind Cornish Pasties. They were introduced to our country about 1830 by Cornish miners who settled in the lead and copper mining area of Michigan. In place of sandwiches for lunch these Cornish miners took Pasties. The story goes that the Pastie is crescent-shaped because it was carried in the miners' hip pocket.

They make hearty snacks and are good for lunches and picnics, too. Mrs. Owen says they freeze well which is another mark in their favor.

CORNISH PASTIES

2 cups flour
1 tsp. salt
2/3 c. shortening
5--6 tablespoons water
1 c. finely diced raw potatoes
1/2 c. finely diced carrots
1/2 c. sliced onions
1 lb. round steak, diced about 1/2" thick & cut into 1/2 pieces
2 tbsp. salt
2 tbsp. parsley
pepper

1. Sift flour and salt into bowl.
2. Cut shortening into dry ingredients until mixture is the texture of coarse cornmeal.
3. Add cold water until dough is stiff.
4. Roll dough on a lightly-floured board; cut into 6-inch rounds.
5. Put a layer of potatoes, carrots, onions and meat on half of each round. Sprinkle each with 1 tbsp. salt, pepper and about 1 tsp parsley and 1 tsp water.
7. Bake on cookie sheet in a pre-heated oven at 400° for 10 min., then 350° for 30-40 minutes or until well browned.

Sincerely,

Maryetta Gaskill
Home Agent
Cochise County
Dear Homemaker:

I am always glad when it's time to compile the December issue—for then I have the privilege of extending warm and sincere greetings to all of you. It has been gratifying to hear from so many of you during the past months. I hope you will continue to let me have your requests, your questions, your comments and your criticisms.

May I be among the first to wish you a happy holiday season filled with all things good.

CALENDAR OF EVENTS

<table>
<thead>
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<th>Place</th>
<th>Subject</th>
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<td>Hillie Brooks</td>
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<td>Dec. 12</td>
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<td>Dec. 18</td>
<td>Double Adobe</td>
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<td>Dec. 27</td>
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<td>Dec.</td>
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</table>
All homemaker clubs have their traditional Christmas parties on the agenda for December. Some of the dates may have been changed since the original calendar of events was made out last year. All of the November meeting cards have not come into the office at this writing so please check with you club presidents to be sure of these dates and places.

Some of the Christmas party plans are quite novel. I understand the Sulphur Springs homemaker club exchange gifts - the home baked, sewn or grown variety!

I'm quite sure Santa will be bringing new western shirts to many husbands and sons of Cochise County Homemakers this Christmas. Miss Helen Church, Extension Clothing Specialist, and I both realize now why this was such a much wanted and needed special interest project. In all of our visits to the coffee shops for meals during her stay here, we saw very few shirts, other than the western variety on the place.

We have just completed six western shirt project training meetings and are most pleased that you will have such capable leadership. 19 leaders have been trained to help the 90 homemakers signed up for this special interest project. If you are signed up, your leader has your name and will contact you for special work meetings just as Miss Church held. There is not much that these leaders do not know about western shirt construction by now.

***************

We want to welcome the new club officers into their jobs. Most are elected, but won't take office until next month. Please let us know in the Extension office who your new officers and project leaders will be for 1958.

***************

We are busy in the office with annual reports and also in getting our 4-H clubs off to a good start. We have 2 new 4-H clubs this fall – the El Dorado Outlaws in the Riggs Settlement and the Kansas Settlement 4-H Club. The last I heard, the Kansas Settlement club may come up with a new name. Both are going to be good clubs as we really have good leadership and membership.
The Stewart Homemakers should be congratulated upon their special Thanksgiving project of sending food and clothing to needy children. Mr. Jim Little is about ready to depart from Willcox with approximately 30 quarts of fruit and vegetables, pumpkins and dried beans as well as clothing to go to the children. This is a fine community project, and one that is appreciated I'm sure.

Sincerely,

Ann C. Wesley
Home Agent
Cochise County
HOUSE AND SURROUNDINGS

Kitchen and Workroom Planning

During March the Agent spent one-half day working with Mrs. Doris Winkler, a Rucker Canyon homemaker, on plans for the kitchen and workroom in an adobe home which the Winklers are building. The house is partially completed; the outside walls, doors, windows and roof are done; the inside walls have yet to be completed.

Method of Procedure:
1. The builder had drawn the plans for the home using a scale of \(\frac{\frac{3}{4}}{4}\) to 1 foot. The plans for the kitchen and workroom area were drawn on \(\frac{\frac{3}{4}}{4}\) square ruled paper. These were used as a work copy.
2. Mrs. Winkler's plans included a U-Kitchen and a workroom which would include a laundry area and a small walk-in pantry. The only dining area would be in one end of the kitchen and Mrs. Winkler had already discovered that she was short on dining space.
3. Copy each of "A Step Saving U-Kitchen", "Planning the Kitchen and Workroom", "Closets and Storage Spaces", and "Storage For The Home" were given to Mrs. Winkler.
   a. These were discussed and the Agent pointed out ideas and information that Mrs. Winkler might find helpful.
4. Other ideas discussed were:
   a. Planning the kitchen so that work could proceed in a logical sequence.
   b. Location of supplies and utensils used most often in the most convenient place.
   c. Location of supplies and utensils near area where they will be used.
   d. Location of the built-in oven at the end of a counter so that it doesn't break a work area.
   e. Location of the broom closet near the kitchen.
   f. Location of the automatic washing machine close to the kitchen and the central hall so that it will be convenient to other areas where Mrs. Winkler is likely to be working.
   g. Locating plumbing fixtures in as few areas and in as straight a line as possible.
   h. Planning for a work clothes closet in the workroom. (Mr. Winkler is a rancher)
5. The agent assisted Mrs. Winkler in drawing one floor plan for the kitchen and workroom area. This included providing for at least the minimum amount of space required (particularly in the dining area which was crowded in the original plan).
6. The Agent suggested that Mrs. Winkler fasten the work copy of the kitchen-workroom area to a board and that she use onion skin paper to draw off other plans as she saw or thought of new ideas.

Results, Observations and Evaluations:
1. Mrs. Winkler was already a firm believer in drawing plans to scale. She says, "If I don't draw plans out to scale, I keep seeing space that isn't there."
House and Surroundings, Cont.

Bulletins and Mimeos Requested or Taken From The Office:

2 - Your Farmhouse Cutouts To Help in Planning
3 - A Step-Saving U-Kitchen
3 - Your Farmhouse - Planning The Kitchen and Workroom
10 - Storage For Your Home
11 - Making Light Work For You
1 - Electric Light For The Farmstead
17 - Indoor Gardening In Arizona
44 Total
HOUSE FURNISHINGS AND EQUIPMENT

Color In The Home

During January the Agent was assisted by Miss Grace Ryan, Home Furnishings Specialist, in outlining this project.

During February the Agent presented this project to 11 groups in Cochise County (this included all homemaker groups and the Bisbee YW Wives). 175 homemakers were in attendance.

Method of Procedure:
1. The Agent discussed and demonstrated the following:
   A. Review of Color
      a. Color and Hue (primary, secondary and intermediate)
      b. Value is lightness or darkness
      c. Intensity is brightness or dullness
      d. Warm colors - bring life and warmth
         - make things seem closer
         - make things seem larger
      e. Cool colors - give an atmosphere of rest and relaxation
         - make things seem farther away
         - make things seem smaller
      f. Bright colors advance; pale colors recede.
   B. Review of Color Harmonies
   C. Using color
      a. Complements make each other brighter.
      b. Warm colors make cool colors cooler, and vice versa.
   D. Reflectance factors - some colors "give back" more light than others.
   E. Factors to consider in planning Color Schemes
      a. Colors already there, such as floor coverings, counter tops and drapes
      b. Room-size, shape and exposure.
      c. Your color preferences.
      d. Fashions and styles in color.

2. Charts and Pictures were used to illustrate these points.
3. At the conclusion of the meetings the homemakers planned color schemes for their own kitchens or helped their neighbors in planning color schemes. This proved to be the highlight of the meeting.
   a. Nearly every homemaker wanted to plan a color scheme for her own home. Some of them were interested in rooms other than the kitchen.

Results, Observations and Evaluations:

Project report sheets were collected from 10 clubs during the month of October, 1957. The following is a summary of the project:

Communities participating -- 11
Homemaker Clubs participating -- 10
Other Groups participating -- 1 (Bisbee Y-Wives)
Agent Demonstration to 9 clubs

Attendance 185

No. Reporting 117

Leaders participating - 10

38 club members and 1 other reported making a color plan for a room.

43 club members and 3 others reported changing only some color items in a room.

12 club members reported using color plans for a new house.

52 club members and 2 others reported making other home decoration changes or plans because of this lesson.

1 other meeting was held on project — attendance 12
## TABLE SHOWING PROGRAM AS ACHIEVED

Cochise County

**PROJECT:** Home Furnishings

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<th>Phases</th>
<th>Methods of Teaching</th>
<th>By Whom</th>
<th>Location</th>
<th>Attendance</th>
<th>Number Reporting</th>
<th>Member making color plan for a room</th>
<th>No. changing only some color items in a room</th>
<th>No. using color plans for a new house</th>
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10 Clubs Participating  
10 Leaders Participating in project for all Clubs  
11 Communities Participating
### TABLE SHOWING PROGRAM AS ACHIEVED - cont.

#### Home Furnishings

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<tr>
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<th>Other Meetings Held</th>
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<tr>
<td><strong>Other</strong></td>
<td><strong>- 2</strong></td>
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Cochise F. F. -- Members are color conscious - all have a better understanding of color. Have lesson in mind for future changes & remodeling. No more work needed.

Sew What - No more work needed.

Double Adobe - Fair Booth with Theme "Color in The Home" won 2nd place Red ribbon award. All members are interested - Think future work would be helpful to keep up with color trends - changing materials etc. Suggest a refresher once per year.

Frontier - Not an accurate report, as homemakers still have project in mind and plan to use later.
Learn To Upholster

During March the Agent contacted homemakers in the Stewart, Sulphur Springs areas regarding supplies needed for making hassocks and work which homemakers need to do before their first meeting.

During April special interest meetings on this epic were held in Stewart, Sulphur Springs and San Pedro Valley. A total of 12 homemakers were in attendance. 8 hassocks were begun and 1 homemaker worked on repairing the spring section of a sofa cushion.

Results, Observations and Evaluations:

1. Most of the homemakers have made their hassocks almost entirely of salvaged materials. Some have taken sections from old automobile seats; others have taken just individual springs and one homemaker found springs in an automobile seat which were already bagged in burlap sacks. As a result, the homemakers made their hassocks in a variety of ways which gave them broader experiences.

2. The homemakers plan to use their hassocks for TV stools.

3. The San Pedro homemakers completed 2 hassocks and a seat section.
   a. Mrs. Emory Smith made a modern, tailored hassock. Mrs. Roy Rambo said that she wanted a nice, fat, haystack type of hassock so she made one.
   b. Mrs. Hustler, who re-bagged springs for a seat section was very pleased with her sofa cushion. Earlier in the year she had tried to secure the springs by tying them, but before long the springs were all jumbled together in the center of the cushion. She says the cushion looks like new.

4. The Stewart and Sulphur Springs folks had to postpone their final meetings, due to difficulty in securing supplies and folks being away from home.
   a. Mrs. Walter Owen and Mrs. Eloise Boyd completed their hassocks at a special interest meeting held during June. Three other homemakers have yet to complete their hassocks; but - Mrs. Tony Bretz, Sulphur Springs, new baby boy arrived a few days before the meeting; Mrs. Fred Achey, Sulphur Springs, was on vacation; and Mrs. Gwen Moore, Stewart, had unexpected company.
"Making Pillows" Leader Training Meetings
Making Pillows

During June final plans for the project "Making Pillows" were made with Miss Grace Ryan, Extension Specialist in Home Furnishings and Home Management.

This project is to be presented through leader training and will include:
1. Points to consider in selecting pillows, pillow forms and pillow covers.
2. The cost of buying versus making pillows.
3. The contribution of pillows to color scheme of the room.
4. How to make and cover pillows.

In preparation for presenting this project to their local group the home furnishings leaders will make samples showing the various construction techniques. Patterns for making difference types of pillows will be available either for the leaders to cut off or in a kit to be sent from club to club.

Useful Pillows

Two leader training meetings on the subject "Useful Pillows" were conducted in the county during the month of September. Miss Grace Ryan, Home Furnishing Specialist, University of Arizona, was present to conduct both of these meetings.

The first of the meetings was held at the Coronado Courts in Douglas on September 11, 1957 and was a workshop meeting at which 14 home furnishing leaders were present. Five clubs were represented - Border, Silver Creek, Frontier, Double Adobe, and Westside Homemakers Clubs.

The Workshop L.T.F. for North Cochise was held on September 12, 1957 at the Vet's Club in Willcox. Five home furnishing leaders were present. Two clubs - Cochise Progressive Pioneers and Stewart Homemakers were represented.

The material presented to the leaders was organized as follows:

1. Place of pillows in room decoration.
2. Kinds of Pillows (four basic kinds which are influenced by method of construction.)
   (a) Knife edged
   (b) Tuck-edge or faced Tuck pillow
   (c) Boxed Pillows
   (d) French seamed pillows
3. Fillers for pillows
4. Fabrics for pillows
5. Trimmings
6. Yardage chart
Useful Pillows — Cont.

7. Construction Hints
   (a) Demonstration of Trapunto Quilting (each leader made a sample) of both genuine Trapunto (done by hand) and machine Trapunto.
   (b) Cordling on rounded corners and on square corners.
   (c) Splicing cords
   (d) Quick bound buttonholes suitable for pillow closings but not suitable for clothing.

8. Pillow Ideas — *samples were shown
   *(a) The wedge or 3 way pillow
   *(b) Neck-rest pillow
   *(c) Melon shaped or Chinese pillow (often called an elbow pillow)
   *(d) Italian Quilting
   *(e) Tag-Along pillow
   *(f) Belster type pillow
   *(g) Tuck edge pillow (or faced tuck)
   *(h) Variety pillows (showing felt triangles and novelty closings)
   *(i) Knife edge pillows
   *(j) Boxed or oval cushion
   *(k) Quilt block pillow
   *(l) Cross-stitch gingham pillows
   *(m) Monogrammed pillows
   *(n) Car rest pillow

9. Patterns for Pillows
   The leaders cut patterns of each type of pillow for use of their club members.

Results, Evaluations and Observations:

111 Homemakers have had this project presented by 19 leaders.
111 Communities were represented.

The leaders have done a fine job in presenting the information to their individual clubs. Each club has had the use of the kit of demonstration materials prepared for these meetings. The agent has presented the demonstration to two clubs who were not represented at the leader training meetings.

Final achievement figures on this project are not complete as homemakers are still making pillows, many for Christmas gifts.

Crafts

Many of the homemakers are interested in a crafts program. Several of the clubs have conducted independent programs in shell, bead work, copper enameling and making aluminum trays.
### Bulletins and Mimeoos Requested or Taken From The Office:

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<td>16</td>
<td>In Furniture The Finish Counts</td>
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<tr>
<td>29</td>
<td>Reupholstering a Chair At Home</td>
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<td>5</td>
<td>Slip Covers For Furniture</td>
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<td>14</td>
<td>Simplified Clip Covers</td>
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<td>32</td>
<td>Tailor Your Draperies</td>
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<td>20</td>
<td>Color In Your Hands</td>
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<td>Do You Use Color Effectively</td>
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<td>How My Kitchen Rates</td>
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<td>Pictures In The Home</td>
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<td>Making Simple Lampshades</td>
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<td>Making a Lamp Shade Pattern</td>
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<td>Tested Recipes for Safe &amp; Attractive Home Lighting</td>
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<td>Your Room</td>
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<td>6</td>
<td>Guides For Buying Household Equipment</td>
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<td>Household Equipment Its Care and Simple Repair</td>
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<td>Leaders Report - Color Lesson</td>
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<td>156</td>
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</table>
HOME MANAGEMENT AND ECONOMICS

Bulletins Requested or Taken From The Office:

21. An Easy Way To Iron A Shirt
14. Stain Removal From Fabrics, Home Methods
  8. Help Yourself to Laundry Aids
  9. Wash Your Blankets
  17. Household Pests

59 Total
FAMILY ECONOMICS

Record Keeping and Spending The Food Dollar

During March Special Interest meetings on this topic were presented in four areas by Dr. George Campbell, Extension Economist, and Miss June C. Gibbs, Extension Nutritionist. 75 persons were in attendance.

Method of Procedure:

1. The program was divided into three parts as follows:
   a. A discussion of record keeping by Dr. Geo. Campbell followed by a question session.
      1. What records to keep for the farm and home.
      2. How to make records work for you.
   2. A chart-discussion of what it costs to feed a family presented by Miss Gibbs.
   3. A discussion of food economics by Dr. Campbell.

Results, Observations and Evaluations:

1. Nearly everyone who attended had some specific question about record keeping. Some of these were:
   a. Can children in college be claimed as dependents.
   b. Depreciating machinery.
   c. Deducting expenses for workers who live and eat on the farm and ranch.

2. The study on the cost of providing adequate nutrition for a family of five was very impressive to the audiences. Miss Gibbs was asked many questions about nutrition.
Money Management Conference

Four days were spent by the assistant home agent attending the Money Management Workshop at the University, May 14-17, 1957.

Dr. Starley M. Hunter, Specialist in Family Economics and Home Management, U. S. D. A., spearheaded the four-day program. Her subjects were Family Values, Goals, and Needs; Family Resources; Methods of Teaching Credit; Use of Family Income; Making a Spending Plan; Business Centers and Record Keeping; Developing the Business Center; and Methods of Presentation. Dr. Hunter's views and ideas were most practical and reflected a broad background in Extension Work.

Dr. George W. Campbell, Specialist in Agricultural Economics, University of Arizona, gave a most informative lecture on "The Economy in Which We Live". This lecture opened the workshop and provided the basic factors as to why such a workshop was needed by Extension agents.

One of the most interesting sessions of the workshop was that on Family Use of Credit. This was a panel discussion and Dr. Lauren Casaday, Director of Bureau of Business Research, University of Arizona, was moderator. Panel members were Mr. Glenn Johnson, Tucson, representing Banking Services; Mrs. Emriqueta de Meester, Tucson, Retail Credit; Mr. S. W. Seaney, Tucson, Merchant's Credit Association; and Mr. S. Winn Shackelford, Consumer Finance Company, representing small loan companies. Each panel member presented to the group the functions and views of the organization which each represented on the panel.

Another valuable session was that on Installment Buying led by Dr. Ruth C. Hall, Director, School of Home Economics, University of Arizona. Buying assignments were given to each of the agents, with instructions to get full data on cost (cash and on credit) of some home furnishing or appliance which particularly interested them. Reports were made to the group by the individual agents on differences between cash and credit buying of items selected. Dr. Hall then clearly showed by actual analysis the high cost of installment buying today. A Practical Formula For Computing Interest was taught to the group. It was interesting to note that when actually analyzed, interest charged in some cases was enormous - as high as 43 percent.

Mrs. Marion Stevens Eberly, Director, Women's Division, Institute of Life Insurance, presented the role of Insurance in Family Economics. Her two subjects were "Insurance Survey of Family Needs" and "What Others Are Doing". Information presented by Mrs. Eberly was timely, since Life Insurance plays such an important role in the Economic set-up of so many families today.

Mr. Harry Holland, Manager, Social Security Administration, Tucson, was most interesting in presenting his subject to the workshop members. This was "The Family Looks at Social Security" and was up-to-date discussion of Social Security as it operates today.

A timely skit presented by home agents with Dr. Hunter brought out the highlights of the workshop and was a fitting climax to the workshop program.
CLOTHING

Tools That Make Sewing Easier

24 leaders from 9 communities attended leader meetings on this subject presented in two areas of the county. Miss Helen L. Church, Extension Clothing Specialist, conducted the meetings. 168 Mimeos "New Tools That Make Sewing Easier" were distributed. Leaders from Sulphur Springs and San Pedro Valley were unable to attend these leader sessions. The Agent trained these leaders.

During June the Agent gave the "Tools That Make Sewing Easier" project to a State meeting of the L.D.S. Relief Societies. 45 persons from 8 communities were in attendance.

Method of Procedure:

1. The following were discussed and/or demonstrated:
   - Overcaster attachment
   - Zig zag attachment
   - Needle magnifier
   - Electric scissors
   - Seam guides
     a. throat plate with markings
     b. use of colored plastic tape
     c. standard machine attachment
     d. new type of plastic guide
   - Marking devices
     a. chalk marker case with sharpener
     b. hem markers
       commercial
       homemade
     c. Marking pencils
     d. tracing wheel and tracing paper
   - Belts and belt buckles
   - Eyelets
   - Scissors and shears
   - Ripping devices

Results, Observations and Evaluations:
1. One leader already had a zig-zag attachment; the other leaders were impressed with the zig-zaggers ease of operation and variety of stitches.
2. The attachment which insures a straight line of stitching made a big hit with the homemakers.
3. Ripping devices received a great deal of attention.
Tools That Make Sewing Easier - Cont.

Check sheets to provide information as to results of the project "Tools For Sewing" were distributed to the clothing leaders with a request to return them to the Home Agent for analysis.

Summary - Tools that Make Sewing Easier - Leader Training Project

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<tr>
<th>Demonstration</th>
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<tr>
<td>9 -- L</td>
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<tr>
<td>10 -- Clubs participating and 1 L.D.S.</td>
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<td>19 -- Communities</td>
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<td>11 -- Leaders participating</td>
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<td>179 -- Attendance — 159 club members and 20 others</td>
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<tr>
<td>104 -- Reporting</td>
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<td>12 -- Days spent by leaders</td>
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<td>3 -- Stores stocked items at clubs request.</td>
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</table>

25 Club members) Purchased at least 1 piece of equipment
5 Others

67 Club members) Are using new materials in Sewing Finishes
13 Others

5 overcasters) Were purchased as result of Demonstration
1 Zig-zag

Number Using Seam Guides

6 reported using standard guides for machines
7 reported using tape
18 reported using throat plate markings

Number Using Marking Devices

14 -- Chalk
8 -- Hem markers
12 -- Tracing wheel and carbon
0 -- Marking pencils

New Findings and Small Equipment

35 -- using Belting
34 -- wire buckles
26 -- eyelets
5 -- New scissors
15 -- ripping devices
1 -- Turning hook
Tools That Make Sewing Easier - Cont.

Comments:

**Double Adobe** -- Leader feels all work on this project is not complete. Plans to help others with new tools.

2 machines purchased new in community. Several still plan to buy small equipment.

**Frontier** -- No modern electric machines in community. No use for attachments such as zig-zag and overcasters.
<table>
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<th>Number Reporting</th>
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<th>Stores stocking items by request</th>
<th>No. Women purchasing at least one piece of equipment</th>
<th>Total using New material in sewing finishes</th>
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<td>104</td>
<td>12</td>
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<td>5 others</td>
<td>13 Others</td>
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10 Clubs Participating plus 1 L.D.S. Society
19 Communities
14 Leaders
TABLE SHOWING PROGRAM AS ACHIEVED - Cont.

Cochise County

PROJECT: Clothing

<table>
<thead>
<tr>
<th>No. Purchasing Zigzag and Overcaster</th>
<th>No. using seam guides</th>
<th>No. using Marked Throat Plates</th>
<th>Chalk</th>
<th>Hem Markers</th>
<th>Marking Pencils</th>
<th>Tr. Wheel &amp; Carbon</th>
<th>Belting</th>
<th>Wire Buckles</th>
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**Comments**

**Double Adobe** - Leaders feel that all work on this project is not complete. Plan to help others with new tools.

2 machines have been purchased new in community. Several still plan to buy equipment.

**Frontier** - No modern machines in community.
Making Western Shirts

70 homemakers from 8 communities enrolled in the special interest project, "Making Western Shirts". The project was postponed as the Extension Clothing Specialist, Miss Helen L. Church, was to be hospitalized for bone surgery and will be unable to use her left arm for several months.

The Western Shirt Meetings were re-scheduled for November in accordance with County Council Planning. In order to do this project at this time, it was necessary to postpone the project "Design For Figure Types" originally scheduled for this time.

Six meetings were held during the month of November on the Western Shirt project. This was a special interest project requested for November by the County Homemakers Council at their September meeting. Miss Helen Church, Clothing Specialist from the University, Tucson, conducted the meetings which were set up as combination leader training and special interest due to the large number of homemakers interested in this project.

Three meetings were held for the South Cochise Homemaker groups and three were held for the North Cochise Homemakers groups. These meetings were set up as follows:

Meeting I

1. Shirt measurement and Pattern alteration
2. Cutting of garment
3. Instruction on collar lining and construction
4. Details of yoke design and trim
5. Cording
6. Pocket construction
7. Importance of stay stitching
8. Importance of pressing
9. Importance of accurate marking

Meeting II

1. Instruction on inserting sleeves into garment
2. Types of felled seams
3. Construction of cuffs
4. Importance of accuracy in front bands

Meeting III

1. Instruction in attaching the collar on to the neck band
2. Making of illustrative material for use in teaching own individual groups
3. Use of gripper fastener attachment
Dress Forms

6 dress forms have been made in the county. 4 in the Stewart area and 2 in the Cochise area. In the Stewart area, previously trained leaders took the lead in this construction while the Agent conducted the workshop at the Vet's Club in Willcox for the Cochise Homemakers. The latter was in accordance with numerous requests for Agent help on this project. More dress forms are on schedule for the Cochise area, the work to be done by leaders trained at this workshop.

Bulletins and Mimeos Requested or Taken From The Office:

25 Making a Portable Sewing Cabinet
213 New Sewing Tools That Make Sewing Easy
21 Simple Equipment for Pressing
6 Simple Equipment Needed For Tailoring
10 Buying Your Home Sewing Machine
12 Sewing Machine Cleaning and Adjusting
1 How To Solve Your Fitting Problem by The Use of Paper Dress Form
3 Making The Dress Form
132 Stay Stitching Makes Sewing Easier
57 The Young Homemaker Learns Easy Sewing Skills
33 Making Bound Buttonholes
110 Making Shirts For The Men of The Family
33 Mending Made Easier
4 Learning To Sew
3 Let's Make A Dress
2 Making a Skirt and Blouse
2 Make It Without Fear
2 Dresses Designed For Little Girls
6 Coat Making At Home
1 Cloth Moths and Carpet Beetles
130 Western Shirts Mimee
15 Stain Removal From Fabrics
1 Dresses Designed For Little Girls
1 Pattern Alteration
4 Be Smart In A Semi-Tailored Garment
14 Measurement Cards

656 Total
FOODS AND NUTRITION

Making Bread and Basic Batter

25 leaders from 8 communities attended leader meetings on "Making Bread and Basic Batter" presented in two areas of the county by Miss June C. Gibbs, Extension Nutritionist. Rucker Canyon and Sew What? Club did not participate. 189 copies of the U. of A. "Yeast Bread and Rolls" bulletin and 75 leaders guides were distributed. The leaders guide contained variations for the basic batter. 119 homemakers attended the leader presented meetings.

Method of Procedure:
1. The following were discussed and demonstrated:
   a. How to make yeast loaf breads
   b. How to make a basic beaten batter and variations
   c. How to serve bread
   d. How to judge breads
   e. Common difficulties in making yeast breads
   f. The nutritive value of yeast breads
2. Very complete leaders guides were provided for the leaders. These included a list of equipment and ingredients, work to be done before the demonstration and an outline of the demonstration.

Results, Observations and Evaluations:
1. The leaders were very enthusiastic about the project and the reports of homemakers meetings indicate that this enthusiasm carried over to the clubs.
2. The leaders guide was easily understood by all leaders except two new ones. They were somewhat overwhelmed by amount of bread that was made and didn't feel they were quite up to doing it. The Agent reviewed the demonstration procedure for them, and the other leaders assured them that they could do it. The Agent visited with one of the new leaders shortly before their local meeting. They had practiced the demonstration and she was confident of their ability to present the project. The secretary's report card from this group mentioned the "delicious bread and rolls", and requested additional copies of the Basic Batter recipe sheet.
3. Additional copies of the Basic Batter recipe sheet were prepared and distributed to all clubs.

In October, project reports were requested from the 8 homemakers clubs participating in the project.
Making Bread and Basic Batter - Cont.

The following is a project summary as reported:

8 Clubs participating
8 Communities represented
15 Leaders
119 Attendance at meeting
126 Reporting
16 Days spent by leaders
34 Other families influenced
47 Make bread regularly
49 Make bread occasionally
<table>
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<tr>
<th>Phases</th>
<th>Methods of Teaching</th>
<th>By Whom</th>
<th>Location</th>
<th>Attendance</th>
<th>Number Reporting</th>
<th>No. days Ldr. Spent</th>
<th>No. other families Influenced</th>
<th>RESULTS No. families making bread regularly, result of Proj.</th>
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<td>119</td>
<td>126</td>
<td>16</td>
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<td>47</td>
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</table>

**Sew What**
NP: No Participation

**Rucker**
NP: No Participation

**Border**
NP: Not organized at this time

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8 Clubs
8 Communities
15 Leaders
<table>
<thead>
<tr>
<th>No. Homemakers who make bread occasionally, as result of Proj.</th>
<th>Comments:</th>
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<tbody>
<tr>
<td>6</td>
<td>Cochise County Fair display of bread products of Silver Creek and Border Clubs combined won 1st place — Blue Award in Home making Division.</td>
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<td>3</td>
<td>This 1st place was awarded by judges because of number of homemakers participating and contributing to Fair project, as well as for attractiveness of yeast product exhibit.</td>
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<td>TOTAL 49</td>
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Making Sweet Rolls

25 leaders from 10 communities attended leader meetings on Making Sweet Rolls conducted in two areas of the county by the Agent. Sew What? Club did not participate. 215 copies of a mimeo "Sweet Rolls" and 25 leaders guides were distributed. 127 homemakers attended the leader presented meetings.

Method of Procedure:
1. The following were discussed and demonstrated:
   a. How to make a basic sweet dough
   b. How to make cinnamon rolls
   c. How to make a Swedish tea ring

Results, Observations and Evaluations:
1. The leaders and homemakers liked the flavor of the sweet dough and they also liked the ease with which the "soft" dough could be handled.
2. Here again, as at the bread meeting, experiences homemakers whose "thought they knew all about bread making" were glad to pick up some new pointers.
   a. A number of women had been adding raisins to the dough when making raisin bread. They found that adding the raisins to the batter with the milk and eggs was much better because the raisins were distributed more evenly and they did not "fall out" of the dough.
   b. The idea of "tying off" cinnamon rolls with a string intrigued most folks. The common comment was "why didn't we think of that long ago? It seems so logical."
   c. Everybody breathed a sigh of relief when they saw how easily the tea ring could be transferred from the pastry cloth to a baking sheet.
3. The new leaders mentioned in the Agent's March narrative had no qualms about their ability to present the sweet rolls lesson. A group of homemakers from this club informed the Agent that their foods leaders were wonderful and had presented the foods lessons like old pros.

In October project reports were requested from the 10 homemakers clubs participating in the project. The following is a summary:

10 Clubs participating
10 Communities
21 Leaders
127 Attendance
107 Reporting
14 Days spent by leaders
27 Other families influenced
50 Families making sweet rolls as a regular practice.
78 Occasionally
Making Sweet Rolls - Cont.

Other variations of Basic batter used.

Sweedish Tea Ring
Peanut Butter Rolls
Cinnamon Rolls
Jelly Rolls
Pecan Rolls
Donuts
Crumb Coffee Cake
Plain Puffs
Orange Marmalade Rolls
Curlcues
Crescents
Swirls

Bulletins and Mimeos Requested or Taken From The Office:

7 Arizona Home Gardening
2 Milk For The Family
4 The Pasteurization of Milk
13 Sour Cream, How To Prepare and Use It At Home
3 Foods For Families With School Children
11 Egg Dishes For Any Meal
14 Honey, Some Ways To Use It
8 Tomatoes On Your Table
10 Sweet Potato Recipes
3 Why Not Make Sauerkraut
7 Grapefruit Desserts
39 Salads from Arizona Grown Foods
37 Frozen Desserts
47 New Ways of Cooking Pinto Beans
14 Soups for All Occasions
1 Turkey On The Table The Year Round
8 How To Carve Chicken and Turkey
1 Beef On The Farm, Slaughtering, Cutting, Curing
1 Food Chart
2 Making Cheddar and Cottage Cheese
30 High Altitude Cakes
25 Yeast Bread and Rolls
269 Yeast Products Mimeo
256 Sweet Rolls Mimeo
25 Sweet Rolls Leaders Guide
75 Leaders Guide Yeast Bread and Rolls
2 Homemade Rolls Mimeo
1 Yeast Bread Variations Supplement Mimeo
10 Ways With A Pressure Pan
6 Freezing Combination Dishes Mimeo
39 Home Freezing of Fruits and Vegetables
22 Freezing Combination Dishes
Bulletins and Mimeos Requested or Taken From The Office - Cont.

8    Chicken In The Freezer
25   Freezing Meat and Poultry Products
19   What To Do When Your Home Freezer Stops
42   Home Canning of Fruits and Vegetables
3    Chili Peppers, Fresh, Frozen, Canned, Dried
18   Pickle and Relish Recipes
2    Miss Virmond's Pickle Mimeo
1    How To Process Your Home Grown Olives
1    Keep Pecans Fresh The Year Round
12   Homemade Jellies, Jams and Preserves
3    Pressure Canner Use and Care
1    Money Saving Main Dishes
25   National Food Guide
2    Good Weight Mimeo
1    Sandwiches Are Nutritious Too
1    Cheese In Your Meals
40   Leadership Training Outline On Swedish Tea Ring
1    Can Chili Peppers and Tomatoes Together
1    How To Make Jellies, Jams and Preserves At Home
5    More and Better Foods From Todays Pay Check
1    Do You Get Enough Milk
19   Peanut and Peanut Butter Recipes
5    Home Freezing - Doorway To Better Living
5    Making Velva Fruit At Home
12   Meal Planning Made Easier
12   Pastry Dessert Mimeo
1    Beef Cookery Mimeo
1    Planning Perfect Parties
9    The Family Meal Hour
9    Family Fare
9    Foods For The Young Child
9    The Perfect Road To Good Nutrition

1,524 Total
### TABLE SHOWING PROGRAM AS ACHIEVED - Cont.

**Cochise County**

**PROJECT:** Foods

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<td>Crescents</td>
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**Comments:**
Project valuable because of short cuts and simplified procedures.
Recent brides in Frontier homemakers group find project books and recipes very useful.
A review for older homemakers.
### TABLE SHOWING PROGRAM AS ACHIEVED

**Cochise County**

**PROJECT:** Foods

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<th>Phases of Teaching</th>
<th>By Whom</th>
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<th>Attendance</th>
<th>Number Reporting</th>
<th>No. days Idr. Spent</th>
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<th>No. Families making Sweet Rolls as a Regular practice</th>
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<td>127</td>
<td>107</td>
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10 Clubs

10 Communities

21 Leaders
HEALTH

There was not a countywide project in this field in 1957. Individual clubs reporting activities are as follows:

San Pedro Valley Homemaker Club - Regular health talks by leaders: These have been on Polio, Cancer and Asiatic Flu.

Sew What? Club - One lesson on health of the individual was given by Mrs. Ruth E. Newman, R.N. The club has also helped to promote inside toilets for the school as a health advantage, not just for children but for the entire community.

Cochise Progressive Pioneers - This club sponsors the maternity room at the Willcox hospital. The members do hospital visiting twice a week for 1 month of every year (April). They gave out folders on infant care etc. at their Cochise County Fair booth in Douglas. The club won 2nd award for their reproduction of hospital room in the homemaker's division of County Fair in September.

Silver Creek - This club has regular health talks. Mrs. Jean Darling, R.N. gave a talk on her trip to Hawaii and her visit to the leper colony there.

Frontier - This club gave a dance for the benefit of the Polio Fund (March of Dimes). Cards were distributed to families for records on polio inoculation.

Stewart Homemakers - This club has had many activities in the Health field. A report, as given by the club chairman, Mrs. Chastain at the County Council Meeting in September is as follows:

Rabies control was discussed as there had been 4 children (2 by diseased bat and 2 by a dog which was thought to have gotten rabies indirectly from a bat and later died). Mental retardation, (over 30,000 in Arizona) was discussed and wet diaper test was explained. This is a test which a great number of clinics will be using in the future. In the experimental stage at present, it is being used effectively and a great many mentally retarded children will have early opportunity of treatment.

This club is interested in new developments in the field of health and is interested in keeping the community informed and alert.
COMMUNITY DEVELOPMENT

Homemaker's groups have many local programs in this field. Some of these are:

1. Contributing to drives (March of Dimes), Cancer Fund, Community Chest, etc.
2. Raising money to send local 4-H'ers to Round-up.
3. Contributing equipment and supplies to rural schools.
4. Supporting the "Block Bank".
5. Sending items to the County Hospital and Willcox Community Hospital.
6. Many members give time in sewing, mending etc. Clubs represented are Silver Creek and Westside.
7. Sponsoring movies and local programs on health and other topics of interest to the community.
8. Two clubs send clothing and food to the Children's Home in Tucson. These clubs are Stewart Homemakers and Sulphur Springs Valley Homemakers.
9. The San Pedro Valley Homemakers' Club sponsors the Palomino 4-H club as their special project. They assist the club in all activities, both financially and physically.
10. The Sew What? Club supports all community activities and the entire community participates in their functions. One meeting was entirely devoted to community cooperation thru participation in entertainment for the entire family or families at a style show dating from the early 19th century to the present day.
11. The Cochise Progressive Pioneer Club holds monthly card parties at the school house. They maintain a small collection of library books on shelves in the Cochise Post Office. These books are secured for the community through the Extension Library Bookmobile. They have sponsored a house warming and hold a Cemetery clean up day each May.
12. The Silver Creek Club donates $2.00 per month for the Cochise County Hospital for Gray Ladies Aid. The members as a club take dinner once each month to a shut in and her mother. They have also given personal gifts for them and their home. Each member contributes a Christmas gift for the Veterans' Hospital in Tucson.
13. Frontier -- "The club house is in the finishing up stage. It has been used thru-out the year for showers (wedding and stork) - a halloween party and a Christmas party for children in the community. It has been the scene of many community parties, - fund raising affairs in order to enlarge and finish the club house.
14. Stewart - The Club house has been remodeled and renovated during the past year. It is the scene of all club meetings and all community activities. On May 17th, an Old Fashioned Box Supper was held at which time the club raised $65.50 for improvement of the club building. They also held a shower for a member whose home burned. In addition to food and clothing for the Arizona Childrens Home in Tucson at Thanksgiving. The members donate money and toys for the home at Christmas time. This club also gave a check to the Community Chest.
OUTLOOK AND RECOMMENDATIONS

Pre-program planning meetings can serve a vital purpose in Cochise County - that of training leaders to guide their homemakers in selecting a program satisfactory to the needs and interests of the majority. It would be well if eventually this program can also include definite planning to meet the needs of special interest groups (such as tailoring, wood refinishing, etc.) and for the Council and local leaders to assume a more active role in such programs.

In 1957, Cochise County homemakers planned their countywide program for two years. The best pre-planning work was done in the clothing field and the program selected for this field did not need revision while programs selected in the fields of home furnishings and home management, and foods and nutrition did require re-evaluation and revision. The homemakers favor planning their program for a period of more than one year. However, in the pre-program planning survey this past fall, the homemakers felt that due to the expected economic growth in the County, especially the Northern and Central portion, it is unwise to plan for more than 2 years. The 2nd year should be flexible enough to lend itself to revision if necessary. With the economic expansion expected, a large influx of population is also due, this population increase will be largely of 2 classes - the management class and laboring class. Both classes will offer potential extension contacts, with the laboring class in the majority. It is quite possible the population increase will alter the pattern the Extension Service has been following if it is to meet the needs in Home Economics of the new people. However, a flexible planned program must be offered to these people.

The Agent recommends the following in this regard:

1. That program planning be done for a 2 year period in each project field, and be re-evaluated as necessary.
   a. That the clothing program planned for a period of 2 years in 1957, be re-evaluated in 1958.
   b. That the home furnishings program be planned for a period of 2 years beginning in 1958.
   c. That the foods program be planned for a period of 2 years beginning in 1959.
      1. Extra specialist assistance is requested in this field for the purpose of promoting a good, basic program in foods and nutrition.

2. That major special interest projects be planned for at the same time regular program planning is done.